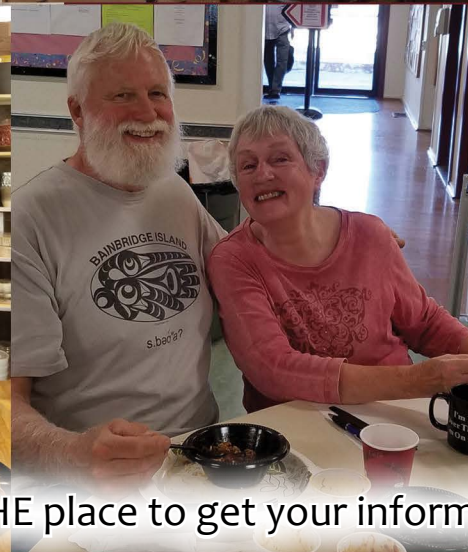




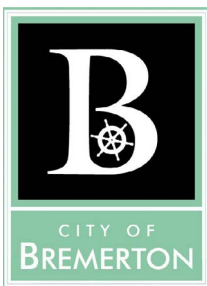
# BREMERTON SENIOR CENTER ACTIVE US NEWSLETTER

NOVEMBER '17-JANUARY '18



The "Active Us" is THE place to get your information for the Bremerton Senior Center.





**BREMERTON SENIOR CENTER**  
**1140 NIPSIC AVE.**  
**BREMERTON, WA 98310**  
**(360) 473-5357**  
**www.ci.bremerton.wa.us**

## **CENTER HOURS** **MONDAY-FRIDAY 8 AM TO 3 PM**

### **STAFF**

Holly Peterson, Recreation Program Coordinator III  
 Barbara Roembke, Front Office Coordinator

### **VOLUNTEER RECEPTIONISTS**

Monday: Gail Dupee  
 Tuesday & Thursday: Mac Whittlesey  
 Wednesday: Judy Ray & Marcie Dixon  
 Friday: Al Butler

The Bremerton Senior Center is open to all people ages 55 and better. The annual user fees are listed on page 3.

The Bremerton Senior Center is a division of the City of Bremerton Parks & Recreation Department. The **Active Us** is published five times a year.

### **Mission Statement:**

The Bremerton Senior center is committed to enriching Senior lives in Bremerton by providing lifelong learning and recreational opportunities.

## **\$UM\$**

### **Seniors Uncover Money Solutions**

**\$UM\$** is you - all members of the Senior Center activities. We are dedicated to raising funds that can be used to make the Center a more enjoyable place for all of us.

### **\$UM\$ Officers:**

President: Paul Vlastelica      Vice President: George Cho  
 Treasurer: Al Butler      Secretary: Audrey O'Leary

# **\$UM\$**

## **CORNER**

Well BSC members we made it through another Senior Craft Fair! Once again we could not achieve success without your help.

**A big thanks to:** Holly for all of her leg-work before, during and after the Craft Fair; The kitchen crew-Barb, Mac Whittlesey, Audrey O'Leary, Holly & Noelle Peterson; Patricia Yarbrough and Cathy Vlastelica on the fantastic job of filling the greeter & bake sale tables; George Cho was able to offer a fantastic line up of entertainment; Al Butler-treasurer of this huge event and baker; Judy Ray-Hensley did another great job in putting the baskets together and to the various Senior Center groups for your donations to the baskets.

**Thank you to the following for staffing the greeter tables, bake sale tables, helping with the set-up & take down and for baking the goods!**

|                     |                            |
|---------------------|----------------------------|
| Pete Balbain        | Jean Inman                 |
| Beverly Behar       | Doris Junis                |
| Myra Brochner       | Gary & Marianna Knowlton   |
| Loraine Case        | Nola & Richard Litscher    |
| Sue Childress       | Liam Peterson              |
| Cynthia Cook        | Jennifer Plush             |
| Betty Craze         | David Ranger               |
| Rosemary Crow       | Barb Roembke               |
| Dorothy Farbach     | Betty & Rocky Ronquillo    |
| Sharon Francisco    | Tom Samardzich             |
| Georgia Gail        | Miche Schroeder            |
| Berti Gann          | Robert & Patricia Schmielt |
| Joe Garr            | Craig & Pam Scripture      |
| Cora & Zane Gray    | Jean Seelow                |
| Sunny Greene        | Patty Shinkaruk            |
| Aladene Harney      | Laurie Skola               |
| Gary Hatley         | Roger Spiese               |
| Paula Heisel        | Saeko Smith                |
| Jack & Judy Hensley | Arlene Taylor              |
| Darlene Herrmann    | Larry Taylor               |
| Emma Hill           | Linda Thornburgh           |

We were fortunate this year to receive baked goods by the following: The Willows, Bremerton Health & Rehab and Crista Shores! Hope we did not leave out anyone who helped. We can only go by names that are written down. If you did help and did not make our list please let us know. We want to acknowledge everyone. We are always looking for volunteers for this, the largest function that \$UM\$ has. When you look at the above names who helped, how can you not want to work with these great people?

Again - thanks to everyone!!! Paul Vlastelica & George Cho

## 2018 MEMBERSHIP RENEWAL

Senior memberships run the calendar year (January-December) regardless of when you join. Renew your 2018 membership today at the rates listed below. (Sorry no refunds on memberships.) Rates will be going up slightly in 2018 so save money today!

| RESIDENTS             | NON-RESIDENTS         |
|-----------------------|-----------------------|
| Single.....\$15/yr    | Single.....\$30/yr    |
| Couples.....\$22/yr   | Couples.....\$44/yr   |
| Associate.....\$21/yr | Associate.....\$42/yr |

## TAKING CHARGE SERIES

A series of topics designed with you in mind. Each month will focus on a different topic - fitness, nutrition, aging, financial and more. Each month is sponsored by a different business/provider and a light lunch/snack will be served. Reserve your seat today as these workshops fill up quickly.

- Nov 28 - Downsizing and Removing Clutter
- Jan 23 - Senior Tax Exemptions
- Feb 20 - Kitsap Crisis & Assistance
- 11:30 AM, FREE
- Main Room - Senior Center

## MEALS ON WHEELS KITSAP - LUNCHEONS

Thursdays @ Noon, \$3  
Fridays @ Noon, \$3

Nutritious and delicious lunches plus a great way to meet other seniors. Reservations are requested, call 360-377-8511 by 2 PM the previous day.

## FRAGRANCE ALERT

Please refrain from wearing excessive perfume or cologne when you visit the Center or go on our trips. There are many people who experience unpleasant physical effects from scented products.

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## SOCIALS/ LUNCHEONS

Our luncheons are a great way to meet people, enjoy a delicious meal and have a good time!

### DECEMBER 5, 11:30 AM HOLIDAY LUNCHEON

Traditional Holiday lunch will be served along with yummy pumpkin pie and whipped cream! Holiday Entertainment followed by a fast and furious white elephant gift exchange. Cost is \$5pp.

### DECEMBER 4-6, 9 AM-1 PM HOLIDAY BAKE SALE

Our holiday bakers have been hard at work and are anxious to sell you all their delicious and tasty treats for only 3 days! Sale will be held during the Holiday Luncheon as well, however, come early for the best selection of fruit crisps, breads, cookies and brownies! YUMMY!!!!

### FEBRUARY 13, 11:30 AM VIP LUNCHEON

Bring your very important person (VIP) to this annual event. Each VIP will receive a special gift. Of course, a delicious lunch will be served as well as dessert! Don't forget you will be entertained. Cost: \$5pp.

In order to ensure the best possible experience for every member of the Bremerton Senior Center, please keep in mind the following: We do not provide respite care, adult daycare and/or services that would normally be provided by a trained attendant, nurse or personal caregiver (i.e., incontinence, inability to use the restroom independently or preventing a participant from leaving the facility.) In addition, the provision of any personal care by staff for a participant is beyond our capability. Please contact the Division of Aging and Long Term Care at (360)337-5700 should you require the any of the above mentioned needs.

## GENERAL TRAVEL INFORMATION

**BSC REPRESENTATIVE:** A staff member accompanies tours and will try to ensure that the tour runs as close to schedule as possible and handle any problems that may arise. All participants must have a current emergency medical waiver form on file prior to traveling. Please make sure your contact phone number/address and medical issues are as current as possible.

**FULL TRIPS:** If a trip is full, please place your name on the waiting list. Often reservations are canceled and we are able to fill the empty spots from the waiting lists.

**MOBILITY OF OUR PARTICIPANTS:** Each trip has an **R** rating. The higher the rating, the more walking and standing you will be required to do (see page 8). **Please check the rating and know your limits prior to signing up.** If you require extra time to load/unload please be sure to be the last to load/unload. If it is medically necessary for you to sit in a certain seat, please make sure the office has a copy of your doctors note on file during your travel restriction so we can understand how best to accommodate your request. There are no restroom facilities on either van.

**NAVIGATOR/CO-PILOT:** The passenger seat is designated the navigator/co-pilot. As the navigator/co-pilot your driver may request your assistance with either driving directions, buckling and unbuckling other travelers and closing the large passenger door. While not all trips require the above mentioned services, there is a basic need for them to some extent on all trips. Please be sure that your physical condition will allow you to perform such duties if requested.

**PARKING:** Please contact the Senior Center office regarding the parking policy.

**PAYMENTS:** Full payment is due upon registration.

**REGISTRATION PROCESS:** Registration for each trip begins when they are published in either this newsletter or the quarterly Parks & Rec Activity Guide. Phone-in or walk-in are the two most convenient ways to register for trips. Phone reservations require a credit card. All registrations are first come, first served and members have priority.

**REFUNDS:** Bremerton Senior Center reserves the right to cancel any tour that does not reach it's minimum 10 working days before the travel date. In that event, you will receive a credit on your account to be used on another trip at the Senior Center. Refunds will not be given to any trip \$24 or less that you need to cancel. Cancellations for day trips (\$25 or more) are given only if a replacement to fill your spot is found, please let staff know in ample time should you need to cancel. Trips canceled by the participant will be charged a 10% cancellation fee. No refunds will be given for trips canceled less than 24 hours in advance of departure. Cancellations for extended trips vary.

## NOVEMBER

### NEW LEAF ENTERPRISES TOUR & LUNCH

**THURSDAY, NOVEMBER 2ND- COST, \$19, R2**

Now that cannabis is legal, are you interested in learning more about the medical side of the industry? Get answers to all your questions and gain information about the quality and safety of producers during your tour. After lunch we will stop at a local cannabis store so you can use your new found knowledge and discover what medicinal options they have. Trip includes tour and transportation. Lunch will be on your own.

### TEATRO ZINZANNI & DINNER

**FRIDAY, NOVEMBER 3RD- COST, \$189, R2**

Part circus, part dinner theatre, Teatro ZinZanni is a big night out unlike any other, a two hour whirlwind of international cirque, comedy and cabaret artists all served up with a four-course feast designed by celebrated Northwest chef Tom Douglas. An ever-evolving and constantly changing production, Teatro ZinZanni combines improv comedy, vaudeville revue, music, dance, cirque and sensuality into a dizzying and colorful new form that is never quite the same from evening to evening. The fast-paced action of the show unfolds above, around and even alongside the audience as they dine on a gourmet meal. Teatro ZinZanni is guaranteed to dazzle. Transportation, dinner and the production are all included. (This event is held at night at Marymoor Park . Max. on trip is 24)

### MARCELA'S CREOLE COOKING CLASS

**TUESDAY, NOVEMBER 7TH- COST, \$49, R1**

Step into an inviting eatery that pays homage to the Big Easy! Where red-clothed tables coddle piping hot platters of creole delicacies. Marcela's Creole Cookery uproots the definitive flavors of authentic New Orleans cuisine and Cajun fare and packs them into a menu brimming with robust seasonings and exotic meats. Join the restaurant co-owner as he walks you through a complete creole and Cajun meal, including soup, an appetizer, entree and dessert. Some hands-on participation is required. (Beverages are on your own.) Trip includes transportation and dinner-this is an evening trip. Max 14.



## NOVEMBER CONT...

### HOLIDAY GLASSBLOWING & LUNCH

**THURSDAY, NOVEMBER 16TH- COST, \$99, R1**

A visit to Tacoma Glassblowing Studio will make this trip a must-do! The glassblowers will assist each trip goer individually - picking a shape, pattern, and colors. After the picking process, everyone will have 30 minutes, one-on-one time with an experienced glassblower who will be helping them make their piece. Three stations will be set up so three will be making their piece at the same time with different glassblowers. Once, everyone has completed their projects, we will be heading to a local restaurant for a late lunch (on your own). Transportation and glassblowing experience is included in this trip.

### RED WIND CASINO

**TUESDAY, NOVEMBER 21ST- COST, \$19, R1**

Nisqually Red Wind Casino has more games to play and more space to play in than ever before. With over 1,400 slots games and a host of table games including craps, roulette, blackjack, Pai Gow and three card poker, Keno and Speed Keno, no matter what you play, you can play it in the Wind. This lovely casino is nestled in the woods outside of Olympia. Seniors 55+ with valid ID receive 25% off in their dining venues and Potlatch Gift Shop.

### VICTORIAN COUNTRY CHRISTMAS

**THURSDAY, NOVEMBER 30TH- COST, \$19, R2**

Join us for one of the largest holiday festivals on the West Coast. Picture several buildings filled with merchants and craftsmen in Victorian storefronts and indoor courtyards adorned with holiday florals, garlands and tassels. Lunch is on your own, admission and transportation are included.

## EXTENDED TRIP 2018

### SPOTLIGHT ON WASHINGTON D.C.

**APRIL 12TH-17TH - COST \$2,949PP/DBL OCC, R2 - STILL ROOM!! SIGN UP TODAY!!**

Highlights: U.S. Capitol Building, World War II Memorial, White House Visitor Center, Smithsonian Institution, Arlington National Cemetery, Mount Vernon, Old Town Alexandria, Washington National Cathedral and Ford's Theatre. This should be a great trip - sign up today!! Deposit of \$490 due Nov 13, 2017.

## DECEMBER

### SPANAWAY FANTASY LIGHTS & DINNER

**THURSDAY, DECEMBER 7TH - COST, \$54, R1** Visit the 23rd annual 'Fantasy Lights at Spanaway Park', the largest holiday drive-through display in the Northwest, featuring nearly 300 elaborate displays and thousands of sparkling lights. The beautiful two-mile drive along Spanaway Lake has become a memorable lakeside tradition. As we drive, we will listen to a selection of special holiday music performed by a local high school to add to the festive atmosphere of the park. We will start our evening with an early dinner and we might even stop for dessert after we enjoy the lights. Dinner, tour and transportation is included. (Please note: this trip is an evening trip.)

### ELF THE MUSICAL AT THE PARAMOUNT & DINNER

**FRIDAY, DECEMBER 8TH - COST, \$79, R2**

Based on the 2003 film of the same name, Elf the Musical follows Buddy the Elf on his journey to bring the magic of Christmas to his family back in New York City. After years living in the North Pole, Buddy discovers his real father and half-brother don't believe in Santa Claus, and so the endearing adult elf sets out to bring the holiday spirit back to the "Big Apple." All the Elf the Musical reviews agree that this live show is a fun holiday outing for all ages. Following this matinee, we will head to dinner at a local restaurant- on your own. Theater production and transportation are included.

### ARGOSY CHRISTMAS SHIP & DINNER

**MONDAY, DECEMBER 11TH - COST, \$84, R2**

The Argosy Cruises Christmas Ship festival is a holiday celebration that has been a Pacific NW tradition since 1949. Choirs on-board sing 20-minute performances to these communities, all broadcast via state-of-the-art speaker system. On shore, thousands of people gather around roaring bonfires anticipating the arrival of the Christmas Ship. Prior to boarding, we will enjoy a delicious dinner. Cruise, dinner and other transportation is included. (Please note: this trip is an evening trip.)

# NOVEMBER CALENDAR

| Monday  | Tuesday  | Wednesday   | Thursday   | Friday  |
|---|--|---|--|---|
| * = Sheridan Park Gym<br>*A = Sheridan Park Lounge<br>*C = Bremerton Ice Arena<br>*D = OSSC-Pendergast<br>*E = Pendergast<br>*F = Lions Park  |  | 1<br>8 Pool<br>9 Lo-Impact Aerobics<br>9 Canasta<br>10 Cribbage<br>10:15 Line Dance<br>11 Ice Skating *C<br>12 Band Practice<br>5:30-8:30 Ping Pong   | 2<br>8 Badminton *<br>8 Pool<br>8-10:30 Ping Pong<br>9 Bridge<br>9 Rummikub<br>10-2 Quilting Class<br><b>10:30 8-Ball Pool Tournament</b><br>12 Meals on Wheels Kitsap<br>1:30 Tai Chi | 3<br>8 Pool<br>9 Lo-Impact Aerobics<br>10 Dominoes<br>10-2 Quilting Class<br>10 Modified Softball *D<br>12 Meals on Wheels Kitsap<br>12 Band Practice<br>5:30-8:30 Ping Pong  |
| 6<br>8 Pool<br>9 Lo-Impact Aerobics<br>9 Bridge<br>10-1 Brem. Art Guild<br>10:30 Sunshine Singers<br>11 Ice Skating *C<br>12:30-3 Line Dance  | 7<br>8 Badminton *<br>8 Pool<br>8-10:30 Ping Pong<br>9 Critters<br>9 Mah Jong<br>10 Modified Softball *D<br>10 Women's Soccer *D<br>12:30 Brush up/Dust off  | 8<br>8 Pool<br>9 Lo-Impact Aerobics<br>9 Canasta<br>10 Cribbage<br>10:15 Line Dance<br>11 Ice Skating *C<br>12 Band Practice<br>5:30-8:30 Ping Pong   | 9<br>8 Badminton *<br>8 Pool<br>8-10:30 Ping Pong<br>9 Bridge<br>9 Rummikub<br>10-2 Quilting Class<br>12 Meals on Wheels Kitsap<br>1:30 Tai Chi  | 10<br><b>CLOSED</b><br><br><b>Veteran's Day</b>   |
| 13<br>8 Pool<br>9 Lo-Impact Aerobics<br>9 Bridge<br>10-1 Brem. Art Guild<br>10:30 Sunshine Singers<br>11 Ice Skating *C<br>12:30-3 Line Dance | 14<br>8 Badminton *<br>8 Pool<br>8-10:30 Ping Pong<br>9 Critters<br>9 Mah Jong<br>10 Modified Softball *D<br>10 Women's Soccer *D<br>11:30 Brush up/Dust off   | 15<br>8 Pool<br>9 Lo-Impact Aerobics<br>9 Canasta<br>10 Cribbage<br>10:15 Line Dance<br>11 Ice Skating *C<br><b>10:30 8-Ball Pool Tournament</b><br>12 Band Practice<br>5:30-8:30 Ping Pong | 16<br>8 Badminton *<br>8 Pool<br>8-10:30 Ping Pong<br>9 Bridge<br>9 Rummikub<br>10-2 Quilting Class<br>12 Meals on Wheels Kitsap<br>1:30 Tai Chi                                       | 17<br>8 Pool<br>9 Lo-Impact Aerobics<br>10 Dominoes<br>10-2 Quilting Class<br>10 Modified Softball *D<br>12 Meals on Wheels Kitsap<br>12 Band Practice<br>5:30-8:30 Ping Pong |
| 20<br>8 Pool<br>9 Lo-Impact Aerobics<br>9 Bridge<br>10-1 Brem. Art Guild<br>10:30 Sunshine Singers<br>11 Ice Skating *C<br>12:30-3 Line Dance | 21<br>8 Badminton *<br>8 Pool<br>8-10:30 Ping Pong<br>9 Critters<br>9 Mah Jong<br>10 Modified Softball *D<br>10 Women's Soccer *D<br>12:30 Brush up/Dust off   | 22<br>8 Pool<br>9 Lo-Impact Aerobics<br>9 Canasta<br>10 Cribbage<br>10:15 Line Dance<br>11 Ice Skating *C<br>12 Band Practice<br>5:30-8:30 Ping Pong  | 23<br><b>CLOSED</b><br><br><b>Thanksgiving</b>   | 24<br><b>CLOSED</b><br><br><b>Thanksgiving</b>  |
| 27<br>8 Pool<br>9 Lo-Impact Aerobics<br>9 Bridge<br>10-1 Brem. Art Guild<br>10:30 Sunshine Singers<br>11 Ice Skating *C<br>12:30-3 Line Dance | 28<br>8 Badminton *<br>8 Pool<br>8-10:30 Ping Pong<br>9 Critters<br>9 Mah Jong<br>10 Modified Softball *D<br>10 Women's Soccer *D<br><b>11:30 TAKING CHARGE-de-cluttering</b><br>11:30 Brush up/Dust off | 29<br>8 Pool<br>9 Lo-Impact Aerobics<br>9 Canasta<br>10 Cribbage<br>10:15 Line Dance<br>11 Ice Skating *C<br>12 Band Practice<br>5:30-8:30 Ping Pong  | 30<br>8 Badminton *<br>8 Pool<br>8-10:30 Ping Pong<br>9 Bridge<br>9 Rummikub<br>10-2 Quilting Class<br>12 Meals on Wheels Kitsap<br>1:30 Tai Chi                                       |   |

# DECEMBER CALENDAR

| Monday  | Tuesday  | Wednesday   | Thursday   | Friday  |
|---|--|---|--|---|
| * = Sheridan Park Gym<br>*A = Sheridan Park Lounge<br>*C = Bremerton Ice Arena<br>*D = OSSC-Pendergast<br>*E =Pendergast<br>*F = Lions Park   |  |   |  | 1<br>8 Pool<br>9 Lo-Impact Aerobics<br>10 Dominoes<br>10-2 Quilting Class<br>10 Modified Softball *D<br>12 Meals on Wheels Kitsap<br>12 Band Practice<br>5:30-8:30 Ping Pong  |
| 4<br>8 Pool<br>9 Bridge<br>9 Lo-Impact Aerobics<br>10-1 Brem. Art Guild<br>10:30 Sunshine Singers<br>11 Ice Skating *C<br>12:30-3 Line Dance  | 5<br>8 Badminton *<br>8 Pool<br>8-10:30 Ping Pong<br>9 Critters<br>9 Mah Jong<br>10 Modified Softball *D<br>10 Women's Soccer *D<br><b>11:30 HOLIDAY LUNCHEON</b><br>12:30 Brush up/Dust off | 6<br>8 Pool<br>9 Lo-Impact Aerobics<br>9 Canasta<br>10 Cribbage<br>10:15 Line Dance<br>11 Ice Skating *C<br>12 Band Practice<br>5:30-8:30 Ping Pong   | 7<br>8 Badminton *<br>8 Pool<br>8-10:30 Ping Pong<br>9 Bridge<br>9 Rummikub<br>10-2 Quilting Class<br><b>10:30 8-Ball Pool Tournament</b><br>12 Meals on Wheels Kitsap<br>1:30 Tai Chi | 8<br>8 Pool<br>9 Lo-Impact Aerobics<br>10 Dominoes<br>10-2 Quilting Class<br>10 Modified Softball *D<br>12 Meals on Wheels Kitsap<br>12 Band Practice<br>5:30-8:30 Ping Pong  |
| Bake Sale 9am to 2pm  |  |   |  |   |
| 11<br>8 Pool<br>9 Bridge<br>9 Lo-Impact Aerobics<br>10-1 Brem. Art Guild<br>10:30 Sunshine Singers<br>11 Ice Skating *C<br>12:30-3 Line Dance | 12<br>8 Badminton *<br>8 Pool<br>8-10:30 Ping Pong<br>9 Critters<br>9 Mah Jong<br>10 Modified Softball *D<br>10 Women's Soccer *D<br>12:30 Brush up/Dust off                                 | 13<br>9 Lo-Impact Aerobics<br>9 Canasta<br>10 Cribbage<br>10:15 Line Dance<br>11 Ice Skating *C<br>12 Band Practice<br>5:30-8:30 Ping Pong  | 14<br>8 Badminton *<br>8 Pool<br>8-10:30 Ping Pong<br>9 Bridge<br>9 Rummikub<br>10-2 Quilting Class<br>12 Meals on Wheels Kitsap<br>1:30 Tai Chi                                       | 15<br>8 Pool<br>9 Lo-Impact Aerobics<br>10 Modified Softball *D<br>10 Dominoes<br>10-2 Quilting Class<br>12 Meals on Wheels Kitsap<br>12 Band Practice<br>5:30-8:30 Ping Pong |
| 18<br>8 Pool<br>9 Bridge<br>9 Lo-Impact Aerobics<br>10-1 Brem. Art Guild<br>10:30 Sunshine Singers<br>11 Ice Skating *C<br>12:30-3 Line Dance | 19<br>8 Badminton *<br>8 Pool<br>8-10:30 Ping Pong<br>9 Critters<br>9 Mah Jong<br>10 Modified Softball *D<br>10 Women's Soccer *D<br>12:30 Brush up/Dust off                                 | 20<br>8 Pool<br>9 Lo-Impact Aerobics<br>9 Canasta<br>10 Cribbage<br>10:15 Line Dance<br><b>10:30 9-Ball Pool Tournament</b><br>11 Ice Skating *C<br>12 Band Practice<br>5:30-8:30 Ping Pong | 21<br>8 Badminton *<br>8 Pool<br>8-10:30 Ping Pong<br>9 Bridge<br>9 Rummikub<br>10-2 Quilting Class<br>12 Meals on Wheels Kitsap<br>1:30 Tai Chi                                       | 22<br>8 Pool<br>9 Lo-Impact Aerobics<br>10 Modified Softball *D<br>10 Dominoes<br>10-2 Quilting Class<br>12 Meals on Wheels Kitsap<br>12 Band Practice<br>5:30-8:30 Ping Pong |
| 25<br><b>CLOSED</b><br><b>Christmas</b>   | 26<br>8 Badminton *<br>8 Pool<br>8-10:30 Ping Pong<br>9 Critters<br>9 Mah Jong<br>10 Modified Softball *D<br>10 Women's Soccer *D<br>12:30 Brush up/Dust off                                 | 27<br>8 Pool<br>9 Lo-Impact Aerobics<br>9 Canasta<br>10 Cribbage<br>10:15 Line Dance<br>11 Ice Skating *C<br>12 Band Practice<br>5:30-8:30 Ping Pong  | 28<br>8 Badminton *<br>8 Pool<br>8-10:30 Ping Pong<br>9 Bridge<br>9 Rummikub<br>10-2 Quilting Class<br>12 Meals on Wheels Kitsap<br>1:30 Tai Chi                                       | 29<br>8 Pool<br>9 Lo-Impact Aerobics<br>10 Modified Softball *D<br>10 Dominoes<br>10-2 Quilting Class<br>12 Meals on Wheels Kitsap<br>12 Band Practice<br>5:30-8:30 Ping Pong |

# JANUARY 2018 CALENDAR

| Monday   | Tuesday  | Wednesday   | Thursday   | Friday   |
|--|--|---|--|--|
| <div>1</div> <p><b>CLOSED</b></p> <p><b>NEW YEAR'S</b></p>   | <div>2</div> <p>8 Badminton *</p> <p>8 Pool</p> <p>8-10:30 Ping Pong</p> <p>9 Critters</p> <p>9 Mah Jong</p> <p>10 Modified Softball *D</p> <p>10 Women's Soccer *D</p> <p>12:30 Sketching</p>   | <div>3</div> <p>8 Pool</p> <p>9 Lo-Impact Aerobics</p> <p>9 Canasta</p> <p>10 Cribbage</p> <p>10:15 Line Dance</p> <p>11 Ice Skating *C</p> <p>12 Band Practice</p> <p>5:30-8:30 Ping Pong</p>                        | <div>4</div> <p>8 Badminton *</p> <p>8 Pool</p> <p>8-10:30 Ping Pong</p> <p>9 Bridge</p> <p>10 Quilting Class</p> <p>10 Rummikub</p> <p>10:30 8-ball pool tournament</p> <p>12 Meals on Wheels Kitsap</p> <p>12 Band Practice</p> <p>5:30-8:30 Ping Pong</p> | <div>5</div> <p>8 Pool</p> <p>9 Lo-Impact Aerobics</p> <p>10 Dominoes</p> <p>10 Modified Softball *D</p> <p>10 Quilting Class</p> <p>12 Meals on Wheels Kitsap</p> <p>12 Band Practice</p> <p>5:30-8:30 Ping Pong</p>  |
| <div>8</div> <p>8 Pool</p> <p>9 Lo-Impact Aerobics</p> <p>9 Bridge</p> <p>10-1 Brem. Art Guild</p> <p>10:30 Sunshine Singers</p> <p>11 Ice Skating *C</p> <p>12:30-3 Line Dance</p>  | <div>9</div> <p>8 Badminton *</p> <p>8 Pool</p> <p>8-10:30 Ping Pong</p> <p>9 Critters</p> <p>9 Mah Jong</p> <p>10 Modified Softball *D</p> <p>10 Women's Soccer *D</p> <p>12:30 Sketching</p>   | <div>10</div> <p>8 Pool</p> <p>9 Lo-Impact Aerobics</p> <p>9 Canasta</p> <p>10 Cribbage</p> <p>10:15 Line Dance</p> <p>11 Ice Skating *C</p> <p>12 Band Practice</p> <p>5:30-8:30 Ping Pong</p>                       | <div>11</div> <p>8 Badminton *</p> <p>8 Pool</p> <p>8-10:30 Ping Pong</p> <p>9 Bridge</p> <p>10 Quilting Class</p> <p>10 Rummikub</p> <p>12 Meals on Wheels Kitsap</p> <p>1:30 Tai Chi</p>   | <div>12</div> <p>8 Pool</p> <p>9 Lo-Impact Aerobics</p> <p>10 Dominoes</p> <p>10 Modified Softball *D</p> <p>10 Quilting Class</p> <p>12 Meals on Wheels Kitsap</p> <p>12 Band Practice</p> <p>5:30-8:30 Ping Pong</p> |
| <div>15</div> <p><b>CLOSED</b></p> <p><b>MARTIN LUTHER KING JR</b></p>   | <div>16</div> <p>8 Badminton *</p> <p>8 Pool</p> <p>8-10:30 Ping Pong</p> <p>9 Critters</p> <p>9 Mah Jong</p> <p>10 Modified Softball *D</p> <p>10 Women's Soccer *D</p> <p>12:30 Sketching</p>  | <div>17</div> <p>9 Lo-Impact Aerobics</p> <p>9 Canasta</p> <p>10 Cribbage</p> <p>10:15 Line Dance</p> <p>10:30 9-ball pool tournament</p> <p>11 Ice Skating *C</p> <p>12 Band Practice</p> <p>5:30-8:30 Ping Pong</p> | <div>18</div> <p>8 Badminton *</p> <p>8 Pool</p> <p>8-10:30 Ping Pong</p> <p>9 Bridge</p> <p>10 Quilting Class</p> <p>10 Rummikub</p> <p>12 Meals on Wheels Kitsap</p> <p>1:30 Tai Chi</p>   | <div>19</div> <p>8 Pool</p> <p>9 Lo-Impact Aerobics</p> <p>10 Modified Softball *D</p> <p>10 Dominoes</p> <p>10 Quilting Class</p> <p>12 Meals on Wheels Kitsap</p> <p>12 Band Practice</p> <p>5:30-8:30 Ping Pong</p> |
| <div>22</div> <p>8 Pool</p> <p>9 Bridge</p> <p>9 Lo-Impact Aerobics</p> <p>10-1 Brem. Art Guild</p> <p>10:30 Sunshine Singers</p> <p>11 Ice Skating *C</p> <p>12:30-3 Line Dance</p> | <div>23</div> <p>8 Badminton *</p> <p>8 Pool</p> <p>8-10:30 Ping Pong</p> <p>9 Critters</p> <p>9 Mah Jong</p> <p>10 Modified Softball *D</p> <p>10 Women's Soccer *D</p> <p><b>11:30 TAKING CHARGE SERIES - SENIOR TAX EXEMPTIONS</b></p> <p>12:30 Sketching</p> | <div>24</div> <p>8 Pool</p> <p>9 Lo-Impact Aerobics</p> <p>9 Canasta</p> <p>10 Cribbage</p> <p>10:15 Line Dance</p> <p>11 Ice Skating *C</p> <p>12 Band Practice</p> <p>5:30-8:30 Ping Pong</p>                       | <div>25</div> <p>8 Badminton *</p> <p>8 Pool</p> <p>8-10:30 Ping Pong</p> <p>9 Bridge</p> <p>10 Quilting Class</p> <p>10 Rummikub</p> <p>12 Meals on Wheels Kitsap</p> <p>1:30 Tai Chi</p>   | <div>26</div> <p>8 Pool</p> <p>9 Lo-Impact Aerobics</p> <p>10 Modified Softball *D</p> <p>10 Dominoes</p> <p>10 Quilting Class</p> <p>12 Meals on Wheels Kitsap</p> <p>12 Band Practice</p> <p>5:30-8:30 Ping Pong</p> |
| <div>29</div> <p>8 Pool</p> <p>9 Bridge</p> <p>9 Lo-Impact Aerobics</p> <p>10-1 Brem. Art Guild</p> <p>10:30 Sunshine Singers</p> <p>11 Ice Skating *C</p> <p>12:30-3 Line Dance</p> | <div>30</div> <p>8 Badminton *</p> <p>8 Pool</p> <p>8-10:30 Ping Pong</p> <p>9 Critters</p> <p>9 Mah Jong</p> <p>10 Modified Softball *D</p> <p>10 Women's Soccer *D</p> <p>12:30 Sketching</p>  | <div>31</div> <p>8 Pool</p> <p>9 Lo-Impact Aerobics</p> <p>9 Canasta</p> <p>10 Cribbage</p> <p>10:15 Line Dance</p> <p>11 Ice Skating *C</p> <p>12 Band Practice</p> <p>5:30-8:30 Ping Pong</p>                       |  | <p>* = Sheridan Park Gym</p> <p>*A = Sheridan Park Lounge</p> <p>*C = Bremerton Ice Arena</p> <p>*D = OSSC-Pendergast</p> <p>*E = Pendergast</p> <p>*F = Lions Park</p>  |



# FEBRUARY 2018 CALENDAR

| Monday  | Tuesday  | Wednesday  | Thursday   | Friday  |
|---|--|--|--|---|
|   |  |  | <div>1</div> 8 Badminton *<br>8 Pool<br>8-10:30 Ping Pong<br>9 Bridge<br>10 Quilting Class<br>10 Rummikub<br>10:30 8-Ball pool tournament<br>12 Meals on Wheels Kitsap<br>1:30 Tai Chi | <div>2</div> 8 Pool<br>9 Lo-Impact Aerobics<br>10 Modified Softball *D<br>10 Dominoes<br>10 Quilting Class<br>12 Meals on Wheels Kitsap<br>12 Band Practice<br>5:30-8:30 Ping Pong  |
| <div>5</div> 8 Pool<br>9 Bridge<br>9 Lo-Impact Aerobics<br>10-1 Brem. Art Guild<br>10:30 Sunshine Singers<br>11 Ice Skating *C<br>12:30-3 Line Dance  | <div>6</div> 8 Badminton *<br>8 Pool<br>8-10:30 Ping Pong<br>9 Critters<br>9 Mah Jong<br>10 Modified Softball *D<br>10 Women's Soccer *D<br>12:30 Sketching  | <div>7</div> 8 Pool<br>9 Lo-Impact Aerobics<br>9 Canasta<br>10 Cribbage<br>10:15 Line Dance<br>11 Ice Skating *C<br>12 Band Practice<br>5:30-8:30 Ping Pong                                  | <div>8</div> 8 Badminton *<br>8 Pool<br>8-10:30 Ping Pong<br>9 Bridge<br>10 Quilting Class<br>10 Rummikub<br>12 Meals on Wheels Kitsap<br>1:30 Tai Chi                                 | <div>9</div> 8 Pool<br>9 Lo-Impact Aerobics<br>10 Modified Softball *D<br>10 Dominoes<br>10 Quilting Class<br>12 Meals on Wheels Kitsap<br>5:30-8:30 Ping Pong                      |
| <div>12</div> 8 Pool<br>9 Bridge<br>9 Lo-Impact Aerobics<br>10-1 Brem. Art Guild<br>10:30 Sunshine Singers<br>11 Ice Skating *C<br>12:30-3 Line Dance | <div>13</div> 8 Badminton *<br>8 Pool<br>8-10:30 Ping Pong<br>9 Critters<br>9 Mah Jong<br>10 Modified Softball *D<br>10 Women's Soccer *D<br>11:30 VIP Luncheon<br>12:30 Sketching                         | <div>14</div> 8 Pool<br>9 Lo-Impact Aerobics<br>9 Canasta<br>10 Cribbage<br>10:15 Line Dance<br>11 Ice Skating *C<br>12 Band Practice<br>5:30-8:30 Ping Pong                                 | <div>15</div> 8 Badminton *<br>8 Pool<br>8-10:30 Ping Pong<br>9 Bridge<br>10 Quilting Class<br>10 Rummikub<br>12 Meals on Wheels Kitsap<br>1:30 Tai Chi                                | <div>16</div> 8 Pool<br>9 Lo-Impact Aerobics<br>10 Modified Softball *D<br>10 Dominoes<br>10 Quilting Class<br>12 Meals on Wheels Kitsap<br>12 Band Practice<br>5:30-8:30 Ping Pong |
| <div>19</div> <div>CLOSED<br/>PRESIDENT'S<br/>DAY</div>   | <div>20</div> 8 Badminton *<br>8 Pool<br>8-10:30 Ping Pong<br>9 Critters<br>9 Mah Jong<br>10 Modified Softball *D<br>10 Women's Soccer *D<br>11:30 TAKING CHARGE SERIES - CRISIS CLINIC<br>12:30 Sketching | <div>21</div> 8 Pool<br>9 Lo-Impact Aerobics<br>9 Canasta<br>10 Cribbage<br>10:15 Line Dance<br>10:30 9-ball pool tournament<br>11 Ice Skating *C<br>12 Band Practice<br>5:30-8:30 Ping Pong | <div>22</div> 8 Badminton *<br>8 Pool<br>8-10:30 Ping Pong<br>9 Bridge<br>10 Quilting Class<br>10 Rummikub<br>12 Meals on Wheels Kitsap<br>1:30 Tai Chi                                | <div>23</div> 8 Pool<br>9 Lo-Impact Aerobics<br>10 Modified Softball *D<br>10 Dominoes<br>10 Quilting Class<br>12 Meals on Wheels Kitsap<br>12 Band Practice<br>5:30-8:30 Ping Pong |
| <div>26</div> 8 Pool<br>9 Bridge<br>9 Lo-Impact Aerobics<br>10-1 Brem. Art Guild<br>10:30 Sunshine Singers<br>11 Ice Skating *C<br>12:30-3 Line Dance | <div>27</div> 8 Badminton *<br>8 Pool<br>8-10:30 Ping Pong<br>9 Critters<br>9 Mah Jong<br>10 Modified Softball *D<br>10 Women's Soccer *D<br>12:30 Sketching   | <div>28</div> 8 Pool<br>9 Lo-Impact Aerobics<br>9 Canasta<br>10 Cribbage<br>10:15 Line Dance<br>11 Ice Skating *C<br>12 Band Practice<br>5:30-8:30 Ping Pong                                 | * = Sheridan Park Gym<br>*A = Sheridan Park Lounge<br>*C = Bremerton Ice Arena<br>*D = OSSC-Pendergast<br>*E = Pendergast<br>*F = Lions Park   |   |

## DECEMBER CONT...

### **TULALIP CASINO OVERNIGHTER**

**TUESDAY, DECEMBER 12TH-WEDNESDAY,  
DECEMBER 13TH - COST, \$124PP, DBL OCC,  
\$199PP, SGL OCC, R1**

Three casinos, one delicious breakfast buffet meal and a beautifully decorated room all in just two short days and one long night...that's right, we're going first class for this trip! If you win big, head over to the Seattle Premium Outlet Mall and get some holiday shopping taken care of! Casinos included: Tulalip (where we will be staying overnight), Skagit Valley and Angel of the Winds. Breakfast, as well as lodging and transportation are all included in your fee.

### **PIZZA CHALLENGE WINNER!!**

**TUESDAY, DECEMBER 19TH - COST, \$29, R1**

The 2017 food challenge is Pizza! Everyone will be able to order their own small size pizza and judge for themselves who has the best pizza in the northwest. We had 6 challenges and now we head back to the winner! Let's be the judge of "who has the best in our little corner of the NW". Your small pizza, beverage and transportation are included.

#### **TRIP RATINGS:**

**R1:** Board & depart Bus/Van and walk 2-3 blocks without stopping to rest. Must be able to stand 15 to 30 min.

**R2:** Board & depart bus/van and walk 4-5 blocks without stopping to rest, must be able to stand 30 to 45 min, handle stairs and walk a mile in under 20 min.

***Please check the trip ratings carefully when registering. Signing up for trips that are within your limits will allow you to have a better experience.***

## JANUARY

### **MUCKLESHOOT CASINO**

**TUESDAY, JANUARY 9TH COST, \$19, R1**

Muckleshoot Casino offers something for everyone. With over 2,600 machines and poker to exciting table games like blackjack, craps, roulette and more you are sure to find something fun to play and with 7 different dining choices you are sure to find something you like to whet your appetite. Lunch is on your own.

### **GREEK/MEDITERRANEAN LUNCH CHALLENGE**

**THURSDAY, JANUARY 18TH- COST, \$29, R1**

The 2018 lunch challenge is Greek! Everyone will be able to order their own entree and judge for themselves who has the best Greek food in the northwest. We'll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of "who has the best in our little corner of the NW". Your entree, beverage and transportation are included.

### **CAPITOL HILL CRIME TOUR & LUNCH**

**THURSDAY, JANUARY 25TH - COST, \$49, R1**

Seattle was the grunge music capital of the world. It was also the home to two of the most prolific serial killers in the world. What is it about Seattle? Explore the historical & diverse Capitol Hill neighborhood, the scenic Madrona district with its stone walls, Madison Park & the quaint and charming houseboats in the Lake Union area. Along the way, we will visit Bruce Lee's gravesite in Lakeview Cemetery, see Kurt Cobain's former home, travel through Jimi Hendrix's boyhood neighborhood and Ted Bundy's old stomping ground. Cases covered on the tour include:

•Was it suicide? The Kid from Aberdeen •Reservoir Man •The Great Raoul -- see the case the movie was based upon •Christmas Eve Massacre •Chicken Legs--Aspiring Singer's Cold Case Solved •Mr Tommy Gun •The Mystic Reverend •Devil's Dip.

This is a 2.5 hr tour that has multiple stops along the way that we will be departing/re-boarding the van. This tour is ideal for both music and True Crime buffs and is an unique way to see some of the older neighborhoods in Seattle. Following the tour, we will head to lunch at a local restaurant. Tour and transportation are included, lunch however, is on your own.

## JANUARY 2018 CONT...

### MOHAI & LUNCH

**TUESDAY, JANUARY 30TH - COST, \$54, R2**

MOHAI - Museum of History and Industry in Seattle is a great museum to visit. MOHAI collects and preserves artifacts and stories of the Puget Sound region's diverse history. MOHAI highlights our tradition of innovation and imagination. Through compelling exhibits, scholarship, education, public programs, and community engagement, MOHAI bridges the past, present, and future. MOHAI's vision is treasured locally and respected nationally as a vibrant resource where history inspires people to be their best, individually and collectively. Following our self-guided tour, we will head to a local restaurant for a delicious lunch. Tour, transportation and lunch are included.

## FEBRUARY

### SUQUAMISH MUSEUM & LUNCH

**TUESDAY, FEBRUARY 6TH - COST, \$19, R2**

From the moment you walk between the welcoming House Posts, the path through the exhibit will engage your senses. Movement, textures, the forest environment and the symbolic movement of the tide will inspire your imagination. The objects owned by the Suquamish Museum, many never before exhibited, and those on loan from Suquamish families and other museums. The Suquamish Museum Board of Directors and the Museum's curatorial staff collaborated with Storyline Studios to design Ancient Shores – Changing Tides. The exhibit presents the story of the Suquamish People in a traditional way. Seven symbolic design elements illustrate an integrated cultural view of the Suquamish tribe over time; past, present, and future. The exhibit inspires visitors to see, listen and learn in a different way. The goal is to displace the modern way of historical contextual understanding. Culture is more than historical events strung together. The passing of knowledge and values, generation to generation, is the core of Suquamish culture.

Helping to support a rich learning environment is the integration of Lushootseed in the new exhibit. Lushootseed, the language of the Suquamish and other Coast Salish tribes, is a critical element for visitors to be able to understand the culture. How people communicate with one another is a window into how they view themselves and their relationships, and how they understand the world and universe. After our guided tour, we will head to Clearwater Casino for their lunch buffet - on your own. Guided tour and transportation are included.

## FEBRUARY 2018 CONT...

### LEMAY CAR MUSEUM & LUNCH

**THURSDAY, FEBRUARY 15TH - COST, \$54, R2**

America's Car Museum is a nine-acre campus – with a four-story museum as the centerpiece. It is one of the world's largest auto museums and attractions. ACM is designed to preserve history and celebrate the world's automotive culture. The spacious facility houses up to 350 cars, trucks and motorcycles from private owners, corporations, and the LeMay collection, which amassed a Guinness Book record of more than 3,500 vehicles in the mid-'90s. Lunch at the iconic Stanley & Seaforts, docent led tour and transportation included.

### HAMILTON THE MUSICAL & DINNER!!!

**THURSDAY, FEBRUARY 22ND - COST, \$194, R2**

Hamilton: An American Musical is a sung- and rapped-through musical about the life of American Founding Father Alexander Hamilton, with music, lyrics, and book by Lin-Manuel Miranda, inspired by the 2004 biography Alexander Hamilton by historian Ron Chernow. Notably incorporating hip-hop, r& b, pop music, traditional-style show tunes, and color-conscious casting of non-white actors as the Founding Fathers and other historical figures, the musical achieved both critical acclaim and box office success. Tickets and transportation included, dinner on your own before the show. Max. 18 tickets.

### WSP TRAINING ACADEMY & ALDERBROOK

**TUESDAY, FEBRUARY 27TH - COST, \$44, R2**

The WSP Training Division administers all training programs for employees and is responsible for identifying, developing and implementing the department's training programs. The division conducts training at the WSP Training Academy and throughout the state. Training for other law enforcement agencies is also provided by the division, which is nationally recognized for its Emergency Vehicle Operators Training Program. Facilities include an administration building, dormitories that can accommodate 96 students, classrooms and conference rooms, a multi-purpose building with a gymnasium and training tank/pool, a kitchen and dining hall, an outdoor firing range, a driver training course, and an auto shop. The complex can accommodate up to 120 students each day for training and/or meetings. After our tour we will head to Alderbrook Resort for a delightful lunch. Tour, transportation and lunch is included.



## GAMES

|                   |                                   |
|-------------------|-----------------------------------|
| <b>Pool:</b>      | Monday-Friday, 8 AM-3 PM          |
| <b>Ping Pong:</b> | Tuesdays & Thursdays, 8-10:30 AM, |
| <b>Mah Jong:</b>  | Tuesdays & Fridays, 9 AM-2 PM     |
| <b>Cribbage</b>   | Wednesdays, 10 AM                 |
| <b>Canasta:</b>   | Wednesdays, 9 AM                  |
| <b>Bridge:</b>    | Mondays & Thursdays, 9 AM         |
| <b>Rummikub:</b>  | Thursdays, 9AM-12 PM              |
| <b>Dominoes:</b>  | Fridays, 10 AM-1 PM               |

## COMPUTER LAB

**DAILY, 8 AM-2:45 PM**

Flat screens, one touch screen, new hard-drives and high speed wireless internet in a quiet room, what more could you ask for? If you just want to surf the web, check your e-mail or refresh your computer skills, come on down and see what's new!

## POOL

**DAILY, 8 AM - 3 PM**

Four tables are available daily to play on. Whether you come in just for the monthly tournaments or to see if you got game - you're sure to have fun!

## SUNSHINE SINGERS

**MONDAYS, 10:30 AM-12:30 PM**

Tea for two and two for tea - that's me and you and lots of friends makes we...come be part of this group and make beautiful music and friendships. The Singers perform all around Kitsap County, delighting audiences everywhere they go!

## BREMERTON ART GUILD

**MONDAYS, 10 AM-1 PM**

Do you sketch, sculpt, paint? Do you have an art project that you would like to work on but don't have the space or just want a little company? Join the members of the Bremerton Art Guild, bring your projects and enjoy.

## SENIOR OPEN ICE SKATE

**MONDAYS & WEDNESDAYS, 11 AM- 12 PM**

Always wanted to learn to ice skate? Come to the Center to pick up your weekly passes to skate at the Bremerton Ice Arena. Skates are available to rent for \$3.50. This is a free program, however, Senior Center membership is required.

## AARP SAFE DRIVING PROGRAM

**MONDAY & TUESDAY, 9 AM-1 PM**

**NEXT SESSION - TBA**

Need a quick review on your driving skills and/or want to save money on your insurance? AARP provides instruction for you. Attendance on both days is required to receive credit. Call (360) 473-5357 to register. Supply fee paid to instructor at first class. Class min. 5, max. 12.

## CENTER LINE DANCERS

**MONDAYS - BEG 12:30-1:45 PM/INT 1:45-3 PM**

**WEDNESDAYS - BEG 10:15 AM/INT 11:30 AM**

Bring your cowboy boots and have a stompin' good time. Fun routines are learned and practiced with great camaraderie. The dancers also perform at various venues throughout the county.

## BRIDGE

**MONDAYS & THURSDAYS, 9 AM**

Beginners to experienced Bridge players are welcome to play with this fun group.

## BADMINTON

**TUESDAYS & THURSDAYS, 8 AM**

Come on down to Sheridan Park gym and have a great time batting at birdies (equipment is provided).

## CRAFT CLUB WITH SALLY

**TUESDAYS, 9 AM-NOON (A.K.A. CRITTERS)**

Are you repairing an old friend or creating a new one? From re-stuffing critters to making curtains, Sally and her team of extreme makeover artists can help you work on any project.

## SR WOMEN'S INDOOR SOCCER

**TUESDAYS, 10-11 AM**

This program is held at the Olympic Soccer and Sports Center located at Pendergast Regional Park. This is a free program, however, Senior Center membership is required.

## ~DONATIONS~

We love donations and are currently in need of the following listed below. Thank you for your generosity!

55 gal kitchen bags~ regular ground coffee  
~ Individually wrapped candy~small paper plates~Individual creamers

Daily Activities are free for BSC members unless otherwise noted. Non members pay \$3 drop in fee per activity attended.

## CO-ED REC MODIFIED SOFTBALL

**FALL/WINTER SEASON @ OSSC**

**TUESDAYS AND FRIDAYS, 10 AM - 2 PM**

Enjoy the great game of softball played by men and women. The emphasis is on having **fun** through friendly competition, exercising and to develop individual hitting and fielding skills in a positive, **team** setting. Previous experience is recommended. Modified Softball is played indoors during the fall/winter at OSSC-Pendergast Park. (Ages 55 and up, senior center membership is required.)

## BRUSH UP/DUST OFF-NEW!!

**TUESDAYS, 12:30-2:30 PM**

Have you always wanted to learn how to watercolor, sketch, learn colored pencils? Or have painted previously and want to get back into it? Join members of the Bremerton Art Guild for helpful guidance. This group will meet on a weekly basis with volunteers from the Bremerton Art Guild helping you get started. Bring in your supplies and be ready to have some fun.

## FOOTCARE

**1ST TUESDAYS & 4TH WEDNESDAYS, BY APPT.**

Michelle Gamber provides this affordable service. It's a pedicure without the polish! Call her for prices and to schedule your appointment at (360) 871-5726.

## CRIBBAGE

**WEDNESDAYS, 10 AM**

This classic game has been around since the 17th century. Great card game for 2-4 players.

## BAND PRACTICE

**WEDNESDAYS & FRIDAYS, NOON-2:45 PM**

Play an instrument? Know how to sing in a group setting? This is the group for you. Come and join our new band, bring your instrument and have a great time jamming with your friends!

## QUILTING CLASS

**THURSDAYS, 10 AM-2:30 PM**

**FRIDAYS, 10 AM-2:30 PM**

Novice or experienced quilters, come one and all! Bring your quilting supplies, get new ideas and visit with other quilters. The group occasionally offers classes on techniques and styles. (Sewing machine skills required.)

## POOL TOURNAMENTS

**8 BALL-1<sup>ST</sup> THURSDAYS - 10:30AM**

**NOV 2, DEC 7, JAN 4 & FEB 1**

8-BALL IS GENEROUSLY SPONSORED BY:

BREMERTON HEALTH & REHAB  
360-377-3951

**9 BALL-3<sup>RD</sup> WEDNESDAYS - 10:30AM**

**NOV 15, DEC 20, JAN 17 & FEB 21**

9-BALL IS GENEROUSLY SPONSORED BY:

FOREST RIDGE HEALTH & REHAB  
360-479-4747

Tournaments are just \$3 per player and include a delicious lunch and prize to the winner! New rules: Straight 8, call shot, BCA rules, 2 out of three in winners bracket only. No handicap 8 or 9ball. Tournaments take a break during the summer months but fun is still to be had in the pool room. Come join us daily, Monday-Friday from 8am to 3pm.

## WELLNESS

### AEROBICS-FREE VIDEO

**MONDAYS, WEDNESDAYS & FRIDAYS, 9 AM**

Get your heart pumping and your sweat dripping in this moderate paced fitness class. Class utilizes weights, resistance bands and other strength training techniques and can be fast-paced at times. Participants need to be able to exercise at a consistent level for 5-10 minutes at a time.

### TAI CHI

**THURSDAYS, 1:30-2:30 PM**

**SESSIONS: NOV 2-DEC 14, JAN 4-FEB 8 &**

**FEB 15-MAR 22**

Tai Chi Chuan, a Chinese martial art noted for its slow, smooth movements, has been proven to improve balance and increase flexibility. This class features Sun and Yang Styles. This class is accessible for all levels of fitness and taught by Sandy Carlson. Cost is \$30/6 weeks. Min of 5. No class 11/23.



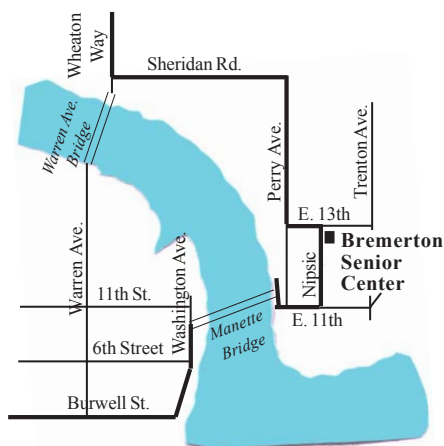
**Bremerton Senior Center**  
**1140 Nipsic Ave**  
**Bremerton, WA 98310**

**Return Service Requested**

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**Bremerton, WA**  
**Permit #209**

### *Vicinity Map*

Bremerton Senior Center  
 1140 Nipsic Ave, Bremerton, WA 98310  
 360-473-5357




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**2018 Memberships...** Renew your membership for 2018 today. Payment can be made by calling the senior center, coming in or mailing your check. Keeping current on your dues will ensure that you continue to receive this newsletter at your door step! Highlights of your Senior Center Membership: newsletter direct mailed, participation in over 30 activities at no additional charge and trip registration priority. We are an active recreation center for all adults 55 and better. We have daily drop-in activities you can participate in, as well as, trips and tours, fitness, educational, enrichment and dance classes. The Bremerton Senior Center is also home to many entertainment groups, such as: Sunshine Singers, Center Line Dancers and more. Rates are on page 3.

- **COUPLES MEMBERSHIP** is for two people, at least one needs to be 55 or better, who reside at the same address. We have resident and non-resident rates. Rates are on page 3.
- **SINGLES MEMBERSHIPS** are for single city and non-city residents. Rates are on page 3.
- **ASSOCIATE MEMBERSHIPS** are for those individuals not yet 55 but who still would like to participate in the programs, trips and classes offered at the Center. This is a great membership for sons and daughters of members or active adults who participate at the Bremerton Senior Center. Rates are on page 3.