

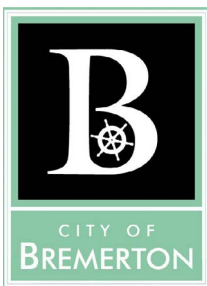


BREMERTON SENIOR CENTER ACTIVE US NEWSLETTER

JUNE - JULY 2017



The "Active Us" is THE place to get your information for the Bremerton Senior Center.



BREMERTON SENIOR CENTER
1140 NIPSIC AVE.
BREMERTON, WA 98310
(360) 473-5357
www.ci.bremerton.wa.us

CENTER HOURS **MONDAY-FRIDAY 8 AM TO 3 PM**

STAFF

Holly Peterson, Recreation Program Coordinator III
 Barbara Roembke, Front Office Coordinator

VOLUNTEER RECEPTIONISTS

Monday: Gail Dupee
 Tuesday & Thursday: Mac Whittlesey
 Wednesday: Judy Ray & Marcie Dixon
 Friday: Al Butler

The Bremerton Senior Center is open to all people ages 55 and better. The annual user fees are listed on page 3.

The Bremerton Senior Center is a division of the City of Bremerton Parks & Recreation Department. The **Active Us** is published five times a year.

Mission Statement:

The Bremerton Senior center is committed to enriching Senior lives in Bremerton by providing lifelong learning and recreational opportunities.

\$UM\$

Seniors Uncover Money Solutions

\$UM\$ is you - all members of the Senior Center activities. We are dedicated to raising funds that can be used to make the Center a more enjoyable place for all of us.

\$UM\$ Officers:

President: Paul Vlastelica
 Treasurer: Al Butler

Vice President: George Cho
 Secretary: Audrey O'Leary

\$UM\$

CORNER

Hello \$UM\$ members and happy summer!

We are happy to announce that \$UM\$ has bought a \$1000 brick for the Manette Park Improvement project. We plan to have it engraved with \$UM\$ & Bremerton Senior Center's name on it and other info regarding our programs. Thanks to everyone who donated, bought and helped in all that \$UM\$ has done so we could donate to this worthwhile project.

Many of you attended the "Spring Fling" this month. Center staff did the cooking for us and everything was outstanding. Also outstanding was the entertainment. George & Patricia Cho, Tomoko Frank and Liz Berens did a couple of line dances (In America & Hairspray) for us and it was awesome! I also told jokes and from the response from the audience it was well received.

The \$UM\$ officers and Senior Center staff have already started planning for the October Senior Craft Fair. We have advertisements scheduled for both Mentor Boards (Hwy. 3 and Wheaton Way). This is the first time we were able to accomplish renting both of the Mentor Signs. If you have any entertainment talent and want to perform at our craft fair, please contact us-just call the Senior Center main office (360-473-5357).

Our great volunteer leaders have also stepped up in crucial areas. Pat Yarbrough is again organizing the shifts for the greeter table, Cathy Vlastelica is overseeing the bake sale, Judy Ray will head up the baskets for the raffle and Bob Schmielt will be our outstanding "Stage Manager". Thanks to all for heading up these positions.

To make it easier on all, we still need to staff these critical areas with lots of volunteers. Can you donate 2-3 hrs on either the Friday or Saturday of the Craft Fair? If so, this would help Pat and Cathy tremendously. Also if you have the time, volunteer to assist Judy with the baskets so we can have them out on display by September 1st. New to the craft fair - no age limit on vendors. If you know anyone who is a vendor, makes their items by hand, have them call the center and get on the new vendor list.

Remember the bake sale on June 5 & 6 at the center from 9 am to 2 pm. If you're not a baker, YOU'RE A BUYER!

On a sad note I would like to announce that we have lost one of our line dance instructors, Mary Francis Beedle 7/30/1930 to 5/3/2017. She started the CenterLine Dancers and taught the Wednesday class. She has volunteered her talent and countless hours to this center. She even introduced George Cho to this center and he now volunteers his time as VP \$um\$ and as the Monday Line Dance Instructor.

~Paul Vlastelica, Your \$um\$ President

MEMBERSHIP RENEWAL

Senior memberships run the calendar year (January-December) regardless of when you join. Renew your 2017 membership today at the rates listed below. (Sorry no refunds on memberships.)

RESIDENTS

Single.....\$15/yr
Couples.....\$22/yr
Associate.....\$21/yr

NON-RESIDENTS

Single.....\$30/yr
Couples.....\$44/yr
Associate.....\$42/yr

TAKING CHARGE SERIES

A series of topics designed with you in mind. Each month will focus on a different topic - fitness, nutrition, aging, financial and more.

Each month is sponsored by a different business/provider and a light lunch/snack will be served. Reserve your seat today as these workshops fill up quickly.

June 20 - Hospice/Palliative Care

Sept 26 - Aging with grace & Memory Screenings

**Oct 24 - Open Enrollment
11:30 AM, FREE**

Main Room - Senior Center

MEALS ON WHEELS KITSAP - LUNCHEONS

Thursdays @ Noon, \$3

Fridays @ Noon, \$3

Nutritious and delicious lunches plus a great way to meet other seniors. Reservations are requested, call 360-377-8511 by 2 PM the previous day.

FRAGRANCE ALERT

Please refrain from wearing excessive perfume or cologne when you visit the Center or go on our trips. There are many people who experience unpleasant physical effects from scented products.

TABLE OF CONTENTS

\$UM\$ Corner & Things to Know.....	2
Luncheons.....	3
Trips and Tours.....	4
June Calendar.....	6
July Calendar.....	7
More Trips and Tours.....	8
More Trips and Tours.....	9
Daily Activities.....	10
Membership.....	12

SOCIALS/ LUNCHEONS

Our luncheons are a great way to meet people, enjoy a delicious meal and have a good time! Bring a guest, who's a non-member to the luncheon and when they join the Senior Center, you'll receive a special thank you gift!

JUNE 5-6, 9 AM - 2 PM BAKE SALE!!!!

Enough said right??? Best Bake Sale ever!!!

JUNE 6, 11:30 AM BURGER BASH LUNCHEON

Burgers, baked beans, chips and salad - YUMMMY!!! How about kicking off your summer with us at this great luncheon! Cost: \$5pp

AUGUST 8, 11:30 AM ICE CREAM SOCIAL

ICE CREAM!!!!!! Get your cool on by coming to our annual Ice Cream Social. Cost: \$5pp.

SEPT 12, 11:30 AM WELCOME BACK LUNCHEON

Happy Fall y'all!! So many of you take vacations during the summer that we're having a party to welcome you back to the center and all its activities. Food - 3rd annual chili cook-off, fun and entertainment will make this a great luncheon! Cost: \$5pp.

~DONATIONS~

Thank you for your generosity! At present, we do not need any more Decaffeinated Coffee. We are, however, still accepting Regular Coffee.

Thank You!!

**13 gal kitchen bags~ 10 oz hot/
cold cups ~ Individually wrapped
candy~napkins~small paper
plates~Kleenex~paper towels
~Individual creamers**

GENERAL TRAVEL INFORMATION

BSC REPRESENTATIVE: A staff member accompanies tours and will try to ensure that the tour runs as close to schedule as possible and handle any problems that may arise. All participants must have a current emergency medical waiver form on file prior to traveling. Please make sure your contact phone number/address and medical issues are as current as possible.

FULL TRIPS: If a trip is full, please place your name on the waiting list. Often reservations are canceled and we are able to fill the empty spots from the waiting lists.

MOBILITY OF OUR PARTICIPANTS: Each trip has an **R** rating. The higher the rating, the more walking and standing you will be required to do (see page 8). **Please check the rating and know your limits prior to signing up.** If you require extra time to load/unload please be sure to be the last to load/unload. If it is medically necessary for you to sit in a certain seat, please make sure the office has a copy of your doctors note on file during your travel restriction so we can understand how best to accommodate your request. There are no restroom facilities on either van.

NAVIGATOR/CO-PILOT: The passenger seat is designated the navigator/co-pilot. As the navigator/co-pilot your driver may request your assistance with either driving directions, buckling and unbuckling other travelers and closing the large passenger door. While not all trips require the above mentioned services, there is a basic need for them to some extent on all trips. Please be sure that your physical condition will allow you to perform such duties if requested.

PARKING: Please contact the Senior Center office regarding the parking policy.

PAYMENTS: Full payment is due upon registration.

REGISTRATION PROCESS: Registration for each trip begins when they are published in either the bi-monthly newsletter or the quarterly Parks & Rec Activity Guide. Phone-in or walk-in are the two most convenient ways to register for trips. Phone reservations require a credit card. All registrations are first come, first served and members have priority.

REFUNDS: Bremerton Senior Center reserves the right to cancel any tour that does not reach its minimum 10 working days before the travel date. In that event, you will receive a credit on your account to be used on another trip at the Senior Center. Refunds will not be given to any trip \$24 or less that you need to cancel. Cancellations for day trips (\$25 or more) are given only if a replacement to fill your spot is found, please let staff know in ample time should you need to cancel. Trips canceled by the participant will be charged a 10% cancellation fee. No refunds will be given for trips canceled less than 24 hours in advance of departure. Cancellations for extended trips vary.

JUNE

PIZZA CHALLENGE!!

THURSDAY, JUNE 8TH - COST, \$29, R1

The 2017 food challenge is Pizza! Everyone will be able to order their own small size pizza and judge for themselves who has the best pizza in the northwest. We'll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of "who has the best in our little corner of the NW". Your small pizza, beverage and transportation are included.

QUEEN ANNE CRIME TOUR & LUNCH

TUESDAY, JUNE 13TH - COST, \$64, R1

Explore the darker side of Seattle's past on Seattle's original True Crime Tour- A touch of Seattle Noir. This tour visits the scenes of some of Seattle's most infamous crimes. The Queen Anne True Crime Tour visits the scenic & charming Queen Anne Hill, Pioneer Square (the oldest section of the city), the colorful Chinatown International District & Downtown Seattle, with stops to get out and explore. We will finish the day at Ballard Brothers Seafood and Burgers. Tour, lunch and transportation are all included. Max. 13 folks.

NUCOR-STEEL TOUR & PALISADES LUNCH

FRIDAY, JUNE 16TH - COST, \$54, R2

Nucor is the largest steel producer in the U.S. Nucor is also North America's largest recycler of any material, recycling one ton of steel every 2 seconds. Tour requirements: long pants (no shorts or skirts), flat-bottomed, closed-toe, sturdy shoes with socks (no sandals, heels, etc). They provide hardhats, safety glasses, overcoats and earplugs. This tour is over a mile in walking, ascending and descending several sets of stairs. We ask that everyone please consider if they are able to do this comfortably prior to registering. No pictures or video recording is permitted on the tour and picture ID is required. After the tour, we will head to Palisades in Magnolia for a delicious lunch.

JUNE CONT...

LIVING COMPUTER MUSEUM & LUNCH

THURSDAY, JUNE 22ND - COST, \$59, R2

Living Computers: Museum + Labs provides a one-of-a-kind, hands-on experience with computer technology from the 1960's to present. It honors the history of computing with the world's largest collection of fully restored-and usable-supercomputers, mainframes, minicomputers and microcomputers. A new main gallery offers direct experiences with robotics, virtual reality, artificial intelligences, self-driving cars, big data, the Internet of Things, video-game making, and digital art. We will have lunch at Paseo, considered to be one of the best sandwich shops in Seattle. Guided tour, transportation and lunch are included.

WASHINGTON PARK ARBORETUM & LUNCH

TUESDAY, JUNE 27TH - COST, \$39, R2

The Arboretum is a hidden gem on the shores of Lake Washington. Jointly managed by the University of Washington Botanic Gardens and the City of Seattle, its 230 acres are a dynamic assortment of plants, some found nowhere else in the Northwest. We will take a guided-tram tour through the Arboretum and discover this living collection of plants from around the world. The Graham Visitors Center contains an information desk and displays, and a gift shop managed by the Arboretum Foundation. Guided tram tour and transportation are included, however, lunch will be on your own at a restaurant of your choosing in U-Village. Max. 13 folks.

EXTENDED TRIP 2017

SPOTLIGHT ON SAN ANTONIO HOLIDAY

NOV 30TH-DEC 4TH

COST \$2,199PP/DBL OCC, R2

Highlights: LBJ Ranch, Fredericksburg, Paseo del Rio Cruise, Olive Orchard, Mission San Jose, The Alamo and El Mercado. We will also enjoy a Texas-inspired dinner paired with local wine at an olive orchard. Deposit of \$350 due June 23, 2017.

JULY

LITTLE CREEK CASINO

THURSDAY, JULY 6TH - COST, \$14, R1

This is by far one of our favorite casinos to visit. Just an hours drive away so we will be able to spend more time gaming! Don't forget to get all your discounts for 50+ at the promotions booth!

WINGS OVER WASHINGTON & CRAB POT!!!

TUESDAY, JULY 18TH - COST, \$79, R2

Take a ride in the state-of-the-art "flying theater" that will transport you on an aerial adventure above one of America's most scenic and beautiful states, Washington. Wings over Washington is currently the most state-of-the-art theater in the world using 5K cameras; innovative art laser projection; drones for image capture; MUSHROOM VR™, and a ground-breaking surround sound system. Once you're strapped into your theater seat, you will experience an amazing journey as a "spirit eagle" sweeps you upward into flight across the state of Washington. You will see amazing sights as you dive down the seaside cliffs through the morning mists of the Olympic National Forest and Mt. Rainier to the San Juan Islands and on to the spectacular beauty of the Cascades and the awe-inspiring Snoqualmie Falls to the wild whitewater of the Tieton River and the kaleidoscopic wonder of the Walla Walla Valley Balloon Stampede then back to Elliott Bay to bank around the Seattle Great Wheel as a sensational fireworks display begins and then slowly landing back to where the journey all began. Flight, transportation and lunch at the **Crab Pot** (for the Seafeast!) are all included. We will be walking on the ferry and meandering along the waterfront so please wear comfortable walking shoes.

UPTOWN SHOPPING - GIG HARBOR

THURSDAY, JULY 20TH - COST, \$12, R2

Hang out and shop in Gig Harbor at Uptown. Soma, the Loft, Kohl's, Garden Room, and much more! Lunch on your own at any Uptown restaurant.

Proudly presented by the Bremerton Senior Center & \$eniors Uncover Money \$olutions

Senior Craft Fair

Friday, October 20
10 AM to 5 PM

Saturday, October 21
9 AM to 4 PM

Sheridan Park Community Center
680 Lebo Blvd., Bremerton

New in 2017 - Vendors can be any age as long as their items are hand-crafted. 90 local vendors who specialize in hand-crafted wares. Food, fun, festive holiday music and free admission! Don't forget the annual \$UM\$ Bake Sale - these delightful treats are all hand made by a variety of Bremerton Senior Center members and are definitely something you don't want to miss! Raffle tickets available at the door for Senior Center donated gift baskets.



Info line: 360-473-5357





Bremerton's WEST SOUND SENIOR GAMES



A Community Partnership of

Kitsap Sun



An Athletic Event for Ages 50 and up
July 12-15, 2017

8-Ball ~ 5k Run/Walk
Badminton ~ Basketball
Bowling ~ Cycling Time Trials
Disc Golf ~ Horseshoes
Mini-Golf ~ Pickleball
Ping Pong ~ Swimming
Track & Field



Register for only \$40*!

Registration fee covers your participation in any or all events and the Celebration Banquet. Events are held at various locations throughout Kitsap County. Celebration Banquet is only \$5pp for guests. Late fee of \$10 for registrations received after June 14 or received the day of. Call the Bremerton Senior Center at 360.473.5357 for more info.

Download registration forms at www.bwssg.com



JUNE CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
* = Sheridan Park Gym *A = Sheridan Park Lounge *C = Bremerton Ice Arena *D = OSSC-Pendergast *E = Pendergast *F = Lions Park			1 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10:30 8-ball pool tournament 10-2 Quilting Class 12 Meals on Wheels Kitsap 1:30 Tai Chi	2
5 8 Pool 9 Lo-Impact Aerobics 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	6 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 11:30 BURGER BASH LUNCHEON 12:30 Brush up/Dust off	7 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 1 Band Practice 5:30-8:30 Ping Pong	8 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 12 Meals on Wheels Kitsap 1:30 Tai Chi	9 8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Dominoes 10-2 Quilting Class 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
BAKE \$ALE - 9 Am to 2 PM				
12 8 Pool 9 Lo-Impact Aerobics 9 Bridge 9 AARP Safe Driving 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	13 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 9 AARP Safe Driving 10 Modified Softball *F 10 Women's Soccer *D 11:30 Brush up/Dust off	14 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 1 Band Practice 5:30-8:30 Ping Pong	15 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 12 Meals on Wheels Kitsap 1:30 Tai Chi	16 8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Dominoes 10-2 Quilting Class 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
19 8 Pool 9 Lo-Impact Aerobics 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	20 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 11:30 TAKING CHARGE SERIES 12:30 Brush up/Dust off	21 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 10:30 9-ball pool tournament 11 Ice Skating *C 1 Band Practice 5:30-8:30 Ping Pong	22 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 12 Meals on Wheels Kitsap 1:30 Tai Chi	23 8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Dominoes 10-2 Quilting Class 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
26 8 Pool 9 Lo-Impact Aerobics 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	27 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 11:30 Brush up/Dust off	28 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 1 Band Practice 5:30-8:30 Ping Pong	29 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 12 Meals on Wheels Kitsap 1:30 Tai Chi	30 8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Dominoes 10-2 Quilting Class 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong

JULY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
¹ * = Sheridan Park Gym *A = Sheridan Park Lounge *C = Bremerton Ice Arena *D = OSSC-Pendergast *E =Pendergast *F = Lions Park				
³ 8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	⁴ CLOSED 4th of July	⁵ 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 1 Band Practice 5:30-8:30 Ping Pong	⁶ 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 12 Meals on Wheels Kitsap 1:30 Tai Chi	⁷ 8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Dominoes 10-2 Quilting Class 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
¹⁰ 8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	¹¹ 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 12:30 Brush up/Dust off	¹² 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 1 Band Practice 5:30-8:30 Ping Pong	¹³ 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 12 Meals on Wheels Kitsap 1:30 Tai Chi	¹⁴ 8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Modified Softball *F 10 Dominoes 10-2 Quilting Class 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
SENIOR GAMES EVENT				
¹⁷ 8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Danc	¹⁸ 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 12:30 Brush up/Dust off	¹⁹ 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 1 Band Practice 5:30-8:30 Ping Pong	²⁰ 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 12 Meals on Wheels Kitsap 1:30 Tai Chi	²¹ 8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Modified Softball *F 10 Dominoes 10-2 Quilting Class 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
^{24/31} 8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	²⁵ 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 12:30 Brush up/Dust off	²⁶ 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 1 Band Practice 5:30-8:30 Ping Pong	²⁷ 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 12 Meals on Wheels Kitsap 1:30 Tai Chi	²⁸ 8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Modified Softball *F 10 Dominoes 10-2 Quilting Class 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong

JULY CONT...

HYDROPLANE & RACEBOAT MUSEUM & LUNCH

TUESDAY, JULY 25TH - COST, \$44, R2

The Hydroplane and Raceboat Museum is the nation's only public museum dedicated solely to powerboat racing. Formed in 1983, the Mission: is to inspire and motivate learning and achievement while honoring, celebrating and preserving the legacy of Unlimited Hydroplane racing. The museum features an incredible collection of vintage hydroplanes spanning several decades, including boats that have won 17 Gold Cups! The Hydroplane and Raceboat Museum is also the nation's primary resource for historical and educational information on hydroplane racing. Our extensive collection of books, magazines, race programs, newspapers, photos, trophies and other memorabilia dates back to the turn of the last century. We have over 200 hours of rare vintage racing films transferred to videotape, covering hydroplane racing for the 1940's to the present. The stories of famous drivers are here as well. Legendary Bil Muncey, Ron Musson, Mira Slovak, "Wild" Bill Cantrell and other past drivers are featured, plus information on many of the top modern drivers, including Chip Hanauer. Tour, transportation and lunch at the Wild Wheat Bakery is included.

TRIP RATINGS:

R1: Board & depart Bus/Van and walk 2-3 blocks without stopping to rest. Must be able to stand 15 to 30 min.

R2: Board & depart bus/van and walk 4-5 blocks without stopping to rest, must be able to stand 30 to 45 min, handle stairs and walk a mile in under 20 min.

Please check the trip ratings carefully when registering. Signing up for trips that are within your limits will allow you to have a better experience.

AUGUST

PIZZA CHALLENGE!! - NEW DATE

THURSDAY, AUGUST 10TH - COST, \$29, R1

The 2017 food challenge is Pizza! Everyone will be able to order their own small size pizza and judge for themselves who has the best pizza in the northwest. We'll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of "who has the best in our little corner of the NW". Your small pizza, beverage and transportation are included.

BAINBRIDGE ISLAND MUSEUM OF ARTS & LUNCH

TUESDAY, AUGUST 22ND - COST, \$19, R2

Bainbridge Island Museum of Art (BIMA) is a collecting museum with a focus on artists and collections from the Puget Sound region. BIMA is a prominent community resource for quality arts and lifelong learning, and since opening in June 2013 has become the cultural living room for Bainbridge Island with an auditorium, Bistro, store, and a variety of free and paid events. Museum and transportation are included, however, lunch at Cafe' Nola (which we will walk to from the museum) is on your own.

WA STATE HISTORY MUSEUM & LUNCH

THURSDAY, AUGUST 31ST - COST, \$44, R2

The Washington State History Museum is where fascination and FUN come together! People of all ages can explore and be entertained in an environment where characters from Washington's past speak about their lives. Currently on exhibit - Gridiron Glory! In 2012, the Pro Football Hall of Fame celebrated its 50th anniversary. To mark that milestone, the Hall of Fame created a traveling exhibition that presents a panoramic view of the story of professional football... from its humble beginnings in the early 20th century to the sports phenomenon it has become today. The experience showcases the Pro Football Hall of Fame's vast holdings of football artifacts, rare photos and one-of-a-kind documents. In addition, NFL Films has provided spectacular footage from its unparalleled film archives to illustrate the exhibit's many themes and storylines. Throughout the exhibit, visitors will find a series of interactive exhibits that challenge both mind and body. And one of the most extraordinary features of Gridiron Glory is a series of accompanying programs that include appearances by current and former NFL players, coaches and more. Tour, transportation and lunch at Stack 571 are all included.

SEPTEMBER - NEW!!

PUYALLUP FAIR

THURSDAY, SEPT 7TH - COST, \$19, R2

Puyallup Fair - THE FAIR!! The Puyallup Fair (officially known as the Western Washington Fair) is the largest single attraction held annually in the state of Washington. The Fair continually ranks in the top ten largest fairs in the world. Situated south of Seattle and east of Tacoma in the shadow of majestic Mount Rainier, the Fair & Events Center comprises 169+ acres, with buildings and land valued at more than \$54 million. This trip is a must to go on annually or for your first time.

BRIGHTWATER PLANT TOUR

THURSDAY, SEPT 14TH - COST, \$19, R2

Brightwater is possibly the most beautiful and sophisticated sewage treatment plant in the world. The plant design integrates landscape, architecture, wildlife habitat, engineering, art and education. Located in Woodinville, the plant went on-line in 2011. The construction and associated tunneling were a five-year mega-project costing \$1.8 billion. Learn how wastewater can be recycled into reusable water, energy and nutrients for plants and soil. Tours encourage visitors to think about responsible water use, the products they use and how everyday choices can help protect Puget Sound. Please note: the tour takes place outside and in an industrial setting; all visitors must dress appropriately and wear long pants and closed-toed shoes. There is approx. a mile worth of walking and traveling up and down multiple levels of stairs. Tour and transportation are included, however, lunch is on your own at a local restaurant.

EMERALD DOWNS - OUR DAY AT THE RACES!

SUNDAY, SEPTEMBER 17TH - COST, \$69, R1

Let's have a grand old time and head to Emerald Downs for an extra special day at the horse races. Enjoy a fabulous buffet- Crispy Fried Chicken & BBQ Beef Sandwiches - with all the fixin's, tip sheet, visit from the fan educator and special seating just for us in the view room. We go first class for this Day at the Races. We haven't visited Emerald Downs since 2011 so make sure you sign up quickly as this is bound to fill up!

OCTOBER - NEW!!

7 CEDARS AND THE POINT CASINOS

THURSDAY, OCTOBER 5TH - COST, \$19, R1

Today you truly hit the jackpot! 2 casinos in one day! Hold onto your hat for this whirl-wind adventure. Lunch is on your own at whichever casino you decide. Transportation is provided, lunch, however, is on your own.

FALL MYSTERY TRIP

TUESDAY, OCTOBER 10TH - COST, \$59, R2

We are going on a trip to a very mysterious place! You will have fun - we are sure and you will make lots of memories. Dress comfortably for anything, wear appropriate shoes (this is an R2) and remember to come with an appetite!

PIZZA CHALLENGE!!

THURSDAY, OCTOBER 12TH - COST, \$29, R1

The 2017 food challenge is Pizza! Everyone will be able to order their own small size pizza and judge for themselves who has the best pizza in the northwest. We'll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of "who has the best in our little corner of the NW". Your small pizza, beverage and transportation are included.

EXTENDED TRIP 2018

SPOTLIGHT ON WASHINGTON D.C.

APRIL 12TH-17TH - COST \$2,949PP/DBL OCC, R2

Highlights: U.S. Capitol Building, World War II Memorial, White House Visitor Center, Smithsonian Institution, Arlington National Cemetery, Mount Vernon, Old Town Alexandria, Washington National Cathedral and Ford's Theatre. Deposit of \$490 due November 6, 2017.

GAMES

Pool:	Monday-Friday, 8 AM-3 PM
Ping Pong:	Tuesdays & Thursdays, 8-10:30 AM,
Mah Jong:	Tuesdays & Fridays, 9 AM-2 PM
Cribbage	Wednesdays, 10 AM
Canasta:	Wednesdays, 9 AM
Bridge:	Mondays & Thursdays, 9 AM
Rummikub:	Thursdays, 9AM-12 PM
Dominoes:	Fridays, 10 AM-1 PM

COMPUTER LAB

DAILY, 8 AM-2:45 PM

Flat screens, one touch screen, new hard-drives and high speed wireless internet in a quiet room, what more could you ask for? If you just want to surf the web, check your e-mail or refresh your computer skills, come on down and see what's new!

POOL

DAILY, 8 AM - 3 PM

Four tables are available daily to play on. Whether you come in just for the monthly tournaments or to see if you got game - you're sure to have fun!

SUNSHINE SINGERS

MONDAYS, 10:30 AM-12:30 PM

Tea for two and two for tea - that's me and you and lots of friends makes we...come be part of this group and make beautiful music and friendships. The Singers perform all around Kitsap County, delighting audiences everywhere they go!

BREMERTON ART GUILD

MONDAYS, 10 AM-1 PM

Do you sketch, sculpt, paint? Do you have an art project that you would like to work on but don't have the space or just want a little company? Join the members of the Bremerton Art Guild, bring your projects and enjoy.

SENIOR OPEN ICE SKATE

MONDAYS & WEDNESDAYS, 11 AM- 12 PM

Always wanted to learn to ice skate? Come to the Center to pick up your weekly passes to skate at the Bremerton Ice Arena. Skates are available to rent for \$3.50. This is a free program, however, Senior Center membership is required.

AARP SAFE DRIVING PROGRAM

MONDAY & TUESDAY, 9 AM-1 PM

SEPTEMBER 18 & 19

Need a quick review on your driving skills and/or want to save money on your insurance? AARP provides instruction for you. Attendance on both days is required to receive credit. Call (360) 473-5357 to register. Supply fee paid to instructor at first class. Class min. 5, max. 12.

CENTER LINE DANCERS

MONDAYS - BEG 12:30-1:45 PM/INT 1:45-3 PM

WEDNESDAYS - BEG 10:15 AM/INT 11:30 AM

Bring your cowboy boots and have a stompin' good time. Fun routines are learned and practiced with great camaraderie. The dancers also perform at various venues throughout the county.

BRIDGE

MONDAYS & THURSDAYS, 9 AM

Beginners to experienced Bridge players are welcome to play with this fun group.

COMPUTER HELP!! - NEW!

TUESDAYS, 10 AM - 2 PM

Not in love with your computer these days, need to get some help, re-fresh your skills? Whatever the case, we have help. Please sign up in the office for your desired time slot on Tuesdays from 10am-2pm.

BADMINTON

TUESDAYS & THURSDAYS, 8 AM

Come on down to Sheridan Park gym and have a great time batting at birdies (equipment is provided).

CRAFT CLUB WITH SALLY

TUESDAYS, 9 AM-NOON (A.K.A. CRITTERS)

Are you repairing an old friend or creating a new one? From re-stuffing critters to making curtains, Sally and her team of extreme makeover artists can help you work on any project.

SR WOMEN'S INDOOR SOCCER

TUESDAYS, 10-11 AM

This program is held at the Olympic Soccer and Sports Center located at Pendergast Regional Park. This is a free program, however, Senior Center membership is required.

Daily Activities are free for BSC members unless otherwise noted. Non members pay \$3 drop in fee per activity attended.

CO-ED REC MODIFIED SOFTBALL

SPRING/SUMMER SEASON @ LIONS #1

TUESDAYS AND FRIDAYS, 10 AM - 2 PM

Enjoy the great game of softball played by men and women. The emphasis is on having fun through friendly competition, exercising and to develop individual hitting and fielding skills in a positive, team setting. Previous experience is recommended. Modified Softball is played outdoors during the spring/summer at Lions Park, field #1. (Ages 55 and up, senior center membership is required.)

BRUSH UP/DUST OFF-NEW!!

TUESDAYS, 12:30-2:30 PM

Have you always wanted to learn how to watercolor, sketch, learn colored pencils? Or have painted previously and want to get back into it? Join members of the Bremerton Art Guild for helpful guidance. This group will meet on a weekly basis with volunteers from the Bremerton Art Guild helping you get started. Bring in your supplies and be ready to have some fun.

FOOTCARE

1ST TUESDAYS & 4TH WEDNESDAYS, BY APPT.

Michelle Gamber provides this affordable service. It's a pedicure without the polish! Call her for prices and to schedule your appointment at (360) 871-5726.

CRIBBAGE

WEDNESDAYS, 10 AM

This classic game has been around since the 17th century. Great card game for 2-4 players.

BAND PRACTICE - NEW!!!

WEDNESDAYS & FRIDAYS, 1-3 PM

Play an instrument? Know how to sing in a group setting? This is the group for you. Come and join our new band, bring your instrument and have a great time jamming with your friends!

QUILTING CLASS

THURSDAYS, 10 AM-2:30 PM

FRIDAYS, 10 AM-2:30 PM

Novice or experienced quilters, come one and all! Bring your quilting supplies, get new ideas and visit with other quilters. The group occasionally offers classes on techniques and styles. (Sewing machine skills required.)

POOL TOURNAMENTS

8 BALL-1ST THURSDAYS - 10:30AM

JUNE 1-CHAMPIONSHIP

8-BALL IS GENEROUSLY SPONSORED BY:

BREMERTON HEALTH & REHAB

360-377-3951

9 BALL-3RD WEDNESDAYS - 10:30AM

JUNE 21-CHAMPIONSHIP

9-BALL IS GENEROUSLY SPONSORED BY:

FOREST RIDGE HEALTH & REHAB

360-479-4747

Tournaments are just \$3 per player and include a delicious lunch and prize to the winner! New rules: Straight 8, call shot, BCA rules, 2 out of three in winners bracket only. No handicap 8 or 9ball. Tournaments take a break during the summer months but fun is still to be had in the pool room. Come join us daily, Monday-Friday from 8am to 3pm.

Wednesday, June 14th - we will head to Auburn Senior Center and challenge them to a tournament of 8-ball. Cost is \$3pp and max is 12 players, transportation is provided.

WELLNESS

AEROBICS-FREE VIDEO

MONDAYS, WEDNESDAYS & FRIDAYS, 9 AM

Get your heart pumping and your sweat dripping in this moderate paced fitness class. Class utilizes weights, resistance bands and other strength training techniques and can be fast-paced at times. Participants need to be able to exercise at a consistent level for 5-10 minutes at a time.

TAI CHI

THURSDAYS, 1:30-2:30 PM

SESSIONS: MAY 25-JUNE 29 & JULY 6-AUG 10

Tai Chi Chuan, a Chinese martial art noted for its slow, smooth movements, has been proven to improve balance and increase flexibility. This class features Sun and Yang Styles. This class is accessible for all levels of fitness and taught by Sandy Carlson. Cost is \$30/6 weeks. Min of 5.



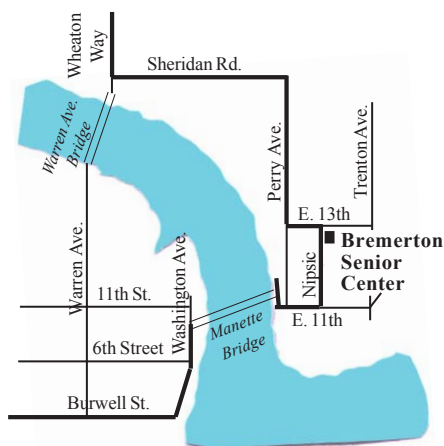
Bremerton Senior Center
1140 Nipsic Ave
Bremerton, WA 98310

Return Service Requested

PRSRT STD
U.S. POSTAGE
PAID
Bremerton, WA
Permit #209

Vicinity Map

Bremerton Senior Center
 1140 Nipsic Ave, Bremerton, WA 98310
 360-473-5357



2017 Memberships... Renew your membership for 2017 today. Payment can be made by calling the senior center, coming in or mailing your check. Keeping current on your dues will ensure that you continue to receive this newsletter at your door step! Highlights of your Senior Center Membership: newsletter direct mailed, participation in over 30 activities at no additional charge and trip registration priority. We are an active recreation center for all adults 55 and better. We have daily drop-in activities you can participate in, as well as, trips and tours, fitness, educational, enrichment and dance classes. The Bremerton Senior Center is also home to many entertainment groups, such as: Sunshine Singers, Center Line Dancers and more. Rates are on page 3.

- **COUPLES MEMBERSHIP** is for two people, at least one needs to be 55 or better, who reside at the same address. We have resident and non-resident rates. Rates are on page 3.
- **SINGLES MEMBERSHIPS** are for single city and non-city residents. Rates are on page 3.
- **ASSOCIATE MEMBERSHIPS** are for those individuals not yet 55 but who still would like to participate in the programs, trips and classes offered at the Center. This is a great membership for sons and daughters of members or active adults who participate at the Bremerton Senior Center. Rates are on page 3.