

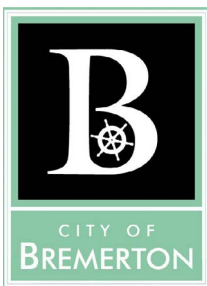


BREMERTON SENIOR CENTER ACTIVE US NEWSLETTER

SEPT-NOV 2018



The "Active Us" is THE place to get your information for the Bremerton Senior Center.



BREMERTON SENIOR CENTER
1140 NIPSIC AVE.
BREMERTON, WA 98310
(360) 473-5357
www.ci.bremerton.wa.us

CENTER HOURS **MONDAY-FRIDAY 8 AM TO 3 PM**

STAFF

Holly Peterson, Recreation Program Coordinator III
 Barbara Roembke, Front Office Coordinator

VOLUNTEER RECEPTIONISTS

Monday: Pat Sechrest
 Tuesday & Thursday: Mac Whittlesey
 Wednesday: Judy Ray-Hensley & Marcie Dixon
 Friday: Al Butler

The Bremerton Senior Center is open to all people ages 55 and better. The annual user fees are listed on page 3.

The Bremerton Senior Center is a division of the City of Bremerton Parks & Recreation Department. The **Active Us** is published five times a year.

Mission Statement:

The Bremerton Senior center is committed to enriching Senior lives in Bremerton by providing lifelong learning and recreational opportunities.

\$UM\$

Seniors Uncover Money Solutions

\$UM\$ is you - all members of the Senior Center activities. We are dedicated to raising funds that can be used to make the Center a more enjoyable place for all of us.

\$UM\$ Officers:

President: Paul Vlastelica Vice President: George Cho
 Treasurer: Al Butler Secretary: Marianna Knowlton

\$UM\$

CORNER

Hello SUMS members! It has been a hot summer so far. I am looking forward to Fall. Let's bring you up to date with the latest information. Our Spring cookie sale was a success. We made \$406 from sales. Once again thank you for both buyers and makers of those delicious morsels. In July we used SUMS funds to buy a new washer/dryer for the center. We also put in new flooring in the laundry room and purchased a storage cabinet for that room. When you walk by take a look!

We have also started preparing for our October Senior Craft Fair - October 19th and 20th. Advertisement is booked and vendor notifications are sent out. September will be busy. Expect calls from Pat and Cathy to staff up our greeter and cookie tables. Holly will be putting up a "setup/tear down" sign-up sheet. Judy Ray has once again stepped up to volunteer putting the baskets together. She has already completed three baskets and they are beautiful! (Special thanks to the bow maker - Lois Ireland!) For all the Senior Center groups, now is the time to start thinking of what theme you want for your raffle baskets. Those baskets have brought in more than \$1000 each year so once again we want to thank you in advance. Bob has volunteered once again to be our "Stage Manager".

We need volunteers to make this a continued success. If you have never volunteered before, please talk to the staff or any officer to get information on how you can help. George Cho is working on some fabulous entertainment for this year. We will know shortly if we will be staffing the kitchen area. If so, we will need additional volunteers to assist there so please help. That's it for now. Remember, volunteers make all of SUMS activities a success.

Have a great Fall Y'all
 Paul Vlastelica, \$um\$ President

2018 MEMBERSHIP RENEWAL

Senior memberships run the calendar year (January-December) regardless of when you join. Renew your 2018 membership today at the rates listed below. (Sorry no refunds on memberships.)

RESIDENTS

Single.....\$16/yr
Couples.....\$23/yr
Associate.....\$22/yr

NON-RESIDENTS

Single.....\$32/yr
Couples.....\$46/yr
Associate.....\$44/yr

NEW PROGRAMS!!!

Several new programs are in the works and we need to fill interest lists to see if these programs would be of interest to you, our members. New programs are:

Square Dancing (min of 16 for 2 squares, weekly)

Healthy Cooking Class (min of 5, 4 week session)

Quick Look at Art History (min of 5, 8 week session)

Please call or come in and put your name on the list so we can get these programs rolling.

TAKING CHARGE SERIES

A series of topics designed with you in mind.

Each month will focus on a different topic - fitness, nutrition, aging, financial and more.

Each month is sponsored by a different business/provider and a light lunch/snack will be served. Reserve your seat today as these workshops fill up quickly.

September 25 - Genealogy

presented by KRL

October 23 - TBA

11:30 AM, FREE

Main Room - Senior Center

MEALS ON WHEELS KITSAP - LUNCHEONS

Thursdays @ Noon, \$3

Fridays @ Noon, \$3

Nutritious and delicious lunches plus a great way to meet other seniors. Reservations are requested, call 360-377-8511 by 2 PM the previous day.

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SOCIALS/ LUNCHEONS

Our luncheons are a great way to meet people, enjoy a delicious meal and have a good time!

SEPT 11, 11:30 AM WELCOME BACK LUNCH

Happy Fall y'all!! So many of you take vacations during the summer that we're having a party to welcome you back to the center and all its activities. Food - 3rd annual chili cook-off, fun and entertainment will make this a great luncheon! Cost: \$5pp.

OCTOBER 30, 11:30 AM BOO PARTY

Tricks, treats and fun things to eat - this party has it all. Costume and pumpkin carving contests as well as donut bobbing! This menu will be a Halloween mystery right up until the end as well as the entertainment!! Cost is \$5pp.

DECEMBER 4, 11:30 AM HOLIDAY LUNCHEON

Traditional Holiday lunch will be served along with yummy pumpkin pie and whipped cream! Holiday Entertainment followed by a fast and furious white elephant gift exchange. Cost is \$5pp.

DECEMBER 3-5, 9 AM-1 PM HOLIDAY BAKE SALE

Our holiday bakers have been hard at work and are anxious to sell you all their delicious and tasty treats for only 3 days! Sale will be held during the Holiday Luncheon as well, however, come early for the best selection of fruit crisps, breads, cookies and brownies! YUMMY!!!!

GENERAL TRAVEL INFORMATION

BSC REPRESENTATIVE: A staff member accompanies tours and will try to ensure that the tour runs as close to schedule as possible and handle any problems that may arise. All participants must have a current emergency medical waiver form on file prior to traveling. Please make sure your contact phone number/address and medical forms are as current as possible.

FULL TRIPS: If a trip is full, please place your name on the waiting list.

MOBILITY OF OUR PARTICIPANTS: Each trip has an **R** rating. The higher the rating, the more walking and standing you will be required to do (see page 8). **Please check the rating and know your limits prior to signing up.** If you require extra time to load/unload please be sure to be the last to load/unload. If it is medically necessary for you to sit in a certain seat, please make sure the office has a copy of your doctors note on file during your travel restriction so we can understand how best to accommodate your request. There are no restroom facilities on either van.

NAVIGATOR/CO-PILOT: The passenger seat is designated the navigator/co-pilot. As the navigator/co-pilot your driver may request your assistance with either driving directions, buckling and unbuckling other travelers and closing the large passenger door. While not all trips require the above mentioned services, there is a basic need for them to some extent on all trips. Please be sure that your physical condition will allow you to perform such duties if requested.

PARKING: Please contact the Senior Center office regarding the parking policy.

PAYMENTS: Full payment is due upon registration.

REGISTRATION PROCESS: Registration for each trip begins when they are published in either this newsletter or the quarterly Parks & Rec Activity Guide. Phone-in or walk-in are the two most convenient ways to register for trips. Phone reservations require a credit card. All registrations are first come, first served and members have priority.

REFUNDS: Bremerton Senior Center reserves the right to cancel any tour that does not reach it's minimum 10 working days before the travel date. In that event, you will receive a credit on your account to be used on another trip at the Senior Center. Refunds will not be given to any trip \$24 or less that you need to cancel. Cancellations for day trips (\$25 or more) are given only if a replacement to fill your spot is found, please let staff know in ample time should you need to cancel. Trips canceled by the participant will be charged a 10% cancellation fee. No refunds will be given for trips canceled less than 24 hours in advance of departure. Cancellations for extended trips vary.

TRIP RATINGS: **R1**-Board & depart Bus/Van and walk 2-3 blocks without stopping to rest. Must be able to stand 15 to 30 min. **R2:** Board & depart bus/van and walk 4-5 blocks without stopping to rest, must be able to stand 30 to 45 min, handle stairs and walk a mile in under 20 min.

Please check the trip ratings carefully when registering. Signing up for trips that are within your limits will allow you to have a better experience.

SEPTEMBER

FALL MYSTERY TRIP & LUNCH

THURSDAY, SEPTEMBER 13TH - COST, \$64, R2

We are going on a trip to a very mysterious place! You will have fun - we are sure and you will make lots of memories! Dress comfortably for anything, wear appropriate shoes (this is an R2) and remember to come with an appetite! Transportation and lunch are included.

CHEHALIS-CENTRALIA RR DINNER TRAIN

SATURDAY, SEPTEMBER 15TH - COST, \$79, R2

While riding 18-miles round-trip in a refurbished 1920s dining car, we will enjoy a vintage dining-by-rail experience, complete with white linen tablecloths, full china, and impeccable wait staff. Riding on the Chehalis-Centralia Railroad is a pleasant, scenic, and relaxing journey back in time in this mesmerizing 1916 vintage steam locomotive. The Chehalis-Centralia is one of the few remaining steam-powered passenger railroads in Washington state. Dinner consists of a fresh vegetable plate, green salad with Ranch dressing, choice of 1.) Prime Rib, 2.) Baked Salmon with lemon, or 3.) Chicken Cordon Bleu, potatoes & vegetables and of course dessert. Please indicate your meat preference when you sign up for this fabulous trip. Transportation, train ride and your dinner are all included in this trip.

GREEK LUNCH CHALLENGE

TUESDAY, SEPTEMBER 18TH - COST, \$29, R1

The 2018 lunch challenge is Greek! Everyone will be able to order their own entree and judge for themselves who has the best greek food in the northwest. We'll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of "who has the best in our little corner of the NW". Your entree, beverage and transportation are included.

PUYALLUP FAIR

THURSDAY, SEPT 20TH - COST, \$19, R2

Puyallup Fair - THE FAIR!! The Puyallup Fair is the largest single attraction held annually in the state of Washington. The Fair continually ranks in the top ten largest fairs in the world. This trip is a must to go on annually or for your first time. Transportation and admission are included, however, lunch is on your own.

SEPTEMBER

LET'S DO LUNCH!

THURSDAY, SEPTEMBER 27TH - COST, \$12, R1

Join us for lunch. We'll load up one van and head out to explore new places, new cuisines and meet new friends. Lunch is on your own but the transportation is provided. September's pick will be Kinza Teriyaki.

OCTOBER

NORDIC MUSEUM & LUNCH

TUESDAY, OCTOBER 2ND - COST, \$64, R2

Experience all that the new Nordic has to offer - from their special survey of contemporary Nordic Art, Northern Exposure, to their brand-new core exhibition, Nordic Journeys, which takes visitors on a journey through 12,000 years of Nordic history. No bags, large purses or backpacks are allowed in the galleries. Transportation, tour and lunch at a local restaurant are all included today.

SUMNER & PUYALLUP ANTIQUE SHOPPING!

TUESDAY, OCTOBER 9TH - COST, \$12, R2

We'll head to downtown Sumner for some great antique shopping. After that we'll hit downtown Puyallup and shop some of their great stores. Feel free to eat lunch whenever you feel like it, which is on your own. Transportation is included today.

SPOONER FARMS HARVEST FESTIVAL & LUNCH

WEDNESDAY, OCTOBER 10TH - COST, \$44, R2 (NEW DATE!!)

Spooner Farms is a sixth generation farming family from the Puyallup Valley. We will learn about local farms and fall fun at the Farm Education Area, then we will go on a tractor pulled tram around the farm, stopping at the pumpkin patch to pick out your perfect pumpkin. We will also see the animals at Becky's Barn and take some fun photos. Transportation, tour, 1 pumpkin and lunch are all included in this fun day. Please wear farm appropriate shoes and dress for any type of weather.

LET'S DO LUNCH!

THURSDAY, OCTOBER 11TH - COST, \$12, R1

Join us for lunch. We'll load up one van and head out to explore new places, new cuisines and meet new friends. Lunch is on your own but the transportation is provided. October's pick will be The Forum.

NOVEMBER

HOLIDAY GLASSBLOWING & LUNCH

THURSDAY, NOVEMBER 1ST- COST, \$99, R1

A visit to Tacoma Glassblowing Studio will make this trip a must-do! The glassblowers will assist each trip goer individually and everyone will have 30 minutes, one-on-one time with an experienced glassblower. Once, everyone has completed their projects, we will be heading to a local restaurant for a late lunch (on your own). Transportation and glassblowing experience is included in this trip.

LUCKY EAGLE CASINO

THURSDAY, NOVEMBER 8TH - COST, \$16, R1

Lucky Eagle has over 1000 Hot Machines! Meltdown, Wheel of Fortune, Quick Hits, Hot Shots, Fireball, Secrets of the Forest, Power Strikes, Playboy Hot Zone, Moon Goddess and more! PLUS 115 slot games in a private non smoking room! Lunch is on your own.

GREEK LUNCH CHALLENGE

TUESDAY, NOVEMBER 13TH - COST, \$29, R1

The 2018 lunch challenge is Greek! Everyone will be able to order their own entree and judge for themselves who has the best greek food in the northwest. We'll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of "who has the best in our little corner of the NW". Your entree, beverage and transportation are included.

TULALIP CASINO

THURSDAY, NOVEMBER 15TH - COST, \$19, R1

Enjoy a great day at one of our favorite casinos up north and the Premium Outlet Mall! Visit both places or stay the day gaming or shopping - your choice. There is a complimentary shuttle to the outlet from the casino (where you will be dropped off.) Tulalip boasts a large non-smoking gaming section with hundreds of games to choose from. This is one of our favorites, that's for sure! The Eagles Buffet offers a mouth-watering selection of international dishes plus fresh seafood, a carving station of succulent meats and Mongolian grill. Don't forget to complete your dining experience with a decadent dessert or pastry made fresh in the Tulalip Bakery.

SEPTEMBER CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
<div>3</div> <p>CLOSED LABOR DAY</p>	<div>4</div> <p>8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Senior Softball *F 10 Women's Soccer *D 12:30 Brush up/Dust off</p>	<div>5</div> <p>8 Pool 9 Lo-Impact Aerobics 9 Cribbage 10:15 Line Dance 11 Ice Skating *C 5:30-8:30 Ping Pong</p>	<div>6</div> <p>8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10 Quilting Class 10 Rummikub 10:30 8-ball pool 12 Meals on Wheels Kitsap</p>	<div>7</div> <p>8 Pool 9 Lo-Impact Aerobics 9 Pickleball* 10 Senior Softball *F 10 Dominoes 10 Quilting Class 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong</p>
<div>10</div> <p>8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:15 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance</p>	<div>11</div> <p>8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Senior Softball *F 10 Women's Soccer *D 11:30 WELCOME BACK LUNCHEON 12:30 Brush up/Dust off</p>	<div>12</div> <p>8 Pool 9 Lo-Impact Aerobics 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 5:30-8:30 Ping Pong</p>	<div>13</div> <p>8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap</p>	<div>14</div> <p>8 Pool 9 Lo-Impact Aerobics 9 Pickleball* 10 Senior Softball *F 10 Dominoes 10 Quilting Class 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong</p>
<div>17</div> <p>8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:15 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance</p>	<div>18</div> <p>8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Senior Softball *F 10 Women's Soccer *D 12:30 Brush up/Dust off</p>	<div>19</div> <p>8 Pool 9 Lo-Impact Aerobics 10 Cribbage 10:15 Line Dance 10:30 9-ball pool 11 Ice Skating *C 5:30-8:30 Ping Pong</p>	<div>20</div> <p>8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap 1:30 Tai Chi</p>	<div>21</div> <p>8 Pool 9 Lo-Impact Aerobics 9 Pickleball* 10 Senior Softball *F 10 Dominoes 10 Quilting Class 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong</p>
<div>24</div> <p>8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:15 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance</p>	<div>25</div> <p>8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Senior Softball *F 10 Women's Soccer *D 11:30 TAKING CHARGE SERIES-Genealogy 12:30 Brush up/Dust off</p>	<div>26</div> <p>8 Pool 9 Lo-Impact Aerobics 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 5:30-8:30 Ping Pong</p>	<div>27</div> <p>8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap 1:30 Tai Chi</p>	<div>28</div> <p>8 Pool 9 Lo-Impact Aerobics 9 Pickleball* 10 Senior Softball *F 10 Dominoes 10 Quilting Class 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong</p>
				<p>* = Sheridan Park Gym *A = Sheridan Park Lounge *C = Bremerton Ice Arena *D = OSSC-Pendergast *E = Pendergast *F = Lions Park</p>

OCTOBER CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
1 8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:15 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	2 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Senior Softball *F 10 Women's Soccer *D 12:30 Brush up/Dust off	3 8 Pool 9 Lo-Impact Aerobics 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 5:30-8:30 Ping Pong	4 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 10:30 8-ball pool 12 Meals on Wheels Kitsap 1:30 Tai Chi	5 8 Pool 9 Lo-Impact Aerobics 9 Pickleball* 10 Dominoes 10-2 Quilting Class 10 Senior Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
8 8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:15 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	9 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Senior Softball *F 10 Women's Soccer *D 12:30 Brush up/Dust off	10 8 Pool 9 Lo-Impact Aerobics 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 5:30-8:30 Ping Pong	11 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 12 Meals on Wheels Kitsap 1:30 Tai Chi	12 8 Pool 9 Lo-Impact Aerobics 9 Pickleball* 10 Dominoes 10-2 Quilting Class 10 Senior Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
15 8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:15 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	16 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Senior Softball *F 10 Women's Soccer *D 12:30 Brush up/Dust off	17 8 Pool 9 Lo-Impact Aerobics 10 Cribbage 10:15 Line Dance 10:30 9-ball pool 11 Ice Skating *C 5:30-8:30 Ping Pong	18 CLOSED SENIOR CRAFT FAIR PREP	19 CLOSED SENIOR CRAFT FAIR
SENIOR CRAFT FAIR				
22 8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:15 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	23 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Senior Softball *F 10 Women's Soccer *D 11:30 TAKING CHARGE SERIES- 12:30 Brush up/Dust off	24 8 Pool 9 Lo-Impact Aerobics 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 5:30-8:30 Ping Pong	25 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 12 Meals on Wheels Kitsap 1:30 Tai Chi	26 8 Pool 9 Lo-Impact Aerobics 9 Pickleball* 10 Senior Softball *F 10 Dominoes 10-2 Quilting Class 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
29 8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:15 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	30 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Senior Softball *F 10 Women's Soccer *D 11:30 BOO PARTY LUNCHEON 12:30 Brush up/Dust off	31 8 Pool 9 Lo-Impact Aerobics 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 5:30-8:30 Ping Pong		* = Sheridan Park Gym *A = Sheridan Park Lounge *C = Bremerton Ice Arena *D = OSSC-Pendergast *E =Pendergast *F = Lions Park

NOVEMBER CONT...

LET'S DO LUNCH!

TUESDAY, NOVEMBER 27TH - COST, \$12, R1

Join us for lunch. We'll load up one van and head out to explore new places, new cuisines and meet new friends. Lunch is on your own but the transportation is provided. November's pick will be StinkCheese-Meat.

VICTORIAN COUNTRY CHRISTMAS

THURSDAY, NOVEMBER 29TH - COST, \$19, R2

Join us for one of the largest holiday festivals on the West Coast. Picture several buildings filled with merchants and craftsmen in Victorian storefronts and indoor courtyards adorned with holiday florals, garlands and tassels. Lunch is on your own, admission and transportation are included.

DECEMBER

LET'S DO LUNCH!

THURSDAY, DECEMBER 6TH - COST, \$12, R1

Join us for lunch. We'll load up one van and head out to explore new places, new cuisines and meet new friends. Lunch is on your own but the transportation is provided. December's pick will be Pomodoro in Tacoma.

GINGERBREAD VILLAGE IN SEATTLE

TUESDAY, DECEMBER 11TH - COST, \$19, R2

For over 25 years, Seattle has embraced the Sheraton Hotel's Annual Gingerbread Village benefiting the Juvenile Diabetes Research Foundation (JDRF). As a tribute to the city, last year's theme was 25 Years of Cheer: A Celebration of Seattle. Visitors stroll through the Sheraton Hotel's lobby and marvel at the wonderful creations. Seattle's top architecture firms, master builders and Sheraton Seattle culinary teams come together to create these masterpieces. After we tour the village, we will head to lunch at a local restaurant (on your own). Transportation and self-guided tour are included, however, lunch is on your own.

CHRISTMAS TEA @ OLD GOAT FARM IN ORTING

WEDNESDAY, DECEMBER 12TH - COST, \$39, R2

Christmas is a very special event at Old Goat Farm. The owner's passion for decorating for Christmas has turned the Goat Farm into a winter wonderland. Each room is decorated with a different theme and each room has at least one tree. Your choice of several homemade desserts are served along with hot beverages, coffee, tea or apple cider. Transportation and tea are included.

DECEMBER CONT...

CHRISTMAS LIGHTS AND DINNER!!!!

TUESDAY, DECEMBER 18TH - COST, \$39, R2

First we will walk through one of the largest Eastside Christmas displays, Clam Lights at Gene Coulon Park in Renton. You'll see plenty of Christmas scenes, but also Ivar's Dancing Clams. Next we'll head to Bellevue Garden D'Lights for another walk through light display. Once we are done let's head to a local restaurant for a late dinner. Transportation and tours are included, however, dinner will be on your own.

GREEK LUNCH CHALLENGE WINNER!!

THURSDAY, DECEMBER 20TH - COST, \$29, R1

The 2018 lunch challenge is Greek and today we visit the WINNER! Everyone will be able to order their own entree and non-alcoholic beverage. Today's lunch will also include dessert! Hopefully you have signed up for most of the challenges so you can truly say "who had the best in our little corner of the NW". Your entree, beverage and transportation are included.

MARCH 2019

CATS THE MUSICAL

THURSDAY, MARCH 28TH - COST, \$159, R1

Andrew Lloyd Webber's beloved, whimsical masterpiece Cats is coming to the Paramount Theatre. This Cats musical Seattle production is your chance to join the fun at the Jellicle Ball, as an assortment of anthropomorphic cats — inspired by T.S. Eliot's poetry book Old Possum's Book of Practical Cats — compete for the "Jellicle Choice," which will send one of them to the mysterious, regenerative "Heaviside Layer." Any more description would hardly do the show justice; suffice it to say that it's one of the best-loved musicals on either side of the Atlantic. Tickets to the performance, round-trip transportation, escorts and a delicious meal at Ruth's Chris Steakhouse is all included on this fabulous trip! (Business Casual dress is required for dinner) We will be parking at the theatre and walking to the restaurant which is located inside the Grand Hyatt Hotel in Seattle and due to the ferry schedule, we will be driving instead of taking the ferry. (Max. 15)

Proudly presented by the Bremerton Senior Center & Seniors Uncover Money Solutions

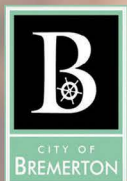
Senior Craft Fair

Friday, October 19
10 AM to 5 PM

Saturday, October 20
9 AM to 4 PM

Sheridan Park Community Center
680 Lebo Blvd., Bremerton

Vendors can be any age as long as their items are hand-crafted. 90 local vendors who specialize in hand-crafted wares. Food, fun, festive holiday music and free admission! Don't forget the annual \$UM\$ Bake Sale - these delightful treats are all hand made by a variety of Bremerton Senior Center members and are definitely something you don't want to miss! Raffle tickets available at the door for Senior Center donated gift baskets.



Info line: 360-473-5357



2018 SENIOR CRAFT FAIR

GAMES

Pool:	Monday-Friday, 8 AM-3 PM
Ping Pong:	Tuesdays & Thursdays, 8-10:30 AM,
Mah Jong:	Tuesdays, 9 AM-2 PM
Cribbage	Wednesdays, 9 AM
Bridge:	Mondays & Thursdays, 9 AM
Rummikub:	Thursdays, 9AM-12 PM
Dominoes:	Fridays, 10 AM-1 PM

COMPUTER LAB

DAILY, 8 AM-2:45 PM

Flat screens, one touch screen, new hard-drives and high speed wireless internet in a quiet room, what more could you ask for? If you just want to surf the web, check your e-mail or refresh your computer skills, come on down and see what's new!

POOL

DAILY, 8 AM - 3 PM

Four tables are available daily to play on. Whether you come in just for the monthly tournaments or to see if you got game - you're sure to have fun!

SUNSHINE SINGERS

MONDAYS, 10:15 AM-12:30 PM

Tea for two and two for tea - that's me and you and lots of friends makes we...come be part of this group and make beautiful music and friendships. The Singers perform all around Kitsap County, delighting audiences everywhere they go! We need more singers, please consider joining us Mondays.

BREMERTON ART GUILD

MONDAYS, 10 AM-1 PM

Do you sketch, sculpt, paint? Do you have an art project that you would like to work on but don't have the space or just want a little company? Join the members of the Bremerton Art Guild, bring your projects and enjoy.

SENIOR OPEN ICE SKATE

MONDAYS & WEDNESDAYS, 11 AM- 12 PM

Always wanted to learn to ice skate? Come to the Center to pick up your weekly passes to skate at the Bremerton Ice Arena. Skates are available to rent for \$3.50. This is a free program, however, Senior Center membership is required.

AARP SAFE DRIVING PROGRAM

MONDAY & TUESDAY, 9 AM-1 PM

NEXT SESSION - NOV 5-6

Need a quick review on your driving skills and/or want to save money on your insurance? AARP provides instruction for you. Attendance on both days is required to receive credit. Call (360) 473-5357 to register. Supply fee paid to instructor at first class. Class min. 5, max. 12.

CENTER LINE DANCERS

MONDAYS - BEG 12:30-1:45 PM/INT 1:45-3 PM

WEDNESDAYS - BEG 10:15 AM/INT 11:30 AM

Bring your cowboy boots and have a stompin' good time. Fun routines are learned and practiced with great camaraderie. The dancers also perform at various venues throughout the county.

BRIDGE

MONDAYS & THURSDAYS, 9 AM

Beginners to experienced Bridge players are welcome to play with this fun group.

BADMINTON

TUESDAYS & THURSDAYS, 8 AM

Come on down to Sheridan Park gym and have a great time batting at birdies (equipment is provided).

CRAFT CLUB WITH SALLY

TUESDAYS, 9 AM-NOON (A.K.A. CRITTERS)

Are you repairing an old friend or creating a new one? From re-stuffing critters to making curtains, Sally and her team of extreme makeover artists can help you work on any project.

SR WOMEN'S INDOOR SOCCER

TUESDAYS, 10-11 AM

This program is held at the Olympic Soccer and Sports Center located at Pendergast Regional Park. This is a free program, however, Senior Center membership is required.

~DONATIONS~

We love donations and are currently in need of the following items listed below. Thank you for your generosity!

55 gal kitchen bags ~ regular & decaf
ground coffee ~ Individually wrapped
candy ~ napkins ~ disposable plastic water
cups ~ Individual creamers

Daily Activities are free for BSC members unless otherwise noted. Non members pay \$3 drop in fee per activity attended.

CO-ED REC MODIFIED SOFTBALL**SPRING/SUMMER SEASON @ LIONS #1****FALL/WINTER SEASON @ OSSC****TUESDAYS AND FRIDAYS, 10 AM - 12 PM**

Enjoy the great game of softball played by men and women. The emphasis is on having fun through friendly competition, exercising and to develop individual hitting and fielding skills in a positive, team setting. Previous experience is recommended. Modified Softball is played indoors during the fall/winter at OSSC-Pendergast Park and outdoors during the Spring and Summer months at Lions #1. (Ages 55 and up, senior center membership is required.)

BRUSH UP/DUST OFF**TUESDAYS, 12:30-2:30 PM**

Have you always wanted to learn how to watercolor, sketch, learn colored pencils? Or have painted previously and want to get back into it? Join members of the Bremerton Art Guild for helpful guidance. This group will meet on a weekly basis with volunteers from the Bremerton Art Guild helping you get started. Bring in your supplies and be ready to have some fun.

FOOTCARE**1ST TUESDAYS & 4TH WEDNESDAYS, BY APPT.**

Michelle Gamber provides this affordable service. It's a pedicure without the polish! Call her for prices and to schedule your appointment at (360) 871-5726.

CRIBBAGE**WEDNESDAYS, 9 AM**

This classic game has been around since the 17th century. Great card game for 2-4 players.

QUILTING CLASS**THURSDAYS, 10 AM-2:30 PM****FRIDAYS, 10 AM-2:30 PM**

Novice or experienced quilters, come one and all! Bring your quilting supplies, get new ideas and visit with other quilters. The group occasionally offers classes on techniques and styles. (Sewing machine skills required.)

DOMINOES**FRIDAYS, 10 AM**

This game can be played with 2 or more players and can get quite lively at times. Come join the fun!

POOL TOURNAMENTS**8 BALL-1ST THURSDAYS - 10:30AM**

8-BALL IS GENEROUSLY SPONSORED BY:

BREMERTON HEALTH & REHAB
360-377-3951

9 BALL-3RD WEDNESDAYS - 10:30AM

9-BALL IS GENEROUSLY SPONSORED BY:

FOREST RIDGE HEALTH & REHAB
360-479-4747

Tournaments are just \$3 per player and include a delicious lunch and prize to the winner! New rules: Straight 8, call shot, BCA rules, 2 out of three in winners bracket only. Come join us daily, Monday-Friday from 8am to 3pm.

SENIOR PICKLEBALL - NEW!!!!**FRIDAYS, 8-9 AM**

Looking for a new FUN recreational activity, come to the Sheridan Park gym for pickleball!! Enjoy this exciting court game which combines the elements of tennis, badminton and table tennis, equipment is provided. This program is for **beginner players** and instruction will be provided, senior center membership is required.

WELLNESS**AEROBICS-FREE VIDEO****MONDAYS, WEDNESDAYS & FRIDAYS, 9 AM**

Get your heart pumping and your sweat dripping in this moderate paced fitness class. Class utilizes weights, resistance bands and other strength training techniques and can be fast-paced at times. Great class to work on your balance and mobility! Participants need to be able to exercise at a consistent level for 5-10 minutes at a time.

TAI CHI**THURSDAYS, 1:30-2:30 PM****SESSIONS: SEPT 6 - OCT 11 & OCT 25 - DEC 6**

Tai Chi Chuan, a Chinese martial art noted for its slow, smooth movements, has been proven to improve balance and increase flexibility. This class features Sun and Yang Styles. This class is accessible for all levels of fitness and taught by Sandy Carlson. Cost is \$30/6 weeks. Min of 5. No class Nov 22.

Please check with the office staff for any items you may have left behind in the center or one of our vans. Items left for more than 3 months will be donated or put on the free shelf.





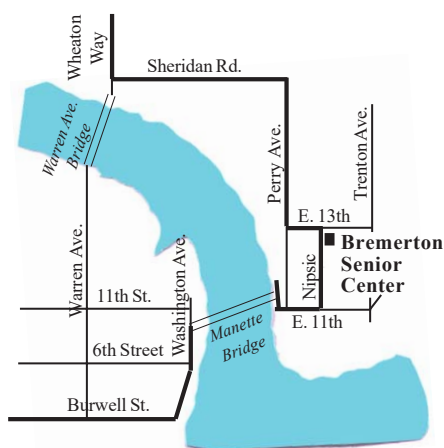
Bremerton Senior Center
1140 Nipsic Ave
Bremerton, WA 98310

Return Service Requested

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Bremerton, WA -
Permit #209

Vicinity Map

Bremerton Senior Center
 1140 Nipsic Ave, Bremerton, WA 98310
 360-473-5357



2018 Memberships... Renew your membership for 2018 today. Payment can be made by calling the senior center, coming in or mailing your check. Keeping current on your dues will ensure that you continue to receive this newsletter at your door step! Highlights of your Senior Center Membership: newsletter direct mailed, participation in over 30 activities at no additional charge and trip registration priority. We are an active recreation center for all adults 55 and better. We have daily drop-in activities you can participate in, as well as trips and tours, fitness, educational, enrichment and dance classes. The Bremerton Senior Center is also home to many entertainment groups such as The Sunshine Singers, Center Line Dancers and more. Rates are on page 3.

- **COUPLES MEMBERSHIP** is for two people, one at least 55 or better, who reside at the same address. We have resident and non-resident rates. Rates are on page 3.
- **SINGLES MEMBERSHIPS** are for single city and non-city residents. Rates are on page 3.
- **ASSOCIATE MEMBERSHIPS** are for those individuals not yet 55 but who still would like to participate in the programs, trips and classes offered at the Center. This is a great membership for sons and daughters of members or active adults who participate at the Bremerton Senior Center. Rates are on page 3.