



BREMERTON SENIOR CENTER ACTIVE US NEWSLETTER

NOVEMBER-DECEMBER '16



The "Active Us" is THE place to get your information for the Bremerton Senior Center.



BREMERTON SENIOR CENTER
1140 NIPSIC AVE.
BREMERTON, WA 98310
(360) 473-5357
www.ci.bremerton.wa.us

CENTER HOURS **MONDAY-FRIDAY 8 AM TO 3 PM**

STAFF

Holly Peterson, Recreation Program Coordinator III
 Barbara Roembke, Front Office Coordinator
 Marlys Price, Office Assistant/Membership

VOLUNTEER RECEPTIONISTS

Monday: Gail Dupee
 Tuesday & Thursday: Mac Whittlesey
 Wednesday: Judy Ray
 Friday: Al Butler

The Bremerton Senior Center is open to all people ages 55 and better. The annual user fees are listed on page 3.

The Bremerton Senior Center is a division of the City of Bremerton Parks & Recreation Department. The **Active Us** is published five times a year.

Mission Statement:

The Bremerton Senior center is committed to enriching Senior lives in Bremerton by providing lifelong learning and recreational opportunities.

\$UM\$

Seniors Uncover Money Solutions

\$UM\$ is you - all members of the Senior Center activities. We are dedicated to raising funds that can be used to make the Center a more enjoyable place for all of us.

\$UM\$ Officers:

President: Paul Vlastelica
 Treasurer: Al Butler

Vice President: George Cho
 Secretary: Audrey O'Leary

\$UM\$

CORNER

October is here, fall is in the air with the changing of colors and our Annual Senior Craft Fair is upon us!

Preparations have been ongoing for months and we are ready to tuck another successful craft fair under our belts! A huge thank you goes out to:

- *Greeters at the Greeter Tables
- *The Popcorn and Coffee makers
- *Bakers of all the bake sale treats
- *Sellers of all the bake sale treats

- *George Cho for scheduling the entertainment,
- *Pat Yarbrough for scheduling the greeters,
- *Cathy Vlastelica for organizing the sweet shoppe
- *Judy Ray for organizing the gift baskets
- *Barb and Mac for helping with any office tasks
- *To each Senior Center group for donating items for the raffle baskets.

*To Holly who does the behind the scenes organizing of the event to get things set up and running smoothly.

*All of our entertainers who bring their talent to our craft fair and donate their time to entertain all of us while we shop: Bremerton High School Jazz Band, Stodden Sisters, Scott & Teah Scheel, Soleman Krebs & Angei Kostoff, Christine Luders' Dance Driven, Jeff Berger, Back In The Day, Clam Island Band and our very own Sunshine Singers.

*Gus and Chris from Gordon Sound for supplying the music and sound equipment and helping our entertainers.

*To all of you for supporting the Craft Fair by purchasing raffle tickets, buying delicious, homemade breads and cookies and supporting our vendors.

*To the vendors, for making great hand-crafted items and being a wonderful reflection of this community.

As you can see, it takes a lot of volunteers to put together our largest fund-raising event and without you, it wouldn't be the success that it is.

George Cho, VP \$UM\$ and
 Paul Vlastelica, President \$UM\$

MEMBERSHIP RENEWAL

Senior memberships run the calendar year (January-December) regardless of when you join. Renew your 2017 membership now at 2016 renewal rates, which are listed below.

RESIDENTS

Single.....\$14/yr
Couples.....\$21/yr
Associate.....\$20/yr

NON-RESIDENTS

Single.....\$28/yr
Couples.....\$42/yr
Associate.....\$40/yr

TAKING CHARGE SERIES

A series of topics designed with you in mind. Each month will focus on a different topic - fitness, nutrition, aging, financial and more.

Each month is sponsored by a different business/provider and a light lunch/snack will be served. Reserve your seat today as these workshops fill up quickly.

**October 18 - Tax-Free Investing,
Edward Jones**

**November 22 - Cancer Awareness,
Forest Ridge Health & Rehab
11:30 AM, FREE
Main Room - Senior Center**

MEALS ON WHEELS KITSAP - LUNCHEES

Thursdays @ Noon, \$3

Fridays @ Noon, \$3

Nutritious and delicious lunches plus a great way to meet other seniors. Reservations are requested, call 360-377-8511 by 2 PM the previous day.

~DONATIONS~

We are still accepting the following donations.

Thank you for your generosity!

10 oz Foam hot/cold cups

Individually wrapped candy

Individual creamers - (flavored and regular)

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SOCIALS/ LUNCHEONS

Our luncheons are a great way to meet people, enjoy a delicious meal and have a good time! Bring a guest, who's a non-member to the luncheon and when they join the Senior Center, you'll receive a special thank you gift!

OCTOBER 25, 11:30 AM BOO PARTY

Tricks, treats and fun things to eat - this party has it all. Costume and pumpkin carving contests as well as donut bobbing! This menu will be a Halloween mystery right up until the end as well as the entertainment!! Cost is \$5pp.

DECEMBER 6, 11:30 AM HOLIDAY LUNCHEON

Traditional Holiday lunch will be served along with yummy pumpkin pie and whipped cream! Holiday Entertainment followed by a fast and furious white elephant gift exchange. Cost is \$5pp.

DECEMBER 5-7, 9 AM-1 PM HOLIDAY BAKE SALE

Our holiday bakers have been hard at work and are anxious to sell you all their delicious and tasty treats for only 3 days! Sale will be held during the Holiday Luncheon as well, however, come early for the best selection of fruit crisps, breads, cookies and brownies! YUMMY!!!!

JANUARY 10, 11:30 AM NEW YEAR'S BRUNCH

HAPPY 2017!! Come on down to the center and see your friends for the first time all year and enjoy entertainment, brunch and so much more! Cost is \$5pp.

FEBRUARY 14, 11:30 AM VIP LUNCHEON

Bring your very important person (VIP) to this annual event. Each VIP will receive a special gift. Of course, a delicious lunch will be served as well as dessert! Don't forget you will be entertained. Cost: \$5pp

GENERAL TRAVEL INFORMATION

FULL TRIPS: If a trip is full, please place your name on the waiting list. Often reservations are canceled and we are able to fill the empty spots from the waiting lists.

REGISTRATION PROCESS: Registration for each trip begins when they are published in either the bi-monthly newsletter or the quarterly Activity Guide. Phone-in or walk-in are the two most convenient ways to register for trips. Phone reservations require a credit card. All registrations are first come, first served and members have priority.

REFUNDS - NEW, PLEASE READ: The Bremerton Senior Center reserves the right to cancel any tour that does not fill or reach its minimum 10 working days before the travel date. In that event, you will receive a credit on your account to be used on another trip at the Senior Center. Refunds will not be given to any trip \$24 or less that you need to cancel. Cancellations for day trips (\$25 or more) are given only if a replacement to fill your spot is found, please let Senior Center staff know in ample time should you need to cancel. Trips canceled by the participant will be charged a 10% cancellation fee. No refunds will be given for trips canceled less than 24 hours in advance of departure. Cancellations for extended trips vary.

PARKING: Please contact the Senior Center office regarding the parking policy.

BSC REPRESENTATIVE: A staff member accompanies tours and will try to ensure that the tour runs as close to schedule as possible, that you are as comfortable as possible and handle any problems that may arise. All participants must have a current emergency medical waiver form on file prior to traveling.

PAYMENTS: Full payment is due at the time of registration.

NAVIGATOR/CO-PILOT: The passenger seat is designated the navigator/co-pilot. As the navigator/co-pilot your driver may request your assistance with either driving directions, buckling and unbuckling other travelers and closing the large passenger door. While not all trips require the above mentioned services, there is a basic need for them to some extent on all trips. Please be sure that your physical condition will allow you to perform such duties if requested.

MOBILITY OF OUR PARTICIPANTS: Each trip has an R rating. The higher the rating, the more walking and standing you will be required to do. **Please check the rating and know your limits prior to signing up.** Since we rely on two 15-passenger vans to travel, be courteous to other passengers. *If you require extra time to load and unload please be sure to be the last to load and unload. If you require a special seat to be seated in please make arrangements prior to loading the van and we will attempt to accommodate you.* Also, there are no restroom facilities on either van.

NOVEMBER

SCIENCE DOME & PLANETARIUM

TUESDAY, NOVEMBER 1ST - COST, \$54 , R1

Pierce College's Science Dome is a digital planetarium, the only one of its kind in the So Puget Sound. This interactive facility has a 38' dome-shaped screen that allows visitors to view the night sky from anywhere in the known universe on a cloudy day, be immersed in an alien environment with breathtaking full-dome images, and so much more! We will experience 30 min of live astronomy and 30 min of the Aurora Borealis. After this great tour, we'll stop for lunch at a local restaurant. Tour, lunch and transportation are included today.

CASCADIA ART MUSEUM & LUNCH

THURSDAY, NOVEMBER 3RD - COST, \$19, R2

Cascadia Art Museum premiered as a result of the growing national and international interest in American regional art. They feature paintings, prints, photography and sculpture created exclusively by artists active in the Northwest during the mid- 19th through the mid-20th centuries. With few exceptions, this fertile period of our creative history has been largely overlooked and understudied. The museum employs a series of five galleries; the Gateway Gallery changes yearly and features an overview of artistic activity created within the parameters of our focus. The remaining four galleries are dedicated to changing quarterly exhibitions. After our docent lead tour, we will head to a local restaurant for a delicious lunch (on your own). (FYI- we will be walking on the ferry, to the museum and lunch.)

ARTISAN CHEESE MAKING & LUNCH

THURSDAY, NOVEMBER 10TH - COST, \$79, R1

Learn how easy it is to make the best artisan cheese you've ever had! This hands-on class is taught at a farm in Fall City. We will bring home ready-to-eat mozzarella and a 2 lb wheel of cheddar that you will age 4-6 weeks on your own. Lesson and transportation are included on this trip, however lunch/breakfast will be on your own at a local restaurant.

BREAKFAST CHALLENGE

TUESDAY, NOVEMBER 15TH - COST, \$29, R1

The 2016 Breakfast Challenge is back on folks! This was by far our most popular challenge so we added a few new stops and included some old faves just for fun! We'll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of "who has the best in our little corner of the NW". Your breakfast, beverage and transportation are included.

DECEMBER

VICTORIAN COUNTRY CHRISTMAS

THURSDAY, DECEMBER 1ST - COST, \$19, R2

Join us for one of the largest holiday festivals on the West Coast. Picture several buildings filled with merchants and craftsmen in Victorian storefronts and indoor courtyards adorned with holiday florals, garlands and tassels. Lunch is on your own, admission and transportation are included.

ITEM HOUSE COAT FACTORY & LUNCH

FRIDAY, DECEMBER 2ND - COST, \$14, R2

We have been invited to a special seniors only private Dock Sale at Item House in Tacoma. Item House designs, manufactures and distributes quality, fashionable women's and men's coats and outerwear under the Kristen Blake, Trina Turk, George Simonton, Forecaster of Boston, Sachi and Metro brand names. Prior to the sale, we will head to breakfast (on your own), then the sale and finish up with a visit to the Almond Roca Factory.

HOLIDAY MYSTERY OVERNIGHTER!!!

WED, DEC 7TH-THUR, DEC 8TH - COST, \$259PP/DBL OCC, R2 (Only 2 rooms left!!!)

'Tis the season to be mysterious and joyful!! Let's go on an overnighter to a fun, festive and relaxing place. Amazing overnight accommodations, tour, lunch and breakfast will be included, however dinner on the 7th will be on your own at a mystery location. This trip should delight those who want to shop, gamble and relax....oops, have we said too much?? Space is limited so don't wait on this one.

BREAKFAST CHALLENGE - WINNER!!!

THURSDAY, DECEMBER 15TH - COST, \$29, R1

The 2016 Breakfast Challenge is back on folks! This was by far our most popular challenge so we added a few new stops and included some old faves just for fun! We'll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of "who has the best in our little corner of the NW". Your breakfast, beverage and transportation are included.

JANUARY

PIKE PLACE MARKET FOOD TOUR

THURSDAY, JANUARY 12TH - COST, \$74 , R2

Join us for Seattle's original food and cultural tour of Pike Place Market! Become a market insider on this behind-the-scenes adventure to experience the sights, sounds, and flavors of this historic 100+ year old landmark. Meet the Market's lively characters and hear their memorable stories. See fish fly, cheese being made, and the "original" Starbucks store. By the end, you will know the best places to eat at Pike Place Market. Our tour guides are past and present members of the Pike Place Market community. These intimate friendships with Market merchants ensure you will always receive special treatment. From Iron Chef winner Tom Douglas, to world famous fish throwers, come meet our Market family! Tour, transportation and escort are included.

LUCKY EAGLE CASINO

THURSDAY, JANUARY 19TH - COST \$16, R1

Lucky Eagle has over 1000 Hot Machines! Meltdown, Wheel of Fortune, Quick Hits, Hot Shots, Fireball, Secrets of the Forest, Power Strikes, Playboy Hot Zone, Moon Goddess and more! PLUS 115 slot games in a private non smoking room! Lunch is on your own.

THE KING AND I

SATURDAY, JANUARY 28TH - COST, \$119 , R1

One of Rodgers & Hammerstein's finest works, THE KING AND I boasts a score which features such beloved classics as "Getting to Know You", "I Whistle a Happy Tune", "Hello Young Lovers", "Shall We Dance" and Something Wonderful". Set in 1860's Bangkok, the musical tells the story of the unconventional and tempestuous relationship that develops between the King of Siam and Anna Leonowens, a British schoolteacher whom the modernist King, in an imperialistic world, brings to Siam to teach his many wives and children. Escort, musical and transportation are included today. Dinner at the Spaghetti Factory will be on your own after the show.

THE BELLEVUE COLLECTION & LUNCH

TUESDAY, JANUARY 31ST - COST, \$19 , R2

Today we'll visit the Bellevue Collection- they have over 250 of the finest stores with the brands you want and live for in fashion, accessories, home furnishings, jewelry, gifts and more. Enjoy lunch at Maggiano's Little Italy or any place inside the collection-the choice is yours today. Transportation and your escort are included in today's adventure.

NOVEMBER CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
	<div>1</div> 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 10-11 Int. Tap 12:30 Brush up/Dust off	<div>2</div> 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12:30 Woodcarvers 1-3 Ping Pong 5:30-8:30 Ping Pong	<div>3</div> 8 Pool 8 Badminton * 8-10:30 Ping Pong 9 Bridge 10-2 Quilting Class 10 Rummikub 10:30 8-Ball pool tournament 12 Meals on Wheels Kitsap 1:30 Tai Chi	<div>4</div> 8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Dominoes 10-2 Quilting Class 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
<div>7</div> 8 Pool 9 Lo-Impact Aerobics 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	<div>8</div> 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 10-11 Int. Tap 12:30 Brush up/Dust off	<div>9</div> 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12:30 Woodcarvers 1-3 Ping Pong 5:30-8:30 Ping Pong	<div>10</div> 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10-2 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap 1:30 Tai Chi	<div>11</div> <div>CLOSED</div> <div>VETERAN'S DAY</div>
<div>14</div> 8 Pool 9 Lo-Impact Aerobics 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	<div>15</div> 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 10-11 Int. Tap 11:30 Brush up/Dust off	<div>16</div> 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 10:30 9-ball pool tournament 11 Ice Skating *C 12:30 Woodcarvers 1-3 Ping Pong 5:30-8:30 Ping Pong	<div>17</div> 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10-2 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap 1:30 Tai Chi	<div>18</div> 8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Dominoes 10-2 Quilting Class 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
<div>21</div> 8 Pool 9 Lo-Impact Aerobics 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	<div>22</div> 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 10-11 Int. Tap 11:30 TAKING CHARGE SERIES 12:30 Brush up/Dust off	<div>23</div> 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12:30 Woodcarvers 1-3 Ping Pong 5:30-8:30 Ping Pong	<div>24</div> <div>CLOSED</div> <div>THANKSGIVING</div>	<div>25</div> <div>CLOSED</div> <div>THANKSGIVING</div>
<div>28</div> 8 Pool 9 Lo-Impact Aerobics 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	<div>29</div> 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 10-11 Int. Tap 11:30 Brush up/Dust off	<div>30</div> 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12:30 Woodcarvers 1-3 Ping Pong 5:30-8:30 Ping Pong		* = Sheridan Park Gym *A = Sheridan Park Lounge *C = Bremerton Ice Arena *D = OSSC-Pendergast *E = Pendergast *F = Lions Park

DECEMBER CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
* = Sheridan Park Gym *A = Sheridan Park Lounge *C = Bremerton Ice Arena *D = OSSC-Pendergast *E =Pendergast *F = Lions Park			1 8 Badminton * 8-10:30 Ping Pong 9 Bridge 10-2 Quilting Class 10 Rummikub 10:30 8-Ball pool tournament 12 Meals on Wheels Kitsap 1:30 Tai Chi	2 8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Dominoes 10-2 Quilting Class 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
5 8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	6 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 10-11 Int. Tap 11-12 Beg Tap 11:30 Holiday Luncheon 12:30 Brush up/Dust off	7 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12:30 Woodcarvers 1-3 Ping Pong 5:30-8:30 Ping Pong	8 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10-2 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap 1:30 Tai Chi	9 8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Dominoes 10-2 Quilting Class 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
12 8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	13 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 10-11 Int. Tap 11-12 Beg Tap 12:30 Brush up/Dust off	14 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12:30 Woodcarvers 1-3 Ping Pong 5:30-8:30 Ping Pong	15 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10-2 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap 1:30 Tai Chi	16 8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Modified Softball *F 10 Dominoes 10-2 Quilting Class 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
19 8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	20 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 10-11 Int. Tap 11-12 Beg Tap 12:30 Brush up/Dust off	21 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 10:30 9-ball pool tournament 11 Ice Skating *C 12:30 Woodcarvers 1-3 Ping Pong 5:30-8:30 Ping Pong	22 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10-2 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap 1:30 Tai Chi	23 8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Modified Softball *F 10 Dominoes 10-2 Quilting Class 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
26 CLOSED CHRISTMAS DAY	27 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 10-11 Int. Tap 11-12 Beg Tap 12:30 Brush up/Dust off	28 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12:30 Woodcarvers 1-3 Ping Pong 5:30-8:30 Ping Pong	29 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10-2 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap 1:30 Tai Chi	30 8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Modified Softball *F 10 Dominoes 10-2 Quilting Class 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong

FEBRUARY

PIZZA CHALLENGE!!

TUESDAY, FEBRUARY 7TH - COST, \$29, R1

The 2017 food challenge is Pizza! Everyone will be able to order their own small size pizza and judge for themselves who has the best pizza in the northwest. We'll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of "who has the best in our little corner of the NW". Your small pizza, beverage and transportation are included.

SECRET GARDEN AND HIGH TEA

THURSDAY, FEBRUARY 16TH - COST, \$44, R2

We'll head to the quaint little town of Sumner and enjoy high tea at the Secret Garden. After tea, we'll head to the Old Cannery for some furniture shopping to see what great things they have in stock. High Tea, transportation and escort are included.

FRYE ART MUSEUM & THE GREEK HOUSE

TUESDAY, FEBRUARY 21ST - COST, \$34, R2

Located on Seattle's First Hill, the Frye Art Museum first opened its doors in 1952 as the legacy of Charles and Emma Frye, prominent early-twentieth century Seattle business leaders and art collectors. The Frye Art Museum is a living legacy of visionary patronage and civic responsibility, committed to artistic inquiry and a rich visitor experience. A catalyst for our engagement with contemporary art and artists is the Founding Collection of Charles and Emma Frye. Following our guided tour, we'll head to Burien and dine at The Greek House - delicious Greek cuisine! Tour, transportation and lunch is included on today's fun adventure!

MARCH

MUCKLESHOOT CASINO

THURSDAY, MARCH 2ND- COST, \$16, R1

Muckleshoot Casino offers something for everyone. With over 2,600 machines and poker to exciting table games like blackjack, craps, roulette and more you are sure to find something fun to play and with 7 different dining choices you are sure to find something you like to whet your appetite. Lunch is on your own.

VICTORIA OVERNIGHTER

**TUESDAY, MARCH 7TH-THURSDAY, MARCH 9TH
COST, \$TBA-please call, R2**

Ride the Victoria Clipper up to Victoria, B.C.. Once we arrive in Victoria, we will take a private, guided city tour then head to Bchart Gardens for two-hours. After that, we will arrive at the beautiful Fairmont Empress Hotel. Wednesday is High Tea and plenty of free time. Thursday morning, we will enjoy breakfast at the Empress (on your own) followed by free time and our return trip home via the Clipper. Passports or enhanced driver's licenses are required. Some meals are included - others are on your own. (see below)

- *Roundtrip Seattle/Bremerton ferry
- *Roundtrip Victoria Clipper ferry
- *Roundtrip Shuttle to/from the Bremerton/Seattle ferry
- *Breakfast basket Tuesday morning
- *Private City tour & Bchart Gardens admission
- *High Tea at the Empress
- *Dinner basket Thursday evening
- *Two nights accommodations at the beautiful Fairmont Empress Hotel

Full payment is due upon registration. Limited refunds will be available so please plan accordingly.
This trip is an R2 rating.

TRIP RATINGS:

R1: Board & depart Bus/Van and walk 2-3 blocks without stopping to rest. Must be able to stand 15 to 30 min.

R2: Board & depart bus/van and walk 4-5 blocks without stopping to rest, must be able to stand 30 to 45 min, handle stairs and walk a mile in under 20 min.

Please check the trip ratings carefully when registering. Signing up for trips that are within your limits will allow you to have a better experience.

MARCH CONT...

MAMMA MIA! & LUNCH

TUESDAY, MARCH 28TH - COST, \$94, R1

MAMMA MIA! is the ultimate feel-good show that has audiences coming back again and again to relive the thrill. Now it's your turn to have the time of your life at this smash-hit musical that combines ABBA's greatest hits, including "Dancing Queen", "S.O.S.", "Super Trouper", "Take a Chance on Me", and "The Winner Takes It All", with an enchanting tale of love, laughter and friendship. Whether it's your first visit or your fourteenth, see the show that has the whole world coming back for more, because every time feels like the first time at MAMMA MIA! Before the show, we'll eat a late lunch/early dinner at the Cheesecake Factory in Tukwila, then head to the show. (This is a night performance so please plan accordingly.) The musical and transportation are included in today's awesome trip!

EMP, SPACE NEEDLE & OBSERVATION DECK

THURSDAY, MARCH 30TH - COST, \$79, R1

EMP is a leading-edge, nonprofit museum, dedicated to the ideas and risk-taking that fuel contemporary popular culture. With its roots in rock 'n' roll, EMP serves as a gateway museum, reaching multi-generational audiences through our collections, exhibitions, and educational programs, using interactive technologies to engage and empower our visitors. At EMP, artists, audiences and ideas converge, bringing understanding, interpretation, and scholarship to the popular culture of our time. Following the EMP, we'll walk over to the Space Needle and enjoy a wonderful lunch while viewing the beautiful skyline. After lunch, take your time and head up to the observation deck (included) and shop the wonderful gift shop on the ground floor. Lunch, museum and transportation are included today.

EXTENDED TRIP 2017

SPOTLIGHT ON SAN ANTONIO HOLIDAY

NOV 30-DEC 4 - COST \$2,199PP/DBL OCC, R2

Highlights: LBJ Ranch, Fredericksburg, Paseo del Rio Cruise, Olive Orchard, Mission San Jose, The Alamo and El Mercado. We will also enjoy a Texas-inspired dinner paired with local wine at an olive orchard. Deposit of \$350 due June 23, 2017.

APRIL

PIZZA CHALLENGE!!

WEDNESDAY, APRIL 19TH - COST, \$29, R1

The 2017 food challenge is Pizza! Everyone will be able to order their own small size pizza and judge for themselves who has the best pizza in the northwest. We'll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of "who has the best in our little corner of the NW". Your small pizza, beverage and transportation are included.

LA CONNER, TULIPS & LUNCH

THURSDAY, APRIL 20TH - COST, \$34, R2

While you may think that the best shopping occurs at the Mall – we think a shopping trip in La Conner will totally change your mind! La Conner is one of Washington State's most-loved weekend getaways ... and much of it has to do with the retail corridor on both Morris and First Streets. You'll find an amazing array of specialty shops-most of which have a long list of regular customers who come back again and again to see what's new, to indulge themselves a little, or to buy gifts for their families and friends. From fine arts and crafts, one-of-a-kind clothing, woodworking, home décor, collectibles, personal care products, stunning antiques, gorgeous jewelry and Italian pottery, the shopkeepers work hard to bring you items that you'll not find in any mall, or any big-box store. After some retail therapy, we'll head to the Tulip fields to see if we can catch a few glimpses of these spectacular flowers. There are several stops we will be making at the gardens that offer the best variety. Lunch is on your own in La Conner, transportation is included today.

SPRING MYSTERY TRIP

THURSDAY, APRIL 27TH - COST \$59, R1

We are going on a trip to a very mysterious place! You will have fun - we are sure and you will make lots of memories! Dress comfortably for anything and remember to come with an appetite!

GAMES

Pool:	Monday-Friday, 8 AM-3 PM
Ping Pong:	Tuesdays & Thursdays, 8-10:30 AM
Mah Jong:	Tuesdays & Fridays, 9 AM-2 PM
Cribbage	Wednesdays, 10 AM
Canasta:	Wednesdays, 9 AM
Bridge:	Mondays & Thursdays, 9 AM
Rummikub:	Thursdays, 10 AM-12 PM
Dominoes:	Fridays, 10 AM-1 PM

COMPUTER LAB

DAILY, 8 AM-2:45 PM

Flat screens, one touch screen, new hard-drives and high speed wireless internet in a quiet room, what more could you ask for? If you just want to surf the web, check your e-mail or refresh your computer skills, come on down and see what's new!

POOL

DAILY, 8 AM - 3 PM

Four tables are available daily to play on. Whether you come in just for the monthly tournaments or to see if you got game - you're sure to have fun!

SUNSHINE SINGERS

MONDAYS, 10:30 AM-12:30 PM

Tea for two and two for tea - that's me and you and lots of friends makes we...come be part of this group and make beautiful music and friendships. The Singers perform all around Kitsap County, delighting audiences everywhere they go!

BREMERTON ART GUILD

MONDAYS, 10 AM-1 PM

Do you sketch, sculpt, paint? Do you have an art project that you would like to work on but don't have the space or just want a little company? Join the members of the Bremerton Art Guild, bring your projects and enjoy.

SENIOR OPEN ICE SKATE

MONDAYS & WEDNESDAYS, 11 AM- 12 PM

Always wanted to learn to ice skate? Come to the Center to pick up your weekly passes to skate at the Bremerton Ice Arena. Skates are available to rent for \$2.50. This is a free program, however, Senior Center membership is required.

AARP SAFE DRIVING PROGRAM

MONDAYS & TUESDAYS, 9 AM-1 PM

TBA

Need a quick review on your driving skills and/or want to save money on your insurance? AARP provides instruction for you. Attendance on both days is required to receive credit. Call (360) 473-5357 to register. Supply fee paid to instructor at first class. Class min. 5, max. 12.

CENTER LINE DANCERS

MONDAYS - BEG 12:30-1:45 PM/INT 1:45-3 PM

WEDNESDAYS - BEG 10:15 AM/INT 11:30 AM

Bring your cowboy boots and have a stompin' good time. Fun routines are learned and practiced with great camaraderie. The dancers also perform at various venues throughout the county.

BRIDGE

MONDAYS & THURSDAYS, 9 AM

Beginners to experienced Bridge players are welcome to play with this fun group.

BADMINTON

TUESDAYS & THURSDAYS, 8 AM

Come on down to Sheridan Park gym and have a great time batting at birdies (equipment is provided).

CRAFT CLUB WITH SALLY

TUESDAYS, 9 AM-NOON (A.K.A. CRITTERS)

Are you repairing an old friend or creating a new one? From re-stuffing critters to making curtains, Sally and her team of extreme makeover artists can help you work on any project.

SR WOMEN'S INDOOR SOCCER

TUESDAYS, 10-11 AM

This program is held at the Olympic Soccer and Sports Center located at Pendergast Regional Park. This is a free program, however, Senior Center membership is required.



www.facebook.com/BremertonParks

Daily Activities are free for BSC members unless otherwise noted. Non members pay \$3 drop in fee per activity attended.

CO-ED REC MODIFIED SOFTBALL

FALL/WINTER SEASON @ OSSC

TUESDAYS AND FRIDAYS 10 AM-12 PM

Enjoy the great game of softball played by men and women. The emphasis is on having fun through friendly competition, exercising and to develop individual hitting and fielding skills in a positive, team setting. Previous experience is recommended. Modified Softball is played indoors during the fall/winter at Olympic Indoor Soccer Center. (Ages 55 and up, senior center membership is required.)

BRUSH UP/DUST OFF-NEW!!

TUESDAYS, 12:30-2:30 PM

Have you always wanted to learn how to watercolor, sketch, learn colored pencils? Or have painted previously and want to get back into it? Join members of the Bremerton Art Guild for helpful guidance. This group will meet on a weekly basis with volunteers from the Bremerton Art Guild helping you get started. Bring in your supplies and be ready to have some fun.

FOOTCARE

1ST TUESDAYS & 4TH WEDNESDAYS, BY APPT.

Michelle Gamber provides this affordable service. It's a pedicure without the polish! Call her for prices and to schedule your appointment at (360) 871-5726.

CRIBBAGE

WEDNESDAYS, 10 AM

This classic game has been around since the 17th century. Great card game for 2-4 players.

WOODCARVERS

WEDNESDAYS, 12:30-2:30 PM

Design your own project, get some advice or just have interesting conversations while whittling away on your own special creations. Newcomers are always welcome!

QUILTING CLASS

THURSDAYS, 9:30 AM-2:30 PM

FRIDAYS, 10 AM-2:30 PM

Novice or experienced quilters, come one and all! Bring your quilting supplies, get new ideas and visit with other quilters. The group occasionally offers classes on techniques and styles.

POOL TOURNAMENTS

8 BALL-1ST THURSDAYS - 10:30AM

NOV 3, DEC 1, JAN 5 & FEB 2

8-BALL IS GENEROUSLY SPONSORED BY:

BREMERTON HEALTH & REHAB

360-377-3951

9 BALL-3RD WEDNESDAYS - 10:30AM

OCT 19, NOV 16, DEC 21, JAN 18 & FEB 15

9-BALL IS GENEROUSLY SPONSORED BY:

FOREST RIDGE HEALTH & REHAB

360-479-4747

Tournaments are just \$3 per player and include a delicious lunch and prize to the winner! New rules: Straight 8, call shot, BCA rules, 2 out of three in winners bracket only. No handicap 8 or 9ball.

WELLNESS

AEROBICS-FREE VIDEO

MONDAYS, WEDNESDAYS & FRIDAYS, 9 AM

Get your heart pumping and your sweat dripping in this moderate paced fitness class. Class utilizes weights, resistance bands and other strength training techniques and can be fast-paced at times. Participants need to be able to exercise at a consistent level for 5-10 minutes at a time.

TAI CHI

THURSDAYS, 1:30-2:30 PM

SESSIONS: NOV 3-DEC 15

Tai Chi Chuan, a Chinese martial art noted for its slow, smooth movements, has been proven to improve balance and increase flexibility. This class features Sun and Yang Styles. This class is accessible for all levels of fitness and taught by Sandy Carlson. Cost is \$30/6 weeks. Min of 5.

TAP DANCE

TAP II - TUESDAYS, 10-11 AM

SESSIONS: NOV 8-DEC 13

Tap is a wonderful, low-impact aerobic exercise that also increases balance and helps work on your memory. Tap II is for those with Intermediate/Advanced experience. Class is taught by Gary. Cost for 60 min classes: \$42/6 weeks. Min. of 5.



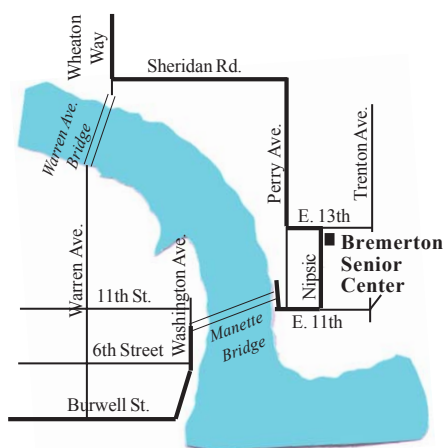
Bremerton Senior Center
1140 Nipsic Ave
Bremerton, WA 98310

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Permit #209

Vicinity Map

Bemerton Senior Center
1140 Nipsic, Bremerton, WA 98310
360-473-5357



2017 Memberships... Renew your membership for 2017 at 2016 rates. 2016 rates are good until 12/31/16. Payment can be made by calling the senior center, coming in or mailing your check. Keeping current on your dues will ensure that you continue to receive this newsletter at your door step! Highlights of your Senior Center Membership: newsletter direct mailed, participation in over 30 activities at no additional charge and trip registration priority. We are an active recreation center for all adults 55 and better. We have daily drop-in activities you can participate in, as well as, trips and tours, fitness, educational, enrichment and dance classes. The Bremerton Senior Center is also home to many entertainment groups, such as: Sunshine Singers, Center Line Dancers and more. Rates are on page 3.

- **COUPLES MEMBERSHIP** is for two people, at least one needs to be 55 or better, who reside at the same address. We have resident and non-resident rates. Rates are on page 3.
- **SINGLES MEMBERSHIPS** are for single city and non-city residents. Rates are on page 3.
- **ASSOCIATE MEMBERSHIPS** are for those individuals not yet 55 but who still would like to participate in the programs, trips and classes offered at the Center. This is a great membership for sons and daughters of members or active adults who participate at the Bremerton Senior Center. Rates are on page 3.