

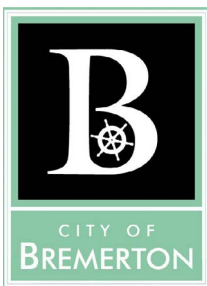


BREMERTON SENIOR CENTER ACTIVE US NEWSLETTER

FEBRUARY - MAY '18



The "Active Us" is THE place to get your information for the Bremerton Senior Center.



BREMERTON SENIOR CENTER
1140 NIPSIC AVE.
BREMERTON, WA 98310
(360) 473-5357
www.ci.bremerton.wa.us

CENTER HOURS **MONDAY-FRIDAY 8 AM TO 3 PM**

STAFF

Holly Peterson, Recreation Program Coordinator III
 Barbara Roembke, Front Office Coordinator

VOLUNTEER RECEPTIONISTS

Monday: Gail Dupee
 Tuesday & Thursday: Mac Whittlesey
 Wednesday: Judy Ray & Marcie Dixon
 Friday: Al Butler

The Bremerton Senior Center is open to all people ages 55 and better. The annual user fees are listed on page 3.

The Bremerton Senior Center is a division of the City of Bremerton Parks & Recreation Department. The **Active Us** is published five times a year.

Mission Statement:

The Bremerton Senior center is committed to enriching Senior lives in Bremerton by providing lifelong learning and recreational opportunities.

\$UM\$

Seniors Uncover Money Solutions

\$UM\$ is you - all members of the Senior Center activities. We are dedicated to raising funds that can be used to make the Center a more enjoyable place for all of us.

\$UM\$ Officers:

President: Paul Vlastelica Vice President: George Cho
 Treasurer: Al Butler Secretary: Vacant

\$UM\$

CORNER

Happy New Year \$UM\$ Members!

We wanted to thank everyone who baked and bought cookies/breads at the December Bake sale. We made over \$500 from this event.

As we've previously mentioned in newsletters and at luncheons, we were looking into painting the vans this year. The cost for each van is over \$4000.00. A little expensive for vans that will be replaced in 2020 and will probably not be done. We will be looking at purchasing a washer/dryer and a storage unit for senior center wash room as ours is needing some work done and replacement is the way to go. If you notice any need for the center please contact one of the \$UM\$ officers.

Looking at the last treasurer's report (12/4/2017) we have over \$12,000.00 on hand, thanks to your hard work and participation. Again thank you so much. We couldn't do many of our events without your help.

Unfortunately, our secretary, Audrey O'Leary has stepped down from her position. She has been your \$UM\$ secretary for 5 years and a job well done! Audrey will be attending the senior center in Belfair now since the drive to Bremerton was getting a little long for her and Belfair is able to fill her needs. She will be missed and we appreciate her hard work. With that being said, we now need a new secretary! If anyone is interested in the secretary position please let us know. We normally meet once a quarter, and an additional meeting as we near the craft fair.

\$UM\$ will be hosting a community shredding event on Friday, April 20th from 10am to 1pm. Please bring your documents that need to be shredded (up to 3 grocery bags per person). We will be accepting monetary donations to help offset the cost of the shredding truck. Spread the word and come out to this great event.

~Paul Vlastelica and George Cho

2018 MEMBERSHIP RENEWAL

Senior memberships run the calendar year (January-December) regardless of when you join. Renew your 2018 membership today at the rates listed below. (Sorry no refunds on memberships.)

RESIDENTS

Single.....\$16/yr
Couples.....\$23/yr
Associate.....\$22/yr

NON-RESIDENTS

Single.....\$32/yr
Couples.....\$46/yr
Associate.....\$44/yr

NEW PROGRAMS!!!

Several new programs are in the works and we need to fill interest lists to see if these programs would be of interest to you, our members. New programs are:

Square Dancing (min of 16 for 2 squares, weekly)

Healthy Cooking Class (min of 5, 4 week session)

Quick Look at Art History (min of 5, 8 week session)

Please call or come in and put your name on the list so we can get these programs rolling.

TAKING CHARGE SERIES

A series of topics designed with you in mind.

Each month will focus on a different topic - fitness, nutrition, aging, financial and more.

Each month is sponsored by a different business/provider and a light lunch/snack will be served. Reserve your seat today as these workshops fill up quickly.

Feb 20 - Kitsap Crisis & Assistance

March 27 - Stroke/Heart Attack Awareness

April 17 - Senior Scams

11:30 AM, FREE

Main Room - Senior Center

MEALS ON WHEELS KITSAP - LUNCHES

Thursdays @ Noon, \$3

Fridays @ Noon, \$3

Nutritious and delicious lunches plus a great way to meet other seniors. Reservations are requested, call 360-377-8511 by 2 PM the previous day.

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SOCIALS/ LUNCHEONS

Our luncheons are a great way to meet people, enjoy a delicious meal and have a good time!

FEBRUARY 13, 11:30 AM

VIP LUNCHEON

Bring your very important person (VIP) to this annual event. Each VIP will receive a special gift. Of course, a delicious lunch will be served as well as dessert! Don't forget you will be entertained.

Cost: \$5pp.

MARCH 13, 11:30 AM

ST. PAT'S PARTY

Entertainment, corned beef, cabbage and Irish soda bread will make this luncheon an event to remember. Don't forget to wear green. Cost: \$5pp

APRIL 24, 11:30 AM

VOLUNTEER LUNCHEON

Our Annual Volunteer Appreciation Luncheon honors you, our volunteers. Without your dedication, many of our programs would not be able to occur. Reservations are required. Cost: free to volunteers, guests are \$5pp.

MAY 1, 11:30 AM

BIRTHDAY BASH

Join your Senior Center friends for the biggest Birthday Party. The meal will be catered and the party will be a blast!! Tickets required. No cost due to a very generous gift!!

In order to ensure the best possible experience for every member of the Bremerton Senior Center, please keep in mind the following: We do not provide respite care, adult daycare and/or services that would normally be provided by a trained attendant, nurse or personal caregiver (i.e., incontinence, inability to use the restroom independently or preventing a participant from leaving the facility.) In addition, the provision of any personal care by staff for a participant is beyond our capability. Please contact the Division of Aging and Long Term Care at (360)337-5700 should you require the any of the above mentioned needs.

GENERAL TRAVEL INFORMATION

BSC REPRESENTATIVE: A staff member accompanies tours and will try to ensure that the tour runs as close to schedule as possible and handle any problems that may arise. All participants must have a current emergency medical waiver form on file prior to traveling. Please make sure your contact phone number/address and medical forms are as current as possible.

FULL TRIPS: If a trip is full, please place your name on the waiting list. Often reservations are canceled and we are able to fill the empty spots from the waiting lists.

MOBILITY OF OUR PARTICIPANTS: Each trip has an **R** rating. The higher the rating, the more walking and standing you will be required to do (see page 8). **Please check the rating and know your limits prior to signing up.** If you require extra time to load/unload please be sure to be the last to load/unload. If it is medically necessary for you to sit in a certain seat, please make sure the office has a copy of your doctors note on file during your travel restriction so we can understand how best to accommodate your request. There are no restroom facilities on either van.

NAVIGATOR/CO-PILOT: The passenger seat is designated the navigator/co-pilot. As the navigator/co-pilot your driver may request your assistance with either driving directions, buckling and unbuckling other travelers and closing the large passenger door. While not all trips require the above mentioned services, there is a basic need for them to some extent on all trips. Please be sure that your physical condition will allow you to perform such duties if requested.

PARKING: Please contact the Senior Center office regarding the parking policy.

PAYMENTS: Full payment is due upon registration.

REGISTRATION PROCESS: Registration for each trip begins when they are published in either this newsletter or the quarterly Parks & Rec Activity Guide. Phone-in or walk-in are the two most convenient ways to register for trips. Phone reservations require a credit card. All registrations are first come, first served and members have priority.

REFUNDS: Bremerton Senior Center reserves the right to cancel any tour that does not reach it's minimum 10 working days before the travel date. In that event, you will receive a credit on your account to be used on another trip at the Senior Center. Refunds will not be given to any trip \$24 or less that you need to cancel. Cancellations for day trips (\$25 or more) are given only if a replacement to fill your spot is found, please let staff know in ample time should you need to cancel. Trips canceled by the participant will be charged a 10% cancellation fee. No refunds will be given for trips canceled less than 24 hours in advance of departure. Cancellations for extended trips vary.

FEBRUARY

LEMAY CAR MUSEUM & LUNCH

THURSDAY, FEBRUARY 15TH - COST, \$54, R2

America's Car Museum is a nine-acre campus – with a four-story museum as the centerpiece. It is one of the world's largest auto museums and attractions. ACM is designed to preserve history and celebrate the world's automotive culture. The spacious facility houses up to 350 cars, trucks and motorcycles from private owners, corporations, and the LeMay collection, which amassed a Guinness Book record of more than 3,500 vehicles in the mid-'90s. Lunch at the iconic Stanley & Seaforts, docent led tour and transportation included.

HAMILTON THE MUSICAL & DINNER!!!!

THURSDAY, FEBRUARY 22ND - COST, \$194, R2

Hamilton: An American Musical is a sung- and rapped-through musical about the life of American Founding Father Alexander Hamilton, with music, lyrics, and book by Lin-Manuel Miranda, inspired by the 2004 biography Alexander Hamilton by historian Ron Chernow. Notably incorporating hip-hop, r& b, pop music, traditional-style show tunes, and color-conscious casting of non-white actors as the Founding Fathers and other historical figures, the musical achieved both critical acclaim and box office success. Tickets and transportation included, dinner on your own before the show. Max. 18 tickets.

WSP TRAINING ACADEMY & ALDERBROOK

TUESDAY, FEBRUARY 27TH - COST, \$44, R2

The WSP Training Division administers all training programs for employees and is responsible for identifying, developing and implementing the department's training programs. The division conducts training at the WSP Training Academy and throughout the state. Training for other law enforcement agencies is also provided by the division, which is nationally recognized for its Emergency Vehicle Operators Training Program. Facilities include an administration building, dormitories that can accommodate 96 students, classrooms and conference rooms, a multi-purpose building with a gymnasium and training tank/pool, a kitchen and dining hall, an outdoor firing range, a driver training course, and an auto shop. The complex can accommodate up to 120 students each day for training and/or meetings. After our tour we will head to Alderbrook Resort for a delightful lunch. Tour, transportation and lunch are included.

MARCH

LITTLE CREEK CASINO

TUESDAY, MARCH 6TH - COST, \$16, R1

This is by far one of our favorite casinos to visit. Just an hours drive away so we will be able to spend more time gaming! Don't forget to get all your discounts for 50+ at the promotions booth! Transportation is included, however, lunch is on your own.

GREEK LUNCH CHALLENGE

THURSDAY, MARCH 15TH - COST, \$29, R1

The 2018 lunch challenge is Greek! Everyone will be able to order their own entree and judge for themselves who has the best greek food in the northwest. We'll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of "who has the best in our little corner of the NW". Your entree, beverage and transportation are included.

SPRING MYSTERY TRIP & LUNCH

TUESDAY, MARCH 20TH - COST, \$64, R2

We are going on a trip to a very mysterious place! You will have fun - we are sure and you will make lots of memories! Dress comfortably for anything, wear appropriate shoes (this is an R2) and remember to come with an appetite! Transportation and lunch are included.

TRIP RATINGS:

R1: Board & depart Bus/Van and walk 2-3 blocks without stopping to rest. Must be able to stand 15 to 30 min.

R2: Board & depart bus/van and walk 4-5 blocks without stopping to rest, must be able to stand 30 to 45 min, handle stairs and walk a mile in under 20 min.

Please check the trip ratings carefully when registering. Signing up for trips that are within your limits will allow you to have a better experience.

APRIL

REDMOND PETTING FARM & LUNCH

THURSDAY, APRIL 19TH - COST, \$29, R2

Come one, come all to this family friendly farm in Redmond. There are a variety of fun and unusual animals at the petting farm. There are currently horses of all sizes, a miniature horse, miniature donkey, miniature pig, miniature cow, fainting goats, chickens, lionhead rabbits, chinchillas and a border collie. Transportation and tour are included, however, your lunch is on your own at a local restaurant.

BURKE MUSEUM & LUNCH

THURSDAY, APRIL 26TH - COST, \$59, R2

The Burke Museum of Natural History and Culture was founded in 1885. It is the oldest public museum in Washington State and was designated the State Museum in 1899. Its administration resides with the University of Washington College of Arts & Sciences. The Burke recognizes that the museum sits on the ancestral land of the Native peoples of Washington State. The Burke holds deep respect for Indigenous knowledge, and is dedicated to collaborating with diverse Native populations, sharing collections and learning together. The Burke is a research- and collections-based museum that serves many audiences and communities, including Washington State residents, tourists and visitors to Seattle, educators and students, Indigenous and Pacific communities, and researchers, scholars, and enthusiasts. There are over 16 million objects in the Burke collections, come find out all the ways they are used! Transportation, tour and lunch are included in today's adventure.

MAY

IKEA AND LUNCH

THURSDAY, MAY 3RD - COST, \$19, R2

We'll head to the newly remodeled IKEA in Renton and have fun shopping their unique items and get lots of good organization ideas. Lunch will be on your own at their cafeteria. Maybe a swedish meatball is on your list of delightful food items to eat today.

APRIL CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:15 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance</p>	<p>3</p> <p>8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *D 10 Women's Soccer *D 12:30 Sketching</p>	<p>4</p> <p>8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 5:30-8:30 Ping Pong</p>	<p>5</p> <p>8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10 Quilting Class 10 Rummikub 10:30 8-Ball pool tournament 12 Meals on Wheels Kitsap 1:30 Tai Chi</p>	<p>6</p> <p>8 Pool 9 Lo-Impact Aerobics 10 Modified Softball *D 10 Dominoes 10 Quilting Class 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong</p>
<p>9</p> <p>8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:15 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance</p>	<p>10</p> <p>8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Senior Softball *F 10 Women's Soccer *D 12:30 Sketching</p>	<p>11</p> <p>8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 5:30-8:30 Ping Pong</p>	<p>12</p> <p>8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap 1:30 Tai Chi</p>	<p>13</p> <p>8 Pool 9 Lo-Impact Aerobics 10 Senior Softball *F 10 Dominoes 10 Quilting Class 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong</p>
<p>16</p> <p>8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:15 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance</p>	<p>17</p> <p>8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Senior Softball *F 10 Women's Soccer *D 11:30 TAKING CHARGE - SENIOR SCAMS 12:30 Sketching</p>	<p>18</p> <p>8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 10:30 9-ball pool tournament 11 Ice Skating *C 5:30-8:30 Ping Pong</p>	<p>19</p> <p>8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap 1:30 Tai Chi</p>	<p>20</p> <p>8 Pool 9 Lo-Impact Aerobics 10 Senior Softball *F 10 Dominoes 10 Quilting Class 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong</p>
<p>23</p> <p>8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:15 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance</p>	<p>24</p> <p>8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Senior Softball *F 10 Women's Soccer *D 11:30 VOLUNTEER APPRECIATION LUNCH 12:30 Sketching</p>	<p>25</p> <p>8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 5:30-8:30 Ping Pong</p>	<p>26</p> <p>8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap 1:30 Tai Chi</p>	<p>27</p> <p>8 Pool 9 Lo-Impact Aerobics 10 Senior Softball *F 10 Dominoes 10 Quilting Class 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong</p>
<p>30</p> <p>8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:15 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance</p>				<p>* = Sheridan Park Gym *A = Sheridan Park Lounge *C = Bremerton Ice Arena *D = OSSC-Pendergast *E =Pendergast *F = Lions Park</p>

MAY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
* = Sheridan Park Gym *A = Sheridan Park Lounge *C = Bremerton Ice Arena *D = OSSC-Pendergast *E = Pendergast *F = Lions Park	1 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Senior Softball *F 10 Women's Soccer *D 11:30 BIRTHDAY PARTY BASH/ LUNCHEON 12:30 Brush up/Dust off	2 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 5:30-8:30 Ping Pong	3 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 10:30 8-Ball Pool Tournament 12 Meals on Wheels Kitsap 1:30 Tai Chi	4 8 Pool 9 Lo-Impact Aerobics 10 Dominoes 10-2 Quilting Class 10 Senior Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
7 8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:15 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	8 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Senior Softball *F 10 Women's Soccer *D 12:30 Brush up/Dust off	9 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 5:30-8:30 Ping Pong	10 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 12 Meals on Wheels Kitsap 1:30 Tai Chi	11 8 Pool 9 Lo-Impact Aerobics 10 Dominoes 10-2 Quilting Class 10 Senior Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
14 8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:15 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	15 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *D 10 Women's Soccer *D 12:30 Brush up/Dust off	16 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 10:30 9-Ball Pool Tournament 11 Ice Skating *C 5:30-8:30 Ping Pong	17 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 12 Meals on Wheels Kitsap 1:30 Tai Chi	18 8 Pool 9 Lo-Impact Aerobics 10 Modified Softball *D 10 Dominoes 10-2 Quilting Class 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
21 8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:15 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	22 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Senior Softball *F 10 Women's Soccer *D 11:30 TAKING CHARGE - ALZHEIMERS 12:30 Brush up/Dust off	23 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 5:30-8:30 Ping Pong	24 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 12 Meals on Wheels Kitsap 1:30 Tai Chi	25 8 Pool 9 Lo-Impact Aerobics 10 Senior Softball *F 10 Dominoes 10-2 Quilting Class 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
28 CLOSED MEMORIAL DAY	29 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Senior Softball *F 10 Women's Soccer *D 12:30 Brush up/Dust off	30 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 5:30-8:30 Ping Pong	31 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 12 Meals on Wheels Kitsap 1:30 Tai Chi	

MAY CONT...

GREEK LUNCH CHALLENGE

TUESDAY, MAY 8TH - COST, \$29, R1

The 2018 lunch challenge is Greek! Everyone will be able to order their own entree and judge for themselves who has the best greek food in the northwest. We'll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of "who has the best in our little corner of the NW". Your entree, beverage and transportation are included.

SNOQUALMIE CASINO

THURSDAY, MAY 17TH - COST, \$19, R1

Enjoy a great day at one of the newer casinos and one we haven't been to in quite a while. High-octane casino gaming at Snoqualmie Casino has 50 classic gaming tables, 1,700 state-of-the-art slot machines, and an exclusive five-table Poker room. Plenty of excitement to go around!! Lunch and gaming are on your own.

MEEKER MANSION TEA AND TOUR

THURSDAY, MAY 24TH - COST, \$44, R2

Enjoy a wonderful guided tour of the Meeker Mansion in Puyallup. Built in 1870, this 17-room Italianate Victorian Mansion was built by Ezra Meeker, the savior of the Oregon Trail. Followed by our tour, we will enjoy a lovely tea as our lunch. Tour, tea and transportation are all included.

JUNE

OLYMPIC GAME FARM & BREAKFAST

THURSDAY, JUNE 7TH - COST, \$34, R1

Start your morning off with a visit to the very popular Oak Table Cafe in Sequim. After a delicious breakfast (on your own) we will head to the Olympic Game Farm for a driving tour. The farm is home to many animal species, both endangered and non-endangered. We'll see a tiger's stripes, a rare white rhino, a Kodiak bear and maybe get slobbered on by a buffalo. Tour and transportation are included. Breakfast is on your own.

JUNE CONT...

CASCADIA IRIS GARDEN AND LUNCH

THURSDAY, JUNE 14TH - COST, \$44, R2

Cascadia Iris Garden is a specialty nursery featuring the diverse genus of plants known as Iris. They offer a variety of irises suitable for most any environment you want to garden in. From short to tall, wet to dry or sun to shade, they have 300+ varieties for sale this year. They also are pleased to offer irises that will bloom throughout the year, given optimal conditions and weather. Simply speaking, whatever your gardening challenges, they are happy to help find some irises to fill your desires. Following our tour, we will head to a local restaurant for lunch. Tour, transportation and lunch are included.

FRIDAY HARBOR OVERNIGHTER

**TUESDAY, JUNE 19TH-WEDNESDAY, JUNE 20TH
COST \$319PP/DBL OCC, R2**

Enjoy the scenic ferry ride to the picturesque seaside town of Friday Harbor on the eastern shores of San Juan Island. We'll board the San Juan Clipper in Seattle, head to Friday Harbor and then go on a Whale and Sealife Search trip. Once we dock in Friday Harbor for the evening, we'll check into the Friday Harbor Suites. Their rooms are well appointed and include hot breakfast the next morning. From the hotel, feel free to stroll down to shops, art galleries and museums, or tour the island by bike and discover a beautiful shoreline, beaches, state parks, marinas, wineries, and breathtaking views. This overnigher is sure to be laid back and a great way to re-charge your batteries. Included is breakfast and dinner aboard the clipper, breakfast at the hotel, transportation aboard the clipper and Seattle/Bremerton ferry and whale/sealife searching trip.

JULY

GREEK LUNCH CHALLENGE

TUESDAY, JULY 10TH - COST, \$29, R1

The 2018 lunch challenge is Greek! Everyone will be able to order their own entree and judge for themselves who has the best greek food in the northwest. We'll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of "who has the best in our little corner of the NW". Your entree, beverage and transportation are included.



Community Shred Event

Friday, April 20th

10am - 1pm

Donations accepted

Bremerton Senior Center Parking Lot
1140 Nipsic Ave, Bremerton

Do you need documents shredded? Shredding is a simple, effective way to protect yourself from identity fraud. ID theft costs Washington State residents nearly two billion dollars a year.

To make it easier for you to shred your documents come to our Community Shred. Bring up to three grocery bags of your old documents to our shredding party. Our event is sponsored by \$UM\$ and all we ask is for a donation to help off-set the cost of the shredder. This event is open to anyone in the community.

This is a great service and helps protect you, friends and neighbors from credit card fraud and identity theft. All proceeds benefit the Bremerton Senior Center.

For more information, call 360-473-5357.

GAMES

Pool:	Monday-Friday, 8 AM-3 PM
Ping Pong:	Tuesdays & Thursdays, 8-10:30 AM,
Mah Jong:	Tuesdays & Fridays, 9 AM-2 PM
Cribbage	Wednesdays, 10 AM
Canasta:	Wednesdays, 9 AM
Bridge:	Mondays & Thursdays, 9 AM
Rummikub:	Thursdays, 9AM-12 PM
Dominoes:	Fridays, 10 AM-1 PM

COMPUTER LAB

DAILY, 8 AM-2:45 PM

Flat screens, one touch screen, new hard-drives and high speed wireless internet in a quiet room, what more could you ask for? If you just want to surf the web, check your e-mail or refresh your computer skills, come on down and see what's new!

POOL

DAILY, 8 AM - 3 PM

Four tables are available daily to play on. Whether you come in just for the monthly tournaments or to see if you got game - you're sure to have fun!

SUNSHINE SINGERS

MONDAYS, 10:15 AM-12:30 PM

Tea for two and two for tea - that's me and you and lots of friends makes we...come be part of this group and make beautiful music and friendships. The Singers perform all around Kitsap County, delighting audiences everywhere they go!

BREMERTON ART GUILD

MONDAYS, 10 AM-1 PM

Do you sketch, sculpt, paint? Do you have an art project that you would like to work on but don't have the space or just want a little company? Join the members of the Bremerton Art Guild, bring your projects and enjoy.

SENIOR OPEN ICE SKATE

MONDAYS & WEDNESDAYS, 11 AM- 12 PM

Always wanted to learn to ice skate? Come to the Center to pick up your weekly passes to skate at the Bremerton Ice Arena. Skates are available to rent for \$3.50. This is a free program, however, Senior Center membership is required.

AARP SAFE DRIVING PROGRAM

MONDAY & TUESDAY, 9 AM-1 PM

NEXT SESSIONS - MARCH 12-13 & NOV 5-6

Need a quick review on your driving skills and/or want to save money on your insurance? AARP provides instruction for you. Attendance on both days is required to receive credit. Call (360) 473-5357 to register. Supply fee paid to instructor at first class. Class min. 5, max. 12.

CENTER LINE DANCERS

MONDAYS - BEG 12:30-1:45 PM/INT 1:45-3 PM

WEDNESDAYS - BEG 10:15 AM/INT 11:30 AM

Bring your cowboy boots and have a stompin' good time. Fun routines are learned and practiced with great camaraderie. The dancers also perform at various venues throughout the county.

BRIDGE

MONDAYS & THURSDAYS, 9 AM

Beginners to experienced Bridge players are welcome to play with this fun group.

BADMINTON

TUESDAYS & THURSDAYS, 8 AM

Come on down to Sheridan Park gym and have a great time batting at birdies (equipment is provided).

CRAFT CLUB WITH SALLY

TUESDAYS, 9 AM-NOON (A.K.A. CRITTERS)

Are you repairing an old friend or creating a new one? From re-stuffing critters to making curtains, Sally and her team of extreme makeover artists can help you work on any project.

SR WOMEN'S INDOOR SOCCER

TUESDAYS, 10-11 AM

This program is held at the Olympic Soccer and Sports Center located at Pendergast Regional Park. This is a free program, however, Senior Center membership is required.

~DONATIONS~

We love donations and are currently in need of the following items listed below. Thank you for your generosity!

55 gal kitchen bags ~ regular & decaf
ground coffee ~ Individually wrapped
candy ~ napkins ~ disposable plastic water
cups ~ Individual creamers

Daily Activities are free for BSC members unless otherwise noted. Non members pay \$3 drop in fee per activity attended.

CO-ED REC MODIFIED SOFTBALL

FALL/WINTER SEASON @ OSSC

SPRING/SUMMER SEASON @ LIONS #1

TUESDAYS AND FRIDAYS, 10 AM - 2 PM

Enjoy the great game of softball played by men and women. The emphasis is on having fun through friendly competition, exercising and to develop individual hitting and fielding skills in a positive, team setting. Previous experience is recommended. Modified Softball is played indoors during the fall/winter at OSSC-Pendergast Park and outdoors during the Spring and Summer months at Lions #1. (Ages 55 and up, senior center membership is required.)

BRUSH UP/DUST OFF-NEW!!

TUESDAYS, 12:30-2:30 PM

Have you always wanted to learn how to watercolor, sketch, learn colored pencils? Or have painted previously and want to get back into it? Join members of the Bremerton Art Guild for helpful guidance. This group will meet on a weekly basis with volunteers from the Bremerton Art Guild helping you get started. Bring in your supplies and be ready to have some fun.

FOOTCARE

1ST TUESDAYS & 4TH WEDNESDAYS, BY APPT.

Michelle Gamber provides this affordable service. It's a pedicure without the polish! Call her for prices and to schedule your appointment at (360) 871-5726.

CRIBBAGE

WEDNESDAYS, 10 AM

This classic game has been around since the 17th century. Great card game for 2-4 players.

QUILTING CLASS

THURSDAYS, 10 AM-2:30 PM

FRIDAYS, 10 AM-2:30 PM

Novice or experienced quilters, come one and all! Bring your quilting supplies, get new ideas and visit with other quilters. The group occasionally offers classes on techniques and styles. (Sewing machine skills required.)

DOMINOES

FRIDAYS, 10 AM

This game can be played with 2 or more players and can get quite lively at times. Come join the fun!

POOL TOURNAMENTS

8 BALL-1ST THURSDAYS - 10:30AM

FEB 1, MAR 1 & APR 5

8-BALL IS GENEROUSLY SPONSORED BY:

BREMERTON HEALTH & REHAB
360-377-3951

9 BALL-3RD WEDNESDAYS - 10:30AM

FEB 21, MAR 21, APR 18

9-BALL IS GENEROUSLY SPONSORED BY:

FOREST RIDGE HEALTH & REHAB
360-479-4747

Tournaments are just \$3 per player and include a delicious lunch and prize to the winner! New rules: Straight 8, call shot, BCA rules, 2 out of three in winners bracket only. No handicap 8 or 9ball. Tournaments take a break during the summer months but fun is still to be had in the pool room. Come join us daily, Monday-Friday from 8am to 3pm.

Please check with the office staff for any items you may have left behind in the center or in one of our vans. Items left for more than 3 months will be donated or put on the free shelf.



WELLNESS

AEROBICS-FREE VIDEO

MONDAYS, WEDNESDAYS & FRIDAYS, 9 AM

Get your heart pumping and your sweat dripping in this moderate paced fitness class. Class utilizes weights, resistance bands and other strength training techniques and can be fast-paced at times. Participants need to be able to exercise at a consistent level for 5-10 minutes at a time.

TAI CHI

THURSDAYS, 1:30-2:30 PM

SESSIONS: FEB 15-MAR 22 & MAR 29-MAY 3

Tai Chi Chuan, a Chinese martial art noted for its slow, smooth movements, has been proven to improve balance and increase flexibility. This class features Sun and Yang Styles. This class is accessible for all levels of fitness and taught by Sandy Carlson. Cost is \$30/6 weeks. Min of 5.



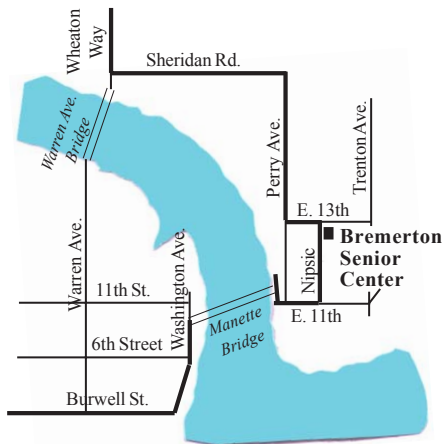
Bremerton Senior Center
1140 Nipsic Ave
Bremerton, WA 98310

Return Service Requested

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Bremerton, WA -
Permit #209

Vicinity Map

Bremerton Senior Center
 1140 Nipsic Ave, Bremerton, WA 98310
 360-473-5357



2018 Memberships... Renew your membership for 2018 today. Payment can be made by calling the senior center, coming in or mailing your check. Keeping current on your dues will ensure that you continue to receive this newsletter at your door step! Highlights of your Senior Center Membership: newsletter direct mailed, participation in over 30 activities at no additional charge and trip registration priority. We are an active recreation center for all adults 55 and better. We have daily drop-in activities you can participate in, as well as trips and tours, fitness, educational, enrichment and dance classes. The Bremerton Senior Center is also home to many entertainment groups such as The Sunshine Singers, Center Line Dancers and more. Rates are on page 3.

- **COUPLES MEMBERSHIP** is for two people, one at least 55 or better, who reside at the same address. We have resident and non-resident rates. Rates are on page 3.
- **SINGLES MEMBERSHIPS** are for single city and non-city residents. Rates are on page 3.
- **ASSOCIATE MEMBERSHIPS** are for those individuals not yet 55 but who still would like to participate in the programs, trips and classes offered at the Center. This is a great membership for sons and daughters of members or active adults who participate at the Bremerton Senior Center. Rates are on page 3.