



BREMERTON SENIOR CENTER

ACTIVE US NEWSLETTER

JUNE-AUGUST 2018



The "Active Us" is THE place to get your information for the Bremerton Senior Center.



BREMERTON SENIOR CENTER
1140 NIPSIC AVE.
BREMERTON, WA 98310
(360) 473-5357
www.ci.bremerton.wa.us

CENTER HOURS **MONDAY-FRIDAY 8 AM TO 3 PM**

STAFF

Holly Peterson, Recreation Program Coordinator III
 Barbara Roembke, Front Office Coordinator

VOLUNTEER RECEPTIONISTS

Monday: Pat Sechrest
 Tuesday & Thursday: Mac Whittlesey
 Wednesday: Judy Ray-Hensley & Marcie Dixon
 Friday: Al Butler

The Bremerton Senior Center is open to all people ages 55 and better. The annual user fees are listed on page 3.

The Bremerton Senior Center is a division of the City of Bremerton Parks & Recreation Department. The **Active Us** is published five times a year.

Mission Statement:

The Bremerton Senior center is committed to enriching Senior lives in Bremerton by providing lifelong learning and recreational opportunities.

\$UM\$

Seniors Uncover Money Solutions

\$UM\$ is you - all members of the Senior Center activities. We are dedicated to raising funds that can be used to make the Center a more enjoyable place for all of us.

\$UM\$ Officers:

President: Paul Vlastelica Vice President: George Cho
 Treasurer: Al Butler Secretary: Marianna Knowlton

\$UM\$

CORNER

Hello \$UM\$ members. Winter is behind us and summer is in full stride. That means its BURGER TIME. June 4th-6th will be the yearly bake sale at the center. The 5th also happens to correspond with the annual Burger Bash. If you are able to be a baker we could use your baked goods, if not then you can be a buyer and consume the tasty treats. Come and enjoy some burgers on that Tuesday - just \$5pp and there will be entertainment. As always the proceeds stay at the senior center.

Your \$UM\$ treasury has around \$11,000 and we plan to purchase a new washer/dryer and storage cabinet for the center. This will be done once the flooring is replaced in that room. Again this is your funds, so if you see a need at the center please let us know. In April we rented a shredding truck to assist you and the local community in getting rid of important papers that you no longer needed. As this was a first time for us, we believe it was a success. Many locals came by to shred their papers and let us know that they were very appreciative. It was a good community service and we had three people ask and get information about joining the center. It was not a money maker for us, but it was a good advertisement for the center.

We have begun the work on the annual Senior Craft Fair. The mentor board advertisement is scheduled and paid for. At our next \$UM\$ meeting we will be getting down to the nitty gritty aspects of getting this year's event in motion. George will once again be lining up entertainment for us. Patricia Yarbrough and Cathy Vlastelica will be making phone calls to staff up the greeter and bake sale tables. Al Butler will be paying bills. We will once again be supplying food for the event so we will be asking for help there also. Please make yourself available to help us. Without you the Craft Fair will not be a success.

Paul Vlastelica & George Cho

2018 MEMBERSHIP RENEWAL

Senior memberships run the calendar year (January-December) regardless of when you join. Renew your 2018 membership today at the rates listed below. (Sorry no refunds on memberships.)

RESIDENTS

Single.....\$16/yr
Couples.....\$23/yr
Associate.....\$22/yr

NON-RESIDENTS

Single.....\$32/yr
Couples.....\$46/yr
Associate.....\$44/yr

NEW PROGRAMS!!!

Several new programs are in the works and we need to fill interest lists to see if these programs would be of interest to you, our members. New programs are:

Square Dancing (min of 16 for 2 squares, weekly)

Healthy Cooking Class (min of 5, 4 week session)

Quick Look at Art History (min of 5, 8 week session)

Please call or come in and put your name on the list so we can get these programs rolling.

TAKING CHARGE SERIES

A series of topics designed with you in mind.

Each month will focus on a different topic - fitness, nutrition, aging, financial and more.

Each month is sponsored by a different business/provider and a light lunch/snack will be served. Reserve your seat today as these workshops fill up quickly.

JUNE 12 - Clear Captions

AUGUST 14 - Balance/Mobility

September 18 - TBA

11:30 AM, FREE

Main Room - Senior Center

MEALS ON WHEELS KITSAP - LUNCHEONS

Thursdays @ Noon, \$3

Fridays @ Noon, \$3

Nutritious and delicious lunches plus a great way to meet other seniors. Reservations are requested, call 360-377-8511 by 2 PM the previous day.

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SOCIALS/ LUNCHEONS

Our luncheons are a great way to meet people, enjoy a delicious meal and have a good time!

JUNE 4-6, 9 AM - 2 PM BAKE SALE!!!!

Enough said right??? Best Bake Sale ever!!!

JUNE 5, 11:30 AM BURGER BASH

Burgers, baked beans, chips and salad - YUMMMY!!! How about kicking off your summer with us at this great luncheon! Entertainment by the Santiago Sisters too. Cost: \$5pp

SEPT 11, 11:30 AM WELCOME BACK LUNCH

Happy Fall y'all!! So many of you take vacations during the summer that we're having a party to welcome you back to the center and all its activities. Food - 3rd annual chili cook-off, fun and entertainment will make this a great luncheon! Cost: \$5pp.

OCTOBER 30, 11:30 AM BOO PARTY

Tricks, treats and fun things to eat - this party has it all. Costume and pumpkin carving contests as well as donut bobbing! This menu will be a Halloween mystery right up until the end as well as the entertainment!! Cost is \$5pp.

In order to ensure the best possible experience for every member of the Bremerton Senior Center, please keep in mind the following: We do not provide respite care, adult daycare and/or services that would normally be provided by a trained attendant, nurse or personal caregiver (i.e., incontinence, inability to use the restroom independently or preventing a participant from leaving the facility.) In addition, the provision of any personal care by staff for a participant is beyond our capability. Please contact the Division of Aging and Long Term Care at (360)337-5700 should you require any of the above mentioned needs.

GENERAL TRAVEL INFORMATION

BSC REPRESENTATIVE: A staff member accompanies tours and will try to ensure that the tour runs as close to schedule as possible and handle any problems that may arise. All participants must have a current emergency medical waiver form on file prior to traveling. Please make sure your contact phone number/address and medical forms are as current as possible.

FULL TRIPS: If a trip is full, please place your name on the waiting list.

MOBILITY OF OUR PARTICIPANTS: Each trip has an **R** rating. The higher the rating, the more walking and standing you will be required to do (see page 8). **Please check the rating and know your limits prior to signing up.** If you require extra time to load/unload please be sure to be the last to load/unload. If it is medically necessary for you to sit in a certain seat, please make sure the office has a copy of your doctors note on file during your travel restriction so we can understand how best to accommodate your request. There are no restroom facilities on either van.

NAVIGATOR/CO-PILOT: The passenger seat is designated the navigator/co-pilot. As the navigator/co-pilot your driver may request your assistance with either driving directions, buckling and unbuckling other travelers and closing the large passenger door. While not all trips require the above mentioned services, there is a basic need for them to some extent on all trips. Please be sure that your physical condition will allow you to perform such duties if requested.

PARKING: Please contact the Senior Center office regarding the parking policy.

PAYMENTS: Full payment is due upon registration.

REGISTRATION PROCESS: Registration for each trip begins when they are published in either this newsletter or the quarterly Parks & Rec Activity Guide. Phone-in or walk-in are the two most convenient ways to register for trips. Phone reservations require a credit card. All registrations are first come, first served and members have priority.

REFUNDS: Bremerton Senior Center reserves the right to cancel any tour that does not reach it's minimum 10 working days before the travel date. In that event, you will receive a credit on your account to be used on another trip at the Senior Center. Refunds will not be given to any trip \$24 or less that you need to cancel. Cancellations for day trips (\$25 or more) are given only if a replacement to fill your spot is found, please let staff know in ample time should you need to cancel. Trips canceled by the participant will be charged a 10% cancellation fee. No refunds will be given for trips canceled less than 24 hours in advance of departure. Cancellations for extended trips vary.

TRIP RATINGS: **R1**-Board & depart Bus/Van and walk 2-3 blocks without stopping to rest. Must be able to stand 15 to 30 min. **R2:** Board & depart bus/van and walk 4-5 blocks without stopping to rest, must be able to stand 30 to 45 min, handle stairs and walk a mile in under 20 min.

Please check the trip ratings carefully when registering. Signing up for trips that are within your limits will allow you to have a better experience.

JUNE

OLYMPIC GAME FARM & LUNCH

THURSDAY, JUNE 7TH - COST, \$34, R1

Start your morning off with a visit to the Olympic Game Farm park for a driving tour. The farm is home to many animal species, both endangered and non-endangered. We'll see a tiger's stripes, a rare white rhino, a Kodiak bear and maybe get slobbered on by a buffalo. Following the driving tour, we'll head to the popular local restaurant - the Oak Table for a delicious lunch. Tour and transportation are included. Lunch is on your own.

CASCADIA IRIS GARDEN AND LUNCH

THURSDAY, JUNE 14TH - COST, \$44, R2

Cascadia Iris Garden is a specialty nursery featuring the diverse genus of plants known as Iris. They offer a variety of irises suitable for most any environment you want to garden in. From short to tall, wet to dry or sun to shade, they have 300+ varieties for sale this year. They also are pleased to offer irises that will bloom throughout the year, given optimal conditions and weather. Simply speaking, whatever your gardening challenges, they are happy to help find some irises to fill your desires. Following our tour, we will head to a local restaurant for lunch. Tour, transportation and lunch are included.

FRIDAY HARBOR OVERNIGHTER

TUESDAY, JUNE 19TH-WEDNESDAY, JUNE 20TH COST \$319PP/DBL OCC, R2

Enjoy the scenic ferry ride to the picturesque seaside town of Friday Harbor on the eastern shores of San Juan Island. We'll board the San Juan Clipper in Seattle, head to Friday Harbor and then go on a Whale and Sealife Search trip. Once we dock in Friday Harbor for the evening, we'll check into the Friday Harbor Suites. Their rooms are well appointed and include hot breakfast the next morning. From the hotel, feel free to stroll down to shops, art galleries and museums, or tour the island by bike and discover a beautiful shoreline, beaches, state parks, marinas, wineries, and breathtaking views. This overnigher is sure to be laid back and a great way to re-charge your batteries. Included is breakfast and dinner aboard the clipper, breakfast at the hotel, transportation aboard the clipper and Seattle/Bremerton ferry and whale/sealife searching trip.

JULY

GREEK LUNCH CHALLENGE

TUESDAY, JULY 10TH - COST, \$29, R1

The 2018 lunch challenge is Greek! Everyone will be able to order their own entree and judge for themselves who has the best greek food in the northwest. We'll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of "who has the best in our little corner of the NW". Your entree, beverage and transportation are included.

LET'S DO LUNCH!

TUESDAY, JULY 17TH - COST, \$12, R1

Join us for lunch. We'll load up one van and head out to explore new places, new cuisines and meet new friends. Lunch is on your own, transportation is provided. July's pick will be My 4 Sons BBQ in Parkland.

RED WIND CASINO

THURSDAY, JULY 19TH - COST, \$16, R1

Nisqually Red Wind Casino has more games to play and more space to play in than ever before. With over 1,400 slots games and a host of table games including craps, roulette, blackjack, Pai Gow and three card poker, Keno and Speed Keno, no matter what you play, you can play it in the Wind. This lovely casino is nestled in the woods outside of Olympia. Seniors 55+ with valid ID receive 25% off in their dining venues and Potlatch Gift Shop.

AUGUST

FABRIC DEPOT AND LUNCH

WEDNESDAY, AUGUST 1ST - COST, \$24, R2

We'll load up one van and head down to Portland to FABRIC DEPOT!!! 40,000 square feet of heaven for sewers, quilters and crafters. Family owned since 1992, there's always something new and fun to see. You'll find everything you want for your next project! The inspiration's overflowing! Fabric Depot has a coffee stand inside the store for any thirst needs that arise while shopping, will give you 25% off your entire purchase AND there's no tax in Oregon!! Transportation is provided today, however, lunch and any other snacks at pit stops are on your own. (Max. 13)

AUGUST CONT...

PHANTOM OF THE OPERA

THURSDAY, AUGUST 9TH - COST, \$159, R2

Cameron Mackintosh's spectacular new production of Andrew Lloyd Webber's THE PHANTOM OF THE OPERA returns to Seattle as part of a brand new North American Tour. Critics are raving that this breathtaking production is "bigger and better than ever before" and features a brilliant new scenic design by Paul Brown, Tony Award®-winning original costume design by Maria Björnson, lighting design by Tony Award®-winner Paule Constable, new choreography by Scott Ambler, and new staging by director Laurence Connor. The production, overseen by Matthew Bourne and Cameron Mackintosh, boasts many exciting special effects including the show's legendary chandelier. The beloved story and thrilling score- with songs like "Music of the Night," "All I Ask Of You," and "Masquerade" - will be performed by a cast and orchestra of 52, making this PHANTOM one of the largest productions now on tour. Tickets to the performance, round-trip transportation, escorts and a 3-course dinner at Palisade is all included on this fabulous trip! (Max. 18)

FUSED GLASS CLASS AT CREATE!

THURSDAY, AUGUST 16TH - COST, \$64, R2

Today we head to Kent to Create! We will be making a fused glass piece. Once you create your piece, Create! staff will fuse your piece in the kiln, and will then slump it in a glass mold for pick up later. Supplies and instructions provided. Glass art is both simple and surprising - you'll never know what the finished product will look like. Transportation and class are included, however, lunch will be on your own.

LET'S DO LUNCH!

TUESDAY, AUGUST 21ST - COST, \$12, R1

Join us for lunch. We'll load up one van and head out to explore new places, new cuisines and meet new friends. Lunch is on your own, transportation is provided. This month will be Little Jerry's in Tacoma.

COLUMBIA CENTER SKY VIEW OBSERVATORY

THURSDAY, AUGUST 23RD - COST, \$39, R2

With murals and video displays lining the walls, the Sky View Observatory offers a fun and fact filled journey through the landscape and the history of Seattle and Washington State. Lunch will be on your own at the Sky View Cafe'. Transportation and self-guided tour are included, however, lunch is on your own.

JUNE CALENDAR

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|---|
| * = Sheridan Park Gym *A = Sheridan Park Lounge *C = Bremerton Ice Arena *D = OSSC-Pendergast *E =Pendergast *F = Lions Park | | | | 1 8 Pool 9 Lo-Impact Aerobics 10 Senior Softball *F 10 Dominoes 10 Quilting Class 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong |
| 4 8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:15 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance | 5 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Senior Softball *F 10 Women's Soccer *D 11:30 BURGER BASH LUNCHEON 12:30 Brush up/Dust off | 6 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 5:30-8:30 Ping Pong | 7 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10 Quilting Class 10 Rummikub 10:30 8-ball pool tournament championship 12 Meals on Wheels Kitsap | 8 8 Pool 9 Lo-Impact Aerobics 10 Senior Softball *F 10 Dominoes 10 Quilting Class 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong |
| BAKE SALE 9 AM to 1 PM | | | | |
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| SENIOR GAMES 2018 | | | | |
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Proudly presented by the Bremerton Senior Center & \$eniors Uncover Money \$olutions

Senior Craft Fair

Friday, October 19
10 AM to 5 PM

Saturday, October 20
9 AM to 4 PM

Sheridan Park Community Center
680 Lebo Blvd., Bremerton

Vendors can be any age as long as their items are hand-crafted. 90 local vendors who specialize in hand-crafted wares. Food, fun, festive holiday music and free admission! Don't forget the annual \$UM\$ Bake Sale - these delightful treats are all hand made by a variety of Bremerton Senior Center members and are definitely something you don't want to miss! Raffle tickets available at the door for Senior Center donated gift baskets.



Info line: 360-473-5357



Consider Our CD Rates

Through our relationship with a wide range of issuers, Edward Jones offers FDIC-insured certificates of deposit (CDs). Below we show current rates of CDs offered by Edward Jones and the national average for bank-issued CDs.

| | Edward Jones ¹ | National Rates ² |
|---------|---------------------------|-----------------------------|
| 6-month | 1.95% ¹ | .21% ² |
| 1-year | 2.20% ¹ | .37% ² |
| 2-year | 2.75% ¹ | .54% ² |
| 3-year | 2.90% ¹ | .69% ² |
| 4-year | 3.00% ¹ | .82% ² |

¹ CDs offered by Edward Jones are brokered CDs that are bank-issued and FDIC-insured up to \$250,000 (principal and interest accrued but not yet paid) per depositor, per insured depository institution, for each account ownership category. Please visit www.fdic.gov or contact your financial advisor for additional information. Subject to availability and price change. CD values are subject to interest rate risk such that when interest rates rise, the prices of CDs can decrease. If CDs are sold prior to maturity, the investor can lose principal value. FDIC insurance does not cover losses in market value. Early withdrawal may not be permitted. Yields quoted are net of all commissions. CDs require the distribution of interest and do not allow interest to compound. CDs offered through Edward Jones are issued by banks and thrifts nationwide. All CDs sold by Edward Jones are registered with the Depository Trust Corp. (DTC).

² FDIC National Rate applicable for deposits under \$100,000 for the week of 05/07/2018.



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MAKING SENSE OF INVESTING



Bremerton's WEST SOUND SENIOR GAMES



A Community Partnership of

Kitsap Sun

An Athletic Event for Ages 50 and up
July 11-14, 2018

5k Run/Walk ~ Basketball
Bowling ~ Cycling Time Trials
Disc Golf ~ Horseshoes
Mini-Golf ~ Multi-Choice Team
Trivia (new) ~ Pickleball
Ping Pong ~ Swimming
Track & Field



Register for only \$40*!

Registration fee covers your participation in any or all events. Events are held at various locations throughout Kitsap County. Late fee of \$10 for registrations received after June 13 or received the day of.

Call the Event Commissioner at 360.434-5706 for more info.

Download the registration packet at www.bwssg.com.



SEPTEMBER

FALL MYSTERY TRIP & LUNCH

THURSDAY, SEPTEMBER 13TH - COST, \$64, R2

We are going on a trip to a very mysterious place! You will have fun - we are sure and you will make lots of memories! Dress comfortably for anything, wear appropriate shoes (this is an R2) and remember to come with an appetite! Transportation and lunch are included.

CHEHALIS-CENTRALIA RR DINNER TRAIN

SATURDAY, SEPTEMBER 15TH - COST, \$79, R2

While riding 18-miles roundtrip in a refurbished 1920s dining car, we will enjoy a vintage dining-by-rail experience, complete with white linen tablecloths, full china, and impeccable wait staff. Riding on the Chehalis-Centralia Railroad is a pleasant, scenic, and relaxing journey back in time in this mesmerizing 1916 vintage steam locomotive. The Chehalis-Centralia is one of the few remaining steam-powered passenger railroads in Washington state. Dinner consists of a fresh vegetable plate, green salad with Ranch dressing, choice of 1.) Prime Rib, 2.) Baked Salmon with lemon, or 3.) Chicken Cordon Bleu, potatoes & vegetables and of course dessert. Please indicate your meat preference when you sign up for this fabulous trip. Transportation, train ride and your dinner are all included in this trip.

GREEK LUNCH CHALLENGE

TUESDAY, SEPTEMBER 18TH - COST, \$29, R1

The 2018 lunch challenge is Greek! Everyone will be able to order their own entree and judge for themselves who has the best greek food in the northwest. We'll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of "who has the best in our little corner of the NW". Your entree, beverage and transportation are included.

PUYALLUP FAIR

THURSDAY, SEPT 20TH - COST, \$19, R2

Puyallup Fair - THE FAIR!! The Puyallup Fair is the largest single attraction held annually in the state of Washington. The Fair continually ranks in the top ten largest fairs in the world. This trip is a must to go on annually or for your first time. Transportation and admission are included, however, lunch is on your own.

LET'S DO LUNCH!

THURSDAY, SEPTEMBER 27TH - COST, \$12, R1

Join us for lunch. We'll load up one van and head out to explore new places, new cuisines and meet new friends. Lunch is on your own but the transportation is provided. September's pick will be Kinza Teriyaki.

OCTOBER

NORDIC MUSEUM & LUNCH

TUESDAY, OCTOBER 2ND - COST, \$64, R2

Experience all that the new Nordic has to offer - from their special survey of contemporary Nordic Art, Northern Exposure, to their brand-new core exhibition, Nordic Journeys, which takes visitors on a journey through 12,000 years of Nordic history. No bags, large purses or backpacks are allowed in the galleries. Transportation, tour and lunch at a local restaurant are all included today.

SPOONER FARMS HARVEST FESTIVAL & LUNCH

THURSDAY, OCTOBER 4TH - COST, \$44, R2

Spooner Farms is a sixth generation farming family from the Puyallup Valley. We will learn about local farms and fall fun at the Farm Education Area, then we will go on a tractor pulled tram around the farm, stopping at the pumpkin patch to pick out your perfect pumpkin. We will also see the animals at Becky's Barn and take some fun photos. Transportation, tour, 1 pumpkin and lunch are all included in this fun day. Please wear farm appropriate shoes and dress for any type of weather.

SUMNER & PUYALLUP ANTIQUE SHOPPING!

TUESDAY, OCTOBER 9TH - COST, \$12, R2

We'll head to downtown Sumner for some great antique shopping. After that we'll hit downtown Puyallup and shop some of their great stores. Feel free to eat lunch whenever you feel like it, which is on your own. Transportation is included today.

LET'S DO LUNCH!

THURSDAY, OCTOBER 11TH - COST, \$12, R1

Join us for lunch. We'll load up one van and head out to explore new places, new cuisines and meet new friends. Lunch is on your own but the transportation is provided. October's pick will be The Forum.

NOVEMBER CONT...

HOLIDAY GLASSBLOWING & LUNCH

THURSDAY, NOVEMBER 1ST- COST, \$99, R1

A visit to Tacoma Glassblowing Studio will make this trip a must-do! The glassblowers will assist each trip goer individually and everyone will have 30 minutes, one-on-one time with an experienced glassblower. Once, everyone has completed their projects, we will be heading to a local restaurant for a late lunch (on your own). Transportation and glassblowing experience is included in this trip.

NOVEMBER CONT...

LUCKY EAGLE CASINO

THURSDAY, NOVEMBER 8TH - COST, \$16, R1

Lucky Eagle has over 1000 Hot Machines! Meltdown, Wheel of Fortune, Quick Hits, Hot Shots, Fireball, Secrets of the Forest, Power Strikes, Playboy Hot Zone, Moon Goddess and more! PLUS 115 slot games in a private non smoking room! Lunch is on your own.

GREEK LUNCH CHALLENGE

TUESDAY, NOVEMBER 13TH - COST, \$29, R1

The 2018 lunch challenge is Greek! Everyone will be able to order their own entree and judge for themselves who has the best greek food in the northwest. We'll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of "who has the best in our little corner of the NW". Your entree, beverage and transportation are included.

TULALIP CASINO

THURSDAY, NOVEMBER 15TH - COST, \$19, R1

Enjoy a great day at one of our favorite casinos up north and the Premium Outlet Mall! Visit both places or stay the day gaming or shopping - your choice. There is a complimentary shuttle to the outlet from the casino (where you will be dropped off.) Tulalip boasts a large non-smoking gaming section with hundreds of games to choose from. This is one of our favorites, that's for sure! The Eagles Buffet offers a mouth-watering selection of international dishes plus fresh seafood, a carving station of succulent meats and Mongolian grill. Don't forget to complete your dining experience with a decadent dessert or pastry made fresh in the Tulalip Bakery.

LET'S DO LUNCH!

TUESDAY, NOVEMBER 27TH - COST, \$12, R1

Join us for lunch. We'll load up one van and head out to explore new places, new cuisines and meet new friends. Lunch is on your own but the transportation is provided. November's pick will be StinkCheese-Meat.

VICTORIAN COUNTRY CHRISTMAS

THURSDAY, NOVEMBER 29TH- COST, \$19, R2

Join us for one of the largest holiday festivals on the West Coast. Picture several buildings filled with merchants and craftsmen in Victorian storefronts and indoor courtyards adorned with holiday florals, garlands and tassels. Lunch is on your own, admission and transportation are included.

DECEMBER

LET'S DO LUNCH!

THURSDAY, DECEMBER 6TH - COST, \$12, R1

Join us for lunch. We'll load up one van and head out to explore new places, new cuisines and meet new friends. Lunch is on your own but the transportation is provided. December's pick will be Pomodoro in Tacoma.

GINGERBREAD VILLAGE IN SEATTLE

TUESDAY, DECEMBER 11TH - COST, \$19, R2

For over 25 years, Seattle has embraced the Sheraton Hotel's Annual Gingerbread Village benefiting the Juvenile Diabetes Research Foundation (JDRF). As a tribute to the city, last year's theme was 25 Years of Cheer: A Celebration of Seattle. Visitors stroll through the Sheraton Hotel's lobby and marvel at the wonderful creations. Seattle's top architecture firms, master builders and Sheraton Seattle culinary teams come together to create these masterpieces. After we tour the village, we will head to lunch at a local restaurant (on your own). Transportation and self-guided tour are included, however, lunch is on your own.

CHRISTMAS TEA @ THE OLD GOAT FARM IN ORTING

WEDNESDAY, DECEMBER 12TH - COST, \$39, R2

Christmas is a very special event at Old Goat Farm. The owner's passion for decorating for Christmas has turned the Goat Farm into a winter wonderland. Each room is decorated with a different theme and each room has at least one tree. Your choice of several homemade desserts are served along with hot beverages, coffee, tea or apple cider. Transportation and tea are included.

CHRISTMAS LIGHTS AND DINNER!!!!

TUESDAY, DECEMBER 18TH - COST, \$39, R2

First we will walk through one of the largest Eastside Christmas displays, Clam Lights at Gene Coulon Park in Renton. You'll see plenty of Christmas scenes, but also Ivar's Dancing Clams. Next we'll head to Bellevue Garden D'Lites for another walk through light display. Once we are done let's head to a local restaurant for a late dinner. Transportation and tours are included, however, dinner will be on your own.

GREEK LUNCH CHALLENGE WINNER!!

THURSDAY, DECEMBER 20TH - COST, \$29, R1

The 2018 lunch challenge is Greek and today we visit the WINNER! Everyone will be able to order their own entree and non-alcoholic beverage. Today's lunch will also include dessert! Hopefully you have signed up for most of the challenges so you can truly say "who had the best in our little corner of the NW". Your entree, beverage and transportation are included.

GAMES

| | |
|-------------------|-----------------------------------|
| Pool: | Monday-Friday, 8 AM-3 PM |
| Ping Pong: | Tuesdays & Thursdays, 8-10:30 AM, |
| Mah Jong: | Tuesdays & Fridays, 9 AM-2 PM |
| Cribbage | Wednesdays, 10 AM |
| Canasta: | Wednesdays, 9 AM |
| Bridge: | Mondays & Thursdays, 9 AM |
| Rummikub: | Thursdays, 9AM-12 PM |
| Dominoes: | Fridays, 10 AM-1 PM |

COMPUTER LAB

DAILY, 8 AM-2:45 PM

Flat screens, one touch screen, new hard-drives and high speed wireless internet in a quiet room, what more could you ask for? If you just want to surf the web, check your e-mail or refresh your computer skills, come on down and see what's new!

POOL

DAILY, 8 AM - 3 PM

Four tables are available daily to play on. Whether you come in just for the monthly tournaments or to see if you got game - you're sure to have fun!

SUNSHINE SINGERS

MONDAYS, 10:15 AM-12:30 PM

Tea for two and two for tea - that's me and you and lots of friends makes we...come be part of this group and make beautiful music and friendships. The Singers perform all around Kitsap County, delighting audiences everywhere they go!

BREMERTON ART GUILD

MONDAYS, 10 AM-1 PM

Do you sketch, sculpt, paint? Do you have an art project that you would like to work on but don't have the space or just want a little company? Join the members of the Bremerton Art Guild, bring your projects and enjoy.

SENIOR OPEN ICE SKATE

MONDAYS & WEDNESDAYS, 11 AM- 12 PM

Always wanted to learn to ice skate? Come to the Center to pick up your weekly passes to skate at the Bremerton Ice Arena. Skates are available to rent for \$3.50. This is a free program, however, Senior Center membership is required.

AARP SAFE DRIVING PROGRAM

MONDAY & TUESDAY, 9 AM-1 PM

NEXT SESSION - NOV 5-6

Need a quick review on your driving skills and/or want to save money on your insurance? AARP provides instruction for you. Attendance on both days is required to receive credit. Call (360) 473-5357 to register. Supply fee paid to instructor at first class. Class min. 5, max. 12.

CENTER LINE DANCERS

MONDAYS - BEG 12:30-1:45 PM/INT 1:45-3 PM

WEDNESDAYS - BEG 10:15 AM/INT 11:30 AM

Bring your cowboy boots and have a stompin' good time. Fun routines are learned and practiced with great camaraderie. The dancers also perform at various venues throughout the county.

BRIDGE

MONDAYS & THURSDAYS, 9 AM

Beginners to experienced Bridge players are welcome to play with this fun group.

BADMINTON

TUESDAYS & THURSDAYS, 8 AM

Come on down to Sheridan Park gym and have a great time batting at birdies (equipment is provided).

CRAFT CLUB WITH SALLY

TUESDAYS, 9 AM-NOON (A.K.A. CRITTERS)

Are you repairing an old friend or creating a new one? From re-stuffing critters to making curtains, Sally and her team of extreme makeover artists can help you work on any project.

SR WOMEN'S INDOOR SOCCER

TUESDAYS, 10-11 AM

This program is held at the Olympic Soccer and Sports Center located at Pendergast Regional Park. This is a free program, however, Senior Center membership is required.

~DONATIONS~

We love donations and are currently in need of the following items listed below. Thank you for your generosity!

55 gal kitchen bags ~ regular & decaf
ground coffee ~ Individually wrapped
candy ~ napkins ~ disposable plastic water
cups ~ Individual creamers

Daily Activities are free for BSC members unless otherwise noted. Non members pay \$3 drop in fee per activity attended.

CO-ED REC MODIFIED SOFTBALL

SPRING/SUMMER SEASON @ LIONS #1

TUESDAYS AND FRIDAYS, 10 AM - 2 PM

Enjoy the great game of softball played by men and women. The emphasis is on having fun through friendly competition, exercising and to develop individual hitting and fielding skills in a positive, team setting. Previous experience is recommended. Modified Softball is played indoors during the fall/winter at OSSC-Pendergast Park and outdoors during the Spring and Summer months at Lions #1. (Ages 55 and up, senior center membership is required.)

BRUSH UP/DUST OFF-NEW!!

TUESDAYS, 12:30-2:30 PM

Have you always wanted to learn how to watercolor, sketch, learn colored pencils? Or have painted previously and want to get back into it? Join members of the Bremerton Art Guild for helpful guidance. This group will meet on a weekly basis with volunteers from the Bremerton Art Guild helping you get started. Bring in your supplies and be ready to have some fun.

FOOTCARE

1ST TUESDAYS & 4TH WEDNESDAYS, BY APPT.

Michelle Gamber provides this affordable service. It's a pedicure without the polish! Call her for prices and to schedule your appointment at (360) 871-5726.

CRIBBAGE

WEDNESDAYS, 10 AM

This classic game has been around since the 17th century. Great card game for 2-4 players.

QUILTING CLASS

THURSDAYS, 10 AM-2:30 PM

FRIDAYS, 10 AM-2:30 PM

Novice or experienced quilters, come one and all! Bring your quilting supplies, get new ideas and visit with other quilters. The group occasionally offers classes on techniques and styles. (Sewing machine skills required.)

DOMINOES

FRIDAYS, 10 AM

This game can be played with 2 or more players and can get quite lively at times. Come join the fun!

POOL TOURNAMENTS

8 BALL-1ST THURSDAYS - 10:30AM

JUNE 7TH-CHAMPIONSHIP

8-BALL IS GENEROUSLY SPONSORED BY:

BREMERTON HEALTH & REHAB
360-377-3951

9 BALL-3RD WEDNESDAYS - 10:30AM

JUNE 20TH-CHAMPIONSHIP

9-BALL IS GENEROUSLY SPONSORED BY:

FOREST RIDGE HEALTH & REHAB
360-479-4747

Tournaments are just \$3 per player and include a delicious lunch and prize to the winner! New rules: Straight 8, call shot, BCA rules, 2 out of three in winners bracket only. No handicap 8 or 9ball. Tournaments take a break during the summer months but fun is still to be had in the pool room. Come join us daily, Monday-Friday from 8am to 3pm.

Please check with the office staff for any items you may have left behind in the center or in one of our vans. Items left for more than 3 months will be donated or put on the free shelf.



WELLNESS

AEROBICS-FREE VIDEO

MONDAYS, WEDNESDAYS & FRIDAYS, 9 AM

Get your heart pumping and your sweat dripping in this moderate paced fitness class. Class utilizes weights, resistance bands and other strength training techniques and can be fast-paced at times. Participants need to be able to exercise at a consistent level for 5-10 minutes at a time.

TAI CHI

THURSDAYS, 1:30-2:30 PM

SESSIONS: MAY 24-JULY 5 Tai Chi Chuan, a Chinese martial art noted for its slow, smooth movements, has been proven to improve balance and increase flexibility. This class features Sun and Yang Styles. This class is accessible for all levels of fitness and taught by Sandy Carlson. Cost is \$30/6 weeks. Min of 5.



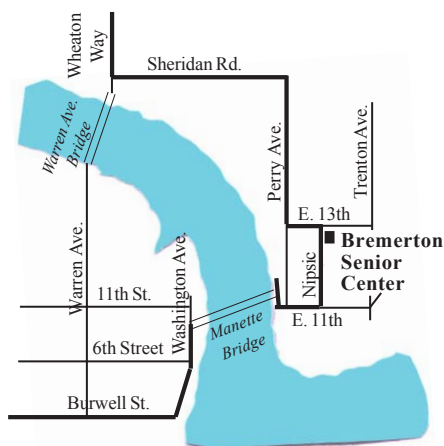
Bremerton Senior Center
1140 Nipsic Ave
Bremerton, WA 98310

Return Service Requested

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PAID
Bremerton, WA -
Permit #209

Vicinity Map

Bremerton Senior Center
 1140 Nipsic Ave, Bremerton, WA 98310
 360-473-5357



2018 Memberships... Renew your membership for 2018 today. Payment can be made by calling the senior center, coming in or mailing your check. Keeping current on your dues will ensure that you continue to receive this newsletter at your door step! Highlights of your Senior Center Membership: newsletter direct mailed, participation in over 30 activities at no additional charge and trip registration priority. We are an active recreation center for all adults 55 and better. We have daily drop-in activities you can participate in, as well as trips and tours, fitness, educational, enrichment and dance classes. The Bremerton Senior Center is also home to many entertainment groups such as The Sunshine Singers, Center Line Dancers and more. Rates are on page 3.

- **COUPLES MEMBERSHIP** is for two people, one at least 55 or better, who reside at the same address. We have resident and non-resident rates. Rates are on page 3.
- **SINGLES MEMBERSHIPS** are for single city and non-city residents. Rates are on page 3.
- **ASSOCIATE MEMBERSHIPS** are for those individuals not yet 55 but who still would like to participate in the programs, trips and classes offered at the Center. This is a great membership for sons and daughters of members or active adults who participate at the Bremerton Senior Center. Rates are on page 3.