

**Membership for 2014 accepted now!** Re-new your dues and join the other current members of the senior center to ensure you receive this newsletter at your door step! Highlights of your Senior Center Membership: newsletter direct mailed, participation in over 30 activities at no additional charge and trip registration priority. We are an active recreation center for all adults 55 and better. We have daily drop-in activities you can participate in, as well as, trips and tours, fitness, educational, enrichment and dance classes. The Bremerton Senior Center is also home to many entertainment groups, such as: Sunshine Singers, Spectapulars, Center Line Dancers and more.

•**COUPLES MEMBERSHIP** is for two people, at least one needs to be 55 or better, who reside at the same address. They will be able to purchase two resident memberships for \$19 or two non-resident memberships for \$38.

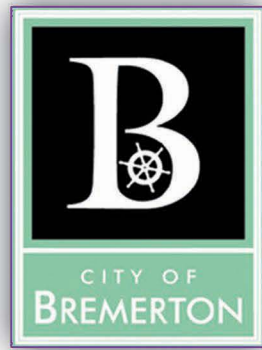
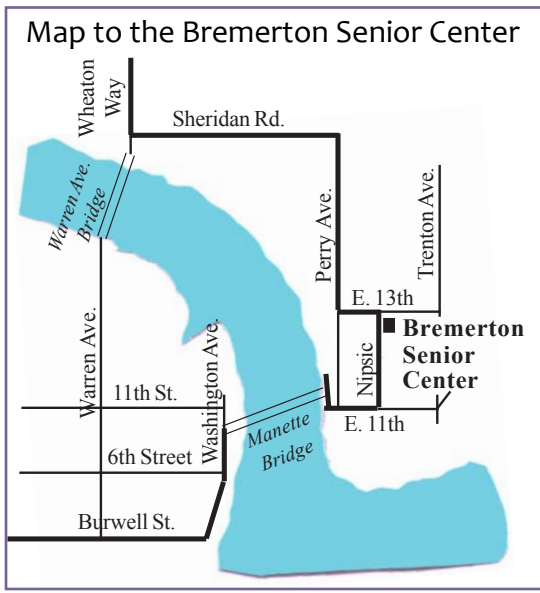
•**SINGLES MEMBERSHIPS** are for single city and non-city residents. These rates \$12 for residents and \$24 for non-resident.

•**ASSOCIATE MEMBERSHIPS** are for those individuals not yet 55 but who still would like to participate in the programs, trips and classes offered at the Center. This is a great membership for sons and daughters of members or active adults who participate at the Bremerton Senior Center. The fee is \$18 for residents and \$36 for non-residents.



**Bremerton Senior Center**  
1140 Nipsic Ave  
Bremerton, WA 98310  
[www.ci.bremerton.wa.us](http://www.ci.bremerton.wa.us)  
(360) 473-5357

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# BREMERTON SENIOR CENTER

## ACTIVE US NEWSLETTER

MAY - JUNE 2014



**2014**  
**SENIOR CENTER**  
**VOLUNTEERS OF**  
**THE YEAR**  
**LILY KAY SMITH**  
**AND**  
**TED DUPEE**

**SPECIAL THANKS**  
**TO ALL OF OUR**  
**VOLUNTEERS**  
**WHO HAVE**  
**DONATED**  
**THOUSANDS OF**  
**HOURS TO YOUR**  
**SENIOR CENTER!!!**  
**YOU ARE ALL**  
**APPRECIATED!**

The “Active Us” is THE place to get your information for the Bremerton Senior Center.





**BREMERTON SENIOR CENTER**  
**1140 NIPSIC AVE.**  
**BREMERTON, WA 98310**  
**(360) 473-5357**  
**www.ci.bremerton.wa.us**

**CENTER HOURS**  
**MONDAY-FRIDAY 8 AM TO 3 PM**

**STAFF**  
 Holly Peterson, Recreation Program Coordinator III  
 Mary Scott, Receptionist  
 Marlys Price, Office Assistant/Membership

**VOLUNTEER RECEPTIONISTS**  
 Monday: Gail Dupee  
 Tuesday & Thursday: Helga Nielsen  
 Wednesday: Berti Gann  
 Friday: Al Butler

The Bremerton Senior Center is open to all people ages 55 and better. The annual user fees are listed on page 3 & the back cover.

The Bremerton Senior Center is a division of the City of Bremerton Parks & Recreation Department. The **Active Us** is published five times a year.

**Mission Statement:**  
 The Bremerton Senior center is committed to enriching Senior lives in Bremerton by providing lifelong learning and recreational opportunities.

**\$UM\$**  
**Seniors Uncover Money Solutions**  
**\$UM\$** is you - all members of the Senior Center activities. We are dedicated to raising funds that can be used to make the Center a more enjoyable place for all of us.  
**\$UM\$ Officers:**  
 President: Pat Ward Vice President: Marlys Price  
 Treasurer: Al Butler Secretary: Audrey O'Leary

# \$UM\$

## CORNER

Spring has finally sprung and oh what a joy it is to see all the blossoming trees, bushes and my lilies are all popping their heads through the garden soil! Such a joyful and inspirational time of year.

A very special thanks to all who participated in putting on our St. Patrick's Day luncheon.. it was wonderful, the Stodden Sisters and the Chordsman were incredible.

By the time you receive this newsletter, we will have had our Volunteer Appreciation luncheon. Without our volunteers, our center would not be what it has become. A very enjoyable place to come, enjoy friendships, learn new card games, line dance, play ping ping and pool. Oh, I could go on and on about the value of the precious time that you give to make our center such a great place.

While reading our last Active Us Newsletter, I noticed a trip to Tillicum Village and Blake Island. If you are looking for a great time, I certainly recommend this one. I went the last time the center offered this trip & was extremely happy with the food and the wonderful Native American Cultural show.

SSSHHH...rumor has it that we may be having a summer BBQ. I certainly hope that this rumor is true because so many enjoyed the last one we had. Paul, you will be doing the BBQ-ing again, right? Since you sure did an awesome job last time.

Our next SUMS meeting was April 15th (which just happened to be a week after my youngest son's 50th birthday---don't think I am much older than that myself--tee hee). All Center members are encouraged to attend our meetings with questions, concerns or just wanting to know what the SUMS is all about.

NOTE: Holly has finished the trip schedule for the entire year. You may pick up a list of trips in the Center office & choose which you may want to take. Great job Holly on all the fantastic trips you have planned for us.

Happy Trails-----Marlys Price, SUMS VP  
 Being wise is knowing what to overlook.

## CO-ED REC MODIFIED SOFTBALL

### SPRING/SUMMER SEASON, APR-SEPT @ LIONS

### TUESDAYS AND FRIDAYS 10 AM-12 PM

Enjoy the great game of softball played by men and women. The emphasis is on having **fun** through friendly competition, exercising and to develop individual hitting and fielding skills in a positive, **team** setting. Previous experience is recommended. Games & practices are played at Lions Park.(Ages 55 and up, senior center membership is required.)

**FOOTCARE**  
**4TH WEDNESDAYS, BY APPT.**  
 Michelle Gamber provides this affordable service. It's a pedicure without the polish! Call her for prices and to schedule your appointment at (360) 871-5726.

**CRIBBAGE**  
**WEDNESDAYS, 10 AM**  
 This classic game has been around since the 17th century. Great card game for 2-4 players.

**WOODCARVERS**  
**WEDNESDAYS, 12:30-2:30 PM**  
 Design your own project, get some advice or just have interesting conversations while whittling away on your own special creations. Newcomers are always welcome!

**DROP-IN WATERCOLORS**  
**TUESDAYS, 12:30-2:30 PM**  
 This drop-in group will meet on a weekly basis with volunteer, Roberta Griffus as your guide. Use what you have from home and bring in your own work to complete or receive guidance on current watercolor projects, start a new watercolor project using different stills, no set course will be followed, so there will be no supply fee nor course materials provided. Some sharing of supplies may be available. This informal group will meet as long as the volunteer guide's schedule permits.

**1-ON-1 COMPUTER TUTORING**  
 Computer Training is temporarily suspended until further notice. Thank you and sorry for any inconvenience.

**BRIDGE**  
**MONDAYS & THURSDAYS, 9 AM**  
 Beginners to experienced Bridge players are welcome to play with this fun group.

**QUILTING CLASS**  
**THURSDAYS, 9:30 AM-2:30 PM**  
 Novice or experienced quilters, come one and all! Bring your quilting supplies, get new ideas and visit with other quilters. The group occasionally offers classes on techniques and styles.

**PINOCHLE**  
**THURSDAYS, 12:30-2:30 PM**  
 Pinochle is a trick-taking game typically for two to four players and played with a 48 card deck. Players score points by trick-taking and also by forming combinations of cards into melds. Each hand is played in three phases: bidding, melds, and tricks.

**POOL TOURNAMENTS**  
**8 BALL-1<sup>ST</sup> THURSDAYS - JUNE 5**  
**9 BALL-3<sup>RD</sup> WEDNESDAYS - MAY 21 AND JUNE 18**  
**BOTH TOURNAMENTS ARE SPONSORED BY:**  
**Forest Ridge**  
**HEALTH AND REHABILITATION CENTER**  
**360-710-7286**  
 Tournaments are just \$3 per player and include a delicious lunch and prize to the winner! **King/Queen of the hill is played daily for \$3.**

**TAKING CHARGE SERIES~**  
**SAFETY**  
**TUESDAY, MAY 20, 11:30 AM**  
 Today, Joe Sexton from the City of Bremerton Police will be here to talk about your personal safety in your home, while out and about, vehicle theft and vehicle prowl prevention. Lite lunch is provided. Please call to reserve your spot. Then next month....

**TAX FREE INVESTING**  
**TUESDAY, JUNE 10, 11:30 AM**  
 Presented by Teresa Bryant - Edward Jones. Tax-free Investing: It's Not What You Make, It's What You Keep is a 40-minute educational program designed to inform individuals of the benefits and considerations of choosing investments that offer tax advantages.

GAMES

**Pool:** Monday-Friday, 8 AM-3 PM  
**Ping Pong:** Tuesdays & Thursdays, 8-10:30 AM  
**Mah Jong:** Tuesdays & Fridays, 9 AM-2 PM  
**Cribbage:** Wednesdays, 10 AM  
**Canasta:** Wednesdays, 9 AM  
**Bridge:** Mondays & Thursdays, 9 AM  
**Rummikub:** Thursdays, 10 AM-12 PM  
**Pinochle:** Thursdays, 12:30-2:30 PM

COMPUTER LAB

**DAILY, 8 AM-2:45 PM**  
Flat screens, one touch screen, new hard-drives and high speed wireless internet in a quiet room, what more could you ask for? If you just want to surf the web, check your e-mail or refresh your computer skills, come on down and see what's new!

POOL

**DAILY, 8 AM - 3 PM**  
Four tables are available daily to play on. Whether you come in just for the monthly tournaments or to see if you got game - you're sure to have fun!

SUNSHINE SINGERS

**MONDAYS, 10:30 AM-12:30 PM**  
Tea for two and two for tea - that's me and you and lots of friends makes we...come be part of this group and make beautiful music and friendships. The Singers perform all around Kitsap County, delighting audiences everywhere they go!

BREMERTON ART GUILD

**MONDAYS, 10 AM-1 PM**  
Do you sketch, sculpt, paint? Do you have an art project that you would like to work on but don't have the space or just want a little company? Join the members of the Bremerton Art Guild, bring your projects and enjoy.

SENIOR OPEN ICE SKATE

**MONDAYS & WEDNESDAYS, 11 AM- 12 PM**  
Always wanted to learn to ice skate? Come to the Center to pick up your weekly passes to skate at the Bremerton Ice Arena. Skates are available to rent for \$2.50. This is a free program, however, Senior Center membership is required.

AARP SAFE DRIVING PROGRAM

**MONDAYS & TUESDAYS, 9 AM-1 PM**  
**JUNE 23-24, AUG 18-19 & NOV 17-18**  
Need a quick review on your driving skills and/or want to save money on your insurance? AARP provides instruction for you. Attendance on both days is required to receive credit. Register by calling the center at (360) 473-5357. A supply fee is paid to instructor at first class. Class min. 5.

CENTER LINE DANCERS

**MONDAYS - MODERN MUSIC**  
**CHO'S-BEG 12:30-1:45 PM/INT 1:45-3 PM**  
**WEDNESDAYS - CLASSIC/MODERN MUSIC**  
**MARY FRANCIS- BEG 10:15 AM/INT 11:30 AM**  
Bring your cowboy boots and have a stompin' good time. Fun routines are learned and practiced with great camaraderie. The dancers also perform at various venues throughout the county.

BADMINTON

**TUESDAYS & THURSDAYS, 8 AM**  
Come on down to Sheridan Park gym and have a great time batting at birdies. Necessary equipment is provided.

CRAFT CLUB WITH SALLY

**TUESDAYS, 9 AM-NOON (A.K.A. CRITTERS)**  
Are you repairing an old friend or creating a new one? This group can help you do both. From re-stuffing critters to making curtains, Sally and her team of extreme makeover artists can help you work on any project.

SR WOMEN'S INDOOR SOCCER

**TUESDAYS, 10-11 AM**  
This program is held at the Olympic Soccer and Sports Center located at Pendergast Regional Park. This is a free program, however, Senior Center membership is required.

2014 MEMBERSHIP

Renew your 2014 Membership today! Dues run for the calendar year (January-December). We've broken it down to what it cost per month so you can see just how affordable your yearly membership is.

SINGLES-2014

CITY RESIDENT.....\$ 12.00 (\$ 1/MONTH)  
NON-RESIDENT.....\$ 24.00 (\$ 2/MONTH)

COUPLES-2014

CITY RESIDENT.....\$ 19.00 (\$ 1.58/MONTH)  
NON-RESIDENT.....\$ 38.00 (\$ 3.16/MONTH)

SINGLE ASSOCIATES (NOT QUITE 55)-2014

CITY RESIDENT.....\$ 18.00 (\$ 1.50/MONTH)  
NON-RESIDENT.....\$ 38.00 (3.00/MONTH)

TAKING CHARGE SERIES

A series of topics designed with you in mind. Each month will focus on a different topic - fitness, nutrition, aging, financial and more. Each month is sponsored by a different business/provider and a light lunch/snack will be served. Reserve your seat today as these workshops fill up quickly.

**May 20th, June 10th, July 8th**  
**11:30 AM, FREE**  
**Main Room - Senior Center**

MEAL ON WHEELS KITSAP - LUNCHES

**Thursdays and Fridays @ Noon, \$3**  
Nutritious and delicious lunches plus a great way to meet other seniors. Reservations are requested, call 360-377-8511 by 2 PM the previous day.

*Interested in breakfast at the Senior Center provided by Meals on Wheels Kitsap? Breakfast would be served on Monday mornings around 8:30 AM. Please contact the Senior Center to be placed on an interest list.*

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SOCIAL LUNCHEONS

Our luncheons are a great way to meet people, enjoy a delicious meal and have a good time!

**JUNE 17, 11:30 AM** **BACKYARD BBQ**  
CELEBRATE the start of summer with a backyard BBQ - burgers, beans, potato salad, chips and dessert!! Cost: \$5pp.

**AUGUST 5, 11:30 AM** **ICE CREAM SOCIAL**  
ICE CREAM SOCIAL!!!! Yummy ice cream and all the toppings, who knows, we may even have entertainment!! Cost: \$5pp.

NOTE OF THANKS

We would like to thank the following sponsors of our luncheons:

**The Ridge in Silverdale**  
**Forest Ridge**  
**Bremerton Health and Rehab**  
**Crista Shores**  
**Claremont Senior Living**  
**Bay Pointe**  
**and**  
**Northwoods Lodge**

What would we do with out their generous donations of food to our monthly gatherings? They are the reason we are able to keep costs down and we can pass the savings onto you. Not only do they bring food but they also donate their time serving the meal and helping with cleaning the kitchen. They are greatly appreciated by all who attend these luncheons and fund-raisers! Please remember to thank them when you see them at the next event!



GENERAL TRAVEL INFORMATION

**FULL TRIPS:** If a trip is full, please place your name on the waiting list. Often reservations are canceled and we are able to fill the empty spots from the waiting lists.

**REGISTRATION PROCESS:** Registration for each trip begins when they are published in either the bi-monthly newsletter or the quarterly Activity Guide. Phone-in or walk-in are the two most convenient ways to register for trips. Phone reservations require a credit card. All registrations are first come, first served.

**REFUNDS:** The Bremerton Senior Center reserves the right to cancel any tour that does not fill or reach its minimum 10 working days before the travel date. In that event, you can either leave a balance on your account or request a refund which can take 2-4 weeks to process. Refunds will not be given to any trip \$20 or less that you need to cancel. Cancellations for day trips are given **only** if a replacement to fill your spot is found. Cancellations for extended trips vary.

**PARKING:** Please contact the Senior Center office regarding the parking policy.

**BSC REPRESENTATIVE:** A staff member accompanies tours and will try to ensure that the tour runs as close to schedule as possible, that you are as comfortable as possible and handle any problems that may arise. All participants must have a current emergency medical waiver form on file prior to traveling.

**PAYMENTS:** Full payment is due at the time of registration.

**NAVIGATOR/CO-PILOT:** The passenger seat is designated the navigator/co-pilot. As the navigator/co-pilot your driver may request your assistance with either driving directions, buckling and unbuckling other travelers and closing the large passenger door. While not all trips require the above mentioned services, there is a basic need for them to some extent on all trips. Please be sure that your physical condition will allow you to perform such duties if requested. This is a great help to our drivers and we appreciate your willingness to lend a hand.

**MOBILITY OF OUR PARTICIPANTS:** Each trip has an **R** rating. The higher the rating, the more walking and standing you will be required to do. **Please check the rating and know your limits prior to signing up.** Since we rely on two 15-passenger vans to travel, be courteous to other passengers. *If you require extra time to load and unload please be sure to be the last to load and unload. If you require a special seat to be seated in please make arrangements prior to loading the van and we will attempt to accommodate you.* Also, there are no restroom facilities on either van.

MAY

**LUCKY EAGLE CASINO**  
**TUESDAY, MAY 13TH - COST \$16, R1**  
Lucky Eagle has over 1000 Hot Machines! Meltdown, Wheel of Fortune, Coyote Moon, Rainbow Riches, Quick Hits, Hot Shots, Fireball, Secrets of the Forest, 100 Wolves, Black Knight, Power Strikes, Playboy Hot Zone, Moon Goddess and more! PLUS 115 slot games in a private non smoking room! Lunch is on your own.

**CHRISTINE ALEXANDER & TOKYO STEAKHOUSE**  
**THURSDAY, MAY 15TH - COST \$34, R1**  
First stop is at Christine Alexander in Federal Way, Christine Alexander is one of the world’s leading manufacturers of clothing and accessories made with SWAROVSKI ELEMENTS. The designs are created and embellished onto the latest, trendsetting styles in fashion at our manufacturing facility in Federal Way, Washington. Second stop is at Tokyo Steakhouse, where the food is prepared “Teppan Yaki” style - which means it is prepared right before your eyes! Lunch and transportation are all included in this trip.

TRIP RATINGS:

- R1:** Board and depart Bus/Van and walk 2-3 blocks without stopping to rest. Must be able to stand 15 to 30 minutes.
- R2:** Board and depart bus/van and walk 4-5 blocks without stopping to rest. Must be able to stand 30 to 45 minutes. Must be able to handle limited stairs. Should be able to walk a mile in under 20 minutes.

Please stop by the senior center for a complete listing of trips through December 2014!  
(Stopping by the center every now and again not only let’s our staff say “hi” to you but also keeps you up to date with the most current trip information. We come out with new trips all year long - not just during the newsletter printing.)

Registration for all trips is always being accepted and trips are filling up fast!

WELLNESS

TAKING CHARGE SERIES

A series of topics designed with you in mind! Each month will focus on a different topic - fitness, nutrition, aging, financial and more. Each month is sponsored by a different business/provider and a light lunch/snack will be served. Reserve your seat today as we anticipate these workshops filling up quickly.

May 20th @ 11:30 AM - Safety with the Bremerton Police Department  
June 10th @ 11:30 AM - Tax Free Investing with Edward Jones

Our Fitness and Dance classes are designed for seniors as well as adults who wish a not-so-fast pace!

JAZZ/EXERCISE CLASS

**MONDAYS, 2-3 PM**  
**SESSIONS: JUNE 9-JULY 14**  
A great class for stretching, toning and learning very basic jazz moves. All fitness levels are welcome in this class taught by Bryan. Cost for 60 min classes: \$36/6 wk or \$30/5 wk session. Min. of 5 participants to run class.

TAP DANCE

**TAP II - TUESDAYS, 10-11 AM**  
**SESSIONS: MAY 27-JULY 1**  
Tap is a wonderful, low-impact aerobic exercise that also increases balance and helps work on your memory. Tap II is for those with Intermediate/Advanced experience. Class is taught by Gary. Cost for 60 min classes: \$36/6 weeks. Min. of 5 .

ON-GOING PROGRAMS

COFFEE TALK with EDWARD JONES  
First Thursdays: JUNE 5, JULY 3 & AUG 7  
11AM-12 PM, FREE

Receive free financial updates and/or education from Teresa Bryant of Edward Jones. This is a great opportunity to receive good financial information, especially now when you may have so many questions and no one to ask. Teresa is a great resource and the topics will vary monthly as per requests. (This will be in the form of group discussions, no individual advice will be given during this hour.)

AEROBICS - RE-STARTS JUNE 2  
MONDAYS & WEDNESDAYS, 9 AM

This fun, energetic aerobics class will get your heart pumping and your sweat dripping! A moderate level of fitness is preferred as this class utilizes weights, resistance bands and other strength training techniques and can be fast-paced at times. Participants need to be able to exercise at a consistent level for 5-10 minutes at a time. Punchcard (10 classes for \$20) or \$2.50 drop-in fee per class. Min. of 5 to hold class each day. (No class on 6/25, 7/16, 7/23, 7/28 & 7/30)

TAI CHI CHUAN- 24 Movements  
TUESDAYS - NO CLASS UNTIL SEPT  
11:30 AM-12:30 PM, \$30 supply fee

Tai Chi Chuan, a Chinese martial art noted for its slow, smooth movements, has been proven to improve balance and increase flexibility. This introduction to classical Yang style Tai Chi Chuan will teach students the first movements of a 24 form sequence. Class taught by Sandy Carlson.

GENTLE HATHA YOGA - NEW!!  
MONDAYS - NO CLASS UNTIL SEPT  
8:30 AM-9:45 AM,

**\$30 instructor fee/\$6 facility fee**  
This class will offer Hatha Yoga in Iyengar style as well as Vinyasa style for linking postures. Yoga classes will help you develop flexibility, balance, strength, awareness, peace and energy. Gentle Hatha Yoga classes assist students to deal with breathing difficulties. Be sure to wear comfortable clothing and bring a yoga mat. Class taught by Certified yoga instructor Luara Yipani, from Georgian Center of Yoga and Harmonious Development of a Human Being.



JULY

MEXICAN LUNCH CHALLENGE  
TUESDAY, JULY 1ST - COST \$24, R1

Take the 2014 Mexican Lunch Bunch Challenge! We've BBQ'd, burgered, went crazy with pasta and this year we will eat Mexican food! Lunch and transportation are included.

EMERALD QUEEN CASINO  
TUESDAY, JULY 15TH - COST \$16, R1

Between the two locations there are over 56 of your favorite Vegas-style table games and over 3, 490 dynamic video slots including Progressive Jackpot machines! There is an ample non-smoking area which features your favorite video slot machines as well. Lunch is on your own and there is a shuttle service between both locations.

LEAVENWORTH OVERNIGHTER, LK CHELAN  
AND SUMMER THEATER

WEDNESDAY, JULY 30TH - FRIDAY, AUGUST 1ST  
COST \$389PP, DBL OCC/\$489 SGL OCC, R2

This is a two-night, three-day overnighter in the beautiful Bavarian Village - Leavenworth. We will start our journey off with lunch (included) at the Oak Table Cafe in Kingston, then catch the Kingston ferry and head to Leavenworth via Stevens Pass. Once in Leavenworth, we'll enjoy dinner (included) at JJ Hill's Fresh Grill before heading to see the Leavenworth Summer Theater's production of "Fiddler on the Roof". Thursday morning we will head to Lake Chelan, boarding the Lady of the Lake and tour Rainbow Falls and the remote town of Stehikan - which is only accessible via boat or plane! After our tour and boat ride, we will head back into Leavenworth and eat dinner (on your own) before we see the wonderful "Sound of Music" - LST's production is a Bavarian Village classic. Each night we will stay at The BEST WESTERN PLUS Icicle Inn which offers luxurious pillow-top beds, the most comprehensive amenities in Leavenworth including a breakfast buffet, ProTerra™ earth friendly bath products and complimentary high speed internet access. Once we check out of the Best Western and eat lunch (on your own) in Leavenworth, we will head east to Cashmere and take a tour of the world famous Liberty Orchards - home of Aplets and Cotlets! This Factory tour includes free samples!! When we're back on the road, we'll take a leisurely trip home to Bremerton stopping at a Fruit Stand and having a dinner stop (on your own). All modes of transportation, breakfast buffet, one dinner and one lunch, overnight accommodations, Sound of Music and Fiddler on the Roof Theater Productions and factory tour are all included in your fee.

AUGUST

RHODODENDRON GARDEN & JIMMY MAC'S  
THURSDAY, AUGUST 7TH, - COST \$12, R2

The Rhododendron Species Foundation & Botanical Garden is home to one of the largest collections of species rhododendrons in the world. Conservation has come to be of primary importance in recent years with the destruction of Rhododendron habitat in many areas of the world. We'll enjoy a guided tour, some free time to explore and then head to Jimmy Mac's for lunch on your own.

PIKE PLACE MARKET FOOD TOUR - YUMMY!!  
THURSDAY, AUGUST 14TH, - COST \$64, R2

Back by popular demand - the world famous Pike Place Market Food and Cultural Tour!!! This is an amazing tour, with 15 different foods to try!!! Become a market insider as we take you on a behind-the-scenes adventure to experience the sights, sounds, and flavors of this historic 101-year old culinary landmark. See fish fly, cheese being made by hand, and the original Starbucks store! The tour guides are culinary and history enthusiasts who are past and present members of the Pike Place Market community. This tour is more like a friendly invitation to come and visit their Market family.

TILlicum VILLAGE & BLAKE ISLAND  
THURSDAY, AUGUST 21ST- COST \$89, R2

Experience the Northwest's tribal culture with our Tillicum Village Sightseeing Tour Cruise and Native American Salmon Bake and Performance. Cruise to historic Blake Island — legendary birthplace of Chief Seattle. On arrival you'll be greeted with steamed clams in savory nectar. Inside our cedar longhouse, watch salmon being carefully prepared over open fires as it has been for centuries, before you have a chance to taste it for yourself. After your meal, sit back and enjoy our one-of-a-kind stage performance and imagery combining Coast Salish storytelling and live traditional Native American dance. Tillicum Village is proud to be the only experiences of its kind in the Northwest. It's the only place in the world where you can see these dances and hear these songs, performed by the very dancers whose families have owned them for generations. We're also proud to feature local native storyteller Roger Fernandes of the Lower Elwha Klallam Tribe. Tillicum Village is a true Northwest experience, a cultural Native American experience you won't forget!

MAY CONT...

WILD HORSE WIND FARM-ELLENSBURG-  
(RE-SCHEDULED FROM A PREVIOUS DATE)  
TUESDAY, MAY 27TH - COST \$44, R2

The Wild Horse Wind Farm is a 229-megawatt wind farm built by Puget Sound Energy that consists of 127 1.8-megawatt Vestas V80 turbines on a 8,600-acre site 15 miles east of Ellensburg. The turbines are placed on the high open ridge tops of Whiskey Dick Mountain, which was chosen for its energetic wind resource, remote location, and access to nearby power transmission lines. The towers are 221 feet tall, and the diameter of each rotor is 264 feet, larger than the wingspan of a Boeing 747. The turbines can begin producing electricity with wind speeds as low as 9 mph and reach full production at 31 mph. Please bring a snack to eat along the trip as we will only be stopping for lunch, which is included in your fee as well as your transportation.

2014 SHOE-IN'S  
Tackle the Trail

The Senior Center Shoe-ins are at it again with fun, slightly vigorous walking treks. We will tackle the entire 26 mile Olympic Discovery Trail over 13 walks! You will be able to map your progress and see where you've gone and where you're going.

Sign up for one, two or more by calling or coming into the center. All walks include transportation, are approximately 5 miles long (roundtrip) and have an R2 rating. Please dress appropriately for any weather condition, bring water and a sack lunch. If an ice cream shop is nearby, you can bet we will make a pit stop!

Fridays from 9am to 3pm, \$14 each  
May 16 ~ May 30  
June 13 ~ June 27  
July 11 ~ July 25  
August 1 ~ August 15 ~ August 29



Tuscany & the Italian Riviera

Tuesday, June 10th at 11 AM

Date of trip is April 10-18, 2015. Join us for this romantic, beautiful, once-in-a-lifetime vacation!

JUNE

WOODLAND PARK ZOO & BREAKFAST  
TUESDAY, JUNE 3RD - COST \$49, R2

This requested trip will take us on an amazing journey to the Woodland Park Zoo in Seattle. The Woodland Park Zoo exhibits nearly 1,100 animals representing almost 300 different animal species—from tiny insects to the largest land mammal on the planet, the elephant. There is a large amount of walking on this trip so please pace yourself and know your limits. We will be making a breakfast stop prior to heading to the zoo. Transportation, breakfast and zoo entry are all included in this trip.

SEATTLE WATERFRONT AND LUNCH  
(RE-SCHEDULED FROM A PREVIOUS DATE)  
THURSDAY, JUNE 12TH - COST \$12, R2

Choose your own adventure today as we take the ferry to Seattle. Take in the waterfront sights, shopping, ride the new Ferris wheel, visit the aquarium and of course, eat lunch at any of the wonderful restaurants! Trip includes transportation and ferry fare.

HELLS CANYON OVERNIGHT  
TUESDAY, JUNE 24TH - THURSDAY, JUNE 26TH  
COST \$409PP, R2

This will be a two-night, three-day overnighter down in Clarkston, WA - Home of the Hells Canyon Jet Boat Ride! While on the boat, you will pass through many sets of rapids as your Full Day jet boat tour encompasses just under a 200 mile round trip tour into the deepest river gorge in North America. Uniquely narrated by your United States Coast Guard certified tour captain to include Native American history, geology, the history of sternwheelers, miners, cattle ranching and the delivery of the U.S. Mail. You will see three mountain ranges, three states and four rivers. Intermittent stops at historical points of interest along the way allow you to discover numerous geological facts, wildlife and plant life from the safety and comfort of US Coast Guard Certified tour boats. Each night we will stay at The Quality Inn, right in front of the jet boat dock. A hot breakfast buffet will be served each morning and you will awaken to a view of the Snake River. All modes of transportation, breakfast buffet, lunch aboard the boat and overnight accommodations are all included in your fee. We will be making several stops on our round-trip journey as it takes about 8 hours to get to the Canyon. We will grab lunches on the road and dinner in the town of Clarkston each night - all will be on your own.



MAY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
* = Sheridan Park Gym *A = Sheridan Park Lounge *C = Bremerton Ice Arena *D = OSSC-Pendergast *E =Pendergast *F = Lions Park			1 8 Badminton * 8-10:30 Ping Pong 9 Bridge 9:30 Pool-8 ball tournament 10-2 Quilting Class 10 Rummikub 11 Coffee Talk 12 Meals on Wheels Kitsap 12:30 Pinochle	2 8 Pool 9 Low Impact Aerobics 9 Mah Jong 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
5 8 Pool 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance 2 Jazz	6 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women’s Soccer *D 10-11 Int. Tap 11:30 SPRING FLING FUNDRAISER 12:30 Sketching 1-3 Spectapulars	7 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12:30 Woodcarvers 5:30-8:30 Ping Pong	8 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10-2 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap 12:30 Pinochle	9 8 Pool 9 Low Impact Aerobics 9 Mah Jong 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
12 8 Pool 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance 2 Jazz	13 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women’s Soccer *D 10-11 Int. Tap 12:30 Sketching 1-3 Spectapulars	14 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12:30 Woodcarvers 5:30-8:30 Ping Pong	15 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10-2 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap 12:30 Pinochle	16 8 Pool 9 Low Impact Aerobics 9 Mah Jong 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
19 8 Pool 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance 2 Jazz	20 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women’s Soccer *D 10-11 Int. Tap 11:30 TAKING CHARGE-SAFETY 12:30 Sketching 1-3 Spectapulars	21 8 Pool 9 Lo-Impact Aerobics 9 Canasta 9:30 Pool-9 ball tournament 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12:30 Woodcarvers 5:30-8:30 Ping Pong	22 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10-2 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap 12:30 Pinochle	23 8 Pool 9 Low Impact Aerobics 9 Mah Jong 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
26 CLOSED MEMORIAL DAY	27 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women’s Soccer *D 10-11 Int. Tap 12:30 Sketching 1-3 Spectapulars	28 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12:30 Woodcarvers 5:30-8:30 Ping Pong	29 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10-2 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap 12:30 Pinochle	30 8 Pool 9 Low Impact Aerobics 9 Mah Jong 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong

JUNE CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
2 8 Pool 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance 2 Jazz	3 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women’s Soccer *D 10-11 Int. Tap 12:30 Sketching 1-3 Spectapulars	4 8 Pool 9 Low Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12:30 Woodcarvers 5:30-8:30 Ping Pong	5 8 Badminton * 8-10:30 Ping Pong 9 Bridge 9:30 Pool-8 ball Championship Tournament 10-2 Quilting Class 10 Rummikub 11 Coffee Talk 12 Meals on Wheels Kitsap 12:30 Pinochle	6 8 Pool 9 Low Impact Aerobics 9 Mah Jong 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
9 8 Pool 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance 2 Jazz	10 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women’s Soccer *D 10-11 Int. Tap 11 Tuscany & Italian Rivera Talk w/Collette Vacations 11:30 Taking Charge Series -Tax Free Investing 12:30 Sketching 1-3 Spectapulars	11 8 Pool 9 Low Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12:30 Woodcarvers 5:30-8:30 Ping Pong	12 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10-2 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap 12:30 Pinochle	13 8 Pool 9 Low Impact Aerobics 9 Mah Jong 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
16 8 Pool 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance 2 Jazz	17 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women’s Soccer *D 10-11 Int. Tap 11:30 Backyard BBQ Luncheon 12:30 Sketching 1-3 Spectapulars	18 9 Lo-Impact Aerobics 9 Canasta 9:30 Pool-9 ball Championship Tournament 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12:30 Woodcarvers 5:30-8:30 Ping Pong	19 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10-2 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap 12:30 Pinochle	20 8 Pool 9 Low Impact Aerobics 9 Mah Jong 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
23 8 Pool 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance 2 Jazz	24 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women’s Soccer *D 10-11 Int. Tap 12:30 Sketching 1-3 Spectapulars	25 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12:30 Woodcarvers 5:30-8:30 Ping Pong	26 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10-2 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap 12:30 Pinochle	27 8 Pool 9 Low Impact Aerobics 9 Mah Jong 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
30 8 Pool 8:30 Yoga 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance 2 Jazz				