2016 Memberships are now due ... Re-new your membership today by either calling the senior center, coming in or mailing your check. Keeping current on your dues will ensure that you continue to receive this newsletter at your door step! Highlights of your Senior Center Membership: newsletter direct mailed, participation in over 30 activities at no additional charge and trip registration priority. We are an active recreation center for all adults 55 and better. We have daily drop-in activities you can participate in, as well as, trips and tours, fitness, educational, enrichment and dance classes. The Bremerton Senior Center is also home to many entertainment groups, such as: Sunshine Singers, Center Line Dancers and more. Rates are on page 3.

• COUPLES MEMBERSHIP is for two people, at least one needs to be 55 or better, who reside at the same address. We have resident and non-resident rates. Rates are on page 3.

• SINGLES MEMBERSHIPS are for single city and non-city residents. Rates are on page 3.

• ASSOCIATE MEMBERSHIPS are for those individuals not yet 55 but who still would like to participate in the programs, trips and classes offered at the Center. This is a great membership for sons and daughters of members or active adults who participate at the Bremerton Senior Center. Rates are on page 3.

2016 SENIOR CENTER MEMBERSHIP

Bremerton Senior Center
1140 Nipsic Ave
Bremerton, WA 98310
www.ci.bremerton.wa.us
(360) 473-5357
Return Service Requested

Map to the Bremerton Senior Center
**THINGS TO KNOW**

The Bremerton Senior Center is open to all people ages 55 and better. The annual user fees are listed on page 3.

The Bremerton Senior Center is a division of the City of Bremerton Parks & Recreation Department. The Active Us is published five times a year.

**MISSION STATEMENT:**

The Bremerton Senior Center is committed to enriching senior lives in Bremerton by providing lifelong learning and recreational opportunities.

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**S U M $**

**Seniors Uncover Money Solutions**

**SUM$** is you - all members of the Senior Center activities. We are dedicated to raising “nuts” that can be used to make the Center a more enjoyable place for all of us.

**SUMS Officers**

President: Paul Vlastelica  
Vice President: George Cho  
Treasurer: Al Butler  
Secretary: Audrey O’Leary

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**D A I L Y  A C T I V I T I E S**

**Co-Ed Rec Modified Softball**

**Spring/Summer Season @ Lions Park**

**Tuesdays/Fridays** 10 AM - 12 PM

Enjoy the great game of softball played by men and women. The emphasis is on having fun through friendly competition, exercising and to develop individual hitting and fielding skills in a positive, team setting. Previous experience is recommended. Modified Softball is played indoors during the fall/winter at Olympic Indoor Soccer Center. (Ages 55 and up, senior center membership is required.)

**Drop-In Art**

**Tuesdays, 12:30-2:30 PM**

This drop-in group will meet on a weekly basis with volunteer, Roberta Griffls as your guide. Use what you have from home and bring in your own work to complete or receive guidance on current art projects. You can even start new projects using different stills, no set course will be followed, so there will be no supply fee nor course materials provided. Main focus of class is on problem solving your artwork. Questions will be answered to the best of the guides ability.

---

**Footcare**

**1st Tuesdays & 4th Wednesdays, by appt.**

Michelle Gamber provides this affordable service. It’s a pedicure without the polish! Call her for prices and the photos for our SUM$ president and vice president should be up in the near future so you will be able to identify who the guides are and give us words of encouragement etc. and no dates please.

---

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**SUM$ Corner**

I am glad spring is here since this past winter has been very wet! Despite the weather outside, your Senior Center has been very busy with lots of indoor activities for you to take advantage of. If you have been away please check out our calendar for all upcoming events. Don’t miss out on the path that will lead you into another great adventure.

The Tommy Thompson Plaque is now on display in the glass case. What a generous donation he left for us, we are so grateful.

We’ve ordered and put together 5 new chairs for the Computer Lab that were sorely needed and the new flooring for the computer lab and library are on hold until after our Spring Fling.

Speaking of the Spring Fling, it’ll be held on May 3, 2016. Center entertainment, Mexican food will be served and who knows what antics will happen at this fun event, especially if Paul tells some of his jokes! All proceeds benefit your senior center.

Your SUM$ officers and Senior Center Staff are working on the 2016 Senior Craft Fair which will be held on Oct 14th and 15th 2016. Patricia Yarbrough has volunteered to make phone calls and to staff the greeter table.

Kudos to Pat. Also, Cathy Vlastelica is in charge of staffing the bake sale table. If you are interested in volunteering for greeter and/or bake sale positions, please contact one of the SUM$ officers or the Senior Center Staff. It usually involves 2-3 hrs of your time either Friday or Saturday. The more volunteers we have to work these positions the better. PLEASE VOLUNTEER - the senior Center is we the members. The proceeds we make will benefit all of us. For all the activity groups at the Senior Center. Think about your raffle baskets - it’s never to early to start planning and making them. We are hoping to start earlier this year so more baskets will be out on display at the Center. Remember, all proceeds that are brought into SUM$ are used for your Senior Center. I want to give a big Thank You to Holly for all your hard work and great enthusiasm.

Keep on Smiling - George Cho VP SUM$
DAILY ACTIVITIES

**BREMERTON ART GUILD**
**MONDAYS, 10 AM-1 PM**

Do you sketch, sculpt, paint? Do you have an art project with you that would like to work on but don't have the space or just want a little company? Join the members of the Bremerton Art Guild, bring your project and make beautiful art and friendships. The artists perform all around Kitsap County, delighting audiences everywhere they go!

**CENTER LINE DANCERS**
**MONDAYS - BEG 12:30-1:45 PM/INT 1:45-3 PM**

Bring your cowboy boots and have a stompin’ good time. Fun routines are learned and practiced with great camaraderie. The dancers also perform at various venues throughout the county.

**BADMINTON**
**TUESDAYS & THURSDAYS, 8 AM**

Come on down to Sheridan Park gym and have a great time playing badminton! Equipment is provided.

**CRRAFT CLUB WITH SALLY**
**TUESDAYS, 9 AM-NOON (A.K.A. CRITTERS)**

Are you repairing an old friend or creating a new one? From re-stuffing critters to making curtains, Sally and her team of extreme makeover artists can help you work on any project.

**SR WOMEN’S INDOOR SOCCER**
**TUESDAYS, 10-11 AM**

This program is held at the Olympic Soccer and Sports Center located at Pendergast Regional Park. This is a free program, however, Senior Center membership is required.

**MEMBERSHIP RENEWAL**

Renew your 2016 membership today or become a new member! Due run the calendar year (January-December). 2016 renewal rates are listed below.

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**COMPUTER LAB**
**DAILY, 8 AM-2:45 PM**

Flat screens, one touch screen, and new high-speed wireless internet in a quiet room, what more could you ask for? If you just want to surf the web, check your e-mail or refresh your computer skills, come on down and see what’s new!

**POOL**
**DAILY, 8 AM - 3 PM**

Four tables are available daily to play on. Whether you come in just for the monthly tournaments or to see if you got game - you're sure to have fun!

**SUNSHINE SINGERS**
**MONDAYS, 10:30 AM-12:30 PM**

Tea for two and two for tea - that’s me and you see if you got game - you’re sure to have fun!

**AARP SAFE DRIVING PROGRAM**
**MONDAYS & TUESDAYS, 9 AM-1 PM**

JUNE 6-7

Need a quick review on your driving skills and/or want to save money on your insurance? AARP provides instruction for you. Attendance on both days is required to receive credit. Call (360) 473-5357 to register. Supply fee paid to instructor at first class. Class min. 5, max. 12.

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TRIPS & TOURS

**MAY**

**FT LEWIS MUSEUM & LUNCH**
**THURSDAY, MAY 5TH - COST, $34, R2**
The Lewis Army Museum is located in the Historic Red Shield Inn building on Joint Base Lewis-McChord (JBLM). The Lewis Army Museum is the only certified U.S. Army Museum on the West Coast. The Museum has the mission of preserving historic artifacts relevant to Camp Lewis, Fort Lewis, the Army component of JBLM and the units which have served here. The museum educates military professionals and the general public on the history of Camp Lewis, Fort Lewis and the Army component of JBLM and the role that the United States Army has played in the exploration, defense and development of the Pacific Northwest. (This is a walking intensive tour.) After the museum, we’ll head to a Mexican restaurant for lunch. Tour, lunch and transportation are included.

**BREAKFAST CHALLENGE**
**TUESDAY, MAY 10TH - COST, $29, R1**
The 2016 Breakfast Challenge is back on folks! This was by far our most popular challenge so we added a few new stops and included some old favs just for fun! We’ll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of “who has the best in our little corner of the NW”. Your breakfast, beverage and transportation are included.

**NW CARRIAGE MUSEUM & LUNCH**
**THURSDAY, MAY 19TH - COST, $34, R2**
History abounds at the NW Carriage Museum in Raymond. Come visit one of the finest collections of 19th century carriages, buggy’s, wagons and historical artifacts in the country. After our journey back in time, we’ll head out to a local restaurant and enjoy a delicious lunch. Tour, lunch and transportation are included.

**TACOMA GLASSBLOWING & LUNCH**
**THURSDAY, MAY 26TH - COST, $84, R1**
A return visit to Tacoma Glassblowing Studio!! The glassblowers will assist each trip goer individually - picking a shape, pattern, and colors. After the picking process, everyone will have 30 minutes, one-on-one time with an experienced glassblower who will be helping them make their piece. Three stations will be set up. Once everyone has completed their projects, we will be heading to Josephpe’s Italian Restaurant for a late lunch (on your own). Transportation and glassblowing experience is included in this trip.

**2016 SHOE-IN’S!!**
The Bremerton Senior Center Shoe-ins are at it again with fun, slightly vigorous walking treks. Sign up for as many as you’d like! All walks include transportation, are approximately 5 miles long (round-trip) and have an R2 rating. Please dress appropriately for any weather condition, bring water and a sack lunch. If an ice cream shop is nearby, you can bet we will make a pit stop!

All walks are held on Fridays and they are only $14 each.

**Friday, April 29th**…………………………Heritage Park, NK
**Friday, May 13th**…………………………Fish Park, Poulso
**Friday, May 27th**………………Fort Flagler, Port Townsend
**Friday, June 10th**………………Harstein Island, Allyn
**Friday, June 24th**………………Railroad Bridge, Sequim
**Friday, July 8th**………………Old Fort Townsend
**Friday, July 22th**………………Twanah State Park
**Friday, August 5th**………………Buck Lake, NK
**Friday, August 19th**………………Port Townsend Waterfront
**Friday, September 9th**………………Nisqually Lace
**Friday, September 23rd**………………Poulso Waterfront

**SHOE-INS WALKS**

Call 360-473-5537 to register over the phone with your credit card or come in person.
TALENTED RAINIER’S GAME
TUESDAY, AUGUST 2ND - COST $59, R2
Today we'll join fellow senior centers for a day full of fun, baseball and hopefully sunshine! Your ticket includes game day ticket, a private party deck area, all-inclusive buffet, ice-cold beverages, group name on video screen and a personal deck attendant! Transportation, admission and lunch are provided.

LEAVENWORTH OVERNIGHTER AND SUMMER THEATER
WEDNESDAY, AUGUST 10TH-FRIDAY, AUGUST 12TH
COST $434PP, DBL OCC/$484 SGL OCC, R2
This will be a two-night, three-day overnighter in the beautiful Bavarian Village - Leavenworth. We will start our journey off with a ferry ride and then lunch (included) at Jake’s on 2nd in Snohomish. After our bellies are full, let’s head to Leavenworth via Stevens Pass. Once in Leavenworth, we’ll check into our lovely hotel and then lunch and head into town for dinner on your own. The performance of Beauty and the Beast will be held at the Festhalle Theater in the heart of downtown so after your meal, we can meet up at the Theater. Thursday morning enjoy a delightful breakfast buffet at our hotel and then we will depart as a group to head downtown for a leisurely day of sight-seeing. Before we see the wonderful production of the “Sound of Music” - a Bavarian Village classic, we will enjoy a group dinner at JJ Hill’s, the hotel’s restaurant (included). Each night we will stay at The Icicle Village Resort. Once we check out Friday morning, we will head south to Yakima, stop at a great fruit stand and eat lunch on your own at Whistling Jack’s on Chinook Pass. Transportation, breakfast buffet, Wednesday’s lunch, Thursday’s dinner, overnight accommodations, Beauty & The Beast and the Sound of Music Theater Productions are all included in your fee.

FOSS WATERWAY SEAPORT & LUNCH
THURSDAY, SEPTEMBER 8TH - COST, $34, R2
Celebrate Tacoma’s rich maritime heritage—past, present and future. Located on the waterfront in a century-old wooden wheat warehouse, built for cargo arriving by rail and departing by sail (“where rails meet sails”) during the early years of Tacoma. The Foss Waterway Seaport is Puget Sound’s premier maritime heritage, education and event center where families, students and entire communities come to discover, explore, work and play. Tour, transportation and lunch at a local venue is all included.

THE SUMMIT HOUSE @ CRYSTAL MOUNTAIN
THURSDAY, SEPTEMBER 15TH - COST $84, R2
The Summit House is Washington’s highest restaurant, perched at 6,872 feet. Northwest cuisine, global flavors and classic comfort foods meet in this casual mountain environment. And the view, well, it’s something you won’t find anywhere else! The Gondola ride takes you over alpine terrain and is also amazing. Lunch, Gondola Ride and transportation are included in today's adventure.

BREAKFAST CHALLENGE (new date)
TUESDAY, SEPTEMBER 20TH - COST, $29, R1
The 2016 Breakfast Challenge is back on folks! This was by far our most popular challenge so we added a few new stops and included some old favs just for fun! We’ll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of “who has the best in our little corner of the NW”.
Your breakfast, beverage and transportation are included.

PUYALLUP FAIR
THURSDAY, SEPTEMBER 22ND - COST $19, R2
Puyallup Fair - THE FAIR!! The Fair continually ranks in the top ten largest fairs in the world. Situated south of Seattle and east of Tacoma in the shadow of majestic Mount Rainier. Rides, food and animals are just part of this fun day! Lunch is on your own.

BROWSE PORT TOWNSEND
THURSDAY, JUNE 9TH - COST, $16, R2
Spend the day browsing this coastal town. Make sure you stop shopping for a bit and enjoy a delightful lunch at any number of delicious restaurants in this quaint town. Transportation is included - lunch is on your own.

MUCKLESHOOT CASINO
THURSDAY, JUNE 16TH - COST, $16, R1
Muckleshoot Casino offers something for everyone. With over 2,800 machines and poker to exciting table games like blackjack, craps, roulette and more you are sure to find something fun to play and with 7 different dining choices you are sure to find something you like to whet your appetite. Lunch is on your own.

BALLARD LOCKS CRUISE & LUNCH
TUESDAY, JUNE 21ST - COST, $59, R2
This popular Argosy 2 1/2 hour cruise connects the salt water of Puget Sound and the fresh water of Lake Union via the Hiram Chittenden Locks. Enjoy narration of Seattle’s history, while viewing the historic waterfront, the spectacular city skyline, one of the world’s largest shipping terminals, the majestic Cascade and Olympic mountain ranges and the “Sleepless in Seattle” houseboat community. Once we arrive back to the Pier in Seattle, we will take a short walk to Pier 54, Ivars Acres of Clams on the Seattle Waterfront and enjoy a delicious late lunch. Locks tour and ferry are included, however, lunch is on your own.

TAI CHI CHUAN, A Chinese martial art noted for its slow, smooth movements, has been proven to improve balance and increase flexibility. This class features Sun and Yang Styles. This class is accessible for all levels of fitness and taught by Sandy Carlson. Cost is $30/6 weeks. Min. of 5.

TAP DANCE
TAP II - TUESDAYS, 10-11 AM
SESSIONS: APRIL 19-MAY 24 & MAY 31-JULY 5
TAP II is for those with Intermediate/Advanced experience. Class is taught by Gary. Cost for 60 min classes: $36/6 weeks. Min. of 5 (Classes will resume in September.)
### MAY CALENDAR

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<td>11 Ice Skating ºC</td>
<td>10-2 Quilting Class</td>
<td>13:00 Tai Chi</td>
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* ºC = Bremerton Ice Lounge
* ºF = OSSC-Pendengast
* E = Pendengast
* ºL = Lions Park
An Athletic Event for Ages 50 and up
July 6-9, 2016

8-Ball ~ 5k Run/Walk
Badminton ~ Basketball
Bowling ~ Cycling Time Trials
Disc Golf ~ Horseshoes
Mini-Golf ~ Pickleball
Ping Pong ~ Swimming
Track & Field

Register for only $35*!

Registration fee covers your participation in any or all events. Events are held at various locations throughout Kitsap County. Celebration BBQ is $5pp. Late fee of $10 for registrations received after June 14th or received the day of. Call the Bremerton Senior Center at 360.473.5357 for more info.

Download registration forms at www.bwssg.com
**JULY CALENDAR**

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
</table>
| * = Sheridan Park Gym  
*A = Sheridan Park Lounge  
*C = Bremerton Ice Arena  
*D = OSSC-Pendergast  
*E = Pendergast  
*F = Lions Park | 8 Badminton *  
8 Pool  
8-10:30 Ping Pong  
9 Critters  
9 Mah Jong  
10 Modified Softball *F  
10 Women’s Soccer *D  
10-11 Int. Tap  
12:30 Drop-in Art | 8 Badminton *  
8 Pool  
8-10:30 Ping Pong  
9 Canasta  
10 Cribbage  
10:15 Line Dance  
11 Ice Skating *C  
12 Pinochle  
12:30 Woodcarvers  
1:30 Tai Chi  
5:30-8:30 Ping Pong | 8 Badminton *  
8 Pool  
8-10:30 Ping Pong  
9 Bridge  
10-2 Quilting Class  
10 Rummikub  
12 Meals on Wheels Kitsap  
1:30 Tai Chi | 8 Pool  
8-10:30 Ping Pong  
9 mah Jong  
10 Dominoes  
10-2 Quilting Class  
10 Modified Softball *F  
12 Meals on Wheels Kitsap |

**CLOSED INDEPENDENCE DAY**

<table>
<thead>
<tr>
<th>11</th>
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<th>13</th>
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Bremerton West Sound Senior Games

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