



BREMERTON SENIOR CENTER

ACTIVE US NEWSLETTER

AUGUST-OCTOBER 2016



The "Active Us" is THE place to get your information for the Bremerton Senior Center.



BREMERTON SENIOR CENTER
1140 NIPSIC AVE.
BREMERTON, WA 98310
(360) 473-5357
www.ci.bremerton.wa.us

CENTER HOURS **MONDAY-FRIDAY 8 AM TO 3 PM**

STAFF

Holly Peterson, Recreation Program Coordinator III
 Barbara Roembke, Front Office Coordinator
 Marlys Price, Office Assistant/Membership

VOLUNTEER RECEPTIONISTS

Monday: Gail Dupee
 Tuesday & Thursday: Mac Whittlesey
 Wednesday: Judy Ray
 Friday: Al Butler

The Bremerton Senior Center is open to all people ages 55 and better. The annual user fees are listed on page 3.

The Bremerton Senior Center is a division of the City of Bremerton Parks & Recreation Department. The **Active Us** is published five times a year.

Mission Statement:

The Bremerton Senior center is committed to enriching Senior lives in Bremerton by providing lifelong learning and recreational opportunities.

\$UM\$

Seniors Uncover Money Solutions

\$UM\$ is you - all members of the Senior Center activities. We are dedicated to raising funds that can be used to make the Center a more enjoyable place for all of us.

\$UM\$ Officers:

President: Paul Vlastelica
 Treasurer: Al Butler

Vice President: George Cho
 Secretary: Audrey O'Leary

\$UM\$

CORNER

I would like to start with a big welcome to the Bremerton Senior Center to everyone! So far, it has been a great year for us, we are hoping it has for you too!

Our \$um\$ President has some info to share with us: This has been a fairly active time for \$UM\$ since the last newsletter as we've had our annual "Spring Fling" event. A big "THANK YOU" to our Sunshine Singers and CenterLine Dancers for their performances. \$UM\$ profit for this event was \$90. The Spring Bake Sale was also held in June and not only do we want to thank the bakers of breads and cookies, the volunteers who bagged & tagged, those that staffed the table but also to the buyers. Because of the buyers, we profited \$585! AWESOME!!

Now, onto our next project - the Senior Craft Fair! This is a huge event that keeps us all very busy for the next few months. Mark your calendars for October 14-15 at Sheridan Park Community Center. We are in need of volunteers for the following: greeters table, sweet shoppe sellers and bakers and the auction basket coordinator. Thanks to Gail Dupee for coordinating the baskets over the past few years - we will miss you! Please contact a \$UM\$ officer or Holly and let us know where your time and talents could be utilized and we'll get you taken care of. Thanks in advance for your willingness to volunteer!!

As of May, Al let us know that the \$um\$ treasury available was \$7718.65. We'd love to hear your thoughts on how to spend this money. Enjoy the upcoming events and see you all at the Craft Fair ~ Paul

A special thanks to Tomoko Frank for stepping in and taking over the Monday Line Dance class. Tomoko not only teaches the Wednesday class here at the senior center but is a very busy person!

I know Paul mentioned the Senior Center Craft Fair held on Oct 14 & 15, 2016, but I also wanted to let you know that we've got great entertainment already lined up.

Thanks everyone - George Cho - VP \$UM\$

MEMBERSHIP RENEWAL

Renew your 2016 senior membership today or become a new member! Dues run the calendar year (January-December). 2016 renewal rates are listed below.

RESIDENTS

Single.....\$14/yr
Couples.....\$21/yr
Associate.....\$20/yr

NON-RESIDENTS

Single.....\$28/yr
Couples.....\$42/yr
Associate.....\$40/yr

TAKING CHARGE SERIES

A series of topics designed with you in mind. Each month will focus on a different topic - fitness, nutrition, aging, financial and more.

Each month is sponsored by a different business/provider and a light lunch/snack will be served. Reserve your seat today as these workshops fill up quickly.

August 23 - Medication

Management, Gentiva

September 27 - Identity Theft,

Kitsap Credit Union

11:30 AM, FREE

Main Room - Senior Center

MEALS ON WHEELS KITSAP - LUNCHESES

Thursdays @ Noon, \$3

Fridays @ Noon, \$3

Nutritious and delicious lunches plus a great way to meet other seniors. Reservations are requested, call 360-377-8511 by 2 PM the previous day.

~DONATIONS~

We are still accepting the following donations.

Thank you for your generosity!

10 oz Foam hot/cold cups

Individually wrapped candy

Individual creamers - (flavored and regular)

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SOCIALS/ LUNCHEONS

Our luncheons are a great way to meet people, enjoy a delicious meal and have a good time! Bring a guest, who's a non-member to the luncheon and when they join the Senior Center, you'll receive a special thank you gift!

AUGUST 9, 11:30 AM ICE CREAM SOCIAL

ICE CREAM!!!! Get your cool on by coming to our annual Ice Cream Social. Entertainment today as well. Cost: \$5pp.

SEPT 13, 11:30 AM WELCOME BACK LUNCHEON

Happy Fall y'all!! So many of you take vacations during the summer that we're having a party to welcome you back to the center and all its activities. Food - 2nd annual chili cook-off, fun and entertainment will make this a great luncheon! Cost: \$5pp.

OCTOBER 25, 11:30 AM BOO PARTY

Tricks, treats and fun things to eat - this party has it all. Costume and pumpkin carving contests as well as donut bobbing! This menu will be a Halloween mystery right up until the end as well as the entertainment!! Cost is \$5pp.

DECEMBER 6, 11:30 AM HOLIDAY LUNCHEON

Traditional Holiday lunch will be served along with yummy pumpkin pie and whipped cream! Holiday Entertainment followed by a fast and furious white elephant gift exchange. Cost is \$5pp.

DECEMBER 5-7, 9 AM-1 PM HOLIDAY BAKE SALE

Our holiday bakers have been hard at work and are anxious to sell you all their delicious and tasty treats for only 3 days! Sale will be held during the Holiday Luncheon as well, however, come early for the best selection of fruit crisps, breads, cookies and brownies! YUMMY!!!!

GENERAL TRAVEL INFORMATION

FULL TRIPS: If a trip is full, please place your name on the waiting list. Often reservations are canceled and we are able to fill the empty spots from the waiting lists.

REGISTRATION PROCESS: Registration for each trip begins when they are published in either the bi-monthly newsletter or the quarterly Activity Guide. Phone-in or walk-in are the two most convenient ways to register for trips. Phone reservations require a credit card. All registrations are first come, first served and members have priority.

REFUNDS - NEW, PLEASE READ: The Bremerton Senior Center reserves the right to cancel any tour that does not fill or reach its minimum 10 working days before the travel date. In that event, you will receive a credit on your account to be used on another trip at the Senior Center. Refunds will not be given to any trip \$24 or less that you need to cancel. Cancellations for day trips (\$25 or more) are given only if a replacement to fill your spot is found, please let Senior Center staff know in ample time should you need to cancel. Trips canceled by the participant will be charged a 10% cancellation fee. No refunds will be given for trips canceled less than 24 hours in advance of departure. Cancellations for extended trips vary.

PARKING: Please contact the Senior Center office regarding the parking policy.

BSC REPRESENTATIVE: A staff member accompanies tours and will try to ensure that the tour runs as close to schedule as possible, that you are as comfortable as possible and handle any problems that may arise. All participants must have a current emergency medical waiver form on file prior to traveling.

PAYMENTS: Full payment is due at the time of registration.

NAVIGATOR/CO-PILOT: The passenger seat is designated the navigator/co-pilot. As the navigator/co-pilot your driver may request your assistance with either driving directions, buckling and unbuckling other travelers and closing the large passenger door. While not all trips require the above mentioned services, there is a basic need for them to some extent on all trips. Please be sure that your physical condition will allow you to perform such duties if requested.

MOBILITY OF OUR PARTICIPANTS: Each trip has an **R** rating. The higher the rating, the more walking and standing you will be required to do. **Please check the rating and know your limits prior to signing up.** Since we rely on two 15-passenger vans to travel, be courteous to other passengers. **If you require extra time to load and unload please be sure to be the last to load and unload. If you require a special seat to be seated in please make arrangements prior to loading the van and we will attempt to accommodate you.** Also, there are no restroom facilities on either van.

AUGUST

TACOMA RAINIER'S GAME

TUESDAY, AUGUST 2ND - COST \$59, R2

Today we'll join fellow senior centers for a day full of fun, baseball and hopefully sunshine! Your ticket includes game day ticket, a private party deck area, all-inclusive buffet, ice-cold beverages, group name on video screen and a personal deck attendant! Transportation, admission and lunch are provided.

LEAVENWORTH OVERNIGHTER AND SUMMER THEATER

**WEDNESDAY, AUGUST 10TH-FRIDAY, AUGUST 12TH
COST \$434PP, DBL OCC/\$484 SGL OCC, R2**

This will be a two-night, three-day overnighter in the beautiful Bavarian Village - Leavenworth. We will start our journey off with a ferry ride and then lunch (included) at Jake's on 2nd in Snohomish. After our bellies are full, let's head to Leavenworth via Stevens Pass. Once in Leavenworth, we'll check into our lovely hotel, get cleaned up and then head into town for dinner on your own. The performance of Beauty and the Beast will be held at the Festhalle Theater in the heart of downtown so after your meal, we can meet up at the Theater. Thursday morning enjoy a delightful breakfast buffet at our hotel and then we will depart as a group to head downtown for a leisurely day of sight-seeing. Before we see the wonderful production of the "Sound of Music" - a Bavarian Village classic, we will enjoy a group dinner at JJ Hill's, the hotel's restaurant (included). Each night we will stay at The Icicle Village Resort. Once we check out Friday morning, we will head south to Yakima, stop at a great fruit stand and eat lunch on your own at Whistling Jack's on Chinook Pass. Transportation, breakfast buffet, Wednesday's lunch, Thursday's dinner, overnight accommodations, Beauty & the Beast and the Sound of Music Theater Productions are all included in your fee.

TULALIP CASINO

TUESDAY, AUGUST 16TH - COST, \$19, R1

Tulalip Casino offers something for everyone. With over 2,600 machines and poker to exciting table games like blackjack, craps, roulette and more you are sure to find something fun to play and with lots of different dining choices you are sure to find something you like to whet your appetite. Lunch is on your own.

SEPTEMBER

FOSS WATERWAY SEAPORT & LUNCH

THURSDAY, SEPTEMBER 8TH - COST, \$34, R2

Celebrate Tacoma's rich maritime heritage—past, present and future. Located on the waterfront in a century-old wooden wheat warehouse, built for cargo arriving by rail and departing by sail ("where rails met sails") during the early years of Tacoma. The Foss Waterway Seaport is Puget Sound's premier maritime heritage, education and event center where families, students and entire communities come to discover, explore, work and play. Tour, transportation and lunch at a local venue is all included.

THE SUMMIT HOUSE @ CRYSTAL MOUNTAIN

THURSDAY, SEPTEMBER 15TH - COST \$84, R2

The Summit House is Washington's highest restaurant, perched at 6,872 feet. Northwest cuisine, global flavors and classic comfort foods meet in this casual mountain environment. And the view, well, it's something you won't find anywhere else! The Gondola ride takes you over alpine terrain and is also amazing. Lunch, Gondola Ride and transportation are included on today's adventure.

BREAKFAST CHALLENGE (new date)

TUESDAY, SEPTEMBER 20TH - COST, \$29, R1

The 2016 Breakfast Challenge is back on folks! This was by far our most popular challenge so we added a few new stops and included some old favs just for fun! We'll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of "who has the best in our little corner of the NW". Your breakfast, beverage and transportation are included.

PUYALLUP FAIR

THURSDAY, SEPTEMBER 22ND - COST \$19, R2

Puyallup Fair - THE FAIR!! The Fair continually ranks in the top ten largest fairs in the world. Situated south of Seattle and east of Tacoma in the shadow of majestic Mount Rainier. Rides, food and animals are just part of this fun day! Lunch is on your own.

OCTOBER

TREEHOUSE POINT

WEDNESDAY, OCTOBER 5TH - COST, \$49, R2

Join us for a tour of beautiful TreeHouse Point in Fall City. We will visit up to 8 treehouses (based on availability). Please note that this tour involves walking on uneven forest/gravel trails and involves climbing stairs and ladders into the treehouses. This tour is not suitable for people that rely on walkers/canes or people that cannot be on their feet for over an hour. After the tour we will stop for lunch (on your own) at a local restaurant. Transportation and tour are included on this trip.

CASINOS - 3 IN 1

THURSDAY, OCTOBER 6TH - COST, \$19, R1

Today you truly did hit the jackpot! 3 casinos in one day- Clearwater, 7 Cedars & Point no Point! Hold onto your hat for this whirl-wind adventure. Lunch is on your own at whichever casino you decide. Transportation is provided.

WILD FELID ADVOCACY CENTER & LUNCH

TUESDAY, OCTOBER 11TH - COST, \$44, R2

The Wild Felid Advocacy Center of Washington's mission is to provide SAFE HAVEN for any wild cat finding itself in need, to provide EDUCATION for the proper care of wild cats in captivity and to provide public education relating to wild cats in captivity and in their natural habitats worldwide. This visit will also include watching the cats during their feeding. The ground is fairly level, however, it will be a little over an hour for our walking tour. Lunch will be on your own following the tour.

HOLIDAY FOOD & GIFT FEST

THURSDAY, OCTOBER 20TH - COST, \$19, R2

Tacoma's largest holiday show and one of our favorites! Holiday shopping for arts & crafts, holiday gifts, decorations, jewelry & much more! With over 600 vendors you're sure to find something you love. Lunch is on your own at the show.

TRIP RATINGS:

R1: Board & depart Bus/Van and walk 2-3 blocks without stopping to rest. Must be able to stand 15 to 30 min.

R2: Board & depart bus/van and walk 4-5 blocks without stopping to rest, must be able to stand 30 to 45 min, handle stairs and walk a mile in under 20 min.

Please check the trip ratings carefully when registering. Signing up for trips that are within your limits will allow you to have a better experience.

AUGUST CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
<div>1</div> <p>8 Pool 9 Lo-Impact Aerobics 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance</p>	<div>2</div> <p>8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 10-11 Int. Tap 12:30 Brush up/Dust off</p>	<div>3</div> <p>8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12:30 Woodcarvers 1-3 Ping Pong 5:30-8:30 Ping Pong</p>	<div>4</div> <p>8 Pool 8 Badminton * 8-10:30 Ping Pong 9 Bridge 10-2 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap 1:30 Tai Chi</p>	<div>5</div> <p>8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Dominoes 10-2 Quilting Class 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong</p>
<div>8</div> <p>8 Pool 9 Lo-Impact Aerobics 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance</p>	<div>9</div> <p>8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 10-11 Int. Tap 11:30 Ice Cream Social 12:30 Brush up/Dust off</p>	<div>10</div> <p>8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12:30 Woodcarvers 1-3 Ping Pong 5:30-8:30 Ping Pong</p>	<div>11</div> <p>8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10-2 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap 1:30 Tai Chi</p>	<div>12</div> <p>8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Dominoes 10-2 Quilting Class 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong</p>
<div>15</div> <p>8 Pool 9 Lo-Impact Aerobics 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance</p>	<div>16</div> <p>8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 10-11 Int. Tap 11:30 Brush up/Dust off</p>	<div>17</div> <p>8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12:30 Woodcarvers 1-3 Ping Pong 5:30-8:30 Ping Pong</p>	<div>18</div> <p>8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10-2 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap 1:30 Tai Chi</p>	<div>19</div> <p>8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Dominoes 10-2 Quilting Class 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong</p>
<div>22</div> <p>8 Pool 9 Lo-Impact Aerobics 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance</p>	<div>23</div> <p>8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 10-11 Int. Tap 11:30 TAKING CHARGE SERIES 12:30 Brush up/Dust off</p>	<div>24</div> <p>8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12:30 Woodcarvers 1-3 Ping Pong 5:30-8:30 Ping Pong</p>	<div>25</div> <p>8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10-2 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap 1:30 Tai Chi</p>	<div>26</div> <p>8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Dominoes 10-2 Quilting Class 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong</p>
<div>29</div> <p>8 Pool 9 Lo-Impact Aerobics 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance</p>	<div>30</div> <p>8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 10-11 Int. Tap 11:30 Brush up/Dust off</p>			<p>* = Sheridan Park Gym *A = Sheridan Park Lounge *C = Bremerton Ice Arena *D = OSSC-Pendergast *E = Pendergast *F = Lions Park</p>

SEPTEMBER CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
* = Sheridan Park Gym *A = Sheridan Park Lounge *C = Bremerton Ice Arena *D = OSSC-Pendergast *E =Pendergast *F = Lions Park			1 8 Badminton * 8-10:30 Ping Pong 9 Bridge 10-2 Quilting Class 10 Rummikub 10:30 8-Ball pool tournament 12 Meals on Wheels Kitsap 1:30 Tai Chi	2 8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Dominoes 10-2 Quilting Class 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
5 CLOSED LABOR DAY	6 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 10-11 Int. Tap 11-12 Beg Tap 12:30 Brush up/Dust off	7 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12:30 Woodcarvers 1-3 Ping Pong 5:30-8:30 Ping Pong	8 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10-2 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap 1:30 Tai Chi	9 8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Dominoes 10-2 Quilting Class 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
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NOVEMBER CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
* = Sheridan Park Gym *A = Sheridan Park Lounge *C = Bremerton Ice Arena *D = OSSC-Pendergast *E =Pendergast *F = Lions Park	2 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 10-11 Int. Tap 11-12 Beg Tap 12:30 Brush up/Dust off	3 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12:30 Woodcarvers 1-3 Ping Pong 5:30-8:30 Ping Pong	4 8 Badminton * 8-10:30 Ping Pong 9 Bridge 10-2 Quilting Class 10 Rummikub 10:30 8-Ball pool tournament 12 Meals on Wheels Kitsap 1:30 Tai Chi	5 8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Dominoes 10-2 Quilting Class 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
7 8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	8 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 10-11 Int. Tap 11-12 Beg Tap 12:30 Brush up/Dust off	9 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12:30 Woodcarvers 1-3 Ping Pong 5:30-8:30 Ping Pong	10 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10-2 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap 1:30 Tai Chi	11 8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Dominoes 10-2 Quilting Class 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
14 8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	15 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 10-11 Int. Tap 11-12 Beg Tap 12:30 Brush up/Dust off	16 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 10:30 9-ball pool tournament 11 Ice Skating *C 12:30 Woodcarvers 1-3 Ping Pong 5:30-8:30 Ping Pong	17 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10-2 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap 1:30 Tai Chi	18 8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Modified Softball *F 10 Dominoes 10-2 Quilting Class 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
21 8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	22 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 10-11 Int. Tap 11-12 Beg Tap 11:30 TAKING CHARGE SERIES 12:30 Brush up/Dust off	23 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12:30 Woodcarvers 1-3 Ping Pong 5:30-8:30 Ping Pong	24 CLOSED THANKSGIVING	25 CLOSED THANKSGIVING
28 8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	29 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 10-11 Int. Tap 11-12 Beg Tap 12:30 Brush up/Dust off	30 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12:30 Woodcarvers 1-3 Ping Pong 5:30-8:30 Ping Pong		

NOVEMBER

SCIENCE DOME & PLANETARIUM

TUESDAY, NOVEMBER 1st - COST, \$54 , R1

Pierce College's Science Dome is a digital planetarium, the only one of its kind in the So Puget Sound. This interactive facility has a 38' dome-shaped screen that allows visitors to; view the night sky from anywhere in the known universe on a cloudy day, be immersed in an alien environment with breathtaking full-dome images, and so much more! We will experience 30 min of live astronomy and 30 min of the Aurora Borealis. After this great tour, we'll stop for lunch at a local restaurant. Tour, lunch and transportation are included today.

CASCADIA ART MUSEUM & LUNCH

THURSDAY, NOVEMBER 3RD - COST, \$19, R2

Cascadia Art Museum premiered as a result of the growing national and international interest in American regional art. They feature paintings, prints, photography and sculpture created exclusively by artists active in the Northwest during the mid- 19th through the mid-20th centuries. With few exceptions, this fertile period of our creative history has been largely overlooked and understudied. The museum employs a series of five galleries; the Gateway Gallery changes yearly and features an overview of artistic activity created within the parameters of our focus. The remaining four galleries are dedicated to changing quarterly exhibitions. After our docent lead tour, we will head to a local restaurant for a delicious lunch (on your own). (We will be walking on the ferry, to the museum and lunch fyi.)

ARTISAN CHEESE MAKING & LUNCH

THURSDAY, NOVEMBER 10TH - COST, \$79, R1

Learn how easy it is to make the best artisan cheese you've ever had! This hands-on class is taught at a farm in Fall City. We will bring home ready-to-eat mozzarella and a 2 lb wheel of cheddar that you will age 4-6 weeks on your own. Lesson and transportation are included on this trip, however lunch/breakfast will be on your own at a local restaurant.

BREAKFAST CHALLENGE

TUESDAY, NOVEMBER 15TH - COST, \$29, R1

The 2016 Breakfast Challenge is back on folks! This was by far our most popular challenge so we added a few new stops and included some old faves just for fun! We'll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of "who has the best in our little corner of the NW". Your breakfast, beverage and transportation are included.

DECEMBER

VICTORIAN COUNTRY CHRISTMAS

THURSDAY, DECEMBER 1ST - COST, \$19, R2

Join us for one of the largest holiday festivals on the West Coast. Picture several buildings filled with merchants and craftsmen in Victorian storefronts and indoor courtyards adorned with holiday florals, garlands and tassels. Lunch is on your own, admission and transportation are included.

ITEM HOUSE COAT FACTORY & LUNCH

FRIDAY, DECEMBER 2ND - COST, \$14, R2

We have been invited to a special seniors only private Dock Sale at Item House in Tacoma. Item House designs, manufactures and distributes quality, fashionable women's and men's coats and outerwear under the Kristen Blake, Trina Turk, George Simonton, Forecaster of Boston, Sachi and Metro brand names. Prior to the sale, we will head to breakfast (on your own), then the sale and finish up with a visit to the Almond Roca Factory.

HOLIDAY MYSTERY OVERNIGHTER!!!

WED, DEC 7TH-THUR, DEC 8TH - COST, \$259PP/ DBL OCC, R2

'Tis the season to be mysterious and joyful!! Let's go on an overnighter to a fun, festive and relaxing place. Amazing overnight accommodations, tour, lunch and breakfast will be included, however dinner on the 7th will be on your own at a mystery location. This trip should delight those who want to shop, gamble and relax....oops, have we said too much?? Space is limited so don't wait on this one.

BREAKFAST CHALLENGE - WINNER!!!

THURSDAY, DECEMBER 15TH - COST, \$29, R1

The 2016 Breakfast Challenge is back on folks! This was by far our most popular challenge so we added a few new stops and included some old faves just for fun! We'll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of "who has the best in our little corner of the NW". Your breakfast, beverage and transportation are included.

Proudly presented by the Bremerton Senior Center & \$eniors Uncover Money \$olutions

Senior Craft Fair

Friday, October 14
10 AM to 5 PM

Saturday, October 15
9 AM to 4 PM

Sheridan Park Community Center
680 Lebo Blvd., Bremerton

Hand-crafted items from over 90 local vendors. Food, fun, festive holiday music and free admission! Don't forget the annual \$UM\$ Bake Sale - these delightful treats are all hand made by a variety of Bremerton Senior Center members and are definitely something you don't want to miss! Raffle tickets available at the door for Senior Center donated gift baskets.



Info line: 360-473-5357



SENIOR CRAFT FAIR

GAMES

Pool:	Monday-Friday, 8 AM-3 PM
Ping Pong:	Tuesdays & Thursdays, 8-10:30 AM
Mah Jong:	Tuesdays & Fridays, 9 AM-2 PM
Cribbage	Wednesdays, 10 AM
Canasta:	Wednesdays, 9 AM
Bridge:	Mondays & Thursdays, 9 AM
Rummikub:	Thursdays, 10 AM-12 PM
Dominoes:	Fridays, 10 AM-1 PM

COMPUTER LAB

DAILY, 8 AM-2:45 PM

Flat screens, one touch screen, new hard-drives and high speed wireless internet in a quiet room, what more could you ask for? If you just want to surf the web, check your e-mail or refresh your computer skills, come on down and see what's new!

POOL

DAILY, 8 AM - 3 PM

Four tables are available daily to play on. Whether you come in just for the monthly tournaments or to see if you got game - you're sure to have fun!

SUNSHINE SINGERS

MONDAYS, 10:30 AM-12:30 PM

Tea for two and two for tea - that's me and you and lots of friends makes we...come be part of this group and make beautiful music and friendships. The Singers perform all around Kitsap County, delighting audiences everywhere they go!

BREMERTON ART GUILD

MONDAYS, 10 AM-1 PM

Do you sketch, sculpt, paint? Do you have an art project that you would like to work on but don't have the space or just want a little company? Join the members of the Bremerton Art Guild, bring your projects and enjoy.

SENIOR OPEN ICE SKATE

MONDAYS & WEDNESDAYS, 11 AM- 12 PM

Always wanted to learn to ice skate? Come to the Center to pick up your weekly passes to skate at the Bremerton Ice Arena. Skates are available to rent for \$2.50. This is a free program, however, Senior Center membership is required.

AARP SAFE DRIVING PROGRAM

MONDAYS & TUESDAYS, 9 AM-1 PM

SEPTEMBER 19-20

Need a quick review on your driving skills and/or want to save money on your insurance? AARP provides instruction for you. Attendance on both days is required to receive credit. Call (360) 473-5357 to register. Supply fee paid to instructor at first class. Class min. 5, max. 12.

CENTER LINE DANCERS

MONDAYS - BEG 12:30-1:45 PM/INT 1:45-3 PM

WEDNESDAYS - BEG 10:15 AM/INT 11:30 AM

Bring your cowboy boots and have a stompin' good time. Fun routines are learned and practiced with great camaraderie. The dancers also perform at various venues throughout the county.

BRIDGE

MONDAYS & THURSDAYS, 9 AM

Beginners to experienced Bridge players are welcome to play with this fun group.

BADMINTON

TUESDAYS & THURSDAYS, 8 AM

Come on down to Sheridan Park gym and have a great time batting at birdies (equipment is provided).

CRAFT CLUB WITH SALLY

TUESDAYS, 9 AM-NOON (A.K.A. CRITTERS)

Are you repairing an old friend or creating a new one? From re-stuffing critters to making curtains, Sally and her team of extreme makeover artists can help you work on any project.

SR WOMEN'S INDOOR SOCCER

TUESDAYS, 10-11 AM

This program is held at the Olympic Soccer and Sports Center located at Pendergast Regional Park. This is a free program, however, Senior Center membership is required.



www.facebook.com/BremertonParks

Daily Activities are free for BSC members unless otherwise noted. Non members pay \$3 drop in fee per activity attended.

CO-ED REC MODIFIED SOFTBALL

SPRING/SUMMER SEASON @ LIONS PARK

TUESDAYS AND FRIDAYS 10 AM-12 PM

Enjoy the great game of softball played by men and women. The emphasis is on having fun through friendly competition, exercising and to develop individual hitting and fielding skills in a positive, team setting. Previous experience is recommended. Modified Softball is played indoors during the fall/winter at Olympic Indoor Soccer Center. (Ages 55 and up, senior center membership is required.)

BRUSH UP/DUST OFF-NEW!!

TUESDAYS, 12:30-2:30 PM

Have you always wanted to learn how to watercolor, sketch, learn colored pencils? Or have painted previously and want to get back into it? Join members of the Bremerton Art Guild for helpful guidance. This group will meet on a weekly basis with volunteers from the Bremerton Art Guild helping you get started. Bring in your supplies and be ready to have some fun.

FOOTCARE

1ST TUESDAYS & 4TH WEDNESDAYS, BY APPT.

Michelle Gamber provides this affordable service. It's a pedicure without the polish! Call her for prices and to schedule your appointment at (360) 871-5726.

CRIBBAGE

WEDNESDAYS, 10 AM

This classic game has been around since the 17th century. Great card game for 2-4 players.

WOODCARVERS

WEDNESDAYS, 12:30-2:30 PM

Design your own project, get some advice or just have interesting conversations while whittling away on your own special creations. Newcomers are always welcome!

QUILTING CLASS

THURSDAYS, 9:30 AM-2:30 PM

FRIDAYS, 10 AM-2:30 PM

Novice or experienced quilters, come one and all! Bring your quilting supplies, get new ideas and visit with other quilters. The group occasionally offers classes on techniques and styles.

POOL TOURNAMENTS

8 BALL-1ST THURSDAYS - 10:30AM

SEPT 1, OCT 6, NOV 3 & DEC 1

8-BALL IS GENEROUSLY SPONSORED BY:

BREMERTON HEALTH & REHAB

360-377-3951

9 BALL-3RD WEDNESDAYS - 10:30AM

SEPT 21, OCT 19, NOV 16 & DEC 21

9-BALL IS GENEROUSLY SPONSORED BY:

FOREST RIDGE HEALTH & REHAB

360-479-4747

Tournaments are just \$3 per player and include a delicious lunch and prize to the winner! New rules: Straight 8, call shot, BCA rules, 2 out of three in winners bracket only. No handicap 8 or 9ball.

WELLNESS

AEROBICS-FREE VIDEO

MONDAYS, WEDNESDAYS & FRIDAYS, 9 AM

Get your heart pumping and your sweat dripping in this moderate paced fitness class. Class utilizes weights, resistance bands and other strength training techniques and can be fast-paced at times. Participants need to be able to exercise at a consistent level for 5-10 minutes at a time.

TAI CHI

THURSDAYS, 1:30-2:30 PM

SESSIONS: AUG 4-SEPT 8, SEPT 15-OCT 20

Tai Chi Chuan, a Chinese martial art noted for its slow, smooth movements, has been proven to improve balance and increase flexibility. This class features Sun and Yang Styles. This class is accessible for all levels of fitness and taught by Sandy Carlson. Cost is \$30/6 weeks. Min of 5.

TAP DANCE

TAP II - TUESDAYS, 10-11 AM

BEGINNERS - TUESDAYS, 11 AM-12 PM -NEW!!!

SESSIONS: SEPT 6-OCT 11, OCT 18-NOV 22

Tap is a wonderful, low-impact aerobic exercise that also increases balance and helps work on your memory. Tap II is for those with Intermediate/Advanced experience. Beginner class is for those just starting out or wanting to brush up on their skills. Class is taught by Gary. Cost for 60 min classes: \$36/6 weeks. Min. of 5.

2016 Memberships... Re-new your membership today by either calling the senior center, coming in or mailing your check. Keeping current on your dues will ensure that you continue to receive this newsletter at your door step! Highlights of your Senior Center Membership: newsletter direct mailed, participation in over 30 activities at no additional charge and trip registration priority. We are an active recreation center for all adults 55 and better. We have daily drop-in activities you can participate in, as well as, trips and tours, fitness, educational, enrichment and dance classes. The Bremerton Senior Center is also home to many entertainment groups, such as: Sunshine Singers, Center Line Dancers and more. Rates are on page 3.

- **COUPLES MEMBERSHIP** is for two people, at least one needs to be 55 or better, who reside at the same address. We have resident and non-resident rates. Rates are on page 3.
- **SINGLES MEMBERSHIPS** are for single city and non-city residents. Rates are on page 3.
- **ASSOCIATE MEMBERSHIPS** are for those individuals not yet 55 but who still would like to participate in the programs, trips and classes offered at the Center. This is a great membership for sons and daughters of members or active adults who participate at the Bremerton Senior Center. Rates are on page 3.



Bremerton Senior Center
1140 Nipsic Ave
Bremerton, WA 98310
www.ci.bremerton.wa.us
(360) 473-5357
Return Service Requested

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Bremerton, WA
Permit #209

Map to the Bremerton Senior Center

