

Membership for 2014 accepted now! Re-new your dues and join the other current members of the senior center to ensure you receive this newsletter at your door step! Highlights of your Senior Center Membership: newsletter direct mailed, participation in over 30 activities at no additional charge and trip registration priority. We are an active recreation center for all adults 55 and better. We have daily drop-in activities you can participate in, as well as, trips and tours, fitness, educational, enrichment and dance classes. The Bremerton Senior Center is also home to many entertainment groups, such as: Sunshine Singers, Spectapulars, Center Line Dancers and more.

•**COUPLES MEMBERSHIP** is for two people, at least one needs to be 55 or better, who reside at the same address. They will be able to purchase two resident memberships for \$19 or two non-resident memberships for \$38.

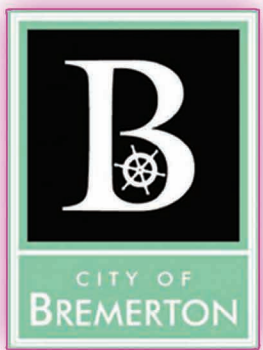
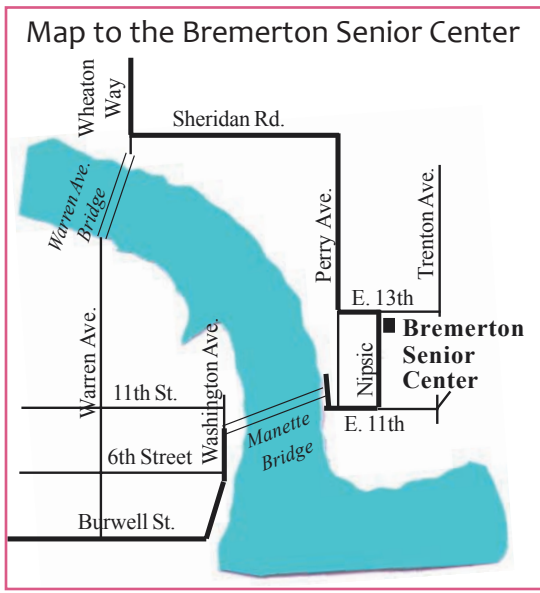
•**SINGLES MEMBERSHIPS** are for single city and non-city residents. These rates \$12 for residents and \$24 for non-resident.

•**ASSOCIATE MEMBERSHIPS** are for those individuals not yet 55 but who still would like to participate in the programs, trips and classes offered at the Center. This is a great membership for sons and daughters of members or active adults who participate at the Bremerton Senior Center. The fee is \$18 for residents and \$36 for non-residents.



Bremerton Senior Center
1140 Nipsic Ave
Bremerton, WA 98310
www.ci.bremerton.wa.us
(360) 473-5357

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BREMERTON SENIOR CENTER

ACTIVE US NEWSLETTER

FEBRUARY - APRIL 2014

2013 FACES & PLACES



The "Active Us" is THE place to get your information for the Bremerton Senior Center.



BREMERTON SENIOR CENTER
1140 NIPSIC AVE.
BREMERTON, WA 98310
(360) 473-5357
www.ci.bremerton.wa.us

CENTER HOURS
MONDAY-FRIDAY 8 AM TO 3 PM

STAFF
 Holly Peterson, Recreation Program Coordinator III
 Mary Scott, Receptionist
 Marlys Price, Office Assistant/Membership

VOLUNTEER RECEPTIONISTS
 Monday: Gail Dupee
 Tuesday & Thursday: Helga Nielsen
 Wednesday: Berti Gann
 Friday: Al Butler

The Bremerton Senior Center is open to all people ages 55 and better. The annual user fees are listed on page 3 & the back cover.

The Bremerton Senior Center is a division of the City of Bremerton Parks & Recreation Department. The **Active Us** is published five times a year.

Mission Statement:
 The Bremerton Senior center is committed to enriching Senior lives in Bremerton by providing lifelong learning and recreational opportunities.

\$UM\$
Seniors Uncover Money Solutions
\$UM\$ is you - all members of the Senior Center activities. We are dedicated to raising funds that can be used to make the Center a more enjoyable place for all of us.
\$UM\$ Officers:
 President: Pat Ward Vice President: Marlys Price
 Treasurer: Al Butler Secretary: Audrey O'Leary

\$UM\$

CORNER

The Winter Solstice is behind us, we all survived the Holidays so now it is onto thinking how we can welcome Spring. I have seen some early Spring blooming bushes that have big buds on them already & Home Depot in Silverdale just rolled out their beautiful trays of Primroses. Both make us realize that Spring is just around the corner and I am extremely happy about that.

Hope this newsletter finds all of you healthy, happy and full of excitement for all the great trips that our Warrior Princess has lined up for us. Holly does such a wonderful job of finding new and exciting places for us to visit and experience the fun of traveling with such a great group of seniors. On that note, may I remind all of you that when you receive the Active Us Newsletter, check the trips as soon as possible & reserve your place on any trips that you wish to participate in as they do fill up fast.

Our last SUMS meeting was on January 7, 2014 & I want to thank Al Butler who filled in for Audrey O'Leary (our secretary) who was ill. Hope all is well with you Audrey. Al Butler, Treasurer, and Marlys Price, VP SUMS were both reelected to their offices. Their terms were both up at the end of 2013.

Our December bake sale was a big success & thanks to Cathy & Paul Vlastelica for chairing this event. Also want to thank all of you who helped make this such a success including those who helped work the sale & of course, all who worked very hard & donated delicious baked goods.

Our annual SUMS Spring Fling will be held May 6, 2014 and we are looking forward to this very fun event.

Mark you calendars for the next bake sale dates--June 16-June 18th and December 8-December 10th.

Note-if any of you have a problem, complaint or think of a solution to a potential problem please remember to forward these to our Director Holly Peterson as she is the only one that can handle such situations.

Our next SUMS meeting is April 6, 2014 at 11:30AM and you are all welcome to attend and voice any concerns you may have regarding SUMS future plans or activities.

Happy Trails, Marlys Price VP SUMS

Say what you mean and mean what you say.

CO-ED REC MODIFIED SOFTBALL
WINTER/SPRING SEASON, NOV-MAR @ OSSC
TUESDAYS AND FRIDAYS 10 AM-12 PM
 Enjoy the great game of softball played by men and women. The emphasis is on having **fun** through friendly competition, exercising and to develop individual hitting and fielding skills in a positive, **team** setting. Previous experience is recommended. During the winter months, play is indoor at the Olympic Indoor Soccer Center and modified softball rules are in effect. (Ages 55 and up, senior center membership is required.)

FOOTCARE
4TH WEDNESDAYS, BY APPT.
 Michelle Gamber provides this affordable service. It's a pedicure without the polish! Call her for prices and to schedule your appointment at (360) 871-5726.

CRIBBAGE
WEDNESDAYS, 10 AM
 This classic game has been around since the 17th century. Great card game for 2-4 players.

WOODCARVERS
WEDNESDAYS, 12:30-2:30 PM
 Design your own project, get some advice or just have interesting conversations while whittling away on your own special creations. Newcomers are always welcome!

DROP-IN WATERCOLORS
TUESDAYS, 12:30-2:30 PM
 This drop-in group will meet on a weekly basis with volunteer, Cecilia Lary as your guide. Use what you have from home and bring in your own work to complete or receive guidance on current watercolor projects, start a new watercolor project using different stills, no set course will be followed, so there will be no supply fee nor course materials provided. Some sharing of supplies may be available. This informal group will meet as long as the volunteer guide's schedule permits.

1-ON-1 COMPUTER TUTORING
 Computer Training is temporarily suspended until further notice. Thank you and sorry for any inconvenience.

BRIDGE
MONDAYS & THURSDAYS, 9 AM
 Beginners to experienced Bridge players are welcome to play with this fun group.

QUILTING CLASS
THURSDAYS, 9:30 AM-2:30 PM
 Novice or experienced quilters, come one and all! Bring your quilting supplies, get new ideas and visit with other quilters. The group occasionally offers classes on techniques and styles.

PINOCHLE
THURSDAYS, 12:30-2:30 PM
 Pinochle is a trick-taking game typically for two to four players and played with a 48 card deck. Players score points by trick-taking and also by forming combinations of cards into melds. Each hand is played in three phases: bidding, melds, and tricks.

POOL TOURNAMENTS
8 BALL-1ST THURSDAYS -FEB 6, MAR 6 & APR 3
9 BALL-3RD WEDNESDAYS -FEB 19, MAR 19 & APR 16
BOTH TOURNAMENTS ARE SPONSORED BY:
Forest Ridge
HEALTH AND REHABILITATION CENTER
 360-710-7286
 Tournaments are just \$3 per player and include a delicious lunch and prize to the winner! **King/Queen of the hill is played daily for \$3.**

TAKING CHARGE SERIES~
SS VERIFICATION-NEW PROCESS
TUESDAY, FEBRUARY 18, 11:30 AM
 Sponsor: Local Social Security Administration will host this months talk on the new process to verify your benefits. This series is free to anyone and a great resource to have-bring a friend or two! Lite lunch is provided. Please call to reserve your spot. Then next month....
DEMENTIA/ALXHEIMER'S
TUESDAY, MARCH 11, 11:30 AM

GAMES

Pool: Monday-Friday, 8 AM-3 PM
Ping Pong: Tuesdays & Thursdays, 8-10:30 AM
Mah Jong: Tuesdays & Fridays, 9 AM-2 PM
Cribbage: Wednesdays, 10 AM
Canasta: Wednesdays, 9 AM
Bridge: Mondays & Thursdays, 9 AM
Rummikub: Thursdays, 10 AM-12 PM
Pinochle: Thursdays, 12:30-2:30 PM

COMPUTER LAB

DAILY, 8 AM-2:45 PM
Flat screens, one touch screen, new hard-drives and high speed wireless internet in a quiet room, what more could you ask for? If you just want to surf the web, check your e-mail or refresh your computer skills, come on down and see what's new!

POOL

DAILY, 8 AM - 3 PM
Four tables are available daily to play on. Whether you come in just for the monthly tournaments or to see if you got game - you're sure to have fun!

SUNSHINE SINGERS

MONDAYS, 10:30 AM-12:30 PM
Tea for two and two for tea - that's me and you and lots of friends makes we...come be part of this group and make beautiful music and friendships. The Singers perform all around Kitsap County, delighting audiences everywhere they go!

BREMERTON ART GUILD

MONDAYS, 10 AM-1 PM
Do you sketch, sculpt, paint? Do you have an art project that you would like to work on but don't have the space or just want a little company? Join the members of the Bremerton Art Guild, bring your projects and enjoy.

SENIOR OPEN ICE SKATE

MONDAYS & WEDNESDAYS, 11 AM- 12 PM
Always wanted to learn to ice skate? Come to the Center to pick up your weekly passes to skate at the Bremerton Ice Arena. Skates are available to rent for \$2.50. This is a free program, however, Senior Center membership is required.

AARP SAFE DRIVING PROGRAM

MONDAYS & TUESDAYS, 9 AM-1 PM
FEBRUARY 24-25, APRIL 28-29, & JUNE 23-24
Need a quick review on your driving skills and/or want to save money on your insurance? AARP provides instruction for you. Attendance on both days is required to receive credit. Register by calling the center at (360) 473-5357. A supply fee is paid to instructor at first class. Class min. 5.

CENTER LINE DANCERS

MONDAYS
CHO'S-BEG 12:30-1:45PM/INT 1:45-3PM
WEDNESDAYS
MARY FRANCIS- BEG 10:15 AM/INT 11:30 AM
Bring your cowboy boots and have a stompin' good time. Fun routines are learned and practiced with great camaraderie. The dancers also perform at various venues throughout the county.

BADMINTON

TUESDAYS & THURSDAYS, 8 AM
Come on down to Sheridan Park gym and have a great time batting at birdies. Necessary equipment is provided.

CRAFT CLUB WITH SALLY

TUESDAYS, 9 AM-NOON (A.K.A. CRITTERS)
Are you repairing an old friend or creating a new one? This group can help you do both. From restuffing critters to making curtains, Sally and her team of extreme makeover artists can help you work on any project.

SR WOMEN'S INDOOR SOCCER

TUESDAYS, 10-11 AM
This program is held at the Olympic Soccer and Sports Center located at Pendergast Regional Park. This is a free program, however, Senior Center membership is required.

2014 MEMBERSHIP

Renew your 2014 Membership today! Dues run for the calendar year (January-December). We've broken it down to what it cost per month so you can see just how affordable your yearly membership is.

SINGLES-2014

CITY RESIDENT.....\$ 12.00 (\$ 1/MONTH)
NON-RESIDENT.....\$ 24.00 (\$ 2/MONTH)

COUPLES-2014

CITY RESIDENT.....\$ 19.00 (\$ 1.58/MONTH)
NON-RESIDENT.....\$ 38.00 (\$ 3.16/MONTH)

SINGLE ASSOCIATES (NOT QUITE 55)-2014

CITY RESIDENT.....\$ 18.00 (\$ 1.50/MONTH)
NON-RESIDENT.....\$ 38.00 (3.00/MONTH)

TAKING CHARGE SERIES

A series of topics designed with you in mind.
Each month will focus on a different topic
- fitness, nutrition, aging, financial and more.
Each month is sponsored by a different
business/provider and a light lunch/snack will
be served. Reserve your seat today as these
workshops fill up quickly.

Feb 18th, Mar 11th & Apr 8th
11:30 am, FREE
Main Room - Senior Center

MEAL ON WHEELS
KITSAP - LUNCHEONS

Thursdays and Fridays @ Noon, \$3
Nutritious and delicious lunches plus a great way to meet other seniors. Reservations are requested, call 360-377-8511 by 2PM the previous day.

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SOCIAL LUNCHEONS

Our luncheons are a great way to meet people,
enjoy a delicious meal and have a good time!

FEBRUARY 11, 11:30 AM VIP LUNCHEON

Bring your very important person (VIP) to this annual event. Each VIP will receive a special gift. Of course, a delicious lunch will be served as well as dessert! Don't forget you will be entertained. Cost: \$5pp.

MARCH 18, 11:30 AM ST. PATRICK'S DAY FEAST

Entertainment, corned beef, cabbage and Irish soda bread will make this luncheon an event to remember! Oh, and don't forget to wear your green! Cost: \$5pp.

APRIL 22 11:30 AM VOLUNTEER APPRECIATION

Our annual Volunteer Appreciation Luncheon honors you, our volunteers. Without your dedication, many of our programs would not be able to occur! Reservations are required. Cost: free to volunteers, guests are \$5pp.

MAY 6, 11:30 AM SPRING FLING FUNDRAISER

Annual \$UM\$ Fundraiser-which benefits the Senior Center directly! Fabulous Mexican meal, dessert and Center entertainment, such as: SpecTapulars, Center Line Dancers, Sunshine Singers and Rhythmettes! Cost: \$5pp.

GENERAL TRAVEL INFORMATION

FULL TRIPS: If a trip is full, please place your name on the waiting list. Often reservations are canceled and we are able to fill the empty spots from the waiting lists.

REGISTRATION PROCESS: Registration for each trip begins when they are published in either the bi-monthly newsletter or the quarterly Activity Guide. Phone-in or walk-in are the two most convenient ways to register for trips. Phone reservations require a credit card. All registrations are first come, first served.

REFUNDS: The Bremerton Senior Center reserves the right to cancel any tour that does not fill or reach its minimum 10 working days before the travel date. In that event, you can either leave a balance on your account or request a refund which can take 2-4 weeks to process. Refunds will not be given to any trip \$20 or less that you need to cancel. Cancellations for day trips are given **only** if a replacement to fill your spot is found. Cancellations for extended trips vary.

PARKING: Please contact the Senior Center office regarding the parking policy.

BSC REPRESENTATIVE: A staff member accompanies tours and will try to ensure that the tour runs as close to schedule as possible, that you are as comfortable as possible and handle any problems that may arise. All participants must have a current emergency medical waiver form on file prior to traveling.

PAYMENTS: Full payment is due at the time of registration.

NAVIGATOR/CO-PILOT: The passenger seat is designated the navigator/co-pilot. As the navigator/co-pilot your driver may request your assistance with either driving directions, buckling and unbuckling other travelers and closing the large passenger door. While not all trips require the above mentioned services, there is a basic need for them to some extent on all trips. Please be sure that your physical condition will allow you to perform such duties if requested. This is a great help to our drivers and we appreciate your willingness to lend a hand.

MOBILITY OF OUR PARTICIPANTS: Each trip has an **R** rating. The higher the rating, the more walking and standing you will be required to do. **Please check the rating and know your limits prior to signing up.** Since we rely on two 15-passenger vans to travel, be courteous to other passengers. *If you require extra time to load and unload please be sure to be the last to load and unload. If you require a special seat to be seated in please make arrangements prior to loading the van and we will attempt to accommodate you.* Also, there are no restroom facilities on either van.

FEBRUARY

HIBULB CULTURAL CENTER & BOBS BURGERS
TUESDAY, FEBRUARY 25TH - COST \$34, R2

Visit this 23,000 sq ft cultural center to better understand the tribes and bands signatory to the Treaty of Point Elliot. The interactive cultural center features a main exhibit, a temporary exhibit, two classrooms, a longhouse, a research library, and gift shop. It also features a fully certified collections and archaeological repository. It was the first Tribal facility certified by the state of Washington. Lunch (which is included) will follow at Bob's Burgers and Brew. Tour & transportation are also included in fee.

MARCH

MEXICAN LUNCH CHALLENGE
THURSDAY, MARCH 6TH - COST \$24, R1

Take the 2014 Mexican Lunch Bunch Challenge! We've BBQ'd, burgered, went crazy with pasta and this year we will eat Mexican food! Lunch and transportation are included.

FLOWER WORLD, MOLBAKS AND WIGHT'S
THURSDAY, MARCH 20TH - COST \$34, R2

Celebrate the first day of spring at our favorite Nurseries!! Also enjoy lunch at the award-winning Maltby Cafe. Limited space on this trip so we have plenty of room for all your purchases! Lunch and transportation is included.

MUCKLESHOOT CASINO
TUESDAY, MARCH 25TH - COST \$16, R1

Muckleshoot Casino offers something for everyone. With over 2,600 machines and poker to exciting table games like blackjack, craps, roulette and more you are sure to find something fun to play and with 7 different dining choices you are sure to find something you like to wet your appetite. Lunch is on your own.

TRIP RATINGS:

- R1:** Board and depart Bus/Van and walk 2-3 blocks without stopping to rest. Must be able to stand 15 to 30 minutes.
- R2:** Board and depart bus/van and walk 4-5 blocks without stopping to rest. Must be able to stand 30 to 45 minutes. Must be able to handle limited stairs. Should be able to walk a mile in under 20 minutes.

WELLNESS

TAKING CHARGE SERIES

A series of topics designed with you in mind! Each month will focus on a different topic - fitness, nutrition, aging, financial and more. Each month is sponsored by a different business/provider and a light lunch/snack will be served. Reserve your seat today as we anticipate these workshops filling up quickly.

February 18th @ 11:30am-SS Verification
March 11th @ 11:30am - Dementia
April 8th @ 11:30am - Slips, Trips & Falls

Our Fitness and Dance classes are designed for seniors as well as adults who wish a not-so-fast pace!

JAZZ/EXERCISE CLASS

MONDAYS, 2-3 PM
SESSIONS: JAN 13-MAR 3 & MAR 10-APR 14
A great class for stretching, toning and learning very basic jazz moves. All fitness levels are welcome in this class taught by Bryan. Cost for 60 min classes: \$36/6 wk or \$30/5 wk session. Min. of 5 participants to run class. (No class 1/20, 2/17)

TAP DANCE

TAP II - TUESDAYS, 10-11 AM
SESSIONS: JAN 21-FEB 25 & MAR 4- APR 8
Tap is a wonderful, low-impact aerobic exercise that also increases balance and helps work on your memory. Tap II is for those with Intermediate/Advanced experience. Class is taught by Gary. Cost for 60 min classes: \$36/6 weeks. Min. of 5.

ON-GOING PROGRAMS

COFFEE TALK with EDWARD JONES
First Thursdays: FEB 6, MAR 6 & APR 3
11AM-12 PM, FREE

Receive free financial updates and/or education from Teresa Bryant of Edward Jones. This is a great opportunity to receive good financial information, especially now when you may have so many questions and no one to ask. Teresa is a great resource and the topics will vary monthly as per requests. No sign-up is necessary. (This will be in the form of group discussions, no individual advice will be given during this hour.)

TAI CHI CHUAN- 24 Movements
TUESDAYS, FEB 18-MARCH 25
11:30 AM-12:30 PM, \$30 supply fee

Tai Chi Chuan, a Chinese martial art noted for its slow, smooth movements, has been proven to improve balance and increase flexibility. This introduction to classical Yang style Tai Chi Chuan will teach students the first movements of a 24 form sequence. Class taught by Sandy Carlson.

GENTLE HATHA YOGA - NEW!!
MONDAYS, JAN 27- MARCH 17
8:30 AM-9:45AM,

\$30 instructor fee/\$6 facility fee
January 27 will be an intro to the class, please bring a mat. This class will offer Hatha Yoga in Iyengar style as well as Vinyasa style for linking postures. Yoga classes will help you develop flexibility, balance, strength, awareness, peace and energy. Gentle Hatha Yoga classes assist students to deal with breathing difficulties. Be sure to wear comfortable clothing and bring a yoga mat. Class taught by Certified yoga instructor Luara Yipani, from Georgian Center of Yoga and Harmonious Development of a Human Being.

SPECTAPULARS
TUESDAYS, 2-3 PM
SESSIONS: ON-GOING

The Spectapulars will be working on new routines from 2-3 PM, and you're welcome to join them at that time. You need to know basic tap steps and have tap shoes. Sign up in the office for this new drop-in class.

JUNE

WOODLAND PARK ZOO & BREAKFAST

TUESDAY, JUNE 3RD - COST \$24, R2

This requested trip will take us on an amazing journey to the Woodland Park Zoo in Seattle. The Woodland Park Zoo exhibits nearly 1,100 animals representing almost 300 different animal species—from tiny insects to the largest land mammal on the planet, the elephant. There is a large amount of walking on this trip so please pace yourself and know your limits. We will be making a breakfast stop prior to heading to the zoo. Transportation, breakfast and zoo entry are all included in this trip.

SEATTLE WATERFRONT AND LUNCH

(RE-SCHEDULED FROM A PREVIOUS DATE)

THURSDAY, JUNE 12TH - COST \$12, R2

Choose your own adventure today as we take the ferry to Seattle. Take in the waterfront sights, shopping, ride the new ferris wheel, visit the aquarium and of course, eat lunch at any of the wonderful restaurants! Trip includes transportation and ferry fare.

HELLS CANYON OVERNIGHT

TUESDAY, JUNE 24TH - THURSDAY, JUNE 26TH
COST \$409PP, R2

This will be a two-night, three-day overnighter down in Clarkston, WA - Home of the Hells Canyon Jet Boat Ride! While on the boat, you will pass through many sets of rapids as your Full Day jet boat tour encompasses just under a 200 mile round trip tour into the deepest river gorge in North America. Uniquely narrated by your United States Coast Guard certified tour captain to include Native American history, geology, the history of sternwheelers, miners, cattle ranching and the delivery of the U.S. Mail. You will see three mountain ranges, three states and four rivers. Intermittent stops at historical points of interest along the way allow you to discover numerous geological facts, wildlife and plant life from the safety and comfort of US Coast Guard Certified tour boats. Each night we will stay at The Quality Inn, right in front of the jet boat dock. A hot breakfast buffet will be served each morning and you will awaken to a view of the Snake River. All modes of transportation, breakfast buffet, lunch aboard the boat and overnight accommodations are all included in your fee. We will be making several stops on our round-trip journey as it take about 8 hours to get to the Canyon. We will grab lunches on the road and dinner in the town of Clarkston each night - all will be on your own.

JULY

MEXICAN LUNCH CHALLENGE

TUESDAY, JULY 1ST - COST \$24, R1

Take the 2014 Mexican Lunch Bunch Challenge! We've BBQ'd, burgered, went crazy with pasta and this year we will eat Mexican food! Lunch and transportation are included.

EMERALD QUEEN CASINO

TUESDAY, JULY 15TH - COST \$16, R1

Between the two locations there are over 56 of your favorite Vegas-style table games and over 3, 490 dynamic video slots including Progressive Jackpot machines! There is an ample non-smoking area which features your favorite video slot machines as well. Lunch is on your own and there is a shuttle service between both locations.

LEAVENWORTH OVERNIGHTER, LK CHELAN AND SUMMER THEATER

WEDNESDAY, JULY 30TH - FRIDAY, AUGUST 1ST
COST \$389PP, DBL OCC/\$489 SGL OCC, R2

This is a two-night, three-day overnighter in the beautiful Bavarian Village - Leavenworth. We will start our journey off with lunch (included) at the Oak Table Cafe in Kingston, then catch the Kingston ferry and head to Leavenworth via Stevens Pass. Once in Leavenworth, we'll enjoy dinner (included) at JJ Hill's Fresh Grill before heading to see the Leavenworth Summer Theater's production of "Fiddler on the Roof". Thursday morning we will head to Lake Chelan, boarding the Lady of the Lake and tour Rainbow Falls and the remote town of Stehikan - which is only accessible via boat or plane! After our tour and boat ride, we will head back into Leavenworth and eat dinner (on your own) before we see the wonderful "Sound of Music" - LST's production is a Bavarian Village classic. Each night we will stay at The BEST WESTERN PLUS Icicle Inn which offers luxurious pillow-top beds, the most comprehensive amenities in Leavenworth including a breakfast buffet, ProTerra™ earth friendly bath products and complimentary high speed internet access. Once we check out of the Best Western and eat lunch (on your own) in Leavenworth, we will head east to Cashmere and take a tour of the world famous Liberty Orchards - home of Aplets and Cotlets! This Factory tour includes free samples!! When we're back on the road, we'll take a leisurely trip home to Bremerton stopping at a Fruit Stand and a having a dinner stop (on your own). All modes of transportation, breakfast buffet, one dinner and one lunch, overnight accommodations, Sound of Music and Fiddler on the Roof Theater Productions and factory tour are all included in your fee.

APRIL

MYSTERY TRIP

THURSDAY, APRIL 10TH - COST \$54, R2

We are going on a trip to a very mysterious place! Dress comfortably and wear appropriate shoes (this is an R2) and remember to come with an appetite!

A NEW DAY NW & DUKE'S CHOWDER HOUSE

THURSDAY, APRIL 24TH - COST \$44, R2

Be part of the King 5 New's Margaret Larsen's show New Day NW audience! After the taping, let's head just a few blocks away to Duke's Chowder House and enjoy some yummy seafood or whatever else floats your boat! Lunch & transportation are included.

SEATTLE UNDERGROUND TOUR & LUNCH

TUESDAY, APRIL 29th - COST \$59 , R2

Bill Speidel's Underground Seattle Tour is a leisurely, guided walking tour beneath Seattle's sidewalks and streets. As you roam the subterranean passages that once were the main roadways and first-floor storefronts of old downtown Seattle, our guides share the stories our pioneers didn't want you to hear-it's history with a twist! The tour begins inside Doc Maynard's Public House, a restored 1890s saloon. Following a short intro, we'll walk through historic Pioneer Square to three different sections of Underground—about three blocks in all. Lunch at Pyramid Brewery, tour and transportation are all included.

2014 SHOE-IN'S
Tackle the Trail

The Senior Center Shoe-ins are at it again with fun, slightly vigorous walking treks. We will tackle the entire 26 mile Olympic Discovery Trail over 13 walks! You will be able to map your progress and see where you've gone and where you're going.

Sign up for one, two or more by calling or coming into the center. All walks include transportation, are approximatley 5 miles long (roundtrip) and have an R2 rating. Please dress appropriately for any weather condition, bring water and a sack lunch. If an ice cream shop is nearby, you can bet we will make a pit stop!

Fridays from 9am to 3pm, \$14 each

March 21 ~ April 4 ~ April 18

May 2 ~ May 16 ~ May 30

June 13 ~ June 27

July 11 ~ July 25

August 1 ~ August 15 ~ August 29



MAY

MEXICAN LUNCH CHALLENGE

THURSDAY, MAY 1ST - COST \$24, R1

Take the 2014 Mexican Lunch Bunch Challenge! We've BBQ'd, burgered, went crazy with pasta and this year we will eat Mexican food! Lunch and transportation are included.

LUCKY EAGLE CASINO

TUESDAY, MAY 13TH - COST \$16, R1

Lucky Eagle has over 1000 Hot Machines! Meltdown, Wheel of Fortune, Coyote Moon, Rainbow Riches, Quick Hits, Hot Shots, Fireball, Secrets of the Forest, 100 Wolves, Black Knight, Power Strikes, Playboy Hot Zone, Moon Goddess and more! PLUS 115 slot games in a private non smoking room! Lunch is on your own.

CHRISTINE ALEXANDER & TOKYO STEAKHOUSE

THURSDAY, MAY 15TH - COST \$16, R1

First stop is at Christine Alexander in Federal Way, Christine Alexander is one of the world's leading manufacturers of clothing and accessories made with SWAROVSKI ELEMENTS. The designs are created and embellished onto the latest, trendsetting styles in fashion at our manufacturing facility in Federal Way, Washington. Second stop is at Tokyo Steakhouse, where the food is prepared "Teppan Yaki" style - which means it is prepared right before your eyes! Lunch and transportation are all included in this trip.

WILD HORSE WIND FARM-ELLENSBURG-

(RE-SCHEDULED FROM A PREVIOUS DATE)

TUESDAY, MAY 27TH - COST \$44, R2

The Wild Horse Wind Farm is a 229-megawatt wind farm built by Puget Sound Energy that consists of 127 1.8-megawatt Vestas V80 turbines on a 8,600-acre site 15 miles east of Ellensburg. The turbines are placed on the high open ridge tops of Whiskey Dick Mountain, which was chosen for its energetic wind resource, remote location, and access to nearby power transmission lines. The towers are 221 feet tall, and the diameter of each rotor is 264 feet, larger than the wingspan of a Boeing 747. The turbines can begin producing electricity with wind speeds as low as 9 mph and reach full production at 31 mph. Please bring a snack to eat along the trip as we will only be stopping for lunch, which is included in your fee as well as your transportation.

FEBRUARY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
8 Pool 8:30 Yoga 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance 2 Jazz	8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 10-11 Int. Tap 11:30 Tai Chi 1-3 Spectapulars	8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12:30 Woodcarvers 5:30-8:30 Ping Pong	8 Badminton * 8-10:30 Ping Pong 9 Bridge 9:30 Pool-8 ball tournament 10-2 Quilting Class 10 Rummikub 11 Coffee Talk 12 Meals on Wheels Kitsap 12:30 Pinochle	8 Pool 9 Low Impact Aerobics 9 Mah Jong 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
8 Pool 8:30 Yoga 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance 2 Jazz	8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 10-11 Int. Tap 11:30 VIP Luncheon 1-3 Spectapulars	8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12:30 Woodcarvers 5:30-8:30 Ping Pong	8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10-2 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap 12:30 Pinochle	8 Pool 9 Low Impact Aerobics 9 Mah Jong 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
CLOSED PRESIDENT'S DAY	8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 10-11 Int. Tap 11:30 Taking Charge Series -SS Verification 1-3 Spectapulars	9 Lo-Impact Aerobics 9 Canasta 9:30 Pool-9 ball tournament 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12:30 Woodcarvers 5:30-8:30 Ping Pong	8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10-2 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap 12:30 Pinochle	8 Pool 9 Low Impact Aerobics 9 Mah Jong 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
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				* = Sheridan Park Gym *A = Sheridan Park Lounge *C = Bremerton Ice Arena *D = OSSC-Pendergast *E =Pendergast *F = Lions Park

MARCH CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
8 Pool 8:30 Yoga 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance 2 Jazz	8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 10-11 Int. Tap 11:30 Tai Chi 12:30 Sketching 1-3 Spectapulars	8 Pool 9 Low Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12:30 Woodcarvers 5:30-8:30 Ping Pong	8 Badminton * 8-10:30 Ping Pong 9 Bridge 9:30 Pool-8 ball tournament 10-2 Quilting Class 10 Rummikub 11 Coffee Talk 12 Meals on Wheels Kitsap 12:30 Pinochle	8 Pool 9 Low Impact Aerobics 9 Mah Jong 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
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