2017 Memberships... Renew your membership for 2017 today. Payment can be made by calling the senior center, coming in or mailing your check. Keeping current on your dues will ensure that you continue to receive this newsletter at your doorstep! Highlights of your Senior Center Membership: newsletter direct mailed, participation in over 30 activities at no additional charge and trip registration priority. We are an active recreation center for all adults 55 and better. We have daily drop-in activities you can participate in, as well as, trips and tours, fitness, educational, enrichment and dance classes. The Bremerton Senior Center is also home to many entertainment groups, such as: Sunshine Singers, Center Line Dancers and more. Rates are on page 3.

- **COUPLES MEMBERSHIP** is for two people, at least one needs to be 55 or better, who reside at the same address. We have resident and non-resident rates. Rates are on page 3.

- **SINGLES MEMBERSHIPS** are for single city and non-city residents. Rates are on page 3.

- **ASSOCIATE MEMBERSHIPS** are for those individuals not yet 55 but who still would like to participate in the programs, trips and classes offered at the Center. This is a great membership for sons and daughters of members or active adults who participate at the Bremerton Senior Center. Rates are on page 3.

The “Active Us” is THE place to get your information for the Bremerton Senior Center.
STAFF
Holly Peterson, Recreation Program Coordinator III
Barbara Roembke, Front Office Coordinator

VOLUNTEER RECEPTIONISTS
Monday: Gail Dupee
Tuesday & Thursday: Mac Whittlesey
Wednesday: Judy Ray & Marcie Dixon
Friday: Al Butler

The Bremerton Senior Center is open to all people ages 55 and better. The annual user fees are listed on page 3. The Bremerton Senior Center is a division of the City of Bremerton Parks & Recreation Department. The Active Us is published five times a year.

Mission Statement:
The Bremerton Senior center is committed to enriching Senior lives in Bremerton by providing lifelong learning and recreational opportunities.

SUM$ CORNER
$UM$ is you - all members of the Senior Center activities. We are dedicated to raising funds that can be used to make the Center a more enjoyable place for all of us.

$UM$ Officers:
President: Paul Vlastelica  Vice President: George Cho
Treasurer: Al Butler  Secretary: Audrey O’Leary

THINGS TO KNOW
Times a year. is published five
Active Us
fees are listed on page 3.
The Bremerton Senior Center is open to all
people ages 55 and better. The annual user
fees are listed on page 3.
The Bremerton Senior Center is a division of the City of Bremerton Parks & Recreation Department. The Active Us is published five times a year.

CO-ED REC MODIFIED SOFTBALL
SPRING/SUMMER SEASON @ LIONS #1
TUESDAYS AND FRIDAYS, 10 AM - 2 PM
Enjoy the great game of softball played by men and women. The emphasis is on having fun through friendly competition, exercising and to develop individual hitting and fielding skills in a positive, team setting. Previous experience is recommended. Modified fall is played outdoors during the Senior spring/summer at Lions Park, field #1. (Ages 55 and up, senior center membership is required.)

BRUSH UP/DUST OFF-NEW!!
TUESDAYS, 12:30-2:30 PM
Have you always wanted to learn how to watercolor, sketch, learn colored pencils? Or have you painted previously and want to get back into it? Join members of the Bremerton Art Guild for helpful guidance. This group will meet on a weekly basis with volunteers from the Bremerton Art Guild to help you get started. Bring in your supplies and be ready to have some fun.

FOOTCARE
1ST TUESDAYS & 4TH WEDNESDAYS, BY APPT.
Michelle Gamber provides this affordable service. It’s a pedicure without the polish! Call her for prices and to schedule your appointment at (360) 871-5726.

CRIBBAGE
WEDNESDAYS, 10 AM
This classic game has been around since the 17th century. Great card game for 2-4 players.

BAND PRACTICE - NEW!!
WEDNESDAYS & FRIDAYS, 1-3 PM
Play an instrument? Know how to sing in a group setting? This is the group for you. Come and join our new band, bring your instrument and have a great time jamming with your friends!

QUIULTING CLASS
THURSDAYS, 10 AM-2:30 PM
FRIDAYS, 10 AM-2:30 PM
N novice or experienced quilters, come one and all! Bring your quilting supplies, get new ideas and visit with other quilters. The group occasionally offers classes on techniques and styles. (Sewing machine skills required.)

POOL TOURNAMENTS
8 BALL 1ST THURSDAYS - 10:30AM JUNE 1 - CHAMPIONSHIP
8 BALL IS GENEROUSLY SPONSORED BY:
BREMERTON HEALTH & REHAB
360-377-9551

9 BALL 3RD WEDNESDAYS - 10:30AM JUNE 21 - CHAMPIONSHIP
9 BALL IS GENEROUSLY SPONSORED BY:
FOREST RIDGE HEALTH & REHAB
360-479-4747

Tournaments are just $3 per player and include a delicious lunch and prize to the winner! New rules: Straight 8, call shot, BCA rules, 2 out of three winners bracket only. No handicap 8 or 9ball. Tournaments take a break during the summer months but fun is still to be had in the pool room. Come join us daily, Monday-Friday from 8am to 3pm.

On a sad note I would like to announce that we have lost one of our line dance instructors, Mary Francis Beedle 7/30/1930. She started the CenterLine Dancers and taught at the Senior Center for over 50 years. She started the line dance club at the Senior Center and she now volunteers her time as VP of the Senior Center and she now volunteers her time as VP of the Senior Center. She is truly missed by all our line dance members. She was a great instructor and loved to share her love of dancing with others.

T’ai Chi
THURSDAYS, 1:30-2:30 PM
SESSIONS: MAY 25-JUNE 29 & JULY 6-AUG 10
T’ai Chi Chuan, a Chinese martial art noted for its slow, smooth movements, has been proven to improve balance and increase flexibility. This class features Sun and Yang Styles. This class is accessible for all levels of fitness and taught by Sandy Carlson. Cost is $30/6 weeks. Min of 5.

AEROBICS-FREE VIDEO
MONDAYS, WEDNESDAYS & FRIDAYS, 9 AM
Get your heart pumping and your sweat dripping in this moderate paced fitness class. Class utilizes weights, resistance bands and other strength training techniques and can be fast-paced at times. Participants need to be able to exercise at a consistent level for 5-10 minutes at a time.

WELLNESS
TAI CHI
THURSDAYS, 1:30-2:30 PM
SESSIONS: MAY 25-JUNE 29 & JULY 6-AUG 10
T’ai Chi Chuan, a Chinese martial art noted for its slow, smooth movements, has been proven to improve balance and increase flexibility. This class features Sun and Yang Styles. This class is accessible for all levels of fitness and taught by Sandy Carlson. Cost is $30/6 weeks. Min of 5.

Page 11
**Pool**

Monday-Friday, 8 AM-3 PM

**Ping Pong**

Tuesdays & Thursdays, 8-10:30 AM

**Mah Jong**

Tuesdays & Fridays, 9 AM-2 PM

**Cribbage**

Wednesdays, 10 AM

**Canasta**

Wednesdays, 9 AM

**Bridge**

Mondays & Thursdays, 9 AM

**Rummikub**

Thursdays, 9AM-12 PM

**Dominoes**

Fridays, 10 AM-1 PM

**DAILY ACTIVITIES**

**DAILY ACTIVITIES**

**MEMBERSHIP RENEWAL**

Senior memberships run the calendar year (January-December) regardless of when you join. Renew your 2017 membership today at the rates listed below. (Sorry no refunds on memberships.)

<table>
<thead>
<tr>
<th>MEMBERSHIP</th>
<th>RATES</th>
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<tr>
<td>RESIDENTS</td>
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<td>Couples</td>
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<td>Associate</td>
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<td>NON-RESIDENTS</td>
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<td>Single</td>
<td>$30/yr</td>
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**TAKING CHARGE SERIES**

A series of topics designed with you in mind. Each month will focus on a different topic - fitness, nutrition, aging, financial and more. Each month is sponsored by a different business/provider and a light lunch/snack will be served. Reserve your seat today as these workshops fill up quickly.

- **June 20 - Hospice/Palliative Care**
- **Sept 24 - Aging with grace & memory screens**
- **Oct 24 - Open enrollment**

**MEALS ON WHEELS**

**KITSAP - LUNCHEONS**

**Tuesdays @ Noon, $3**

**Fridays @ Noon, $3**

Nutritious and delicious lunches plus a great way to meet other seniors. Reservations are requested, call 360-377-8511 by 2 PM the previous day.

**FRAGRANCE ALERT**

Please refrain from wearing excessive perfume or cologne when you visit the Center or go on our trips. There are many people who experience unpleasant physical effects from scented products.

**COMPUTER HELP!! - NEW!**

Beginners to experienced Bridge players are welcome to play with this fun group.

**BRIDGE**

Mondays & Thursdays, 9 AM

Not in love with your computer these days, need to get some help, re-fresh your skills? Whatever the case, we have help. Please sign up in the office for your desired time slot on Tuesdays from 10am-2pm.

**CENTER LINE DANCERS**

Mondays - Beg 12:30-1:45 PM/Int 1:45-3 PM

Wednesdays - Beg 10:15 AM/Int 11:30 AM

Bring your cowboy boots and have a stompin’ good time batting at birdies (equipment is provided). Come on down to Sheridan Park gym and have a great time batting at birdies (equipment is provided).

**DOMINOES**

Mondays, 8 AM-3 PM

Four tables are available daily to play on. Whether you come in just for the monthly tournaments or to see if you got game - you’re sure to have fun!

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GENERAL TRAVEL INFORMATION

BSC REPRESENTATIVE: A staff member accompanies tours and will try to ensure that the tour runs as close to schedule as possible and handle any problems that may arise. All participants must have a current emergency medical form on file prior to traveling. Please make sure your contact phone number/address and medical issues are as current as possible.

FULL TRIPS: If a trip is full, please place your name on the waiting list. Often reservations are canceled and we are able to fill the empty spots from the waiting lists.

MOBILITY OF OUR PARTICIPANTS: Each trip has an R rating. The higher the rating, the more walking and standing you will be required to do (see page 8). Please check the rating and know your limits prior to signing up. If you require extra time to load/unload please be sure to be the last to load/unload. If it is medically necessary for you to sit in a certain seat, please make sure the office has a copy of your doctors note on file during your travel restriction so we can understand and best to accommodate your request. There are no restroom facilities on either van.

NAVIGATOR/CO-PILOT: The passenger seat is designated the navigator/co-pilot. As the navigator/co-pilot your driver may request your assistance with either: driving directions, buckling and unbuckling other travelers, and closing the large passenger door. While not all trips require the above mentioned services, there is a basic need for them to some extent on all trips. Please be sure that your physical condition will allow you to perform such duties if requested.

PARKING: Please contact the Senior Center office regarding the parking policy.

PAYMENTS: Full payment is due upon registration.

REGISTRATION PROCESS: Registration for each trip begins when they are published in either the bi-weekly newsletter or the quarterly Park & Rec Activity Guide. Phone-in or walk-in are the two most convenient ways to register for trips. Phone reservations require a credit card. All registrations are first come, first served and members have priority.

REFUNDS: Bremerton Senior Center reserves the right to cancel any tour that does not reach it’s minimum to working days before the travel date. In that event, you will receive a credit on your account to be used on another trip at the Senior Center. Refunds will not be given to any trip 24 or less that you need to cancel. Cancellations for day trips ($25 or more) are given only if a replacement to fill your spot is found, please let staff know in ample time should you need to cancel. Trips canceled by the participant will be charged a 10% cancellation fee. No refunds will be given for trips canceled less than 24 hours in advance of the trip. Cancellations for extended trips vary.

TRIPS & TOURS

PIZZA CHALLENGE!!
THURSDAY, JUNE 8TH - COST, $29, R1
The 2017 food challenge is Pizza! Everyone will be able to order their own small size pizza and judge for themselves who has the best pizza in the northwest. We’ll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of “who has the best in our little corner of the NW”. Your small pizza, beverage and transportation are included.

QUEEN ANNE CRIME TOUR & LUNCH
TUESDAY, JUNE 13TH - COST, $64, R1
Explore the darker side of Seattle’s past on Seattle’s original True Crime Tour. A touch of Seattle Noir. This tour visits the scenes of some of Seattle’s most infamous crimes. The Queen Anne True Crime Tour visits the scenic & charming Queen Anne Hill, Pioneer Square (the oldest section of the city), the colorful Chinatown International District & Downtown Seattle, with stops to get out and explore. We will finish the day at Ballard Brothers Seafood and Burgers. Tour, lunch and transportation are all included. Max. 13 folks.

NUCOR-STEEL TOUR & PALISADES LUNCH
FRIDAY, JUNE 16TH - COST, $54, R2
Nucor is the largest steel producer in the U.S. Nucor is also North America’s largest recycler of steel and is a major contributor to keeping our region clean. On this tour, you will learn about the processes of steel-making, the history, and the amazing hard work that Nucor employees do. Your small pizza, beverage and transportation are included.

PUYALLUP FAIR
THURSDAY, SEPT 7TH - COST, $19, R2
Provided by the Puyallup Fair. The Puyallup Fair (officially known as the Western Washington Fair) is the largest single attraction held annually in the state of Washington. The Fair continually ranks in the top ten largest fairs in the world. Situated south of Seattle and east of Tacoma in the shadow of majestic Mount Rainier, the Fair & Events Center comprises 169+ acres, with buildings and land valued at more than $54 million. This trip is a must to go on annually or for your first time.

BRIGHTWATER PLANT TOUR
THURSDAY, SEPT 14TH - COST, $19, R2
Brightwater is possibly the most beautiful and sophisticated sewage treatment plant in the world. The plant design integrates landscape, architecture, wildlife habitat, engineering, art and education. Located in Woodinville, the plant went on-line in 2011. The construction and associated tunneling were a five-year mega-project costing $1.8 billion. Learn how wastewater can be recycled into reusable water, energy and nutrients for plants and soils. Tours encourage visitors to think about responsible water use, the products they use and how everyday choices can help protect Puget Sound. Please note: the tour takes place outside and in an industrial setting; all visitors must dress appropriately and wear long pants and closed-toed shoes. There is approximately a mile worth of walking and traveling up and down multiple levels of stairs. Tour and transportation are included; however, lunch is on your own at a local restaurant.

EMERALD DOWNS - OUR DAY AT THE RACES!
SUNDAY, SEPTEMBER 17TH - COST, $69, R1
Let’s have a grand old time and head to Emerald Downs for an extra special day at the horse races. Enjoy a fabulous buffet- Crispy Fried Chicken & BBQ Beef Sandwiches - with all the fixin’s, tip sheet, visit from the fan educator and special seating just for us in the view room. We go first class for this Day at the Races. We haven’t visited Emerald Downs since 2011 so make sure you sign up quickly as this is bound to fill up.

SPOTLIGHT ON WASHINGTON D.C.
APRIL 12TH-17TH - COST $2,949PP/DBL OCC, R2

MORE TRIPS & TOURS

JUNE

SEPTEMBER - NEW!!

OCTOBER - NEW!!

7 CEDARS AND THE POINT CASINOS
THURSDAY, OCTOBER 5TH - COST, $19, R1
Today you truly hit the jackpot! 2 casinos in one day! Hold onto your hats for this whirl-wind adventure! Lunch is on your own at whichever casino you decide. Transportation is provided, lunch, however, is on your own.

FALL MYSTERY TRIP
TUESDAY, OCTOBER 10TH - COST, $59, R2
We are going on a trip to a very mysterious place! You will have fun - we are sure and you will make lots of memories. Dress comfortably for anything, wear appropriate shoes (this is an R2) and remember to come with an appetite!

PIZZA CHALLENGE!!
THURSDAY, OCTOBER 12TH - COST, $29, R1
The 2017 food challenge is Pizza! Everyone will be able to order their own small size pizza and judge for themselves who has the best pizza in the northwest. The higher the rating, the more walking and traveling up and down multiple levels of stairs. Tour and transportation are included; however, lunch is on your own at a local restaurant.

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SUNDAY, OCTOBER 17TH - COST, $69, R1
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EXTENDED TRIP 2018

MORE TRIPS & TOURS
PIZZA CHALLENGE!!  - NEW DATE
THURSDAY, AUGUST 10TH  - COST, $29, R1
The 2017 food challenge is Pizza! Everyone will be able to order their own small size pizza and judge for themselves who has the best pizza in the northwest. We'll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of "who has the best in our little corner of the NW"! Your small pizza, beverage and transportation are included.

BAINBRIDGE ISLAND MUSEUM OF ARTS & LUNCHEON
TUESDAY, AUGUST 22ND - COST, $19, R2
Bainbridge Island Museum of Art (BIMA) is a collecting museum with a focus on artists and collections from the Puget Sound region. BIMA is a prominent community resource for quality arts and lifelong learning, and since opening in June 2013 has become the cultural living room for Bainbridge Island with an auditorium, Bistro, store, and a variety of free and paid events. Museum and transportation are included, however, lunch at Cafe’ Nola (which we will walk to from the museum) is on your own.

WA STATE HISTORY MUSEUM & LUNCH
THURSDAY, AUGUST 31ST  - COST, $44, R2
The Washington State History Museum is where fascination and FUN come together! People of all ages can explore and be entertained in an environment where characters from Washington’s past speak about their lives. Currently on exhibit - Gridiron Glory! In 2012, the Pro Football Hall of Fame celebrated its 50th anniversary. To mark that milestone, the Hall of Fame created a traveling exhibition that presents a panoramic view of the story of professional football... from its humble beginnings in the early 20th century to the San Francisco 49ers Super Bowl victory in 2013. The story is told through compelling exhibits featuring artifacts, 3D animations, and interactive elements. This experience showcases the Pro Football Hall of Fame’s vast holdings of football artifacts, rare photos and one-of-a-kind documents. In addition, NFL Films has provided spectacular footage from its unparalleled film archives to illustrate the exhibit’s many themes and storylines. Throughout the exhibit, visitors will find a series of interactive exhibits that challenge both mind and body. And one of the most extraordinary features of Gridiron Glory is a series of accompanying programs that include appearances by current and former NFL players, coaches and more. Tour, transportation and lunch at Stack 571 are all included.

LIVING COMPUTER MUSEUM & LUNCH
THURSDAY, JUNE 22ND  - COST, $59, R2
Living Computers: Museum + Labs provides a one-of-a-kind, hands-on experience with computer technology from the 1960’s to the present. It honors the history of computing with the world’s largest collection of fully restored-and usable-supercomputers, mainframes, minicomputers and microcomputers. A new main gallery offers direct experiences with robotics, virtual reality, artificial intelligences, self-driving cars, big data, the Internet of Things, video-game making, and digital art. We will have lunch at Paseo, considered to be one of the best sandwich shops in Seattle. Guided tour, transportation and lunch are included.

WASHINGTON PARK ARBORETUM & LUNCH
TUESDAY, JUNE 27TH  - COST, $39, R2
The Arboretum is a hidden gem on the shores of Lake Washington. Jointly managed by the University of Washington Botanic Gardens and the City of Seattle, its 230 acres are a dynamic assortment of plants, some found nowhere else in the Northwest. We will take a guided-tram tour through the Arboretum and discover this living collection of plants from around the world. The Graham Visitors Center contains an information desk and displays, and a gift shop managed by the Arboretum Foundation. Guided tram tour and transportation are included, however, lunch will be on your own at a restaurant of your choosing in U-Village. Max. 13 folks.

STORYTELLING & FILM SCREENINGS
THURSDAY, AUGUST 10TH  - COST, $44, R2
The museum features a collection of vintage hydroplanes spanning several decades, including boats that have won 17 Gold Cups! The Hydroplane and Raceboat Museum is also the nation’s primary resource for historical and educational information on hydroplane racing. Our extensive collection of books, magazines, race programs, newspapers, photos, trophies and other memorabilia date back to the turn of the last century. We have over 200 hours of rare vintage racing films transferred to videotape, covering hydroplane racing for the 1940’s to the present. The stories of famous drivers are here as well. Legendary Bill Muncey, Ron Musson, Mira Slovak, “Wild” Bill Cantrell and other past drivers are featured, plus information on many of the top modern drivers, including Chip Hanauer. Tour, transportation and lunch at the Wild Wheat Bakery is included.

TRIP RATINGs:
R1: Board & depart Bus/Van and walk 2-3 blocks without stopping to rest. Must be able to stand 15 to 30 min.
R2: Board & depart bus/van and walk 4-5 blocks without stopping to rest, must be able to stand 30 to 45 min, handle stairs and walk a mile in under 20 min.

Please check the trip ratings carefully when registering. Signing up for trips that are within your limits will allow you to have a better experience.
Senior Craft Fair

Friday, October 20
10 AM to 5 PM

Saturday, October 21
9 AM to 4 PM

Sheridan Park Community Center
680 Lebo Blvd., Bremerton

New in 2017 - Vendors can be any age as long as their items are hand-crafted. 90 local vendors who specialize in hand-crafted wares. Food, fun, festive holiday music and free admission! Don’t forget the annual $UM$ Bake Sale - these delightful treats are all hand made by a variety of Bremerton Senior Center members and are definitely something you don’t want to miss! Raffle tickets available at the door for Senior Center donated gift baskets.

Info line: 360-473-5357

$UM$ Sweet-Shoppe Volunteers
An Athletic Event for Ages 50 and up

July 12-15, 2017

8-Ball ~ 5k Run/Walk
Badminton ~ Basketball
Bowling ~ Cycling Time Trials
Disc Golf ~ Horseshoes
Mini-Golf ~ Pickleball
Ping Pong ~ Swimming
Track & Field

Register for only $40*!

Registration fee covers your participation in any or all events and the Celebration Banquet. Events are held at various locations throughout Kitsap County. Celebration Banquet is only $5 pp for guests. Late fee of $10 for registrations received after June 14 or received the day of. Call the Bremerton Senior Center at 360.473.5357 for more info.

Download registration forms at www.bwssg.com
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<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
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<tbody>
<tr>
<td>8 Pool</td>
<td>9 Bridge</td>
<td>11 Ice Skating <em>C</em></td>
<td>10:30 Sunshine Singers</td>
<td>10-1 Brem. Art Guild</td>
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<td>8 Badminton</td>
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<td>10 Modified Softball <em>F</em></td>
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**BAKE SALE** - 9 AM to 2 PM

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**BAKE SALE - 9 Am to 2 PM**
The Hydroplane and Raceboat Museum is the nation’s only public museum dedicated solely to powerboat racing. Founded in 1983, the Museum is to inspire and motivate learning and achievement while honoring, celebrating and preserving the legacy of Unlimited Hydroplane racing. The museum features an incredible collection of vintage hydroplanes spanning several decades, including boats that have won 17 Gold Cups! The Hydroplane and Raceboat Museum is also the nation’s primary resource for historical and educational information on hydroplane racing. Our extensive collection of books, magazines, race programs, newspapers, photos, trophies and other memorabilia dates back to the turn of the last century. We have over 200 hours of rare vintage racing films transferred to videotape, covering hydroplane racing for the 1940’s to the present. The stories of famous drivers are here as well. Legendary Bill Muncey, Ron Musson, Mira Slovak, “Wild” Bill Cantrell and other past drivers are featured, plus information on many of the top modern drivers, including Chip Hanauer. Tour, transportation and lunch at the Wild Wheat Bakery is included.

**TRIP RATINGS:**

- **R1:** Board & depart Bus/Van and walk 2-3 blocks without stopping to rest. Must be able to stand 15 to 30 min.
- **R2:** Board & depart bus/van and walk 4-5 blocks without stopping to rest, must be able to stand 30 to 45 min, handle stairs and walk a mile in under 20 min.

*Please check the trip ratings carefully when registering. Signing up for trips that are within your limits will allow you to have a better experience.*

**PIZZA CHALLENGE!! - NEW DATE**

**THURSDAY, AUGUST 10TH - COST, $29, R1**

The 2017 food challenge is Pizza! Everyone will be able to order their own small size pizza and judge for themselves who has the best pizza in the northwest. We’ll host 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of “who has the best in our little corner of the NW”. Your small pizza, beverage and transportation are included.

**BAINBRIDGE ISLAND MUSEUM OF ARTS & LUNCHE**

**TUESDAY, AUGUST 22ND - COST, $19, R2**

Bainbridge Island Museum of Art (BIMA) is a collecting museum with a focus on artists and collections from the Puget Sound region. BIMA is a prominent community resource for quality arts and lifelong learning, and since opening in June 2013 has become the cultural living room for Bainbridge Island with an auditorium, Bistro, store, and a variety of free and paid events. Museum and transportation are included, however, lunch at Cafe’ Nola (which we will walk to from the museum) is on your own.

**WA STATE HISTORY MUSEUM & LUNCH**

**TUESDAY, AUGUST 31ST - COST, $44, R2**

The Washington State History Museum is where fascination and FUN come together! People of all ages can explore and be entertained in an environment where characters from Washington’s past speak about their lives. Currently on exhibit - Gridiron Glory! In 2012, the Pro Football Hall of Fame celebrated its 50th anniversary. To mark that milestone, the Hall of Fame created a traveling exhibition that presents a panoramic view of the story of professional football... from its humble beginnings in the early 20th century to the sports phenomenon it has become today. The experience showcases the Pro Football Hall of Fame’s vast holdings of football artifacts, rare photos and one-of-a-kind documents. In addition, NFL Films has provided spectacular footage from its unparalleled film archives to illustrate the exhibit’s many themes and storylines. Throughout the exhibit, visitors will find a series of interactive exhibits that challenge both mind and body. And one of the most extraordinary features of Gridiron Glory is a series of accompanying programs that include appearances by current and former NFL players, coaches and more. Tour, transportation and lunch at Stack 571 are all included.

**LIVING COMPUTER MUSEUM & LUNCH**

**THURSDAY, JUNE 22ND - COST, $59, R2**

Living Computers: Museum + Labs provides one of-a-kind, hands-on experience with computer technology from the 1960’s to present. It honors the history of computing with the world’s largest collection of fully restored-and usable-supercalipers, mainframes, minicomputers and microcomputers. A new main gallery offers direct experiences with robotics, virtual reality, artificial intelligences, self-driving cars, big data, the Internet of Things, video-game making, and digital art. We will have lunch at Paseo, considered to be one of the best sandwich shops in Seattle. Guided tour, transportation and lunch are included.

**WASHINGTON PARK ARBORETUM & LUNCH**

**TUESDAY, JUNE 27TH - COST, $39, R2**

The Arboretum is a hidden gem on the shores of Lake Washington. Jointly managed by the University of Washington Botanic Gardens and the City of Seattle, its 230 acres are a dynamic assortment of plants, some found nowhere else in the Northwest. We will take a guided-tram tour through the Arboretum and discover this living collection of plants from around the world. The Graham Visitors Center contains an information desk and displays, and a gift shop managed by the Arboretum Foundation. Guided tram tour and transportation are included, however, lunch will be on your own at a restaurant of your choosing in U-Village. Max. 13 folks.

**SPOTLIGHT ON SAN ANTONIO HOLIDAY**

**NOV 30TH-DEC 4TH**

**COST $2,199PP/DBL OCC, R2**

Highlights: LBJ Ranch, Fredericksburg, Paseo del Rio Cruise, Olive Orchard, Mission San Jose, The Alamo and El Mercado. We will also enjoy a Texas-inspired dinner paired with local wine at an olive orchard. Deposit of $350 due June 23, 2017.

**UPPTON SHOPPING - GIG HARBOR**

**THURSDAY, JULY 20TH - COST, $12, R2**

Hang out and shop in Gig Harbor at Uptown. Soma, the Loft, Kohl’s, Garden Room, and much more! Lunch on your own at any Uptown restaurant.

**EXTENDED TRIP 2017**

**SPOTLIGHT ON SAN ANTONIO HOLIDAY**

**NOV 30TH-DEC 4TH**

**COST $2,199PP/DBL OCC, R2**

Highlights: LBJ Ranch, Fredericksburg, Paseo del Rio Cruise, Olive Orchard, Mission San Jose, The Alamo and El Mercado. We will also enjoy a Texas-inspired dinner paired with local wine at an olive orchard. Deposit of $350 due June 23, 2017.

**LITTLE CREEK CASINO**

**THURSDAY, JULY 6TH - COST, $14, R1**

This is by far one of our favorite casinos to visit. Just an hours drive away so we will be able to spend more time gaming! Don’t forget to get all your discounts for 50+ at the promotions booth!

**WINGS OVER WASHINGTON & CRAB POT!!!**

**TUESDAY, JULY 18TH - COST, $79, R2**

Take a ride in the state-of-the-art "flying theater" that will transport you on an aerial adventure above one of America’s most scenic and beautiful states, Washington. Wings over Washington is currently the most state-of-the-art theater in the world using 5K cameras; innovative art laser projection; drones for image capture; MUSHROOM VR™, and a ground-breaking surround sound system. Once you're strapped into your theater seat, you will experience an amazing journey as a "spirit eagle" sweeps you upward into flight across the state of Washington. You will see amazing sights as you dive down the seaside cliffs through the morning mists of the Olympic National Forest and Mt. Rainier to the San Juan Islands and on to the spectacular beauty of the Cascades and the awe-inspiring Snoqualmie Falls to the wild whitewater of the Tieton River and the kaleidoscopic wonder of the Walla Walla Valley Balloon Stampede then back to Elliott Bay to bank around the Seattle Great Wheel as a sensational fireworks display begins and then slowly landing back to where the journey all began. Flight, transportation and lunch at the Crab Pot (for the Seafast!!) are all included. We will be walking on the ferry and meandering along the waterfront so please wear comfortable walking shoes.

**UPPTON SHOPPING - GIG HARBOR**

**THURSDAY, JULY 20TH - COST, $12, R2**

Hang out and shop in Gig Harbor at Uptown. Soma, the Loft, Kohl’s, Garden Room, and much more! Lunch on your own at any Uptown restaurant.
**TRIPS & TOURS**

**PIZZA CHALLENGE!!**
**THURSDAY, JUNE 8TH - COST, $29, R1**

The 2017 food challenge is Pizza! Everyone will be able to order their own small size pizza and judge for themselves who has the best pizza in the northwest. We’ll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of “who has the best in our little corner of the NW”. Your small pizza, beverage and transportation are included.

**QUEEN ANNE CRIME TOUR & LUNCH**
**TUESDAY, JUNE 13TH - COST, $64, R1**

Explore the darker side of Seattle’s past on Seattle’s original True Crime Tour. A touch of Seattle Noir. This tour visits the scenes of some of Seattle’s most infamous crimes. The Queen Anne True Crime Tour visits the scenic & charming Queen Anne Hill, Pioneer Square (the oldest section of the city), the colorful Chinatown International District & Downtown Seattle, with stops to get out and explore. We will finish the day at Ballard Brothers Seafood and Burgers. Tour, lunch and transportation are all included. Max. 15 folks.

**NUCOR-STEEL TOUR & PALISADES LUNCH**
**FRIDAY, JUNE 16TH - COST, $54, R2**

Nucor is the largest steel producer in the U.S. Nucor is also North America’s largest recycler of any material, recycling one ton of steel every 2 seconds. Tour requirements: long pants (no shorts or skirts), flat-bottomed, closed-toe shoes, sturdy shoes with socks (no sandals, heels, etc.). They provide hardhats, safety glasses, overcoats and earplugs. This tour is over a mile in walking, ascending and descending several sets of stairs. We ask that everyone please consider if they are able to do this comfortably prior to registering. No pictures or video recording is permitted on the tour and picture ID is required. After the tour, we will head to Palisades in Magnolia for a delicious lunch.

**PUYALLUP FAIR**
**THURSDAY, SEPT 7TH - COST, $19, R2**

Puyallup Fair - THE FAIR!! The Puyallup Fair (officially known as the Western Washington Fair) is the largest single attraction held annually in the state of Washington. The Fair continually ranks in the top ten largest fairs in the world. Situated south of Seattle and east of Tacoma in the shadow of majestic Mount Rainier, the Fair & Events Center comprises 169+ acres, with buildings and land valued at more than $54 million. This trip is a must to go on annually or for your first time.

**BRIGHTWATER PLANT TOUR**
**THURSDAY, SEPT 14TH - COST, $19, R2**

Brightwater is possibly the most beautiful and sophisticated sewage treatment plant in the world. The plant design integrates landscape, architecture, wildlife habitat, engineering, art and education. Located in Woodinville, the plant went on-line in 2011. The construction and associated tunneling were a five-year mega-project costing $1.8 billion. Learn how wastewater can be recycled into reusable water, energy and nutrients for plants and soil. Tours encourage visitors to think about responsible water use, the products they use and how everyday choices can help protect Puget Sound. Please note: the tour takes place outside and in an industrial setting; all visitors must dress appropriately and wear long pants and closed-toed shoes. There is approx. a mile worth of walking and traveling up and down multiple levels of stairs. Tour and transportation are included, however, lunch is on your own at a local restaurant.

**EMERALD DOWNS - OUR DAY AT THE RACES!!**
**SUNDAY, SEPTEMBER 17TH - COST, $69, R1**

Let’s have a grand old time and head to Emerald Downs for an extra special day at the horse races. Enjoy a fabulous buffet- Crispy Fried Chicken & BBQ Beef Sandwiches - with all the fixin’s, tip sheet, visit from the fan educator and special seating just for us in the view room. We go first class for this Day at the Races. We haven’t visited Emerald Downs since 2011 so make sure you sign up quickly as this is bound to fill up!

**7 CEDARS AND THE POINT CASINOS**
**THURSDAY, OCTOBER 5TH - COST, $19, R1**

Today you truly hit the jackpot! 2 casinos in one day! Hold onto your hat for this whirlwind adventure! Lunch is on your own at whichever casino you decide. Transportation is provided, lunch, however, is on your own.

**FALL MYSTERY TRIP**
**TUESDAY, OCTOBER 10TH - COST, $59, R2**

We are going on a trip to a very mysterious place! You will have fun - we are sure and you will make lots of memories. Dress comfortably for anything, wear appropriate shoes (this is an R2) and remember to come with an appetite!

**PIZZA CHALLENGE!!**
**THURSDAY, OCTOBER 12TH - COST, $29, R1**

The 2017 food challenge is Pizza! Everyone will be able to order their own small size pizza and judge for themselves who has the best pizza in the northwest. We’ll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of “who has the best in our little corner of the NW”. Your small pizza, beverage and transportation are included.

**SPOTLIGHT ON WASHINGTON D.C.**
**APRIL 12TH-17TH - COST $2,949PP/DBL OCC, R2**


**EMERALD DOWNS - OUR DAY AT THE RACES!!**
**SUNDAY, SEPTEMBER 17TH - COST, $69, R1**

Let’s have a grand old time and head to Emerald Downs for an extra special day at the horse races. Enjoy a fabulous buffet- Crispy Fried Chicken & BBQ Beef Sandwiches - with all the fixin’s, tip sheet, visit from the fan educator and special seating just for us in the view room. We go first class for this Day at the Races. We haven’t visited Emerald Downs since 2011 so make sure you sign up quickly as this is bound to fill up!
DAILY ACTIVITIES

AARPSAFE DRIVING PROGRAM
MONDAY & TUESDAY, 9 AM - 1 PM
SEPTEMBER 18 & 19
Need a quick review on your driving skills and/or want to save money on your insurance? AARP provides instruction for you. Attendance on both days is required to receive credit. Call (360) 473-5357 to register. Supply fee paid to instructor at first class. Class min. 5, max. 12.

MEMBERSHIP RENEWAL
Senior memberships run the calendar year (January-December) regardless of when you join. Renew your 2017 membership today at the rates listed below. (Sorry no refunds on memberships.)

- RESIDENTS
  - Single..............$15/yr
  - Couples..........$22/yr
  - Associate............$21/yr

- NON-RESIDENTS
  - Single..............$30/yr
  - Couples..........$44/yr
  - Associate............$42/yr

TAKING CHARGE SERIES
A series of topics designed with you in mind. Each month will focus on a different topic - health, nutrition, aging, financial and more. Each month is sponsored by a different business/provider and a light lunch/snack will be served. Reserve your seat today as these workshops fill up quickly.

- June 20 - Hospice/Palliative Care
- Sept 26 - Aging with grace & Memory Screenings
- Oct 24 - Open Enrollment

MEALS ON WHEELS
KITSAP - LUNCHES
Thursdays @ Noon, $3
Fridays @ Noon, $3
Nutritious and delicious lunches plus a great way to meet other seniors. Reservations are requested, call 360-377-8511 by 2 PM the previous day.

WRONG WEATHER?
If the weather is too nice to stay indoors, please call 360-473-5357 before 9 AM to find out if there are any cancellations.

DONATIONS
Thank you for your generosity! At present, we do not need any more Decaffeinated Coffee. We are, however, still accepting Regular Coffee.

Thank You!!

~DONATIONS~
13 gal kitchen bags~ 10 oz hot/cold cups ~ Individually wrapped candy–napkins–small paper plates–Kleenex–paper towels
~Individual creamers
STAFF
Holly Peterson, Recreation Program Coordinator III
Barbara Roembke, Front Office Coordinator

VOLUNTEER RECEPTIONISTS
Monday: Gail Dupee
Tuesday & Thursday: Mac Whittingale
Wednesday: Judy Ray & Marcie Dixon
Friday: Al Butler

The Bremerton Senior Center is open to all people ages 55 and better. The annual user fees are listed on page 3.

The Bremerton Senior Center is a division of the City of Bremerton Parks & Recreation Department. The Active Us is published five times a year.

Mission Statement:
The Bremerton Senior center is committed to enriching Senior lives in Bremerton by providing lifelong learning and recreational opportunities.

SUMS
Seniors Uncover Money Solutions
SUMS is you - all members of the Senior Center activities. We are dedicated to raising funds that can be used to make the Center a more enjoyable place for all of us.
SUMS Officers:
President: Paul Vlastelica
Vice President: George Cho
Treasurer: Al Butler
Secretary: Audrey O'Leary

CO-ED REC MODIFIED SOFTBALL
SPRING/SUMMER SEASON @ LIONS #1 TUESDAYS AND FRIDAYS, 10 AM - 2 PM
Enjoy the great game of softball played by men and women. The emphasis is on having fun through friendly competition, exercising and to develop individual hitting and fielding skills in a positive, team setting. Previous experience is recommended. Modified Fast Ball is played outdoors during the spring/summer at Lions Park, field #1. (Ages 55 and better, senior center membership is required.)

BRUSH UP/DUST OFF-NEW!! TUESDAYS, 12:30-2:30 PM
Have you always wanted to learn how to watercolor, sketch, learn colored pencils? Or have you painted previously and want to get back into it? Join members of the Bremerton Art Guild for helpful guidance. This group will meet on a weekly basis with volunteers from the Bremerton Art Guild helping you get started. Bring in your supplies and be ready to have some fun.

FOOTCARE
1ST TUESDAYS & 4TH WEDNESDAYS, BY APPT.
Michelle Gamber provides this affordable service. It's a pedicure without the polish! Call her for prices and to schedule your appointment at (360) 871-5726.

CRIBBAGE
WEDNESDAYS, 10 AM
This classic game has been around since the 17th century. Great card game for 2-4 players.

BAND PRACTICE - NEW!!!
WEDNESDAYS & FRIDAYS, 1-3 PM
This classic game has been around since the 17th century. Great card game for 2-4 players.

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2017 Memberships... Renew your membership for 2017 today. Payment can be made by calling the senior center, coming in or mailing your check. Keeping current on your dues will ensure that you continue to receive this newsletter at your doorstep! Highlights of your Senior Center Membership: newsletter direct mailed, participation in over 30 activities at no additional charge and trip registration priority. We are an active recreation center for all adults 55 and better. We have daily drop-in activities you can participate in, as well as, trips and tours, fitness, educational, enrichment and dance classes. The Bremerton Senior Center is also home to many entertainment groups, such as: Sunshine Singers, Center Line Dancers and more. Rates are on page 3.

• COUPLES MEMBERSHIP is for two people, at least one needs to be 55 or better, who reside at the same address. We have resident and non-resident rates. Rates are on page 3.

• SINGLES MEMBERSHIPS are for single city and non-city residents. Rates are on page 3.

• ASSOCIATE MEMBERSHIPS are for those individuals not yet 55 but who still would like to participate in the programs, trips and classes offered at the Center. This is a great membership for sons and daughters of members or active adults who participate at the Bremerton Senior Center. Rates are on page 3.