



BREMERTON SENIOR CENTER

ACTIVE US NEWSLETTER

AUGUST-OCTOBER 2017



The "Active Us" is THE place to get your information for the Bremerton Senior Center.



BREMERTON SENIOR CENTER
1140 NIPSIC AVE.
BREMERTON, WA 98310
(360) 473-5357
www.ci.bremerton.wa.us

CENTER HOURS **MONDAY-FRIDAY 8 AM TO 3 PM**

STAFF

Holly Peterson, Recreation Program Coordinator III
 Barbara Roembke, Front Office Coordinator

VOLUNTEER RECEPTIONISTS

Monday: Gail Dupee
 Tuesday & Thursday: Mac Whittlesey
 Wednesday: Judy Ray & Marcie Dixon
 Friday: Al Butler

The Bremerton Senior Center is open to all people ages 55 and better. The annual user fees are listed on page 3.

The Bremerton Senior Center is a division of the City of Bremerton Parks & Recreation Department. The **Active Us** is published five times a year.

Mission Statement:

The Bremerton Senior center is committed to enriching Senior lives in Bremerton by providing lifelong learning and recreational opportunities.

\$UM\$

Seniors Uncover Money Solutions

\$UM\$ is you - all members of the Senior Center activities. We are dedicated to raising funds that can be used to make the Center a more enjoyable place for all of us.

\$UM\$ Officers:

President: Paul Vlastelica
 Treasurer: Al Butler

Vice President: George Cho
 Secretary: Audrey O'Leary

\$UM\$

CORNER

Hello Everyone! We are hoping you all are in good health and have taken precautions for this extreme heat we are having this summer. I am hoping that the temperature outside does not reach 100 degrees Fahrenheit.

The Bremerton Senior Center Craft Fair is Oct 20 & 21 and we are on schedule with all the functions that will make this event a success! Everyone who is involved is working hard on your behalf to make this happen. We are always looking for volunteers, so give us a call at the Senior Center and volunteer for one of the activities.

Update on our 2 vans –We thought about doing a wrap instead of a paint job, but it turned out that it was not feasible due to the age and condition of the body. So now we are looking at different automobile paint shops to have it painted at a reasonable cost.

The gift shoppe is doing very well so please come on down and check out our items, you might find something special for yourself or for someone else special.

Al's Treasury report – we have a balance of \$9437.95 in our account and the June bake Sale netted - \$606.00 in sales!! Yahoooooo!

Don't forget to have your friends come on down to the Senior Center to check out all the activities that we have to offer and sign up as new members or returning members. Please spread the news about our Bremerton Senior Center Craft Fair to everyone you meet and we will see you at the Fair.

Your \$um\$ Committee

MEMBERSHIP RENEWAL

Senior memberships run the calendar year (January-December) regardless of when you join. Renew your 2017 membership today at the rates listed below. (Sorry no refunds on memberships.)

RESIDENTS

Single.....\$15/yr
Couples.....\$22/yr
Associate.....\$21/yr

NON-RESIDENTS

Single.....\$30/yr
Couples.....\$44/yr
Associate.....\$42/yr

TAKING CHARGE SERIES

A series of topics designed with you in mind. Each month will focus on a different topic - fitness, nutrition, aging, financial and more.

Each month is sponsored by a different business/provider and a light lunch/snack will be served. Reserve your seat today as these workshops fill up quickly.

Sept 26 - Aging with Grace & Memory Screenings

Oct 24 - Open Enrollment

Nov 28 - Downsizing and Removing Clutter

11:30 AM, FREE

Main Room - Senior Center

MEALS ON WHEELS KITSAP - LUNCHESES

Thursdays @ Noon, \$3

Fridays @ Noon, \$3

Nutritious and delicious lunches plus a great way to meet other seniors. Reservations are requested, call 360-377-8511 by 2 PM the previous day.

FRAGRANCE ALERT

Please refrain from wearing excessive perfume or cologne when you visit the Center or go on our trips. There are many people who experience unpleasant physical effects from scented products.

TABLE OF CONTENTS

\$UM\$ Corner & Things to Know.....	2
Luncheons.....	3
Trips and Tours.....	4
Aug Calendar.....	6
Sept Calendar.....	7
More Trips and Tours.....	8
More Trips and Tours.....	9
Daily Activities.....	10
Membership.....	12

SOCIALS/ LUNCHEONS

Our luncheons are a great way to meet people, enjoy a delicious meal and have a good time! Bring a guest, who's a non-member to the luncheon and when they join the Senior Center, you'll receive a special thank you gift!

SEPT 12, 11:30 AM WELCOME BACK LUNCHEON

Happy Fally'all!! So many of you take vacations during the summer that we're having a party to welcome you back to the center and all its activities. Food - **3rd annual chili cook-off**, fun and entertainment will make this a great luncheon! Cost: \$5pp.

OCTOBER 31, 11:30 AM BOO PARTY

Tricks, treats and fun things to eat - this party has it all. Costume and pumpkin carving contests as well as donut bobbing! This menu will be a Halloween mystery right up until the end as well as the entertainment!! Cost is \$5pp.

DECEMBER 5, 11:30 AM HOLIDAY LUNCHEON

Traditional Holiday lunch will be served along with yummy pumpkin pie and whipped cream! Holiday Entertainment followed by a fast and furious white elephant gift exchange. Cost is \$5pp.

DECEMBER 4-6, 9 AM-1 PM HOLIDAY BAKE SALE

Our holiday bakers have been hard at work and are anxious to sell you all their delicious and tasty treats for only 3 days! Sale will be held during the Holiday Luncheon as well, however, come early for the best selection of fruit crisps, breads, cookies and brownies! YUMMY!!!!

GENERAL TRAVEL INFORMATION

BSC REPRESENTATIVE: A staff member accompanies tours and will try to ensure that the tour runs as close to schedule as possible and handle any problems that may arise. All participants must have a current emergency medical waiver form on file prior to traveling. Please make sure your contact phone number/address and medical issues are as current as possible.

FULL TRIPS: If a trip is full, please place your name on the waiting list. Often reservations are canceled and we are able to fill the empty spots from the waiting lists.

MOBILITY OF OUR PARTICIPANTS: Each trip has an **R** rating. The higher the rating, the more walking and standing you will be required to do (see page 8). **Please check the rating and know your limits prior to signing up.** If you require extra time to load/unload please be sure to be the last to load/unload. If it is medically necessary for you to sit in a certain seat, please make sure the office has a copy of your doctors note on file during your travel restriction so we can understand how best to accommodate your request. There are no restroom facilities on either van.

NAVIGATOR/CO-PILOT: The passenger seat is designated the navigator/co-pilot. As the navigator/co-pilot your driver may request your assistance with either driving directions, buckling and unbuckling other travelers and closing the large passenger door. While not all trips require the above mentioned services, there is a basic need for them to some extent on all trips. Please be sure that your physical condition will allow you to perform such duties if requested.

PARKING: Please contact the Senior Center office regarding the parking policy.

PAYMENTS: Full payment is due upon registration.

REGISTRATION PROCESS: Registration for each trip begins when they are published in either this newsletter or the quarterly Parks & Rec Activity Guide. Phone-in or walk-in are the two most convenient ways to register for trips. Phone reservations require a credit card. All registrations are first come, first served and members have priority.

REFUNDS: Bremerton Senior Center reserves the right to cancel any tour that does not reach it's minimum 10 working days before the travel date. In that event, you will receive a credit on your account to be used on another trip at the Senior Center. Refunds will not be given to any trip \$24 or less that you need to cancel. Cancellations for day trips (\$25 or more) are given only if a replacement to fill your spot is found, please let staff know in ample time should you need to cancel. Trips canceled by the participant will be charged a 10% cancellation fee. No refunds will be given for trips canceled less than 24 hours in advance of departure. Cancellations for extended trips vary.

AUGUST

BAINBRIDGE IS. MUSEUM OF ARTS & LUNCH TUESDAY, AUGUST 22ND - COST, \$19, R2

Bainbridge Island Museum of Art (BIMA) is a collecting museum with a focus on artists and collections from the Puget Sound region. BIMA is a prominent community resource for quality arts and lifelong learning, and since opening in June 2013 has become the cultural living room for Bainbridge Island with an auditorium, Bistro, store, and a variety of free and paid events. Museum and transportation are included, however, lunch at Cafe' Nola (which we will walk to from the museum) is on your own.

WA STATE HISTORY MUSEUM & LUNCH THURSDAY, AUGUST 31ST - COST, \$44, R2

The Washington State History Museum is where fascination and FUN come together! People of all ages can explore and be entertained in an environment where characters from Washington's past speak about their lives. Currently on exhibit - Gridiron Glory! In 2012, the Pro Football Hall of Fame celebrated its 50th anniversary. To mark that milestone, the Hall of Fame created a traveling exhibition that presents a panoramic view of the story of professional football...from its humble beginnings in the early 20th century to the sports phenomenon it has become today. The experience showcases the Pro Football Hall of Fame's vast holdings of football artifacts, rare photos and one-of-a-kind documents. In addition, NFL Films has provided spectacular footage from its unparalleled film archives to illustrate the exhibits many themes and storylines. Throughout the exhibit, visitors will find a series of interactive exhibits that challenge both mind and body. And one of the most extraordinary features of Gridiron Glory is a series of accompanying programs that include appearances by current and former NFL players, coaches and more. Tour, transportation and lunch at Stack 571 are all included.

SEPTEMBER

PUYALLUP FAIR

THURSDAY, SEPT 7TH - COST, \$19, R2

Puyallup Fair - THE FAIR!! The Puyallup Fair (officially known as the Western Washington Fair) is the largest single attraction held annually in the state of Washington. The Fair continually ranks in the top ten largest fairs in the world. Situated south of Seattle and east of Tacoma in the shadow of majestic Mount Rainier, the Fair & Events Center comprises 169+ acres, with buildings and land valued at more than \$54 million. This trip is a must to go on annually or for your first time.

BRIGHTWATER PLANT TOUR

THURSDAY, SEPT 14TH - COST, \$19, R2

Brightwater is possibly the most beautiful and sophisticated sewage treatment plant in the world. The plant design integrates landscape, architecture, wildlife habitat, engineering, art and education. Located in Woodinville, the plant went on-line in 2011. The construction and associated tunneling were a five-year mega-project costing \$1.8 billion. Learn how wastewater can be recycled into reusable water, energy and nutrients for plants and soil. Tours encourage visitors to think about responsible water use, the products they use and how everyday choices can help protect Puget Sound. Please note: the tour takes place outside and in an industrial setting; all visitors must dress appropriately and wear long pants and closed-toed shoes. There is approx. a mile worth of walking and traveling up and down multiple levels of stairs. Tour and transportation are included, however, lunch is on your own at a local restaurant.

EMERALD DOWNS - OUR DAY AT THE RACES!

SUNDAY, SEPTEMBER 17TH - COST, \$69, R1

Let's have a grand old time and head to Emerald Downs for an extra special day at the horse races. Enjoy a fabulous buffet- Crispy Fried Chicken & BBQ Beef Sandwiches - with all the fixin's, tip sheet, visit from the fan educator and special seating just for us in the view room. We go first class for this Day at the Races. We haven't visited Emerald Downs since 2011 so make sure you sign up quickly as this is bound to fill up!

OCTOBER

7 CEDARS AND THE POINT CASINOS

THURSDAY, OCTOBER 5TH - COST, \$19, R1

Today you truly hit the jackpot! 2 casinos in one day! Hold onto your hat for this whirl-wind adventure. Lunch is on your own at whichever casino you decide. Transportation is provided, lunch, however, is on your own.

FALL MYSTERY TRIP

TUESDAY, OCTOBER 10TH - COST, \$59, R2

We are going to a very mysterious place today! You will have fun - we are sure and you'll make lots of lasting memories. Dress comfortably for anything, wear appropriate shoes (this is an R2) and remember to come with an appetite!

PIZZA CHALLENGE!!

THURSDAY, OCTOBER 12TH - COST, \$29, R1

The 2017 food challenge is Pizza! Everyone will be able to order their own small size pizza and judge for themselves who has the best pizza in the northwest. We'll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of "who has the best in our little corner of the NW". Your small pizza, beverage and transportation are included.

HOLIDAY FOOD & GIFT FEST

SUNDAY, OCTOBER 22ND - COST, \$19, R2

Tacoma's largest holiday show and one of our favorites! Holiday shopping for arts & crafts, holiday gifts, decorations, jewelry & much more! With over 600 vendors you're sure to find something you love. Lunch is on your own at the show.

TRIP RATINGS:

R1: Board & depart Bus/Van and walk 2-3 blocks without stopping to rest. Must be able to stand 15 to 30 min.

R2: Board & depart bus/van and walk 4-5 blocks without stopping to rest, must be able to stand 30 to 45 min, handle stairs and walk a mile in under 20 min.

Please check the trip ratings carefully when registering. Signing up for trips that are within your limits will allow you to have a better experience.

AUGUST CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
* = Sheridan Park Gym *A = Sheridan Park Lounge *C = Bremerton Ice Arena *D = OSSC-Pendergast *E = Pendergast *F = Lions Park	1 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 11:30 Brush up/Dust off	2 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 1 Band Practice 5:30-8:30 Ping Pong	3 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 12 Meals on Wheels Kitsap 1:30 Tai Chi	4 8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Dominoes 10-2 Quilting Class 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
7 8 Pool 9 Lo-Impact Aerobics 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	8 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 11:30 ICE CREAM SOCIAL LUNCHEON 12:30 Brush up/Dust off	9 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 1 Band Practice 5:30-8:30 Ping Pong	10 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 12 Meals on Wheels Kitsap 1:30 Tai Chi	11 8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Dominoes 10-2 Quilting Class 10 Modified Softball *F (Picnic at noon) 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
14 8 Pool 9 Lo-Impact Aerobics 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	15 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 11:30 Brush up/Dust off	16 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 1 Band Practice 5:30-8:30 Ping Pong	17 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 12 Meals on Wheels Kitsap 1:30 Tai Chi	18 8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Dominoes 10-2 Quilting Class 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
21 8 Pool 9 Lo-Impact Aerobics 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	22 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 12:30 Brush up/Dust off	23 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 1 Band Practice 5:30-8:30 Ping Pong	24 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 12 Meals on Wheels Kitsap 1:30 Tai Chi	25 8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Dominoes 10-2 Quilting Class 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
28 8 Pool 9 Lo-Impact Aerobics 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	29 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 11:30 Brush up/Dust off	30 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 1 Band Practice 5:30-8:30 Ping Pong	31 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 12 Meals on Wheels Kitsap 1:30 Tai Chi	

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4 CLOSED Labor Day	5 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 12:30 Brush up/Dust off	6 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 1 Band Practice 5:30-8:30 Ping Pong	7 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 10:30 8-Ball Pool Tournament 12 Meals on Wheels Kitsap 1:30 Tai Chi	8 8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Dominoes 10-2 Quilting Class 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
11 8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	12 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 11:30 WELCOME BACK LUNCHEON 12:30 Brush up/Dust off	13 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 1 Band Practice 5:30-8:30 Ping Pong	14 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 12 Meals on Wheels Kitsap 1:30 Tai Chi	15 8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Modified Softball *F (Picnic at noon) 10 Dominoes 10-2 Quilting Class 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
18 8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	19 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 12:30 Brush up/Dust off	20 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 10:30 9-Ball Pool Tournament 11 Ice Skating *C 1 Band Practice 5:30-8:30 Ping Pong	21 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 12 Meals on Wheels Kitsap 1:30 Tai Chi	22 8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Modified Softball *F 10 Dominoes 10-2 Quilting Class 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
25 8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	26 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 11:30 TAKING CHARGE-AGING W/ GRACE 12:30 Brush up/Dust off	27 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 1 Band Practice 5:30-8:30 Ping Pong	28 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 12 Meals on Wheels Kitsap 1:30 Tai Chi	29 8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Modified Softball *F 10 Dominoes 10-2 Quilting Class 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong

OCTOBER CALENDAR

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<div>23</div> <p>8 Pool 9 Lo-Impact Aerobics 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance</p>	<div>24</div> <p>8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 11:30 TAKING CHARGE- OPEN ENROLLMENT 12:30 Brush up/Dust off</p>	<div>25</div> <p>8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 1 Band Practice 5:30-8:30 Ping Pong</p>	<div>26</div> <p>8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 12 Meals on Wheels Kitsap 1:30 Tai Chi</p>	<div>27</div> <p>8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Dominoes 10-2 Quilting Class 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong</p>
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Proudly presented by the Bremerton Senior Center & \$eniors Uncover Money \$olutions

Senior Craft Fair

Friday, October 20
10 AM to 5 PM

Saturday, October 21
9 AM to 4 PM

Sheridan Park Community Center
680 Lebo Blvd., Bremerton

New in 2017 - Vendors can be any age as long as their items are hand-crafted. 90 local vendors who specialize in hand-crafted wares. Food, fun, festive holiday music and free admission! Don't forget the annual \$UM\$ Bake Sale - these delightful treats are all hand made by a variety of Bremerton Senior Center members and are definitely something you don't want to miss! Raffle tickets available at the door for Senior Center donated gift baskets.



Info line: 360-473-5357



NOVEMBER

NEW LEAF ENTERPRISES TOUR & LUNCH

THURSDAY, NOVEMBER 2ND- COST, \$19, R2

Now that cannabis is legal, are you interested in learning more about the medical side of the industry? Get answers to all your questions and gain information about the quality and safety of producers during your tour. After lunch we will stop at a local cannabis store so you can use your new found knowledge and discover what medicinal options they have. Trip includes tour and transportation. Lunch will be on your own.

TEATRO ZINZANNI & DINNER

FRIDAY, NOVEMBER 3RD- COST, \$189, R2

Part circus, part dinner theatre, Teatro ZinZanni is a big night out unlike any other, a two hour whirlwind of international cirque, comedy and cabaret artists all served up with a four-course feast designed by celebrated Northwest chef Tom Douglas. An ever-evolving and constantly changing production, Teatro ZinZanni combines improv comedy, vaudeville revue, music, dance, cirque and sensuality into a dizzying and colorful new form that is never quite the same from evening to evening. The fast-paced action of the show unfolds above, around and even alongside the audience as they dine on a gourmet meal. Teatro ZinZanni is guaranteed to dazzle. Transportation, dinner and the production are all included. (This event is held at night at Marymoor Park . Max. on trip is 24)

MARCELA'S CREOLE COOKING CLASS

TUESDAY, NOVEMBER 7TH- COST, \$49, R1

Step into an inviting eatery that pays homage to the Big Easy! Where red-clothed tables coddle piping hot platters of creole delicacies. Marcelea's Creole Cookery uproots the definitive flavors of authentic New Orleans cuisine and Cajun fare and packs them into a menu brimming with robust seasonings and exotic meats. Join the restaurant co-owner as he walks you through a complete creole and Cajun meal, including soup, an appetizer, entree` and dessert. Some hands-on participation is required. (Beverages are on your own.) Trip includes transportation and dinner-this is an evening trip. Max 14.

NOVEMBER CONT...

HOLIDAY GLASSBLOWING & LUNCH

THURSDAY, NOVEMBER 16TH- COST, \$99, R1

A visit to Tacoma Glassblowing Studio will make this trip a must-do! The glassblowers will assist each trip goer individually - picking a shape, pattern, and colors. After the picking process, everyone will have 30 minutes, one-on-one time with an experienced glassblower who will be helping them make their piece. Three stations will be set up so three will be making their piece at the same time with different glassblowers. Once, everyone has completed their projects, we will be heading to a local restaurant for a late lunch (on your own). Transportation and glassblowing experience is included in this trip.

RED WIND CASINO

TUESDAY, NOVEMBER 21ST- COST, \$19, R1

Nisqually Red Wind Casino has more games to play and more space to play in than ever before. With over 1,400 slots games and a host of table games including craps, roulette, blackjack, Pai Gow and three card poker, Keno and Speed Keno, no matter what you play, you can play it in the Wind. This lovely casino is nestled in the woods outside of Olympia. Seniors 55+ with valid ID receive 25% off in their dining venues and Potlatch Gift Shop.

VICTORIAN COUNTRY CHRISTMAS

THURSDAY, NOVEMBER 30TH- COST, \$19, R2

Join us for one of the largest holiday festivals on the West Coast. Picture several buildings filled with merchants and craftsmen in Victorian storefronts and indoor courtyards adorned with holiday florals, garlands and tassels. Lunch is on your own, admission and transportation are included.

EXTENDED TRIP 2018

SPOTLIGHT ON WASHINGTON D.C.

APRIL 12TH-17TH - COST \$2,949PP/DBL OCC, R2 - STILL ROOM!! SIGN UP TODAY!!

Highlights: U.S. Capitol Building, World War II Memorial, White House Visitor Center, Smithsonian Institution, Arlington National Cemetery, Mount Vernon, Old Town Alexandria, Washington National Cathedral and Ford's Theatre. This should be a great trip - sign up today!! Deposit of \$490 due Nov 6, 2017.

DECEMBER

SPANAWAY FANTASY LIGHTS & DINNER

THURSDAY, DECEMBER 7TH - COST, \$54, R1

Visit the 23rd annual 'Fantasy Lights at Spanaway Park', the largest holiday drive-through display in the Northwest, featuring nearly 300 elaborate displays and thousands of sparkling lights. The beautiful two-mile drive along Spanaway Lake has become a memorable lakeside tradition. As we drive, we will listen to a selection of special holiday music performed by a local high school to add to the festive atmosphere of the park. We will start our evening with an early dinner and we might even stop for dessert after we enjoy the lights. Dinner, tour and transportation is included. (Please note: this trip is an evening trip.)

ELF THE MUSICAL AT THE PARAMOUNT & DINNER

FRIDAY, DECEMBER 8TH - COST, \$79, R2

Based on the 2003 film of the same name, Elf the Musical follows Buddy the Elf on his journey to bring the magic of Christmas to his family back in New York City. After years living in the North Pole, Buddy discovers his real father and half-brother don't believe in Santa Claus, and so the endearing adult elf sets out to bring the holiday spirit back to the "Big Apple." All the Elf the Musical reviews agree that this live show is a fun holiday outing for all ages. Following this matinee, we will head to dinner at a local restaurant- on your own. Theater production and transportation are included.

ARGOSY CHRISTMAS SHIP AND DINNER

MONDAY, DECEMBER 11TH - COST, \$84, R2

The Argosy Cruises Christmas Ship festival is a holiday celebration that has been a Pacific NW tradition since 1949. Choirs on-board sing 20-minute performances to these communities, all broadcast via state-of-the-art speaker system. On shore, thousands of people gather around roaring bonfires anticipating the arrival of the Christmas Ship. Prior to boarding, we will enjoy a delicious dinner. Cruise, dinner and other transportation is included. (Please note: this trip is an evening trip.)

DECEMBER CONT...

TULALIP CASINO OVERNIGHTER

TUESDAY, DECEMBER 12TH-WEDNESDAY, DECEMBER 13TH - COST, \$124PP, DBL OCC, \$199PP, SGL OCC, R1

Three casinos, one delicious breakfast buffet meal and a beautifully decorated room all in just two short days and one long night...that's right, we're going first class for this trip! If you win big, head over to the Seattle Premium Outlet Mall and get some holiday shopping taken care of! Casinos included: Tulalip (where we will be staying overnight), Skagit Valley and Angel of the Winds. Breakfast, as well as lodging and transportation are all included in your fee.

PIZZA CHALLENGE WINNER!!

TUESDAY, DECEMBER 19TH - COST, \$29, R1

The 2017 food challenge is Pizza! Everyone will be able to order their own small size pizza and judge for themselves who has the best pizza in the northwest. We had 6 challenges and now we head back to the winner! Let's be the judge of "who has the best in our little corner of the NW". Your small pizza, beverage and transportation are included.

FEBRUARY 2018!!

HAMILTON THE MUSICAL & DINNER!!!!

THURSDAY, FEBRUARY 22ND - COST, \$194, R2

Hamilton: An American Musical is a sung- and rapped-through musical about the life of American Founding Father Alexander Hamilton, with music, lyrics, and book by Lin-Manuel Miranda, inspired by the 2004 biography Alexander Hamilton by historian Ron Chernow. Notably incorporating hip-hop, r& b, pop music, traditional-style show tunes, and color-conscious casting of non-white actors as the Founding Fathers and other historical figures, the musical achieved both critical acclaim and box office success. Tickets and transportation included, dinner on your own before the show. Max. 18 tickets.

GAMES

Pool:	Monday-Friday, 8 AM-3 PM
Ping Pong:	Tuesdays & Thursdays, 8-10:30 AM,
Mah Jong:	Tuesdays & Fridays, 9 AM-2 PM
Cribbage	Wednesdays, 10 AM
Canasta:	Wednesdays, 9 AM
Bridge:	Mondays & Thursdays, 9 AM
Rummikub:	Thursdays, 9AM-12 PM
Dominoes:	Fridays, 10 AM-1 PM

COMPUTER LAB

DAILY, 8 AM-2:45 PM

Flat screens, one touch screen, new hard-drives and high speed wireless internet in a quiet room, what more could you ask for? If you just want to surf the web, check your e-mail or refresh your computer skills, come on down and see what's new!

POOL

DAILY, 8 AM - 3 PM

Four tables are available daily to play on. Whether you come in just for the monthly tournaments or to see if you got game - you're sure to have fun!

SUNSHINE SINGERS

MONDAYS, 10:30 AM-12:30 PM

Tea for two and two for tea - that's me and you and lots of friends makes we...come be part of this group and make beautiful music and friendships. The Singers perform all around Kitsap County, delighting audiences everywhere they go!

BREMERTON ART GUILD

MONDAYS, 10 AM-1 PM

Do you sketch, sculpt, paint? Do you have an art project that you would like to work on but don't have the space or just want a little company? Join the members of the Bremerton Art Guild, bring your projects and enjoy.

SENIOR OPEN ICE SKATE

MONDAYS & WEDNESDAYS, 11 AM- 12 PM

Always wanted to learn to ice skate? Come to the Center to pick up your weekly passes to skate at the Bremerton Ice Arena. Skates are available to rent for \$3.50. This is a free program, however, Senior Center membership is required.

AARP SAFE DRIVING PROGRAM

MONDAY & TUESDAY, 9 AM-1 PM

NOVEMBER 6-7

Need a quick review on your driving skills and/or want to save money on your insurance? AARP provides instruction for you. Attendance on both days is required to receive credit. Call (360) 473-5357 to register. Supply fee paid to instructor at first class. Class min. 5, max. 12.

CENTER LINE DANCERS

MONDAYS - BEG 12:30-1:45 PM/INT 1:45-3 PM

WEDNESDAYS - BEG 10:15 AM/INT 11:30 AM

Bring your cowboy boots and have a stompin' good time. Fun routines are learned and practiced with great camaraderie. The dancers also perform at various venues throughout the county.

BRIDGE

MONDAYS & THURSDAYS, 9 AM

Beginners to experienced Bridge players are welcome to play with this fun group.

BADMINTON

TUESDAYS & THURSDAYS, 8 AM

Come on down to Sheridan Park gym and have a great time batting at birdies (equipment is provided).

CRAFT CLUB WITH SALLY

TUESDAYS, 9 AM-NOON (A.K.A. CRITTERS)

Are you repairing an old friend or creating a new one? From re-stuffing critters to making curtains, Sally and her team of extreme makeover artists can help you work on any project.

SR WOMEN'S INDOOR SOCCER

TUESDAYS, 10-11 AM

This program is held at the Olympic Soccer and Sports Center located at Pendergast Regional Park. This is a free program, however, Senior Center membership is required.

~DONATIONS~

We love donations and are currently in need of the following listed below. Thank you for your generosity!

55 gal kitchen bags~ regular ground coffee
~ Individually wrapped candy~small paper plates~Individual creamers

Daily Activities are free for BSC members unless otherwise noted. Non members pay \$3 drop in fee per activity attended.

CO-ED REC MODIFIED SOFTBALL

SPRING/SUMMER SEASON @ LIONS #1

TUESDAYS AND FRIDAYS, 10 AM - 2 PM

Enjoy the great game of softball played by men and women. The emphasis is on having fun through friendly competition, exercising and to develop individual hitting and fielding skills in a positive, team setting. Previous experience is recommended. Modified Softball is played outdoors during the spring/summer at Lions Park, field #1. (Ages 55 and up, senior center membership is required.)

BRUSH UP/DUST OFF-NEW!!

TUESDAYS, 12:30-2:30 PM

Have you always wanted to learn how to watercolor, sketch, learn colored pencils? Or have painted previously and want to get back into it? Join members of the Bremerton Art Guild for helpful guidance. This group will meet on a weekly basis with volunteers from the Bremerton Art Guild helping you get started. Bring in your supplies and be ready to have some fun.

FOOTCARE

1ST TUESDAYS & 4TH WEDNESDAYS, BY APPT.

Michelle Gamber provides this affordable service. It's a pedicure without the polish! Call her for prices and to schedule your appointment at (360) 871-5726.

CRIBBAGE

WEDNESDAYS, 10 AM

This classic game has been around since the 17th century. Great card game for 2-4 players.

BAND PRACTICE - NEW!!!

WEDNESDAYS & FRIDAYS, NOON-2:45 PM

Play an instrument? Know how to sing in a group setting? This is the group for you. Come and join our new band, bring your instrument and have a great time jamming with your friends!

QUILTING CLASS

THURSDAYS, 10 AM-2:30 PM

FRIDAYS, 10 AM-2:30 PM

Novice or experienced quilters, come one and all! Bring your quilting supplies, get new ideas and visit with other quilters. The group occasionally offers classes on techniques and styles. (Sewing machine skills required.)

POOL TOURNAMENTS

8 BALL-1ST THURSDAYS - 10:30AM

SEPT 7, OCT 5, NOV 2 & DEC 7

8-BALL IS GENEROUSLY SPONSORED BY:

BREMERTON HEALTH & REHAB

360-377-3951

9 BALL-3RD WEDNESDAYS - 10:30AM

SEPT 20, OCT 18, NOV 15 & DEC 20

9-BALL IS GENEROUSLY SPONSORED BY:

FOREST RIDGE HEALTH & REHAB

360-479-4747

Tournaments are just \$3 per player and include a delicious lunch and prize to the winner! New rules: Straight 8, call shot, BCA rules, 2 out of three in winners bracket only. No handicap 8 or 9ball. Tournaments take a break during the summer months but fun is still to be had in the pool room. Come join us daily, Monday-Friday from 8am to 3pm.

WELLNESS

AEROBICS-FREE VIDEO

MONDAYS, WEDNESDAYS & FRIDAYS, 9 AM

Get your heart pumping and your sweat dripping in this moderate paced fitness class. Class utilizes weights, resistance bands and other strength training techniques and can be fast-paced at times. Participants need to be able to exercise at a consistent level for 5-10 minutes at a time.

TAI CHI

THURSDAYS, 1:30-2:30 PM

SESSIONS: SEPT 7-OCT 12 & OCT 19-NOV 30

Tai Chi Chuan, a Chinese martial art noted for its slow, smooth movements, has been proven to improve balance and increase flexibility. This class features Sun and Yang Styles. This class is accessible for all levels of fitness and taught by Sandy Carlson. Cost is \$30/6 weeks. Min of 5. No class 11/23.

Proudly presented by the Bremerton Senior Center & Seniors Uncover Money Solutions

Senior Craft Fair

Sheridan Park Community Center
680 Lebo Blvd., Bremerton

Friday, October 20 ~ 10 AM to 5 PM

Saturday, October 21 ~ 9 AM to 4 PM

Hand-crafted items from local vendors. Food, fun, holiday music, free admission, and the annual \$UM\$ Bake Sale!
(360)473-5357



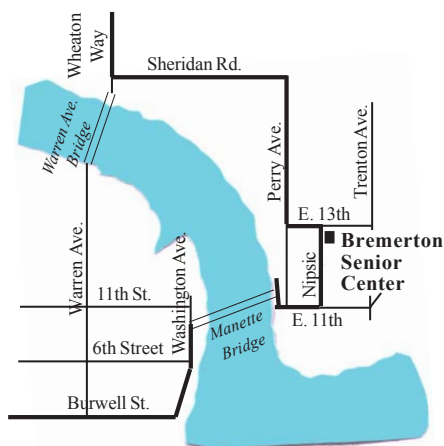
Bremerton Senior Center
1140 Nipsic Ave
Bremerton, WA 98310

Return Service Requested

PRSRT STD
U.S. POSTAGE
PAID
Bremerton, WA
Permit #209

Vicinity Map

Bremerton Senior Center
 1140 Nipsic Ave, Bremerton, WA 98310
 360-473-5357



2017 Memberships... Renew your membership for 2017 today. Payment can be made by calling the senior center, coming in or mailing your check. Keeping current on your dues will ensure that you continue to receive this newsletter at your door step! Highlights of your Senior Center Membership: newsletter direct mailed, participation in over 30 activities at no additional charge and trip registration priority. We are an active recreation center for all adults 55 and better. We have daily drop-in activities you can participate in, as well as, trips and tours, fitness, educational, enrichment and dance classes. The Bremerton Senior Center is also home to many entertainment groups, such as: Sunshine Singers, Center Line Dancers and more. Rates are on page 3.

- **COUPLES MEMBERSHIP** is for two people, at least one needs to be 55 or better, who reside at the same address. We have resident and non-resident rates. Rates are on page 3.
- **SINGLES MEMBERSHIPS** are for single city and non-city residents. Rates are on page 3.
- **ASSOCIATE MEMBERSHIPS** are for those individuals not yet 55 but who still would like to participate in the programs, trips and classes offered at the Center. This is a great membership for sons and daughters of members or active adults who participate at the Bremerton Senior Center. Rates are on page 3.