

TRACK AND FIELD RESULTS 08

MEN

50M

50-54 Gold Steve Joyner – VERY FAST
 Silver
 Bronze

55-59 Gold Daryl Schruhl 8.57
 Silver Michael Shepherd 8.58
 Bronze John Ward 8.59

60-64 Gold James LaMont 8.16
 Silver Doug Whittle 8.34
 Bronze Ron Snipe 12.47

65-69 Gold Gaylord Jackson 8.46
 Silver Mike Walton 8.7
 Bronze Glenn Gray 8.79

70-74 Gold Roger Vergin 8.24
 Silver Richard Wales 8.43
 Bronze John Gardner 8.93

75-79 Gold Paul Flanagan 8.8
 Silver Jack McCarn 9.9
 Bronze Delmar Reed 12.45

100M

50-54 Gold Steve Joyner 12.3
 Silver Edward Diaz 16.8
 Bronze

55-59 Gold Daryl Schruhl 14.8
 Silver Michael Shepherd 15.6
 Bronze John Ward 19.4

60-64 Gold Doug Whittle 15.7
 Silver James LaMont 16.1
 Bronze Ron Snipe 27.2

WOMEN

Rose Pittman 8.7
 Susan Hesselgrave 8.8
 Jennifer Hogan 11.3

Deborah Dohrman 8.8
 Rosemary Vergin 10.7
 Carol Bichon-Jackson 11.8

Linda Zahnow 10.23

Fran Melzer 9.69
 Jean Cornwell 9.9

Janice Bradley 9.95

Susan Hesselgrave 17.4
 Patricia Coogan 18.1
 Jennifer Hogan 22.3

Deborah Dohrman 17.4
 Rosemary Vergin 20.1
 Carol Bichon-Jackson 24.3

Linda Zahnow 20.8

65-69	Gold	Gaylord Jackson	16.8	Jean Cornwell	19.3
	Silver	Glenn Gray	18.5		
70-74	Gold	Richard Wales	17.1	Janice Bradley	19.1
	Silver	Gary Wright	17.6	Odette Vachon	53.2
	Bronze	John Gardner	18.3		
75-79	Gold	Jack McCarn	19.1		
80-84	Gold	Delmar Reed	22.3		

200M

50-54	Gold	Steve Joyner	25.82	Susan Hesselgrave	41.15
	Silver	Jim Felty	38.84		
55-59	Gold	Gary Osmond	26.18	Carol Bichon-Jackson	1:03
	Silver	Daryl Schruhl	30.90		
	Bronze	Roy Oesterhaus	33.71		
60-64	Gold	Doug Whittle	36.85	Linda Zahnow	51.45
	Silver	Ron Snipe	1:10		
65-69	Gold	Doug Woollen	36.32	Jean Cornwell	45.32
	Silver	Gaylord Jackson	38.48		
	Bronze	Glen Juges	39.50		
70-74	Gold	Gary Wright	37.50	Janice Bradley	46.55
	Silver	John Gardner	41.94		
	Bronze	Ruggles Larson	49.70		
75-79	Gold	Jack McCarn	42.87	Chole Parr	1:11

400M

50-54	Gold	Michael LaPointe	1:09	Susan Hessegrave	1:35
	Silver	Jim Felty	1:28		
	Bronze				
55-59	Gold	Gary Osmond	1:04	Carol Bichon-Jackson	2:28
	Silver	Daryl Schruhl	1:13		
	Bronze	Roy Oesterhaus	1:20		

60-64	Gold	Doug Whittle	1:41	Linda Zahnow	2:21
	Silver	Ron Snipe	3:00		
65-69	Gold	Glen Juges	1:34	Jean Cornwell	1:46
	Silver	Randall Shelley	1:37		
	Bronze	Jimmy Smith	1:47		
70-74	Gold	Gary Wright	1:29		
	Silver	Ruggles Larson	2:09		
75-79	Gold	Jack McCarn	1:55	Chloe Parr	2:46

800M

50-54	Gold	Jim Felty	2:59	Patricia Coogan	3:30
	Silver			Susan Hesslegrave	3:36
55-59	Gold	Daryl Schruhl	2:51	Karen Harrison	4:54
	Silver	Roy Oesterhaus	3:08		
	Bronze	Michael Shepherd	3:21		
60-64	Gold	Peter O'Neil	2:38		
	Silver	John Sherrill	3:10		
65-69	Gold	Glen Juges	3:28	Jean Cornwell	3:49
	Silver	Gene Harrison	3:50		
	Bronze	Jimmy Smith	4:06		
70-74	Gold	Gary Wright	3:34		
	Silver	Ruggles Larson	4:20		
75-79	Gold			Chole Parr	5:32

1500M

50-54	Gold	Jim Felty	5:59	Patricia Coogan	7:08
	Silver			Rose Pittman	8:43
55-59	Gold	Daryl Schruhl	5:35	Carol Bichon-Jackson	10:42
	Silver	Michael Shepherd	6:51		
	Bronze	John Ward	7:49		
60-64	Gold	Peter O'Neil	5:23		
	Silver	John Sherrill	6:24		

65-69	Gold	Glen Jurges	6:53		
	Silver	Gene Harrison	7:38		
	Bronze	Jimmy Smith	7:52		
70-74	Gold	Gary Wright	7:40	Odette Vachon	14:40
	Silver	Ruggles Larson	8:55		
75-79	Gold	Paul Flanagan	6:35		

SHOT PUT

50-54	Gold	John Wells	34' 10 ½"	Jennifer Hogan	27' 10¾"
	Silver	Michael LaPointe	27' 1 ½"	Rose Pittman	24' 10 ¼"
55-59	Gold	John Dohrmann	26' ¾"	Deborah Dohrman	22' ¼"
	Silver	Michael Shepherd	22' 11 ½"	Carol Bichon-Jackson	18' ½"
	Bronze			Rosemary Vergin	17' 9 ¼"
60-64	Gold	Howard Kellogg	34' 2"	Linda Zahnow	19' 6"
	Silver	James LaMont	24' 5 ½"		
	Bronze	Ron Snipe	22' 3"		
65-69	Gold	Lane Dowell	30' 7 ¼"	Fran Melzer	22' 8 ½"
	Silver	Mike Walton	30' 3 ½"	Rita Plank	18' 8 ¼"
70-74	Gold	Neil Dahmen	30' 6 ¾"	Janice Bradley	21' 1"
	Silver	Roy Tibeau	26' 7 ¼"		
	Bronze	Roger Vergin	26' 3 ½"		
75-79	Gold	Jack McCarn	19' 10"		
80-84	Gold	Delmar Reed	22' 8 ½"		

DISCUS

50-54	Gold	John Wells	87' 7"	Jennifer Hogan	62'3"
	Silver			Rose Pittman	55'1"
	Bronze			Robin Ward	32'10"
55-59	Gold	John Ward	85'9"	Debbie Dohrman	51'11"
	Silver	John Dohrman	73'2"	Carol Bichon-Jackson	43'8"

60-64	Gold	Lonnie Franz	126'10"	Linda Zahnow	47'8"
	Silver	Howard Kellogg	113'		
	Bronze	Ron Snipe	57'2"		
65-69	Gold	Mike Walton	97'3"	Fran Melzer	56'3"
	Silver	LaneDowell	90'6"	Rita Plank	38'4"
70-74	Gold	Ray Tibeau	96'2"	Janice Bradley	53'6"
	Silver	Neil Dahmen	85'		
	Bronze	Ruggles Larson	60'9"		
75-79	Gold	Jack McCarn	55'3"		
80-84	Gold	Delmar Reed	45'6"		

LONG JUMP

50-54	Gold	Edward Diaz	7.6 ½"	Jennifer Hogan	9.5
	Silver			Patricia Coogan	8.7
	Bronze				
60-64	Gold	James LaMont	10.4 ¾"	Linda Zahnow	6.8 ½"
	Silver	Ron Snipe	6.4"		
65-69	Gold	Jay Hanby	10.5	Fran Melzer	9.7
	Silver	Glenn Gray	6.9 ¾"	Jean Cornwell	7 ½"
70-74	Gold	Roger Vergin	10.3		
	Silver	John Gardner	8.2 ½"		
	Bronze	Neil Dahmen	8 ¾"		
80-84	Gold	Delmar Reed	5.3 ½"		

TRIPLE JUMP

60-64	Gold	James LaMont	20.5 ½"
	Silver	Ron Snipe	12.8 ¾"
70-74	Gold	Roger Vergin	22.2 ¾"
	Silver	Gary Wright	18.9"
	Bronze	Ruggles Larson	13.1"

HIGH JUMP

50-54 Gold
Silver
Bronze

Patricia Coogan
Robin Ward
Rose Pittman

55-59 Gold John Ward

Carol Bichon-Jackson

60-64 Gold James LaMont
Silver Doug Whittle
Bronze Ron Snipe

Linda Zahnow

65-69 Gold Mike Walton
Silver

Fran Melzer
Jean Cornwell

70-74 Gold Neil Dahmen
Silver Ruggles Larson

Janice Bradley

75-79 Gold Jack McCarn