2016 Memberships are now being accepted!! ... Re-new your current membership today at 2015 prices. Keeping current on your dues will ensure that you continue to receive this newsletter at your door step! Highlights of your Senior Center Membership: newsletter direct mailed, participation in over 30 activities at no additional charge and trip registration priority. We are an active recreation center for all adults 55 and better. We have daily drop-in activities you can participate in, as well as, trips and tours, fitness, educational, enrichment and dance classes. The Bremerton Senior Center is also home to many entertainment groups, such as: Sunshine Singers, Center Line Dancers and more. Rates are on page 3.

- **COUPLES MEMBERSHIP** is for two people, at least one needs to be 55 or better, who reside at the same address. We have resident and non-resident rates. Rates are on page 3.

- **SINGLES MEMBERSHIPS** are for single city and non-city residents. Rates are on page 3.

- **ASSOCIATE MEMBERSHIPS** are for those individuals not yet 55 but who still would like to participate in the programs, trips and classes offered at the Center. This is a great membership for sons and daughters of members or active adults who participate at the Bremerton Senior Center. Rates are on page 3.

The “Active Us” is THE place to get your information for the Bremerton Senior Center.
BREMERTON SENIOR CENTER
1140 NIPsic AVE.
BREMERTON, WA 98310
(360) 473-5357
www.ci.bremerton.wa.us

CENTER HOURS
MONDAY-FRIDAY 8 AM TO 3 PM

STAFF
Holly Peterson, Recreation Program Coordinator
Barbara Roembke, Receptionist
Marlys Price, Office Assistant/Membership

Volunteer Receptionists
Monday: Gail Dupee
Tuesday & Thursday: Mary Whittlesey
Wednesday: Berti Gann
Friday: Al Butler

The Bremerton Senior Center is open to all people ages 55 and better. The annual user fees are listed on page 3 & the back cover.

The Bremerton Senior Center is a division of the City of Bremerton Parks & Recreation Department. The Active Us is published five times a year.

Mission Statement:
The Bremerton Senior Center is committed to enriching Senior lives in Bremerton by providing lifelong learning and recreational opportunities.

$UM$ CORNER

SUMS is you - all members of the Senior Center activities. We are dedicated to raising funds that can be used to make the Center a more enjoyable place for all of us.

SUMS Officers:
President: Paul Vlastelica
Vice President: George Cho
Treasurer: Al Butler
Secretary: Audrey O’Leary

$UMS$ Seniors Uncover Money Solutions

I am not ready for summer to end since that’s my favorite season of the year. Anyway, I have to admit that the trees are turning some beautiful colors - what great photo opportunities!

Our 43rd annual Senior Craft Fair was attended by many and they enjoyed the variety of vendors and, of course, our very own Sweet Shoppe. A big thanks to all who baked those yummy treats, bagged, tagged and got them ready for the fair. Also, the baskets were lovely and a big hit. Thanks to Gail Dupee for chairing the basket sale another year. Also, a big thank you to all who helped with hauling goods from the Senior Center, helped with the set up, tear down and many other tasks too numerous to mention. Without all the help from so many volunteers, our Senior Fair wouldn’t happen.

As usual, our Boo Party was a huge success. Many talented carvers attended the luncheon and showed off their talents, as well as, costumes.

The Holiday Luncheon will be on December 8th, and if you haven’t already bought your tickets, you may want to check with the office as only so many will be sold. I know I don’t want to miss this yummy luncheon and fun gift game. In conjunction with the luncheon will be our Holiday Bake Sale on Dec. 7th, 8th & 9th. Bring your warrington and purchase all the yummy goodies which will be baked and donated by all our wonderful bakers so that you will have them on hand for your holiday company.

CO-ED REC MODIFIED SOFTBALL

FALL/WINTER SEASON @ LIONS PARK
TUESDAYS AND FRIDAYS 10 AM-12 PM

Enjoy the great game of softball played by men and women. The emphasis is on having fun through friendly competition, exercising and to develop individual hitting and fielding skills in a positive team setting. Previous experience is recommended. Modified Softball is played indoors during the fall/winter at Olympic Indoor Soccer Center. (Ages 55 and up, senior center membership is required.)

DROP-IN ART

TUESDAYS, 12:30-2:30 PM

This drop-in group will meet on a weekly basis with volunteer, Roberta Griffus as your guide. Use what you have from home and bring in your own work to complete or receive guidance on current art projects. You can even start new projects using different stills, no set course will be followed, so there will be no supply fee nor course materials provided. Main focus of class is on problem solving your artwork. Questions will be answered to the best of the guides ability.

FOOTCARE

1ST TUESDAYS & 4TH WEDNESDAYS, BY APPT.
Michelle Gamber provides this affordable service. It’s a pedicure without the polish! Call her for prices and to schedule your appointment at (360) 871-5726.

cribbage

wEDNESDAYS, 10 AM

This classic game has been around since the 17th century. Great card game for 2-4 players.

WoodCarvers

wEDNESDAYS, 12:30-2:30 PM

Design your own project, get some advice or just have interesting conversations while whittling away on your own special creations. Newcomers are always welcome!

PiNOCHE

wEDNESDAYS, 12:00-2:30 PM

Pinochle is a trick-taking game typically for two to four player and played with a 48 card deck. Players score points by trick-taking and also by forming combinations of cards into melds. Each hand is played in three phases: bidding, melds and tricks.

Quilting Class

THURSDAYS, 9:30 AM-2:30 PM
Novice or experienced quilters, come on one all! Bring your quilting supplies, get new ideas and visit with other quilters. The group occasionally offers classes on techniques and styles.

Pool Tournaments

8 BALL-1ST THURSDAYS - 10:30AM (NEW TIME)
Nov 5, Dec 3, Jan 7 & Feb 4

9 BALL-3RD WEDNESDAYS - 10:30AM (NEW TIME)
Nov 18, Dec 16, Jan 20 & Feb 17

TAKING CHARGE SERIES--
EDWARD JONES

TUESDAY, NOV 24TH, 11:30 AM
Presented by Teresa Bryant at Edward Jones - Preparing your estate plan. A basic overview of your assets, wills, trusts, taxes and beneficiaries, etc.

TAX PREPARATION

TUESDAY, JAN 19TH, 11:30 AM
Presented by AARP Tax-Aide. How do you make the most out of filing your taxes? Get a jump start by attending this class. You will get a better understanding of how to prepare for the tax season as well as how to minimize the amount you pay in taxes. Be prepared for your tax appointment by knowing which documents to bring with you. Learn what will maximize a possible refund. This class is informational only. No taxes will be prepared during this class.

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**DAILY ACTIVITIES**

**AARP SAFE DRIVING PROGRAM**

**MONDAYS & TUESDAYS, 9 AM - 1 PM**

**NOVEMBER 9-10 AND MARCH 7-8**

Need a quick review on your driving skills and/or want to save money on your insurance? AARP provides instruction for you. Attendance on both days is required to receive credit. Call (360) 473-5357 to register. Supply fee paid to instructor at first class. Class min. 5, max. 12.

**CENTER LINE DANCERS**

**MONDAYS - BEG 12:30-1:45 PM/INT 1:45-3 PM**

**WEDNESDAYS - BEG 10:15 AM/INT 11:30 AM**

Bring your cowboy boots and have a stompin' good time. A series of topics designed with you in mind. Each month will focus on a different topic - fitness, nutrition, aging, financial and more. Each month is sponsored by a different business/provider and a light lunch/snack will be served. Reserve your seat today as these workshops fill up quickly.

Nov 24 - Edward Jones
Jan 19 - Tax Preparation

**MEMBERSHIP RENEWAL**

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**KITSAP - LUNCHES**

**11:30 AM,FREE**

**Main Room - Senior Center**

Nutritious and delicious lunches plus a great way to meet other seniors. Reservations are requested, call 360-377-8511 by 2 PM the previous day.

**~DONATIONS~**

We are still accepting the following donations.

- Thank you for your generosity!
- Regular coffee in 3 oz can
- De-Caf coffee in 3 oz can
- 10 oz Foam hot/cold cups
- Individually wrapped candy
- Individual creamers (flavored and regular)

**COMPUTER LAB**

**DAILY, 8 AM-2:45 PM**

Flat screens, one touch screen, new hard-drives and high speed wireless internet in a quiet room, what more could you ask for? If you just want to surf the web, check your e-mail or refresh your computer skills, come on down and see what’s new!

**POOL**

**DAILY, 8 AM - 3 PM**

Four tables are available daily to play on. Whether you come in just for the monthly tournaments or to see if you got game - you’re sure to have fun!

**SUNSHINE SINGERS**

**MONDAYS, 10:30 AM-12:30 PM**

Tea for two and two for tea - that’s me and you see if you got game - you’re sure to have fun!

**BRIDGE**

**MONDAYS & THURSDAYS, 9 AM**

Beginners to experienced Bridge players are welcome to play with this fun group.

**BADMINTON**

**MONDAYS & THURSDAYS, 8 AM**

Come on down to Sheridan Park gym and have a great time batting at birdies (equipment is provided).

**CRAFT CLUB WITH SALLY**

**TUESDAYS, 9 AM-NOON (A.K.A. CRITTERS)**

Are you repairing an old friend or creating a new one? From re-stuffing critters to making curtains, Sally and her team of extreme makeover artists can help you work on any project.

**SR WOMEN’S INDOOR SOCCER**

**TUESDAYS, 10-11 AM**

This program is held at the Olympic Soccer and Sports Center located at Pendergast Regional Park. This is a free program, however, Senior Center membership is required.

**BREMERTON ART GUILD**

**MONDAYS, 10 AM-1 PM**

Do you sketch, sculpt, paint? Do you have an art project that you would like to work on but don’t have the space or just want a little company? Join the members of the Bremerton Art Guild, bring your projects and enjoy.

**SENIOR OPEN ICE SKATE**

**MONDAYS & WEDNESDAYS, 11 AM - 12 PM**

Always wanted to learn to ice skate? Come to the Center to pick up your weekly passes to skate at the Bremerton Ice Arena. Skates are available to rent for $2.50. This is a free program, however, Senior Center membership is required.

**KITSAP SINGING TAGG**

**FRI. 9 AM-11 AM**

Bring your vocal cords and join the fun singing along. Have a great time to the classic hits!

**DOMINOES**

**MORNING SESSION:**

**MONDAYS & THURSDAYS, 8 AM**

**AFTERNOON SESSION:**

**MONDAYS, 10 AM**

Have fun playing with this fun group.

**MEETING ROOM**

**DAILY, 8 AM-3 PM**

Business/provider and a light lunch/snack(165,821),(859,849)

**LUNCHEONS**

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**LUNCHEONS**

**December 8, 11:30 AM**

**Holiday Luncheon**

Traditional Holiday lunch will be served along with yummy pumpkin pie and whipppin' cream! Holiday Entertainment followed by a fast and furious white elephant gift exchange. Cost is $5pp.

**December 7-9, 9 AM-2 PM**

**Holiday Bake Sale**

Our holiday bakers have been hard at work and are anxious to sell you all their delicious and tasty treats for only 3 days! Sale will be held during the Holiday Luncheon as well, however, come early for the best selection of fruit crisps, breads, cookies and brownies! YUMMMYYYY!!

**January 12, 11:30 AM**

**New Year Luncheon**

Taco Bar time! We'll enjoy a delightful Taco Bar, beverages, and find out what trips will be available for the first four months in 2016! Limited seating is available so get your tickets today! Cost: $5pp.
TRIPS & TOURS

TRIP RATINGS:
R1: Board & depart Bus/Van and walk 2-3 blocks without stopping to rest. Must be able to stand 15 to 30 min.
R2: Board & depart bus/van and walk 4-5 blocks without stopping to rest. Must be able to stand 30 to 45 min and handle limited stairs. Should be able to walk a mile in under 20 min.

Please check the trip ratings carefully when registering. Signing up for trips that are within your limits will allow you to have a better experience.

ONO- GOING PROGRAMS

ON-GOING PROGRAMS

TAP DANCE
TAP II - TUESDAYS, 10-11 AM
SESSIONS: OCT 27- DEC 1 & DEC 8 JAN 19

TAP is a wonderful, low-impact aerobic exercise that also increases balance and helps work on your memory. Tap II is for those with Intermediate/Advanced experience. Class is taught by Gary. Cost for 60 min classes: $36/6 weeks. Min. of 5. No class 12/29/19.

PICKLEBALL
TUESDAYS & THURSDAYS, 9-11 AM
SR CNTR COURTS

Have you heard of the sport called Pickleball? Do you want to learn how to play or practice your skills? Pickleball can be played with 2 or 4 players. The game is played with a solid paddle and a whiffle ball. Pickleball is a cross between Tennis, Badminton, and Ping-Pong and it’s the fastest growing sport and is played all over the world. Any level is welcome to play, paddles and balls will be on site to use. Participant’s will need to sign an attendance and waiver signature sheet.

AEROBICS - FREE VIDEO
MONDAYS, WEDNESDAYS & FRIDAYS, 9 AM

Get your heart pumping and your sweat dripping in this moderate paced fitness class. Class utilizes weights, resistance bands and other strength training techniques and can be fast-paced at times. Participants need to be able to exercise at a consistent level for 5-10 minutes at a time.

TAI CHI -
WEDNESDAYS, CALL SR CNTR TO BE PLACED ON INTEREST LIST 360-473-5357
1:30 PM-2:30 PM, COST $30

T’ai Chi Chuan, a Chinese martial art noted for its slow, smooth movements, has been proven to improve balance and increase flexibility. This class features Sun and Yang Styles. This class is accessible for all levels of fitness and taught by Sandy Carlson.

WELLNESS

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Nov 24 @ 11:30 AM  -  Edward Jones, TBD
Jan 19 @ 11:30 AM -  Tax Preparation
Main Room - Senior Center

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CHRISTINE ALEXANDER & LUNCH
TUESDAY, FEBRUARY 2ND - COST $34, R1
First stop is at Christine Alexander in Federal Way. Christine Alexander is one of the world’s leading manufacturers of clothing and accessories made with SWAROVSKI ELEMENTS. The designs are created and embellished onto the latest, trendsetting styles in fashion at our manufacturing facility in Federal Way, Washington. Second stop is lunch at a local restaurant. Lunch and transportation are all included in this trip.

CRIMES OF THE HEART @ VILLAGE THEATRE
THURSDAY, FEBRUARY 11TH - COST $94, R1
Winner of the 1981 Pulitzer Prize for Drama, this Southern gothic comedy tells the plight of three sisters in 1975 rural Mississippi. Babe has just shot her husband, apparently because she didn’t like his looks. Meg is back in town after a failed attempt in the music business. And poor Lenny – in the midst of it all, everyone has neglected her 30th birthday. Thrown back together for the first time in years, these dysfunctional sisters are forced to find a way to change their luck and repair their family, as well as their lives. Honest, with a healthy dose of witty humor, Crimes of the Heart is a moving portrait of family love. The show, lunch and transportation are included.

LEMAY CAR MUSEUM & LUNCH
THURSDAY, FEBRUARY 25TH - COST $64, R2
America’s Car Museum is a nine-acre campus – with a four-story museum as the centerpiece is one of the world’s largest auto museums and attractions. ACM is designed to preserve history and celebrate the world’s automotive culture. The spacious facility houses up to 350 cars, trucks and motorcycles from private owners, corporations, and the LeMay collection, which amassed a Guinness Book record of more than 3,500 vehicles in the mid-’50s. Lunch at a surprise location, tour and transportation included.

BREAKFAST CHALLENGE
TUESDAY, MARCH 8TH - COST, $29, R1
The 2016 Breakfast Challenge is back! Who’s up for the challenge? We’ve added a few new stops and included some old favs just for fun! We’ll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of “who has the best in our little corner of the NW”. Your breakfast, beverage and transportation are included.

JERSEY BOYS @ THE PARAMOUNT
SUNDAY, MARCH 13TH - COST, $78A, R2
Jersey Boys is a musical biography of the Four Seasons—the rise, the tough times and personal and family disasters. The ultimate triumph of a group of friends whose music became symbolic of a generation. Far from a mere tribute concert (though it does include numbers from the popular Four Seasons songbook), Jersey Boys gets to the heart of the relationships at the center of the group—with a special focus on frontman Frankie Valli, the small kid with the big falsetto. In addition to following the quartet’s coming of age as performers, the core of the show is how an allegiance to a code of honor learned in the streets of their native New Jersey got them through a multitude of challenges: gambling debts, Mafia threats and family disasters. Jersey Boys is a glimpse at thepongeballing of a sound that has managed to endure for over four decades in the hearts of the public. Tickets, lunch and transportation included.

TK’S IRISH PUB
THURSDAY, MARCH 17TH - COST $29, R2
Enjoy St. Patrick’s day this year eating at an Irish Pub in little ol’ Puyallup. After lunch we’ll head up South Hill to the Mall and explore for a couple of hours. Lunch and transportation included.

RED WIND CASINO
TUESDAY, MARCH 29TH - COST, $16, R1
Nisqually Red Wind Casino has more games to play and more space to play in than ever before. With over 1,400 slot games and a host of table games including craps, roulette, blackjack, Pai Gow and three card poker. Keno and Scratchers too. So as many as you can come you can really see what you like, you can play it in the Wind. This lovely casino is nestled in the woods outside of Olympia. Seniors 55+ with valid ID receive 25% off in our dining venues and Potlatch Gift Shop. Lunch is on your own, and transportation is included.

VICTORIAN COUNTRY CHRISTMAS
THURSDAY, DECEMBER 3RD - COST, $19, R2
Join us for one of the largest holiday festivals on the West Coast. Picture several buildings filled with merchants and craftsmen in Victorian storefronts and indoor courtyards adorned with holiday florals, garlands and tassels. Lunch is on your own, admission and transportation are included.

ITEM HOUSE COAT FACTORY & LUNCH-NEW DATE!
THURSDAY, DECEMBER 10TH - COST, $14, R2
We have been invited to a special seniors only private Dock Sale at Item House in Tacoma. Item House designs, manufactures and distributes quality, fashionable women’s and men’s coats and outerwear under the Kristen Blake, Trina Turk, George Simonton, Forecaster of Boson, Sachi and Metro brand names. Prior to the sale, we will head to the Harvester in Gig Harbor for breakfast (on your own), then the sale and finish up with a visit to the Almond Roca Factory.

ARGOSY CHRISTMAS SHIP AND DINNER
THURSDAY, DECEMBER 10TH - COST, $84, R2
The Argosy Cruises Christmas Ship festival is a holiday celebration that has been a Pacific NW tradition since 1949. Choirs onboard sing 20-minute performances to these communities, all broadcast via state-of-the-art speaker system. On shore, thousands of people gather around soaring bonfires anticipating the arrival of the Christmas Ship. Prior to boarding, we will enjoy a delicious sunset 4-course dinner at Anthony’s Homeport located at the Des Moines Marina. Dinner, cruise and other transportation are included.

TULALIP CASINO
TUESDAY, DECEMBER 15TH - COST, $16, R1
Enjoy a great day at one of our favorite casinos up north and the Premium Outlet Mall! Visit both places for as many as you can so you can really be the judge of “who has the best in our little corner of the NW”. Your fish and chips, non-alcoholic beverage and transportation are included.

LITTLE CREEK CASINO
THURSDAY, JANUARY 14TH - COST $94, R1
One of the greatest Broadway musicals of all time. Revel in the story of a lowly Cockney flower girl as she transforms into a sophisticated lady—with the help of a linguistics teacher who will get a bit more than he bargained for. Directed by Tony Award and Pulitzer Prize winning writer and Village Theatre regular Brian Yorkey, My Fair Lady will be full of all the glamour and style you expect to see at Village Theatre. Dinner, show and transportation are included.

MY FAIR LADY @ VILLAGE THEATRE
THURSDAY, JANUARY 21ST - COST, $16, R1
This is by far one of our favorite casinos to visit. Just an hour drive away so we will be able to spend more time gaming! Don’t forget to get all your discounts for 50+ at the promotions booth!

BREAKFAST CHALLENGE
THURSDAY, JANUARY 21ST - COST, $29, R1
The 2016 Breakfast Challenge is back on folks! This was by far our most popular challenge, so we added a few new stops and included some old favs just for fun! We’ll have 6 challenges before we pick our winner. Sign up for as many as you can so you can really be the judge of “who has the best in our little corner of the NW”. Your breakfast, beverage and transportation are included.
<table>
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<tr>
<th>NOVEMBER CALENDAR</th>
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<td><strong>MONDAY</strong></td>
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| 8 Pool  | 8 Badminton  
9 Bridge  | 9 Bridge  
10-11 Brem. Art Guild  
11 Ice Skating *C  
12:30-3 Line Dance  |
| 8 Badminton *  | 8 Badminton *  
8 Pool  | 8 Pool  
8:10:30 Ping Pong  
9 Critters  
9 Mah Jong  
10 Modified Softball *F  
10 Women's Soccer *D  
10-11 Int. Tap  
12:30 Sketching  |
| 9 Canasta  | 9 Canasta  
10 Cribbage  
10:15 Line Dance  
11 Ice Skating *C  
12 Pinochle  
12:30 Woodcarvers  
1:30 Tai Chi  
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12:30 Sketching  |
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11 Ice Skating *C  
12 Pinochle  
12:30 Woodcarvers  
1:30 Tai Chi  
5:30-8:30 Ping Pong  |
| 8 Pool  | 8 Pool  
10-11 Int. Tap  
12:30 Sketching  |
| **THURSDAY** | **FRIDAY** |
| 8 Badminton *  | 8 Badminton *  
8 Pool  | 8 Pool  
8:10:30 Ping Pong  
9 Critters  
9 Mah Jong  
10 Modified Softball *F  
10 Women's Soccer *D  
10-11 Int. Tap  
12:30 Sketching  |
| 9 Canasta  | 9 Canasta  
10 Cribbage  
10:15 Line Dance  
11 Ice Skating *C  
12 Pinochle  
12:30 Woodcarvers  
1:30 Tai Chi  
5:30-8:30 Ping Pong  |
| 8 Pool  | 8 Pool  
10-11 Int. Tap  
12:30 Sketching  |

**CLOSED VETERAN’S DAY**

**CLOSED THANKSGIVING**

**CLOSED CHRISTMAS**

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*B = Sheridan Park Gym  
*A = Sheridan Park Lounge  
*C = Bremerton Ice Arena  
*D = OSSC-Pendergast  
+E = Pendergast  
+F = Lions Park
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<td>5:30-8:30 Ping Pong</td>
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**JANUARY CALENDAR**

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- *C = Bremerton Ice Arena
- *D = OSSC-Pendergast
- *E = Pendergast
- *F = Lions Park

**CLOSED NEW YEAR’S DAY**

**NEW YEAR’S LUNCHEON**

**TAKING CHARGE SERIES - TAX PREP**
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**CLOSED PRESIDENT'S DAY**

158 Pool
169 Bridge
1710-1 Brem. Art Guild
1810:30 Sunshine Singers
1911 Ice Skating *C
2012:30-3 Line Dance

11:30 VIP Luncheon
12:30 Sketching

**11:30 TAKING CHARGE SERIES - EDWARD JONES**

228 Pool
239 Bridge
2410-1 Brem. Art Guild
2510:30 Sunshine Singers
2611 Ice Skating *C
2712:30-3 Line Dance

8 Pool
9 Bridge
10-1 Brem. Art Guild
10:30 Sunshine Singers
11 Ice Skating *C
12:30-3 Line Dance

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