

Track & Field Results 2013

SHOT PUT

MEN

55-59

Stan Kaczynski – Gold 27'02"
David Lloyd – Silver 24'08"

65-69

Daryl Greenhalgh – Gold 23'06"

70-74

Bob Sheedy – Gold 34'09"
Mike Walton – Silver 28'03"
Lane Dowell – Bronze 28'01"

75-79

Gary Wright – Gold 24'05"
Ruggles Larson – Silver 18'05"

80-84

Charles Milliman – Gold 25'10"
Ronald Lund – Silver 21'05"

WOMEN

50-54

Anita Halvorson – Gold 17'07"

55-59

Jennifer Hogan – Gold 20'02"
Patricia Coogan – Silver 16'09"
Tiare Bailey – Bronze 14'09"

60-64

Deborah Dohrmann – Gold 22'02"
Sharon Hankinson – Silver 18'02"

65-69

Nora Collings – Gold 20'08"

70-74

Jean Cornwell – Gold 18'02"

75-79

Edyth Hulet – Gold 14'00"

DISCUS

MEN

55-59

David Lloyd – Gold 75'01"
Stan Kaczynski – Silver 56'06"

60-64

Chip Hicks – Gold 107'09"

70-74	Bob Sheedy – Gold	97'06"
	Mike Walton – Silver	87'06"
	Lane Dowell – Bronze	82'05"
75-79	Ruggles Larson – Gold	45'01"
80-84	Charles Milliman – Gold	59'01"
	Ronald Lund – Silver	49'10"

WOMEN

50-54	Anita Halvorson – Gold	29'04"
55-59	Jennifer Hogan – Gold	54'02"
	Patricia Coogan – Silver	30'09"
60-64	Sharon Hankinson – Gold	37'04"
	Deborah Dohrmann – Silver	48'03"
65-69	Nora Collings – Gold	38'04"
	Carrie Ries – Silver	15'01"
70-74	Jean Cornwell – Gold	30'06"
75-79	Edyth Hulet – Gold	35'05"

JAVELIN

MEN

50-54	William Won – Gold	95'10"
55-59	Scott Copeland – Gold	107'09"
	David Lloyd – Silver	77'16"
70-74	Bob Sheedy – Gold	110'03"
	Mike Walton – Silver	62'02"
75-79	Ruggles Larson – Gold	29'04"
80-84	Charles Milliman – Gold	63'03"

WOMEN

50-54	Anita Halvorson – Gold	34'07"
55-59	Jennifer Hogan – Gold	57'10"

60-64	Deborah Dohrmann – Gold	52’05”
75-79	Edythe Hulet – Gold	26’05”

LONG JUMP

MEN

50-54	William Won – Gold	15’6”
55-59	Scott Copeland – Gold	15’3”
	David Lloyd – Silver	9’8”
60-64	Phillip Milliman – Gold	13’1”
70-74	Bob Sheedy – Gold	10’9”
	Mike Walton – Silver	8’3”
75-79	Gary Wright – Gold	7’1”
	Ruggles Larson – Silver	5’1”
80-84	Charles Milliman – Gold	9’7”

WOMEN

50-54	Anita Halvorson – Gold	6’5”
55-59	Patricia Coogan – Gold	8’4”
65-69	Nora Collings – Gold	7’9”
70-74	Jean Cornwell – Gold	7’3”
75-79	Edythe Hulet – Gold	4’1”

HIGH JUMP

MEN

55-59	David Lloyd – Gold	3’6”
60-64	Philip Milliman – Gold	4’6”
70-74	Bob Sheedy – Gold	4’2”
	Mike Walton – Silver	3’3”
75-79	Ruggles Larson – Gold	2’7”

80-84	Charles Milliman – Gold	3’7”
	Jerry dietrich – Silver	3’3”
WOMEN		
50-54	Anita Halvorson – Gold	3’00”
55-59	Patricia Coogan – Gold	3’00”
75-79	Edyth Hulet – Gold	2’8”

50 METER

MEN

50-54	Aaron Blake – Gold	7.36
	William Won – Silver	7.45
55-59	Scott Copeland – Gold	7.30
	Steven Joyner – Silver	7.42
	Eduardo Diaz – Bronze	8.51
70-74	Bill Powers – Gold	9.21
	Mike Walton – Silver	10.18
	Glenn Gray – Bronze	10.55
75-79	Gary Wright – Gold	11.32
	Ruggles Larson – Silver	13.59
80-84	Charles Milliman – Gold	9.47
85-89	Melvin Leiman – Gold	11.19

WOMEN

50-54	Anita Wilson – Gold	9.97
55-59	MaryAnne Yanagimachi – Gold	9.10
	Tiare Bailey – Silver	10.39
60-64	Aney Velloth – Gold	8.27
	Teresa Barron – Silver	8.95
	Deborah Dohrmann	9.79
65-69	Carrie Ries-Gold	9.10
	Nora Collings – Silver	9.80
	Karman Trull – Bronze	13.58
70-74		

	Jean Cornwell – Gold	9.79
	Diane Koch – Silver	10.39
	Molly Childs – Bronze	13.83
75-79		
	Edythe Hulet – Gold	14.22
85-89		
	Fay Kidrick – Gold	14.39

100 METER

MEN

50-54		
	Aaron Blake – Gold	13.89
	William Won – Silver	14.35
55-59		
	Steven Joyner – Gold	13.41
	Scott Copeland – Silver	13.63
	Eduardo Diaz – Bronze	16.21
70-74		
	Bill Powers – Gold	18.02
	Mike Walton – Silver	19.35
	Glenn Gray – Bronze	20.59
75-79		
	Dale Sawyer – Gold	19.29
	Gary Wright – Silver	21.58
	Ruggles Larson – Bronze	25.96
80-84		
	Charles Milliman – Gold	18.02
85-89		
	Melvin Lieman – Gold	21.58

WOMEN

50-54		
	Anita Wilson – Gold	19.06
55-59		
	MaryAnne Yanagimachi – Gold	18.05
	Tiare Bailey – Silver	20.23
60-64		
	Aney Velloth – Gold	15.95
	Teresa Barron – Silver	17.26
	Deborah Dohrmann	20.86
65-69		
	Nora Collings – Gold	19.75
	Karman Trull – Silver	26.45
70-74		
	Diane Koch – Gold	19.96
	Patricia Coogan – Silver	21.21
	Molly Childs – Bronze	27.87
75-79		

	Edythe Hulet – Gold	31.84
85-89	Fay Kidrick – Gold	35.42

200 METER

MEN

50-54	Aaron Blake – Gold	28.95
	William Won – Silver	29.63
55-59	Scott Copeland – Gold	27.47
	Eduardo Diaz – Silver	35.35
	David Lloyd – Bronze	
70-74	Doug Woolen – Gold	38.21
	Glenn Gray – Silver	40.54
	Bill Powers – Bronze	41.26
75-79	Dale Sawyer – Gold	41.26
	Gary Wright – Silver	43.64
	Ruggles Larson – Bronze	1.01.55
80-84	Charles Milliman – Gold	39.51
	Jerry Dietrich – Silver	52.75
85-89	Melvin Lieman – Gold	42.99

WOMEN

55-59	MaryAnne Yanagimachi – Gold	38.31
	Patricia Coogan – Silver	48.39

400 METER

MEN

50-54	William Won – Gold	1.08.33
	Aaron Blake – Silver	1.08.62
55-59	Scott Copeland – Gold	1.06.83
	Eduardo Diaz – Silver	1.28.50
70-74	Doug Woolen – Gold	1.26.28
	Bill Powers – Silver	1.36.78
	Glenn Gray – Bronze	1.50.43
75-79	Gary Wright – Gold	1.53.99

80-84	Ruggles Larson – Silver	2.10.34
	Jerry Dietrich – Gold	2.10.34

WOMEN

50-54	Anita Halvorson – Gold	1.38.52
55-59	Patricia Coogan – Gold	1.47.06
60-64	Aney Velloth – Gold	1.33.18
	Teresa Barron – Silver	1.35.37
	Sharon Hankonson – Bronze	1.37.94
65-69	Nora Collings – Gold	1.33.18

800 METER

MEN

60-64	Don Wilson – Gold	2.48.89
70-74	Doug Woolen– Gold	3.13.53
	Bill Powers – Silver	3.38.55
75-79	Gary Wright – Gold	4.50.33
	Ruggles Larson – Silver	5.36.31
80-84	Charles Milliman – Gold	4.13.72
	Jerry Dietrich – Silver	4.25.48

WOMEN

50-54	Anita Halvorson – Gold	3.43.49
55-59	Patricia Coogan – Gold	3.48.82
	Tiare Bailey – Silver	3.56.58
60-64	Teresa Barron – Gold	3.31.25
65-69	Nora Collings – Gold	4.05.65
70-74	Molly Childs – Gold	6.49.14

1500 METER

MEN

70-74	Doug Woolen– Gold	6.32.00
	Bill Powers – Silver	7.15.58
75-79	Gary Wright – Gold	11.12.13

80-84

Jerry Dietrich – Gold	8.41.75
Charles Milliman – Silver	8.48.35

WOMEN

55-59

Patricia Coogan – Gold	7.26.42
Tiare Bailey – Silver	7.47.06

60-64

Teresa Barron – Gold	7.14.51
Sharon Hankinson – Silver	7.40.34

65-69

Nora Collings – Gold	8.14.06
Carrie Ries – Silver	18.04.79

70-74

Betty Dietrich – Gold	9.58.99
Molly Childs – Silver	11.14.80