2018 Memberships... Renew your membership for 2018 today. Payment can be made by calling the senior center, coming in or mailing your check. Keeping current on your dues will ensure that you continue to receive this newsletter at your doorstep! Highlights of your Senior Center Membership: newsletter direct mailed, participation in over 30 activities at no additional charge and trip registration priority. We are an active recreation center for all adults 55 and better. We have daily drop-in activities you can participate in, as well as trips and tours, fitness, educational, enrichment and dance classes. The Bremerton Senior Center is also home to many entertainment groups such as The Sunshine Singers, Center Line Dancers and more. Rates are on page 3.

- **COUPLES MEMBERSHIP** is for two people, one at least 55 or better, who reside at the same address. We have resident and non-resident rates. Rates are on page 3.

- **SINGLES MEMBERSHIPS** are for single city and non-city residents. Rates are on page 3.

- **ASSOCIATE MEMBERSHIPS** are for those individuals not yet 55 but who still would like to participate in the programs, trips and classes offered at the Center. This is a great membership for sons and daughters of members or active adults who participate at the Bremerton Senior Center. Rates are on page 3.

The “Active Us” is THE place to get your information for the Bremerton Senior Center.
The Bremerton Senior Center is open to all people ages 55 and better. The annual user fees are listed on page 3.

The Bremerton Senior Center is a division of the City of Bremerton Parks & Recreation Department. The Active Us is published five times a year.

Mission Statement:
The Bremerton Senior center is committed to enriching Senior lives in Bremerton by providing lifelong learning and recreational opportunities.

$UM$ CORNER

Happy New Year $UM$ Members!
We wanted to thank everyone who baked and bought cookies/breads at the December Bake sale. We made over $500 from this event.

As we've previously mentioned in newsletters and at luncheons, we were looking into painting the vans this year. The cost for each van is over $4000.00. A little expensive for vans that will be replaced in 2022 and will probably not be done. We will be looking at purchasing a washer/dryer and a storage unit for senior center wash room as ours is needing some work done and replacement is the way to go. If you notice any need for the center please contact one of the $UM$ officers.

Looking at the last treasurer's report (12/4/2017) we have over $12,000.00 on hand, thanks to your hard work and participation. Again thank you so much. We couldn't do many of our events without your help.

Unfortunately, our secretary, Audrey O'Leary has stepped down from her position. She has been your $UM$ secretary for 5 years and a job well done! Audrey will be attending the senior center in Belfair now since the drive to Bremerton was getting a little long for her and Belfair is able to fill her needs. She will be missed and we appreciate her hard work. With that being said, we now need a new secretary! If anyone is interested in the secretary position please let us know. We normally meet once a quarter, and an additional meeting as we near the craft fair.

$UM$ will be hosting a community shredding event on Friday, April 20th from 10am to 1pm. Please bring your documents that need to be shredded (up to 3 grocery bags per person). We will be accepting monetary donations to help off set the cost of the shredding truck. Spread the word and come out to this great event.

~Paul Vlastelica and George Cho

CO-ED REC MODIFIED SOFTBALL
FALL/WINTER SEASON @ OSSC
TUESDAYS AND FRIDAYS, 10 AM - 2 PM
Enjoy the great game of softball played by men and women. The emphasis is on having fun through friendly competition, exercising and to develop individual hitting and fielding skills in a positive, team setting. Previous experience is recommended. Modified Softball is played indoors during the fall/winter at OSSC-Pendergast Park. (Ages 55 and up, senior center membership is required.)

BRUSH UP/DUST OFF-NEW!!
TUESDAYS, 12:30-2:30 PM
Have you always wanted to learn how to watercolor, sketch, learn colored pencils? Or have painted previously and want to get back into it? Join members of the Bremerton Art Guild for helpful guidance. This group will meet on a weekly basis with volunteers from the Bremerton Art Guild helping you get started. Bring in your supplies and be ready to have some fun.

FOOTCARE
1ST TUESDAYS & 4TH WEDNESDAYS, BY APPT.
Michelle Gamber provides this affordable service. It’s a pedicure without the polish! Call her for prices and to schedule your appointment at (360) 871-5276.

CRIBBAGE
WEDNESDAYS, 10 AM
This classic game has been around since the 17th century. Great card game for 2-4 players.

QUITLING CLASS
THURSDAYS, 10 AM-2:30 PM
Novice or experienced quilters, come one and all! Bring your quilting supplies, get new ideas and visit with other quilters. The group occasionally offers classes on techniques and styles. (Sewing machine skills required.)

DOMINOES
FRIDAYS, 10 AM
This game can be played with 2 or more players and can get quite lively at times. Come join the fun!

$UM$ is you - all members of the Senior Center activities. We are dedicated to raising funds that can be used to make the Center a more enjoyable place for all of us.

$UM$ Officers:
President: Paul Vlastelica 
Vice President: George Cho
Treasurer: Al Butler 
Secretary: Vacant

$UM$ Mission Statement:
The Bremerton Senior center is committed to enriching Senior lives in Bremerton by providing lifelong learning and recreational opportunities.

Please check with the office staff for any items you may have left behind in the center or in one of our vans. Items left for more than 3 months will be donated or put on the free shelf.

Wellness:
Aerobics-Free Video
Mondays, Wednesdays & Fridays, 9 AM
Get your heart pumping and your sweat dripping in this moderate paced fitness class. Class utilizes weights, resistance bands and other strength training techniques and can be fast-paced at times. Participants need to be able to exercise at a consistent level for 5-10 minutes at a time.

Tai Chi
Thursdays, 1:30-2:30 PM
Sessions: Feb 15-Mar 22 & Mar 29-May 3
Tai Chi Chuan, a Chinese martial art noted for its slow, smooth movements, has been proven to improve balance and increase flexibility. This class features Sun and Yang Styles. This class is accessible for all levels of fitness and taught by Sandy Carlson. Cost is $30/6 weeks. Min of 5.

DAILY ACTIVITIES

POOL TOURNAMENTS
8 BALL-1ST THURSDAYS - 10:30AM
Feb 1, Mar 1 & Apr 5
8-BALL IS GENEROUSLY SPONSORED BY:
BREMERTON HEALTH & REHAB
360-377-3951

9 BALL-3RD WEDNESDAYS - 10:30AM
Feb 21, Mar 21, Apr 18
9-BALL IS GENEROUSLY SPONSORED BY:
FOREST RIDGE HEALTH & REHAB
360-479-4747

Tournaments are just $3 per player and include a delicious lunch and prize to the winner! New rules: Straight 8, call shot, BCA rules, 2 out of three in winners bracket only. No handicap 8 or 9ball. Tournaments take a break during the summer months but fun is still to be had in the pool room.

Come join us daily, Monday-Friday from 8am to 3pm.

Visit us daily and have some fun!

Please stop by and check out our free newsletter and at luncheons, we were news and at luncheons, we were

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**DAILY ACTIVITIES**

**GAMES**

**Pool:** Monday-Friday, 8 AM-3 PM
**Ping Pong:** Tuesdays & Thursdays, 8-10:30 AM,
**Mah Jong:** Tuesdays & Fridays, 9 AM-2 PM
**Cribbage**
**Canasta:** Wednesdays, 9 AM
**Bridge:** Mondays & Thursdays, 9 AM
**Rummikub:** Thursdays, 9 AM-12 PM
**Dominoes:** Fridays, 10 AM-1 PM

**COMPUTER LAB**

**DAILY, 8 AM-2:45 PM**
Flat screens, one touch screen, new hard-drives and high speed wireless internet in a quiet room, what more could you ask for? If you just want to surf the web, check your e-mail or refresh your computer skills, come on down and see what’s new!

**POOL**

**DAILY, 8 AM - 3 PM**
Four tables are available daily to play on. Whether you come in just for the monthly tournaments or to see if you got game - you’re sure to have fun!

**SUNSHINE SINGERS**

**MONDAYS, 10 AM-1 PM**
Tea for two and two for tea - that’s me and you...come be part of this great camaraderie. The dancers also perform at various venues throughout the county.

**BRIDGE**

**MONDAYS & THURSDAYS, 9 AM**
Beginners to experienced Bridge players are welcome to play with this fun group.

**BADMINTON**

**TUESDAYS & THURSDAYS, 8 AM**
Come on down to Sheridan Park gym and have a great time batting at birdsies (equipment is provided).

**CRAFT CLUB WITH SALLY**

**TUESDAYS, 9 AM-NOON (A.K.A. CRITTERS)**
Are you repairing an old friend or creating a new one? From re-stuffing critters to making curtains, Sally and her team of extreme makeover artists can help you work on any project.

**SR WOMEN’S INDOOR SOCCER**

**TUESDAYS, 10-11 AM**
This program is held at the Olympic Sports and Sports Center located at Pendergast Regional Park. This is a free program, however, Senior Center membership is required.

**DONATIONS**

We love donations and are currently in need of the following items listed below. Thank you for your generosity!

- 55 gal kitchen bags – regular & decaf
- ground coffee – Individually wrapped candy
- napkins – disposable plastic water cups – Individual creamers

**DRIVING PROGRAM**

**AARP SAFE DRIVING PROGRAM**

**MONDAY & TUESDAY, 9 AM-1 PM**
**NEXT SESSIONS - MARCH 12-13 & NOV 5-6**
Need a quick review on your driving skills and/or want to save money on your insurance? AARP provides instruction for you. Attendance on both days is required to receive credit. Call (360) 473-5357 to register. Supply fee paid to instructor at first class.
Class min. 5, max. 12.

**CENTER LINE DANCERS**

**MONDAYS - BEG 12:30-1:45 PM / INT 1:45-3 PM**
**WEDNESDAYS - BEG 10:15 AM / INT 11:30 AM**
Bring your cowboy boots and have a stompin’ good time. Fun routines are learned and practiced with great camaraderie. The dancers also perform at various venues throughout the county.

**TAKING CHARGE SERIES**

A series of topics designed with you in mind. Each month will focus on a different topic - fitness, nutrition, aging, financial and more.
Each month is sponsored by a different business/provider and a light lunch/snack will be served. Reserve your seat today as these workshops fill up quickly.
Feb 20 - Kitsap Crisis & Assistance Center to pick up your weekly passes to skate at the Bremerton Ice Arena. Skates are available to rent for $3.50. This is a free program, however, Senior Center membership is required.

**NEW PROGRAMS!!!**

Several new programs are in the works and we need to fill interest lists to see if these programs would be of interest to you, our members. New programs are:

- **Square Dancing (min of 16 for 2 squares, weekly)**
- **Healthy Cooking Class (min of 5, 4 week session)**
- **Quick Look at Art History (min of 5, 8 week session)**
Please call or come in and put your name on the list so we can get these programs rolling.

**MEALS ON WHEELS**

Visit the Senior Center website for more information and sign up for deliveries.

**SOCIALS/ LUNCHEONS**

Our luncheons are a great way to meet people, enjoy a delicious meal and have a good time!

**FEBRUARY 13, 11:30 AM  V.I.P. LUNCHEON**
Bring your very important person (VIP) to this annual event. Each VIP will receive a special gift. Of course, a delicious lunch will be served as well as dessert! Don’t forget you will be entertained.
Cost: $5 pp.

**MARCH 13, 11:30 AM  ST. PAT’S PARTY**
Entertainment, comedy beef, cabbage and Irish soda bread will make this luncheon an event to remember. Don’t forget to wear green.
Cost: $5 pp

**APRIL 24, 11:30 AM  VOLUNTEER LUNCHEON**
Our annual Volunteer Appreciation Luncheon honors you, our volunteers. Without your dedication, many of our programs would not be able to occur. Reservations are required.
Cost: Free to volunteers, guests are $5 pp.

**MAY 1, 11:30 AM  BIRTHDAY BASH**
Join your Senior Center friends for the biggest Birthday Party. The meal will be catered and the party will be a blast!! Tickets required. No cost due to a very generous gift!!

In order to ensure the best possible experience for every member of the Bremerton Senior Center, please keep in mind the following: We do not provide respite care, adult daycare and/or services that would normally be provided by a trained attendant, nurse or personal caregiver (i.e., incontinence, inability to use the restroom independently or preventing a participant from leaving the facility). In addition, the provision of any personal care by staff for a participant is beyond our capability. Please contact the Division of Aging and Long Term Care at (360)337-5700 should you require the any of the above mentioned needs.
CANCELLATIONS FOR EXTENDED TRIPS VARY. TRIPS CANCELED LESS THAN 24 HOURS IN ADVANCE OF DEPARTURE WILL BE CHARGED A 10% CANCELLATION FEE. NO REFUNDS WILL BE GIVEN FOR FULL TRIPS IF YOU NEED TO CANCEL. CANCELLATIONS FOR SMALLER TRIPS ($25 OR MORE) ARE GIVEN ONLY IF A REPLACEMENT TO FILL YOUR SPOT IS FOUND. PLEASE LET STAFF KNOW IN AMPLE TIME SHOULD A CANCELLATION OCCUR.

TRIPS CANCELED BY THE PARTICIPANT WILL BE CHARGED A 10% CANCELLATION FEE. NO REFUNDS WILL BE GIVEN. FEES ARE NON-REFUNDABLE. RAW TEXT END
MORE TRIPS & TOURS

JUNE CONT...

GREEK LUNCH CHALLENGE
TUESDAY, MAY 8TH - COST, $29, R1
The 2018 lunch challenge is Greek! Everyone will be able to order their own entree and judge for themselves who has the best greek food in the northwest. We’ll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of “who has the best in our little corner of the NW”. Your entree, beverage and transportation are included.

SNOQUALMIE CASINO
THURSDAY, MAY 17TH - COST, $19, R1
Enjoy a great day at one of the newer casinos and one we haven’t been to in quite a while. High-octane casino gaming at Snoqualmie Casino has 50 classic gaming tables, 1,700 state-of-the-art slot machines, and an exclusive five-table Poker room. Plenty of excitement to go around!! Lunch and gaming are on your own.

MEEKER MANSION TEA AND TOUR
THURSDAY, MAY 24TH - COST, $44, R2
Enjoy a wonderful guided tour of the Meeker Mansion in Puyallup. Built in 1870, this 17-room Italianate Victorian Mansion was built by Ezra Meeker, the savior of the Oregon Trail. Followed by our tour, we will enjoy a lovely tea as our lunch. Tour, tea and transportation are all included.

JUNE

OLYMPIC GAME FARM & BREAKFAST
THURSDAY, JUNE 7TH - COST, $34, R1
Start your morning off with a visit to the very popular Oak Table Cafe in Sequim. After a delicious breakfast (on your own) we will head to the Olympic Game Farm for a driving tour. The farm is home to many animal species, both endangered and non-endangered. We’ll see a tiger’s stripes, a rare white rhino, a Kodiak bear and maybe get slobbered on by a buffalo. Tour and transportation are included. Breakfast is on your own.

CASCADIA IRIS GARDEN AND LUNCH
TUESDAY, JUNE 14TH - COST, $44, R2
Cascadia Iris Garden is a specialty nursery featuring the diverse genus of plants known as Iris. They offer a variety of Irises suitable for most any environment you want to garden in. From short to tall, wet to dry or sun to shade, they have 300+ varieties for sale this year. They also are pleased to offer irises that will bloom throughout the year, given optimal conditions and weather. Simply speaking, whatever your gardening challenges, they are happy to help find some irises to fill your desires. Following our tour, we will head to a local restaurant for lunch. Tour, transportation and lunch are included.

FRIDAY HARBOR OVERNIGHTER
TUESDAY, JUNE 19TH-WEDNESDAY, JUNE 20TH
COST $319PP/DBL OCC, R2
Enjoy the scenic ferry ride to the picturesque seaside town of Friday Harbor on the eastern shores of San Juan Island. We’ll board the San Juan Clipper in Seattle, head to Friday Harbor and then go on a Whale and Sealife Search trip. Once we dock in Friday Harbor for the evening, we’ll check into the Friday Harbor Suites. Their rooms are well appointed and include hot breakfast the next morning. From the hotel, feel free to stroll down to shops, art galleries and museums, or tour the island by bike and discover a beautiful shoreline, beaches, state parks, marinas, wineries, and breathtaking views. This overnighter is sure to be laid back and a great way to re-charge your batteries. Included is breakfast and dinner aboard the clipper, breakfast at the hotel, transportation aboard the clipper and Seattle/Bremerton ferry and whale/sealife searching trip.

GREEK LUNCH CHALLENGE
TUESDAY, JUNE 19TH - COST, $29, R1
The 2018 lunch challenge is Greek! Everyone will be able to order their own entree and judge for themselves who has the best greek food in the northwest. We’ll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of “who has the best in our little corner of the NW”. Your entree, beverage and transportation are included.

JULY

GREEK LUNCH CHALLENGE
TUESDAY, JULY 10TH - COST, $29, R1
The 2018 lunch challenge is Greek! Everyone will be able to order their own entree and judge for themselves who has the best greek food in the northwest. We’ll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of “who has the best in our little corner of the NW”. Your entree, beverage and transportation are included.

LITTLE CREEK CASINO
THURSDAY, MARCH 6TH - COST, $16, R1
This is by far one of our favorite casinos to visit. Just an hour’s drive away so we will be able to spend more time gaming! Don’t forget to get all your discounts for 50+ at the promotions booth! Transportation is included, however, lunch is on your own.

GREEK LUNCH CHALLENGE
THURSDAY, MARCH 15TH - COST, $29, R1
The 2018 lunch challenge is Greek! Everyone will be able to order their own entree and judge for themselves who has the best greek food in the northwest. We’ll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of “who has the best in our little corner of the NW”. Your entree, beverage and transportation are included.

SPRING MYSTERY TRIP & LUNCH
TUESDAY, MARCH 20TH - COST, $64, R2
We are going on a trip to a very mysterious place! You will have fun - we are sure and you will make lots of memories! Dress comfortably for anything, wear appropriate shoes (this is an R2) and remember to come with an appetite! Transportation and lunch are included.

TRIP RATINGS:
R1: Board & depart Bus/Van and walk 2-3 blocks without stopping to rest. Must be able to stand 15 to 30 min.
R2: Board & depart bus/van and walk 4-5 blocks without stopping to rest, must be able to stand 30 to 45 min, handle stairs and walk a mile in under 20 min.
Please check the trip ratings carefully when registering. Signing up for trips that are within your limits will allow you to have a better experience.

APRIL

REDMOND PETTING FARM & LUNCH
THURSDAY, APRIL 19TH - COST, $29, R2
Come one, come all to this family friendly farm in Redmond. There are a variety of fun and unusual animals at the petting farm. There are currently horses of all sizes, a miniature horse, miniature donkey, miniature pig, miniature cow, fainting goats, chickens, lionhead rabbits, chinchillas and a border collie. Transportation and tour are included, however, your lunch is on your own at a local restaurant.

BURKE MUSEUM & LUNCH
THURSDAY, APRIL 26TH - COST, $59, R2
The Burke Museum of Natural History and Culture was founded in 1885. It is the oldest public museum in Washington State and was designated the State Museum in 1899. Its administration resides with the University of Washington College of Arts & Sciences. The Burke recognizes that the museum sits on the ancestral land of the Native peoples of Washington State. The Burke holds deep respect for Indigenous knowledge, and is dedicated to collaborating with diverse Indigenous communities, sharing collections and learning together. The Burke is a research- and collections-based museum that serves many audiences and communities, including Washington State residents, tourists and visitors to Seattle, educators and students, Indigenous and Pacific communities, and researchers, scholars, and enthusiasts. There are over 16 million objects in the Burke collections, come find out all the ways they are used! Transportation, tour and lunch are included in today’s adventure.

MAY

IKEA AND LUNCH
THURSDAY, MAY 3RD - COST, $19, R2
We’ll head to the newly remodeled IKEA in Renton and have fun shopping their unique items and get lots of good organization ideas. Lunch will be on your own at their cafeteria. Maybe a swedish meatball is on your list of delightful food items to eat today.

TRIPS & TOURS

TRIP RATINGS:
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**CLOSED MEMORIAL DAY**

- **Monday, May 30**
  - 8 Badminton *F*  
  - 8 Pool  
  - 8-10:30 Ping Pong  
  - 9 Critters  
  - 9 Mah Jong  
  - 10 Senior Softball *F*  
  - 10 Women’s Soccer *D*  
  - 12:30 Brush up/Dust off

- **Tuesday, May 31**
  - 8 Badminton *F*  
  - 8 Pool  
  - 8-10:30 Ping Pong  
  - 9 Critters  
  - 9 Mah Jong  
  - 10 Senior Softball *F*  
  - 10 Women’s Soccer *D*  
  - 12:30 Brush up/Dust off
GREEK LUNCH CHALLENGE  
TUESDAY, MAY 8TH - COST, $29, R1  
The 2018 lunch challenge is Greek! Everyone will be able to order their own entree and judge for themselves who has the best greek food in the northwest. We'll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of “who has the best in our little corner of the NW”. Your entree, beverage and transportation are included.

SNOQUALMIE CASINO  
THURSDAY, MAY 17TH - COST, $19, R1  
Enjoy a great day at one of the newer casinos and one we haven’t been to in quite a while. High-octane casino gaming at Snoqualmie Casino has 50 classic gaming tables, 1,700 state-of-the-art slot machines, and an exclusive five-table Poker room. Plenty of excitement to go around!! Lunch and gaming are on your own.

MEEKER MANSION TEA AND TOUR  
THURSDAY, MAY 24TH - COST, $44, R2  
Enjoy a wonderful guided tour of the Meeker Mansion in Puyallup. Built in 1870, this 17-room Italianate Victorian Mansion was built by Ezra Meeker, the savior of the Oregon Trail. Followed by our tour, we will enjoy a lovely tea as our lunch. Tour, tea and transportation are all included.

OLYMPIC GAME FARM & BREAKFAST  
THURSDAY, JUNE 7TH - COST, $34, R1  
Start your morning off with a visit to the very popular Oak Table Cafe in Sequim. After a delicious breakfast (on your own) we will head to the Olympic Game Farm for a driving tour. The farm is home to many animal species, both endangered and non-endangered. We’ll see a tiger’s stripes, a rare white rhino, a Kodiak bear and maybe get slobbered on by a buffalo. Tour and transportation are included. Breakfast is on your own.

CASCADIA IRIS GARDEN AND LUNCH  
TUESDAY, JUNE 14TH - COST, $44, R2  
Cascadia Iris Garden is a specialty nursery featuring the diverse genus of plants known as Iris. They offer a variety of Iris suitable for most any environment you want to garden in. From short to tall, wet to dry or sun to shade, they have 300+ varieties for sale this year. They also are pleased to offer irises that will bloom throughout the year, given optimal conditions and weather. Simply speaking, whatever your gardening challenges, they are happy to help find some irises to fill your desires. Following our tour, we will head to a local restaurant for lunch. Tour, transportation and lunch are included.

FRIDAY HARBOR OVERNIGHTER  
TUESDAY, JUNE 19TH-WEDNESDAY, JUNE 20TH  
COST $319PP/DBL OCC, R2  
Enjoy the scenic ferry ride to the picturesque seaside town of Friday Harbor on the eastern shores of San Juan Island. We’ll board the San Juan Clipper in Seattle, head to Friday Harbor and then go on a Whale and Sealife Search trip. Once we dock in Friday Harbor for the evening, we’ll check into the Friday Harbor Suites. Their rooms are well appointed and include hot breakfast the next morning. From the hotel, feel free to stroll down to shops, art galleries and museums, or tour the island by bike and discover a beautiful shoreline, beaches, state parks, marinas, wineries, and breathtaking views. This Overnighter is sure to be laid back and a great way to re-charge your batteries. Included is breakfast and dinner aboard the clipper, breakfast at the hotel, transportation aboard the clipper and Seattle/Bremerton ferry and whale/sealife searching trip.

GREEK LUNCH CHALLENGE  
TUESDAY, JULY 10TH - COST, $29, R1  
The 2018 lunch challenge is Greek! Everyone will be able to order their own entree and judge for themselves who has the best greek food in the northwest. We’ll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of “who has the best in our little corner of the NW”. Your entree, beverage and transportation are included.

LITTLE CREEK CASINO  
THURSDAY, MARCH 6TH - COST, $16, R1  
This is by far one of our favorite casinos to visit. Just an hour’s drive away so we will be able to spend more time gaming! Don’t forget to get all your discounts for 50+ at the promotions booth! Transportation is included, however, lunch is on your own.

GREEK LUNCH CHALLENGE  
THURSDAY, MARCH 15TH - COST, $29, R1  
The 2018 lunch challenge is Greek! Everyone will be able to order their own entree and judge for themselves who has the best greek food in the northwest. We’ll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of “who has the best in our little corner of the NW”. Your entree, beverage and transportation are included.

SPRING MYSTERY TRIP & LUNCH  
TUESDAY, MARCH 20TH - COST, $64, R2  
We are going on a trip to a very mysterious place! You will have fun - we are sure and you will make lots of memories! Dress comfortably for anything, wear appropriate shoes (this is an R2) and remember to come with an appetite! Transportation and lunch are included.

REDMOND PETTING FARM & LUNCH  
THURSDAY, APRIL 19TH - COST, $29, R2  
Come one, come all to this family friendly farm in Redmond. There are a variety of fun and unusual animals at the petting farm. There are currently horses of all sizes, a miniature horse, miniature donkey, miniature pig, miniature cow, fainting goats, chickens, lionhead rabbits, chinchillas and a border collie. Transportation and tour are included, however, your lunch is on your own at a local restaurant.

BURKE MUSEUM & LUNCH  
THURSDAY, APRIL 26TH - COST, $59, R2  
The Burke Museum of Natural History and Culture was founded in 1885. It is the oldest public museum in Washington State and was designated the State Museum in 1899. Its administration resides with the University of Washington College of Arts & Sciences. The Burke recognizes that the museum sits on the ancestral land of the Native peoples of Washington State. The Burke holds deep respect for Indigenous knowledge, and is dedicated to collaborating with diverse Native populations, sharing collections and learning together. The Burke is a research- and collections-based museum that serves many audiences and communities, including Washington State residents, tourists and visitors to Seattle, educators and students, Indigenous and Pacific communities, and researchers, scholars, and enthusiasts. There are over 16 million objects in the Burke collections, come find out all the ways they are used: Transportation, tour and lunch are included in today’s adventure.

IKEA AND LUNCH  
THURSDAY, MAY 3RD - COST, $19, R2  
We’ll head to the newly remodeled IKEA in Renton and have fun shopping their unique items and get lots of good organization ideas. Lunch will be on your own at their cafeteria. Maybe a swedish meatball is on your list of delightful food items to eat today.
TRIPS & TOURS

CANCELLATIONS FOR EXTENDED TRIPS VARY. TRIPS CANCELED LESS THAN 24 HOURS IN ADVANCE OF DEPARTURE WILL BE CHARGED A 10% CANCELLATION FEE. NO REFUNDS WILL BE GIVEN FOR SPOTS CANCELED LESS THAN 24 HOURS IN ADVANCE OF DEPARTURE. CANCELLATIONS FOR EXTENDED TRIPS VARY.

FULL TRIPS: If a trip is full, please place your name on the waiting list. Often reservations are canceled and we are able to fill the empty spots from the waiting list.

MOBILITY OF OUR PARTICIPANTS: Each trip has an R rating. The higher the rating, the more walking and standing you will be required to do (see page 6). Please check the rating and know your limits prior to signing up. If you require extra time to load/unload please be sure to be the last to load/unload. If it is medically necessary for you to sit in a certain seat, please make sure the office has a copy of your doctors note on file during your travel restriction so we can understand how best to accommodate your request. There are no restroom facilities on either van.

NAVIGATOR/CO-PILOT: The passenger seat is designated the navigator/co-pilot. As the navigator/co-pilot your driver may request your assistance with either: driving directions, buckling and unbuckling other travelers and closing the large passenger door. While not all trips require the above mentioned services, there is a basic need for them to some extent on all trips. Please be sure that your physical condition will allow you to perform such duties if requested.

PARKING: Please contact the Senior Center office regarding the parking policy.

PAYMENTS: Full payment is due upon registration.

REGISTRATION PROCESS: Registration for each trip begins when they are published in either this newsletter or the quarterly Parks & Rec Activity Guide. Phone-in or walk-in are the two most convenient ways to register for trips. Phone reservations require a credit card. All registrations are first come, first served and members who register for trips. Phone reservations require a credit card. All registrations are first come, first served and members have priority.

REFUNDS: Bremerton Senior Center reserves the right to cancel any tour that does not reach its minimum 10 working days before the travel date. In that event, you will receive a credit on your account to be used on another trip at the Senior Center. Refunds will not be given to any trip 24 or less that you need to cancel. Cancellations for day trips ($25 or more) are given only if a replacement to fill your spot is found, please let staff know in ample time should you need to cancel. Trips canceled by the participant will be charged a 10% cancellation fee. No refunds will be given for trips canceled less than 24 hours in advance of departure. Cancellations for extended trips vary.

FEBRUARY

LEMAX CAR MUSEUM & LUNCH
THURSDAY, FEBRUARY 15TH - COST, $54, R2
America’s Car Museum is a nine-acre campus – with a four-story museum as the centerpiece. It is one of the world's largest auto museums and attractions. ACM is designed to preserve history and celebrate the world’s automotive culture. The spacious facility houses up to 350 cars, trucks and motorcycles from private owners, corporations, and the LeMay Collection, which amassed a Guinness Book record of more than 3,500 vehicles in the mid-’80s. Lunch at the iconic Stanley & Seaforts, docent led tour and transportation included.

HAMILTON THE MUSICAL & DINNER!!!
THURSDAY, FEBRUARY 22ND - COST, $194, R2
Hamilton: An American Musical is a sung- and rapped-through musical about the life of American Founding Father Alexander Hamilton, with music, lyrics, and book by Lin-Manuel Miranda, inspired by the 2004 biography Alexander Hamilton by historian Ron Chernow. Notably incorporating hip-hop, r&b, pop music, traditional-style show tunes, and color-conscious casting of non-white actors as the Founding Fathers and other historical figures, the musical achieved both critical acclaim and box office success. Tickets and transportation included, dinner on your own before the show. Max. 18 tickets.

WSP TRAINING ACADEMY & ALDERBROOK
TUESDAY, FEBRUARY 27TH - COST, $44, R2
The WSP Training Division administers all training programs for employees and is responsible for identifying, developing and implementing the department’s training programs. The division conducts training at the WSP Training Academy and throughout the state. Training for other law enforcement agencies is also provided by the division, which is nationally recognized for its Emergency Vehicle Operators Training Program. Facilities include an administration building, dormitories that can accommodate 96 students, classrooms and conference rooms, a multi-purpose building with a gymnasium and training tank/pool, a kitchen and dining hall, an outdoor firing range, a driver training course, and an auto shop. The complex can accommodate up to 120 students each day for training and/or meetings. After our tour we will head to Alderbrook Resort for a delightful lunch. Tour, transportation and lunch are included.

Do you need documents shredded? Shredding is a simple, effective way to protect yourself from identity fraud. ID theft costs Washington State residents nearly two billion dollars a year.

To make it easier for you to shred your documents come to our Community Shred. Bring up to three grocery bags of your old documents to our shredding party. Our event is sponsored by UM$ and all we ask is for a donation to help offset the cost of the shredder. This event is open to anyone in the community.

This is a great service and helps protect you, friends and neighbors from credit card fraud and identity theft. All proceeds benefit the Bremerton Senior Center.

For more information, call 360-473-5357.
DAILY ACTIVITIES

COMPUTER LAB
DAILY, 8 AM-2:45 PM
Flat screens, one touch screen, new hard-drives and high speed wireless internet in a quiet room, what more could you ask for? If you just want to surf the web, check your e-mail or refresh your computer skills, come on down and see what’s new!

POOL
DAILY, 8 AM - 3 PM
Four tables are available daily to play on. Whether you come in just for the monthly tournaments or to see if you got game - you're sure to have fun!

SUNSHINE SINGERS
MONDAYS, 10:15 AM-12:30 PM
Tea for two and two for tea - that’s me and you see if you got game - you’re sure to have fun!

BREMERTON ART GUILD
MONDAYS, 10 AM-1 PM
From re-stuffing critters to making curtains, Sally and the group and make beautiful music and friendships. The SUNSHINE SINGERS welcome you. Are you repairing an old friend or creating a new one? Come on down and see what’s new!

CENTER LINE DANCERS
MONDAYS - BEG 12:30-1:45 PM/INT 1:45-3 PM WEDNESDAYS - BEG 10:15 AM/INT 11:30 AM
Bring your cowboy boots and have a stompin’ good time. Fun routines are learned and practiced with great camaraderie. The dancers also perform at various venues throughout the county.

BADMINTON
TUESDAYS & THURSDAYS, 8 AM
Come down on Tuesday to Sheridan Park gym and have a great time batting at birdies (equipment is provided).

CRAFT CLUB WITH SALLY
TUESDAYS, 9 AM-NOON (A.K.A. CRITTERS)
Are you repairing an old friend or creating a new one? From re-stuffing critters to making curtains, Sally and her team of extreme makeover artists can help you work on any project.

SR WOMEN’S INDOOR SOCCER
TUESDAYS, 10-11 AM
This program is held at the Olympic Soccer and Sports Center located at Pendergast Regional Park. This is a free program, however, Senior Center membership is required.

GAMES
Pool: Monday-Friday, 8 AM-3 PM Ping Pong: Tuesdays & Thursdays, 8-10:30 AM, Mah Jong: Tuesdays & Fridays, 9 AM-2 PM Cribbage: Wednesdays, 10 AM Canasta: Wednesdays, 9 AM Bridge: Mondays & Thursdays, 9 AM Rummikub: Thursdays, 9AM-12 PM Dominoes: Fridays, 10 AM-1 PM

DOMINOES
WEDNESDAYS - BEG 10:15 AM/INT 11:30 AM
Class min. 5, max. 12.

BRIDGE
MONDAYS & THURSDAYS, 9 AM
Beginners to experienced Bridge players are welcome to play with this fun group.

SUNSHINE SINGERS
Mondays & Thursdays, 9 AM
Beginners to experienced Bridge players are welcome to play with this fun group.

DOMINOES
Mondays & Thursdays, 9 AM
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~DONATIONS~
We love donations and are currently in need of the following items listed below. Thank you for your generosity!
55 gal kitchen bags – regular & decaf
ground coffee – individually wrapped candy – napkins – disposable plastic water cups – individual creamers

MEALS ON WHEELS KITSAP - LUNCHES
Thursdays @ Noon, $3
Fridays @ Noon, $3
Nutritious and delicious lunches plus a great way to meet other seniors. Reservations are requested, call 360-377-8511 by 2 PM the previous day.

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Thursdays @ Noon, $3
Fridays @ Noon, $3
Nutritious and delicious lunches plus a great way to meet other seniors. Reservations are requested, call 360-377-8511 by 2 PM the previous day.

2018 MEMBERSHIP RENEWAL
Senior memberships run the calendar year (January-December) regardless of when you join. Renew your 2018 membership today at the rates listed below. (Sorry no refunds on memberships.)

RESIDENTS
Single.........................$16/yr Couples....................$23/yr Associate...................$22/yr
NON-RESIDENTS
Single.........................$32/yr Couples....................$46/yr Associate...................$44/yr

NEW PROGRAMS!!!
Several new programs are in the works and we need to fill interest lists to see if these programs would be of interest to you, our members. New programs:
Square Dancing (min of 16 for 2 squares, weekly)
Healthy Cooking Class (min of 5, 4 week session)
Quick Look at Art History (min of 5, 8 week session)
Please call us on what’s new!

TAKING CHARGE SERIES
A series of topics designed with you in mind. Each month will focus on a different topic - fitness, nutrition, aging, financial and more. Each month is sponsored by a different business/provider and a light lunch/snack will be served. Reserve your seat today as these workshops fill up quickly.

February 14 - Kitsap Crisis & Assistance Center
Entertainment, corned beef, cabbage and Irish soda bread will make this luncheon an event to remember. Don’t forget to wear green. Cost: $5pp

April 24, 11:30 AM VOLUNTEER LUNCHEON
Our Annual Volunteer Appreciation Luncheon honors you, our volunteers. Without your dedication, many of our programs would not be able to occur. Reservations are required. Cost: free to volunteers, guests are $5pp.

May 1, 11:30 AM BIRTHDAY BASH
Join your Senior Center friends for the biggest Birthday Party. The meal will be catered and the party will be a blast!! Tickets required. No cost due to a very generous gift!!
**Things to Know**

**DAILY ACTIVITIES**

- **CO-ED REC MODIFIED SOFTBALL**
  - FALL/WINTER SEASON @ OSSC
  - SPRING/Summer Season @ Lions #1
  - Tuesdays and Fridays, 10 AM - 2 PM
  - Enjoy the great game of softball played by men and women. The emphasis is on having fun through friendly competition, exercising and to develop individual hitting and fielding skills in a positive, team setting. Previous experience is recommended. Modified Softball is played indoors during the fall/winter at OSSC-PendendagastParkoutdoors during the Spring and Summer months at Lions #1. (Ages 55 and up, senior center membership is required.)

- **POOL TOURNAMENTS**
  - **8 BALL** 1ST THURSDAYS - 10:30AM
  - **FEB 1, MAR 1 & APR 5**
  - 8 BALL IS GENEROUSLY SPONSORED BY:
    - Bremerton Health & Rehab
    - 360-577-3951
  - **9 BALL 3RD WEDNESDAYS - 10:30AM**
  - **FEB 21, MAR 21, APR 18**
  - 9 BALL IS GENEROUSLY SPONSORED BY:
    - Forest Ridge Health & Rehab
    - 360-479-4747

- **TAE CHI**
  - Thursdays, 1:30-2:30 PM
  - **SESSIONS: FEB 15-MAR 22 & MAR 29-MAY 3**
  - Tai Chi Chuan, Chinese martial art noted for its slow, smooth movements, has been proven to improve balance and increase flexibility. This class features Sun and Yang Styles. This class is accessible for all levels of fitness and taught by Sandy Carlson. Cost is $30/6 weeks. Min of 5.

**WELLNESS**

- **AEROBICS-FREE VIDEO**
  - **MONDAYS, WEDNESDAYS & FRIDAYS, 9 AM**
  - Get your heart pumping and your sweat dripping in this moderate paced fitness class. Class utilizes weights, resistance bands and other strength training techniques and can be fast-paced at times. Participants need to be able to exercise at a consistent level for 5-10 minutes at a time.

- **FOOTCARE**
  - **1ST TUESDAYS & 4TH WEDNESDAYS, BY APPT.**
  - Michelle Gamber provides this affordable service. It’s a pedicure without the polish! Call her for appointments at (360) 871-5726.

- **CRIBBAGE**
  - **WEDNESDAYS, 10 AM**
  - This classic game has been around since the 17th century. Great card game for 2-4 players.

- **QUILTING CLASS**
  - **THURSDAYS, 10 AM-2:30 PM**
  - **FRIDAYS, 10 AM-2:30 PM**
  - Novice or experienced quilters, come one and all! Bring your quilting supplies, get new ideas and visit with other quilters. The group occasionally offers classes on techniques and styles. (Sewing machine skills required.)

- **DOMINOES**
  - **FRIDAYS, 10 AM**
  - This game can be played by 2 or more players and can get quite lively at times. Come join the fun!

**Volunteer Receptionists**

- **Monday: Gail Dupee**
- **Tuesday & Thursday: Mac Whittlesey**
- **Friday: Al Butler**

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**VOLUNTEER RECEPTIONISTS**

Barbara Roembke, Front Office Coordinator

Holly Peterson, Recreation Program Coordinator III

**Mission Statement:**

The Bremerton Senior Center is committed to enriching Senior lives in Bremerton by providing lifelong learning and recreational opportunities.

**SUM$**

**SUM$** is $15 - all members of the Senior Center activities. We are dedicated to raising funds that can be used to make the Center a more enjoyable place for all of us.

**SUM$ Officers:**

- President: Paul Vlastelica
- Vice President: George Cho
- Treasurer: Al Butler
- Secretary: Vacant

$SUM$ will be hosting a community shredding event on Friday, April 20th from 10am to 1pm. Please bring your documents that need to be shredded (up to 3 garbage bags per person). We will be accepting monetary donations to help offset the cost of the shredding truck. Spread the word and come out to this great event.

~Paul Vlastelica and George Cho
2018 Memberships... Renew your membership for 2018 today. Payment can be made by calling the senior center, coming in or mailing your check. Keeping current on your dues will ensure that you continue to receive this newsletter at your doorstep! Highlights of your Senior Center Membership: newsletter direct mailed, participation in over 30 activities at no additional charge and trip registration priority. We are an active recreation center for all adults 55 and better. We have daily drop-in activities you can participate in, as well as trips and tours, fitness, educational, enrichment and dance classes. The Bremerton Senior Center is also home to many entertainment groups such as The Sunshine Singers, Center Line Dancers and more. Rates are on page 3.

• COUPLES MEMBERSHIP is for two people, one at least 55 or better, who reside at the same address. We have resident and non-resident rates. Rates are on page 3.

• SINGLES MEMBERSHIPS are for single city and non-city residents. Rates are on page 3.

• ASSOCIATE MEMBERSHIPS are for those individuals not yet 55 but who still would like to participate in the programs, trips and classes offered at the Center. This is a great membership for sons and daughters of members or active adults who participate at the Bremerton Senior Center. Rates are on page 3.