2019 Memberships... Renew your membership for 2019 today. Payment can be made by calling the senior center, coming in or mailing your check. Keeping current on your dues will ensure that you continue to receive this newsletter at your doorstep! Highlights of your Senior Center Membership: newsletter direct mailed, participation in over 30 activities at no additional charge and trip registration priority. We are an active recreation center for all adults 55 and better. We have daily drop-in activities you can participate in, as well as trips and tours, fitness, educational, enrichment and dance classes. The Bremerton Senior Center is also home to many entertainment groups such as The Sunshine Singers, Center Line Dancers and more. Rates are on page 3.

- **Couples Membership** is for two people, one at least 55 or better, who reside at the same address. We have resident and non-resident rates. Rates are on page 3.

- **Singles Membership**s are for single city and non-city residents. Rates are on page 3.

- **Associate Membership**s are for those individuals not yet 55 but who still would like to participate in the programs, trips and classes offered at the Center. This is a great membership for sons and daughters of members or active adults who participate at the Bremerton Senior Center. Rates are on page 3.

The “Active Us” is THE place to get your information for the Bremerton Senior Center.
$UMS$ CORNER

Happy summer $UMS$ members. The $UMS$ officers have been busy gearing up for the Senior Craft Fair. It looks like the dates will be changed this year and beyond. In trying not to compete with the Tacoma Dome Fair, we are moving our dates to October 11 and 12. Hopefully this will allow us to see more business on Saturday (9 AM to 4 PM), which has been flat the last few years. We also have new Friday hours (Noon to 7 pm). We hope this will allow people to visit after work. Pat and Cathy will soon be making calls to fill positions at the greeter and bake sale tables. We need your help again. Last year the bake sale made a record profit. That was because you answered the call and baked a lot of goods. We are asking for all bakers to come through again. We will be reminding you as the event grows closer. Talking of bake sales, we grossed $420.00 in the June bake sale. Big thanks to all the bakers and buyers. The money that $UMS$ has accumulated is being spent. We recently purchased a new printer ink, that sum has accumulated is being spent. We recently purchased a printer ink, toaster/oven, microwave and cutting mats. We are looking into replacing the current missions mash of cutting knives in the kitchen with Contco knives. George has been in contact with Gordon Sound and we will be upgrading our current sound system to one that will be able to utilize modern methods of melody. That is it for now. Have a profitable and safe summer.

CO-ED REC MODIFIED SOFTBALL
SPRING/SUMMER SEASON
STARTS APRIL 9TH @ LIONS PARK FIELD #1
FALL/WINTER SEASON @ OSCC
TUESDAYS AND FRIDAYS, 10 AM - 12 PM
Enjoy the great game of softball played by men and women. The emphasis is on having fun through friendly competition, exercising and to develop individual hitting and fielding skills in a positive, team setting. Previous experience is recommended. Modified Softball is played indoors during the fall/winter and outdoors during the Spring and Summer months at Lions #1. (Ages 55 and up, senior center membership is required.)

BRUSH UP/DUST OFF
TUESDAYS, 12:30-2:30 PM
Have you always wanted to learn how to watercolor, sketch, learn colored pencils? Or have painted previously and want to get back into it? Join members of the Bremerton Art Guild for helpful guidance. This group will meet on a weekly basis with volunteers from the Bremerton Art Guild helping you get started. Bring in your supplies and be ready to have some fun.

FOOTCARE
1ST TUESDAYS & 4TH WEDNESDAYS, BY APPT.
Michelle Gambar provides this affordable service. It’s a pedicure without the polish! Call her for prices and to schedule your appointment at (360) 871-5726-home, (360) 689-5114-cell phone.

CRIBBAGE
WEDNESDAYS, 9 AM
This classic game has been around since the 17th century. Great card game for 2-4 players.

QUILTING CLASS
THURSDAYS, 10 AM-2:30 PM
Novice or experienced quilters, come one and all! Bring your quilting supplies, get new ideas and visit with other quilters. The group occasionally offers classes on techniques and styles. (Sewing machine skills required.)

DOMINOES
FRIDAYS, 10 AM
This game can be played with 2 or more players and can get quite lively at times. Come join the fun!

WELLNESS

AEROBICS-FREE VIDEO
MONDAYS, WEDNESDAYS & FRIDAYS, 9 AM
Get your heart pumping and your sweat dripping in this moderate paced fitness class. Class utilizes weights, resistance bands and other strength training techniques and can be fast-paced at times. Great class to work on your balance and mobility! Participants need to be able to exercise at a consistent level for 5-10 minutes at a time.

TAOI$T$ TAI CHI - NEW!!!
WEDNESDAYS, 8 AM - 9:30 AM
SESSION: SEPT 4-DEC 18
Taoist Tai Chi was developed by Mr. Moy Lin-shin, a Taoist monk who dedicated his life to helping people improve their health and well-being. The practice of Taoist Tai Chi can help improve balance, bone strength and flexibility. This practice is accessible to people of all ages and fitness. Senior Center membership is required. Cost is $46/user fee payable to Senior Center and a monthly supply fee payable to instructor of $20.

TAI CHI - CHUAN, SUN & YANG STYLES
THURSDAYS, 1:30-2:30 PM
SESSIONS: JULY 11-AUG 15 & SEPTEMBER-OCT 21
Tai Chi Chuan, a Chinese martial art noted for its slow, smooth movements, proven to increase flexibility and improve balance and fall prevention. This class features Sun & Yang Styles, is accessible for all levels of fitness & is taught by Sandy Carlson. Cost is $30/6 weeks. Min of 5. No class 10/10.

POOL TOURNAMENTS
8 BALL-1ST THURSDAYS - 10:30 AM
TOURNAMENTS RUN FROM SEPTEMBER - JUNE
8 BALL IS GENEROUSLY SPONSORED BY:
BREMERTON HEALTH & REHAB
360-377-4474

9 BALL-3RD WEDNESDAYS - 10:30 AM
TOURNAMENTS RUN FROM SEPTEMBER - JUNE
9 BALL IS GENEROUSLY SPONSORED BY:
FOREST RIDGE HEALTH & REHAB
360-479-4747

Tournaments are just $5 per player and include a delicious lunch and prize to the winner! New rules: Straight 8, call shot, BCA rules, 2 out of three in winners bracket only. Come join us daily, Monday-Friday from 8am to 3pm.

STAFF
Holly Peterson, Recreation Program Coordinator III
Barbara Roembke, Front Office Coordinator
Joel Stodden, Front Office Receptionist

VOLUNTEER RECEPTIONISTS
Monday: Pat Sechrist
Tuesday & Thursday: Mac Whittlesey
Wednesday: Judy Ray-Hensley
Friday: Al Butler

The Bremerton Senior Center is open to all people ages 55 and better. The annual user fees are listed on page 3.

The Bremerton Senior Center is a division of the City of Bremerton Parks & Recreation Department. The Active Us is published five times a year.

Mission Statement:
The Bremerton Senior Center is committed to enriching Senior Lives in Bremerton by providing lifelong learning and recreational opportunities.

In order to ensure the best possible experience for every member of the Bremerton Sr Center, please keep in mind the following: We do not provide respite care, adult daycare and/or services that would normally be provided by a trained attendant, nurse or personal caregiver (i.e., incontinence, inability to use the restroom independently or preventing a participant from leaving the facility.) In addition, the provision of any personal care by staff for a participant is beyond our capability. Please contact the Div. of Aging & Long Term Care at (360)337-5700 should you require any of the above mentioned needs.

Page 2

(360) 473-5357 www.ci.bremerton.wa.us
Daily Activities

DAIly ACTIVITIES

the members of the bremerton Art guild, bring your projects and enjoy.

CENTER LINE DANCERS

MONDAYS - BEG 12:30-1:45 PM/INT 1:45-3 PM
WEDNESDAYS - BEG 10:15 AM/INT 11:30 AM

Come on down to Sheridan Park gym and have a great time batting at birdsies (equipment is provided).

CRAFT CLUB WITH SALLY

TUESDAYS, 9 AM-NOON
Are you repairing an old friend or creating a new one? From re-stuffing critters to making curtains, Sally and her team of extreme makeover artists can help you work on any project.

SR WOMEN’S INDOOR SOCCER

TUESDAYS, 10-11 AM
This program is held at the Olympic Soccer and Sports Center located at Pendergast Regional Park. This is a free program, however, Senior Center membership is required.

SENIOR PICKLEBALL

FRIDAYS, 8-9 AM
Looking for a new FUN recreational activity, come to the Sheridan Park gym for pickleball! Enjoy this exciting court game which combines the elements of tennis, badminton and table tennis, equipment is provided. This program is for beginner players and instruction will be provided, Senior Center membership is required.

AARP SAFE DRIVING PROGRAM

MONDAY & TUESDAY, 9 AM-1 PM
SEPTEmBER 23-24
Need a quick review on your driving skills and/or want to save money on your insurance? AARP provides instruction for you. Attendance on both days is required to receive credit. Call (360) 473-5357 to register. Supply fee paid to instructor at first class. Class min. 5, max. 12.

TAKING CHARGE SERIES

A series of topics designed with you in mind. Each month will focus on a different topic - fitness, nutrition, aging, financial and more. Each month is sponsored by a different business/provider and a light lunch/snack will be served. Reserve your seat today as these workshops fill up quickly.

SENIOR PICKLEBALL

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PERSONAL TOUCH CLINICS

TUESDAYS, 9 AM-12 PM
A series of free clinics held at the Olympic Soccer and Sports Center located at Pendergast Regional Park.

GAMES

Pool: Monday-Friday, 8 AM-3 PM
Bridge: Mondays & Thursdays, 9 AM
Ping Pong: Tuesdays & Thursdays, 8-10:30 AM,
Mah Jong: Tuesdays, 9 AM-2 PM
Cribbage: Wednesdays, 9 AM
Rummikub: Thursdays, 9 AM-12 PM
Dominos: Fridays, 10 AM-1 PM

COMPUTER LAB

DAILY, 8 AM-2:45 PM
Flat screens, one touch screen, new hard-drives and high speed wireless internet in a quiet room, what more could you ask for? If you just want to surf the web, check your e-mail or refresh your computer skills, come on down and see what’s new!

SUNSHINE SINGERS

MONDAYS, 10:15 AM-12:15 PM
Tea for two and two for tea - that’s me and you and lots of friends make we...come be part of this group and make beautiful music and friendships. The Singers perform all around Kitsap County, delighting audiences everywhere they go! If you’re not sure you can sing, it’s okay. Come in, take a seat and join in if you want to. We would love to have more singers in the group and make beautiful music and friendships. The dancers also perform at various venues throughout the county.

BRIDGE

MONDAYS & THURSDAYS, 9 AM
Beginners to experienced Bridge players are welcome to play with this fun group.

BADMINTON

TUESDAYS & THURSDAYS, 8 AM
Come on down to Sheridan Park gym and have a great time batting at birdsies (equipment is provided).

CRAFT CLUB WITH SALLY

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THURSDAY, JUNE 23RD - COST, $34, R1
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LAKEWOOD GARDENS, FALLS TERRACE AND WAGNER’S BAKERY
THURSDAY, JULY 18TH - COST, $54, R2
Lakewood Gardens is an inspirational experience where generations of families can discover common ground through the beauty of a garden. Located in Lakewood, Washington, Lakewood offers landscape architecture by Thomas Church surrounded by rare and native plants, State Champion trees, over 900 rhododendrons, 30 Japanese maples and stunning statuary. A Washington State historic landmark, Lakewood’s Georgian-style mansion and historic architecture complete the 10-acre setting. Visitors can step back in time to an elegant past or enjoy a relaxing moment to contemplate the future. After our docent led tour, we head to the fabulous Falls Terrace in Olympia and then a quick stop at Wagner’s Bakery to load up on their amazing breads and desserts! Tour, transportation and lunch are included in this fun day, while the Bakery items are on your own.

SEPTEMBER CALENDAR

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<th>MONDAY</th>
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REFUNDS: bremerton Senior Center reserves the right to cancel any tour that does not reach its minimum to warrant days before the travel date. In that event, you will receive a credit on your account to be used on another trip at the Senior Center. Refunds will not be given to any trip 24 or less that you need to cancel. Cancellations for day trips ($25 or more) are given only if a replacement to fill your spot is found, please let staff know in ample time should you need to cancel. Canceled due to participating will be charged a 10% cancellation fee. No refunds will be given for trips canceled less than 24 hours in advance of departure. Cancellations for extended trips vary.

TRIP RATINGS: R1=Board & depart bus/Van and walk 2-3 blocks without stopping to rest. Must be able to stand 15 to 30 minutes. Board & depart bus/Van and walk 4-6 blocks without stopping to rest, must be able to stand 30 to 45 minutes, handle stairs and walk a mile in under 20 minutes.

Please check the trip ratings carefully when registering. Signing up for trips that are within your limits will allow you to have a better experience.
SEPTEMBER CONT...  

EMERALD QUEEN CASINO-LOBBY BUFFET!!!  
WEDNESDAY, SEPTEMBER 18TH - COST, $14, R1  
Today you truly did hit it big time with this deal!! We will head to the Emerald Queen Casino in Tacoma and have a lobster and seafood feast!! The feast starts at 3pm and we’ll get there in time to gamble a bit and eat ourselves silly! Buffet price for seniors is $20.95 and adults $24.95. The Buffet on your own and transportation is provided from the Senior Center.

FALL MYSTERY TRIP  
THURSDAY, SEPTEMBER 19TH - COST, $79, R2  
We are going on a trip to a very mysterious place! You will have fun—we are sure and you will make lots of memories! Dress comfortably for anything, wear appropriate shoes (this is an R2) and remember to come with an appetite!

DINING DIVAS & DAPPER DANS  
THURSDAY, SEPTEMBER 26TH - COST, $14, R1  
Singles, couples, friends—join your senior center on this latest and greatest dining adventure. We will be going to restaurants featuring early/twilight dinners. Each trip will provide the transportation and a senior center host, you only need to pay for your meal and have a great time! September will feature the Ajax Cafe up in Port Hadlock.

OCTOBER CONT...  

THE 7 CEDARS AND POINT CASINOS  
THURSDAY, OCTOBER 31ST - COST, $19, R1  
Today you truly hit the jackpot! 2 casinos in one day! Hold onto your hat for this whirlwind adventure. Lunch is on your own at whichever casino you decide. Transportation is provided.

GET A SUCCESSFUL ORDER IN 2019  
THURSDAY, NOVEMBER 7TH - COST, $34, R1  
The 2019 lunch challenge is German! Everyone will be able to order their own entree and judge for themselves who has the best German food in the northwest. We will have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of “who has the best in our little corner of the NW”. Your entry, beverage and transportation are included.

LUNCH IN THE EMERALD QUEEN CASINO  
THURSDAY, NOVEMBER 7TH - COST, $79, R2  
Lucky Eagle has over 1000 Hot Machines! Meltdown, Wheel of Fortune, Quick Hits, Hot Shots, Fireball, Secrets of the Forest, Power Strikes, Playboy Hot Zone, Moon Goddess more! PLUS 115 slot games in a private non smoking room! Lunch is on your own.

LEAVENWORTH OVERNIGHTER  
TUESDAY, AUGUST 20TH-FRIDAY, AUGUST 23RD COST, $394PP (DOUBLE OCC.)  
This will be a three-night, four-day overnighter in the beautiful Bavarian Village - Leavenworth! We will start our journey off with a ferry ride and then lunch on your own at Jake's on 2nd in Snohomish. After our bellies are full, let's head to Leavenworth via Stevens Pass.

TRIP RATINGS:  
R1: Board & depart Bus/Van and walk 2 blocks without stopping to rest. Must be able to stand 15 to 30 min.  
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TRIPS & TOURS  

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This will be a three-night, four-day overnighter in the beautiful Bavarian Village - Leavenworth! We will start our journey off with a ferry ride and then lunch on your own at Jake's on 2nd in Snohomish. After our bellies are full, let's head to Leavenworth via Stevens Pass.

TRIP RATINGS:  
R1: Board & depart Bus/Van and walk 2 blocks without stopping to rest. Must be able to stand 15 to 30 min.  
R2: Board & depart bus/van and walk 4 blocks without stopping to rest, must be able to stand 30 to 45 min, handle stairs and walk a mile in under 20 min. Please check the trip ratings carefully when registering. Signing up for trips that are within your limits will allow you to have a better experience.

SEPTEMBER  

GERMAN LUNCH CHALLENGE  
THURSDAY, SEPTEMBER 19TH - COST, $79, R2  
Lucky Eagle has over 1000 Hot Machines! Meltdown, Wheel of Fortune, Quick Hits, Hot Shots, Fireball, Secrets of the Forest, Power Strikes, Playboy Hot Zone, Moon Goddess more! PLUS 115 slot games in a private non smoking room! Lunch is on your own.

LUNCH IN THE EMERALD QUEEN CASINO  
THURSDAY, NOVEMBER 7TH - COST, $34, R1  
The 2019 lunch challenge is German! Everyone will be able to order their own entree and judge for themselves who has the best German food in the northwest. We will have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of “who has the best in our little corner of the NW”. Your entry, beverage and transportation are included.

TRIPS & TOURS  

MORE TRIPS & TOURS  

THE 7 CEDARS AND POINT CASINOS  
THURSDAY, OCTOBER 31ST - COST, $19, R1  
Today you truly hit the jackpot! 2 casinos in one day! Hold onto your hat for this whirlwind adventure. Lunch is on your own at whichever casino you decide. Transportation is provided.
### July Calendar

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EMERALD QUEEN CASINO-LOBSTER BUFFET!!!

WEDNESDAY, SEPTEMBER 18TH - COST, $14, R1
Today you truly did hit it big with this deal!!! We will head to the Emerald Queen Casino in Tacoma and have a lobster and seafood feast!! The feast starts at 3pm and we’ll get there in time to gamble a bit and eat ourselves silly! Buffet price for seniors is $20.95 and adults $24.95. The buffet on your own and transportation is provided from the Senior Center.

FALL MYSTERY TRIP
THURSDAY, SEPTEMBER 19TH - COST, $79, R2
We are going on a trip to a very mysterious place! You will have fun - we are sure and you will make lots of memories! Dress comfortably for anything, wear appropriate shoes (this is an R2) and remember to come with an appetite!

DINING DIVAS & DAPPER DANS
THURSDAY, SEPTEMBER 26TH - COST, $14, R1
Singles, couples, friends - join your senior center on this latest and greatest dining adventure. We will be going to restaurants featuring early/ twilight dinners. Each trip will provide the transportation and a senior center host, you only need to pay for your meal and have a great time! September will feature the Ajax Cafe up in Port Hadlock.

LET’S DO LUNCH!
THURSDAY, OCTOBER 3RD - COST, $14, R1
Join us for lunch. We’ll load up one van and head out to explore new places, new cuisines and meet new friends. Lunch is on your own but the transportation is provided. October will feature the Alderbrook Resort.

DINING DIVAS & DAPPER DANS
TUESDAY, OCTOBER 15TH - COST, $14, R1
Singles, couples, friends - join your senior center on this latest and greatest dining adventure. We will be going to restaurants featuring early/twilight dinners. Each trip will provide the transportation and a senior center host, you only need to pay for your meal and have a great time! October will feature Stanley and Seafoods.

UNCLE’S BUCKS FISHBOWL & LUNCH
TUESDAY, NOVEMBER 26TH - COST, $29, R1
A truly, unique bowling atmosphere featuring a huge underwater aquarium with scores of beautiful, tropical fish! There are 12 full lanes of bowling that offer a unique underwater ocean experience! Custom bowling balls that bear the likenesses of octopus, mermaids, camouflage and more! 2 hours of bowling and transportation are included, however, lunch at the grill will be on your own.

EXTENDED TRAVEL 2019
SOUTHERN CHARM - STILL ROOM AND TIME!
NOV 3-9, COST DBL OCC $292/SGL OCC $3724
This is a wonderful & relaxing trip with breath-taking scenery, 7 days/6 meals, RT Transportation from the Senior Center & Trip Insurance. Deposit of $775 required to sign up. Visit Charleston so Carolina, Savannah & Jekyll Island and Jacksonsville Florida.

COMING IN 2020
NOVEMBER - CHRISTMAS MARKETS ON THE RHINE RIVER (RIVER CRUISE)
www.ci.bremerton.wa.us
(360) 473-5357
GERMAN LUNCH CHALLENGE
THURSDAY, JULY 11TH - COST, $34, R1

The 2019 lunch challenge is German! Everyone will be able to order their own entree and judge for themselves who has the best German food in the northwest. We’ll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of “who has the best in our little corner of the NW”. Your entree, beverage and transportation are included.

LAKEWOLD GARDENS, FALLS TERRACE AND WAGNER’S BAKERY
THURSDAY, JULY 18TH - COST, $34, R2

Lakewold Gardens is an inspirational experience where generations of families can discover common ground through the beauty of a garden. Located in Lakewood, Washington, Lakewold offers landscape architecture by Thomas Church surrounded by rare and native plants, State Champion trees, over 900 rhododendrons, 30 Japanese maples and stunning statuary. A Washington State historic landmark, Lakewold’s Georgian-style mansion and historic architecture combine with the 10 acres where visitors can step back in time to an elegant past or enjoy a relaxing moment to contemplate the future. After our docent led tour, we head to the fabulous Falls Terrace in Olympia and then a quick stop at Wagner’s Bakery to load up on their amazing breads and desserts! Tour, transportation and lunch are included in this fun day, while the Bakery items are on your own.

SPACE NEEDLE AND PALISADE
TUESDAY, JULY 23RD - COST, $94, R2

Soaring 520 feet skyward, lean into tilting glass walls on the open-air deck and float over Seattle on one of the angled vantage points. Nearly 80 percent of the observation level renovation is complete. Half walls and safety caging have been removed and replaced with a floor-to-ceiling viewing experience. After you spend time taking in all of the wonderful views from the Needle, you will have time to shop in the ground level gift shop. We will then head to the amazing Palisade Restaurant in Magnolia. The views of Elliott Bay are beautiful and the food is so delicious! Needle admission, transportation and lunch are all included in this wonderful experience! Please join us!
DAIly ACTIvITIES

the members of the bremerton Art guild, bring your project that you would like to work on but don’t have the space or just want a little company? Join MONDAY, 10 AM-1 PM

Do you sketch, sculpt, paint? Do you have an art membership is required. 2019 MEMBERSHIP RENEWAL

Senior memberships run the calendar year (January-December) regardless of when you join. Renew your 2019 membership today at the rates listed below. (Sorry no refunds on memberships.)

RESIDENTS

Single.................$37/yr
Couples.................$74/yr
Associate.............$25/yr

NON-RESIDENTS

Single.................$50/yr
Couples.................$100/yr
Associate.............$50/yr

NEW PROGRAMS!!!

let us know and we will start an interest list.

TAKING CHARGE SERIES

A series of topics designed with you in mind. Each month will focus on a different topic - fitness, nutrition, aging, financial and more. Each month is sponsored by a different business/provider and a light lunch/snack will be served. Reserve your seat today as these workshops fill up quickly. September 24 - Elder Abuse, APS: October 22nd - NW Justice Project: Senior Legal Services:

1:30 AM, FREE - Senior Center

MEALS ON WHEELS KITSAP- LUNCHEONS

October 30, 11:30 AM - BOO PARTY

Tricks, treats and fun things to eat - this party has it all. Costume and pumpkin carving contests as well as donut bobbing! This menu will be a Halloween mystery right up until the end as well as the entertainment!! Cost is $5pp.

DECEMBER 3, 11:30 AM - HOLIDAY LUNCHEON

Traditional Holiday lunch will be served along with yummy pumpkin pie and whipped cream! Holiday Entertainment followed by a fast and furious white elephant gift exchange. Cost is $5pp.

DECEMBER 2 - 4, 9 AM-2 PM - HOLIDAY BAKE SALE

Our holiday bakers have been hard at work and are anxious to sell you all their delicious and tasty treats for only 3 days! Sale will be held during the Holiday Luncheon as well, however, come early for the best selection of fruit crisps, breads, cookies and brownies! YUMMY!!!!

~DONATIONS~

We love donations. Currently we are in need of the following items listed below. Thank you for your generosity:

- regular/de-caf ground coffee - $5 gal kitchen bags - individually wrapped candy - napkins - disposable plastic water cups - Individual creamers

Page 10

(360) 473-5357

www.ci.bremerton.wa.us
DAILY ACTIVITIES

THINGS TO KNOW

STAFF
Holly Peterson, Recreation Program Coordinator
Barbara Roembke, Front Office Coordinator
Joely Stodden, Front Office Receptionist

VOLUNTEER RECEPTIONISTS
Monday: Pat Sechrest
Tuesday & Thursday: Mac Whittlesey
Wednesday: Judy Ray-Hensley
Friday: Al Butler

The Bremerton Senior Center is open to all people ages 55 and better. The annual user fees are listed on page 3.

The Bremerton Senior Center is a division of the City of Bremerton Parks & Recreation Department. The Active Us is published five times a year.

Mission Statement:
The mission of the Senior Center is committed to enriching Senior lives in Bremerton by providing lifelong learning and recreational opportunities.

THINGS TO KEEP IN MIND

In order to ensure the best possible experience for every member of the Bremerton Sr Center, please keep in mind the following: We do not provide respite care, adult daycare and/or services that would normally be provided by a trained attendant, nurse or personal caregiver (i.e., incontinence, inability to use the restroom independently or preventing a participant from leaving the facility.) In addition, the provision of any personal care by staff for a participant is beyond our capability. Please contact the Div. of Aging & Long Term Care at (360)337-5700 should you require any of the above mentioned needs.

$UM$ CORNER

Happy summer SUMS members. The SUMS officers have been busy gearing up for the Senior Craft Fair. It looks like the dates will be changed this year and beyond. In trying not to compete with the Tacoma Dome Fair, we are moving our dates to October 11 and 12. Hopefully this will allow us to see more business on Saturday (9 AM to 4 PM), which has been flat the last few years. We also have new Friday hours (Noon to 7 pm). We hope this will allow people to visit after work. Pat and Cathy will soon be making calls to fill positions at the greeter and bake sale tables. We need your help again. Last year the bake sale made a record profit. That was because you answered the call and baked a lot of goods. We are asking for all bakers to come through again. We will be reminding you as the event grows closer. Talking of bake sales, we grossed $420.00 in the June bake sale. Big thanks to all the bakers and buyers. The money that SUMS has accumulated is being spent. We recently purchased for the center printer ink, toaster/oven, microwave and cutting mats. We are looking into replacing the current mish mash of cutting knives in the kitchen with Cutco knives. George has been in contact with Gordon Sound and we will be upgrading our current sound system to one that will be able to utilize modern methods of melody. That is it for now. Have a profitable and safe summer.

CO-ED REC MODIFIED SOFTBALL

Spring/Summer Season
Starts April 9th at Lions Park Field #1
Fall/Winter Season @ OSSC

Tuesdays and Fridays, 10 AM - 12 PM

Enjoy the great game of softball played by men and women. The emphasis is on having fun through friendly competition, exercising and to develop individual hitting and fielding skills in a positive, team setting. Previous experience is recommended. Modified Softball is played indoors during the fall/winter and outdoors during the Spring and Summer months at Lions #1. (Ages 55 and up, senior center membership is required.)

BRUSH UP/DUST OFF

Tuesdays, 12:30-2:30 PM

Have you always wanted to learn how to watercolor, sketch, learn colored pencils? Or have painted previously and want to get back into it? Join members of the Bremerton Art Guild for helpful guidance. This group will meet on a weekly basis with volunteers from the Bremerton Art Guild helping you get started. Bring in your supplies and be ready to have some fun.

FOOTCARE

1ST Tuesdays & 4TH Wednesdays, By APPT.
Michelle Gamber provides this affordable service. It’s a pedicure without the polish! Call her for prices and to schedule your appointment at (360) 871-5726-home, (360) 689-5114 - cell phone.

CRIBBAGE

Wednesdays, 9 AM
This classic game has been around since the 17th century. Great card game for 2-4 players.

QUILTING CLASS

Thursdays, 10 AM-2:30 PM
Novice or experienced quilters, come one and all! Bring your quilting supplies, get new ideas and visit with other quilters. The group occasionally offers classes on techniques and styles. (Sewing machine skills required.)

DOMINOS

Fridays, 10 AM
This game can be played with 2 or more players and can get quite lively at times. Come join the fun!
2019 Memberships... Renew your membership for 2019 today. Payment can be made by calling the senior center, coming in or mailing your check. Keeping current on your dues will ensure that you continue to receive this newsletter at your doorstep! Highlights of your Senior Center Membership: newsletter direct mailed, participation in over 30 activities at no additional charge and trip registration priority. We are an active recreation center for all adults 55 and better. We have daily drop-in activities you can participate in, as well as trips and tours, fitness, educational, enrichment and dance classes. The Bremerton Senior Center is also home to many entertainment groups such as The Sunshine Singers, Center Line Dancers and more. Rates are on page 3.

- **COUPLES MEMBERSHIP** is for two people, one at least 55 or better, who reside at the same address. We have resident and non-resident rates. Rates are on page 3.

- **SINGLES MEMBERSHIPS** are for single city and non-city residents. Rates are on page 3.

- **ASSOCIATE MEMBERSHIPS** are for those individuals not yet 55 but who still would like to participate in the programs, trips and classes offered at the Center. This is a great membership for sons and daughters of members or active adults who participate at the Bremerton Senior Center. Rates are on page 3.