



BREMERTON SENIOR CENTER ACTIVE US NEWSLETTER

DEC 2018-FEB 2019





BREMERTON SENIOR CENTER
1140 NIPSIC AVE.
BREMERTON, WA 98310
(360) 473-5357
www.ci.bremerton.wa.us

CENTER HOURS **MONDAY-FRIDAY 8 AM TO 3 PM**

STAFF

Holly Peterson, Recreation Program Coordinator III
 Barbara Roembke, Front Office Coordinator

VOLUNTEER RECEPTIONISTS

Monday: Pat Sechrest
 Tuesday & Thursday: Mac Whittlesey
 Wednesday: Judy Ray-Hensley & Marcie Dixon
 Friday: Al Butler

The Bremerton Senior Center is open to all people ages 55 and better. The annual user fees are listed on page 3.

The Bremerton Senior Center is a division of the City of Bremerton Parks & Recreation Department. The **Active Us** is published five times a year.

Mission Statement:

The Bremerton Senior center is committed to enriching Senior lives in Bremerton by providing lifelong learning and recreational opportunities.

\$UM\$

Seniors Uncover Money Solutions

\$UM\$ is you - all members of the Senior Center activities. We are dedicated to raising funds that can be used to make the Center a more enjoyable place for all of us.

\$UM\$ Officers:

President: Paul Vlastelica Vice President: George Cho
 Treasurer: Al Butler Secretary: Marianna Knowlton

\$UM\$

CORNER

Hello \$UM\$ members. Well, we made it through another Senior Craft Fair. Thanks to all who helped make it a success. Preliminary figures showed we made \$217.00 in the kitchen, \$939.00 for the raffle and \$1229.00 in the bake sale. Our total profits appear to be around \$1235.00. We put out a plea for more bakers and you really came through. We normally have around 10-15 bakers and this year we had around 30! It showed with a great variety of baked goods and a very high profit from them. **THANK YOU.** Following is a list of people who assisted in baking, setup/teardown, kitchen, greeting and baking tables, and assisting in the entertainment:

Tom Samardzich	Joe Gamson	Charlie Fike
Gary & Andrea Hatley	Pete Balbin	Larry Taylor
Bob & Pat Schmielt	Penny Cates	Marghi Zarinelli
Sue Childress	Cora & Zane Gray	Berti Gann
Sherry Felice Lincoln	Babe Hoffman	Lorraine Case
Pam & Craig Scripture	Dorothy Farbach	Kimberly Kelly
Naomi Saul	Patty Shinkaruk	Chris Reum
Jean Inman	Sue Ferguson	Aladene Harney
Myra Brochner	Paula Heisel	Sunny Greene
Cheryl Bishop	Betty Craze	Arlene Taylor
Cynthia Cook	Raylene Collier	Doris Junis
Marianna & Gary Knowlton	Sharon Francisco	Roger Spiese
Darlene Herrmann	Darlene Galaviz	Marlys Price
June Williams	Judy Ray-Hensley	Betty West
Heather Parkinson	Beverly Cook	Georgia Gail
Paula Wood	Chris Behar	Jenny Plush

If we left anyone off the list please let us know. We want to acknowledge all who helped us. Once again a big thanks to all. We could not succeed without your commitment. Special thanks to George Cho for getting the entertainment going, Pat Yarbrough and Cathy Vlastelica for staffing all the tables, Judy Ray-Hensley and Lois Ireland for making the raffle baskets look GREAT!! Also thanks to all the center's groups who donated goods and funds to the making of the baskets. Thanks to Holly & Barb for laying the groundwork and getting things lined up for a successful fair. It does take lots of time and effort on their part. They along with Mac (thanks Mac) also staffed the kitchen this year. So thank you once again. We cannot be successful without everyone's help. Also a big thanks to Joe & Faith Finotti family. They donated a new safe to \$UM\$ and is presently being used in the center's office.

Paul Vlastelica, \$um\$ President

2019 MEMBERSHIP RENEWAL

Senior memberships run the calendar year (January-December) regardless of when you join. Renew your 2019 membership today at the rates listed below. (Sorry no refunds on memberships.) Rates will be going up slightly in 2019 so save money today!

RESIDENTS	NON-RESIDENTS
Single.....\$16/yr	Single.....\$32/yr
Couples.....\$23/yr	Couples.....\$46/yr
Associate.....\$22/yr	Associate.....\$44/yr

Rates for 2019 are posted below

RESIDENTS	NON-RESIDENTS
Single.....\$17/yr	Single.....\$34/yr
Couples.....\$25/yr	Couples.....\$50/yr
Associate.....\$25/yr	Associate.....\$50/yr

NEW PROGRAMS!!!

Several new programs are in the works and we need to fill interest lists to see if these programs would be of interest to you, our members. New programs are:

- Square Dancing (min of 16 for 2 squares, weekly)
- Healthy Cooking Class (min of 5, 4 week session)
- Quick Look at Art History (min of 5, 8 week session)

Please call or come in and put your name on the list so we can get these programs rolling.

TAKING CHARGE SERIES

A series of topics designed with you in mind. Each month will focus on a different topic - fitness, nutrition, aging, financial and more. Each month is sponsored by a different business/provider and a light lunch/snack will be served. Reserve your seat today as these workshops fill up quickly.

January 29- Caring Transitions

February 25- Helpers Home Care

11:30 AM, FREE
Main Room - Senior Center

TABLE OF CONTENTS

\$UM\$ Corner & Things to Know.....	2
Luncheons.....	3
Trips and Tours.....	4
December Calendar.....	6
January Calendar.....	7
More Trips and Tours.....	8
Senior Craft Fair.....	9
Daily Activities.....	10
Membership.....	12

SOCIALS/ LUNCHEONS

Our luncheons are a great way to meet people, enjoy a delicious meal and have a good time!

DECEMBER 4, 11:30 AM HOLIDAY LUNCHEON

Traditional Holiday lunch will be served along with yummy pumpkin pie and whipped cream! Holiday Entertainment followed by a fast and furious white elephant gift exchange. Cost is \$5pp.

DECEMBER 3-5, 9 AM-1 PM HOLIDAY BAKE SALE

Our holiday bakers have been hard at work and are anxious to sell you all their delicious and tasty treats for only 3 days! Sale will be held during the Holiday Luncheon as well, however, come early for the best selection of fruit crisps, breads, cookies and brownies! YUMMY!!!!

JANUARY 8, 11:30 AM BIRTHDAY BASH!

HAPPY 2019!! Come on down to the center and see your friends for the first time all year and enjoy entertainment, lunch and so much more! No cost for this luncheon, just RSVP to hold your spot. Limited to the first 70 that sign up.

FEBRUARY 12, 11:30 AM VIP LUNCHEON

Bring your very important person (VIP) to this annual event. Each VIP will receive a special gift. Of course, a delicious lunch will be served as well as dessert! Don't forget you will be entertained. Cost: \$5pp

MEALS ON WHEELS KITSAP - LUNCHEONS

Thursdays and Fridays @ Noon, \$3

Nutritious and delicious lunches plus a great way to meet other seniors. Reservations are requested, call 360-377-8511 by 2 PM the previous day.

GENERAL TRAVEL INFORMATION

BSC REPRESENTATIVE: A staff member accompanies tours and will try to ensure that the tour runs as close to schedule as possible and handle any problems that may arise. All participants must have a current emergency medical waiver form on file prior to traveling. Please make sure your contact phone number/address and medical forms are as current as possible.

FULL TRIPS: If a trip is full, please place your name on the waiting list.

MOBILITY OF OUR PARTICIPANTS: Each trip has an **R** rating. The higher the rating, the more walking and standing you will be required to do (see page 8). **Please check the rating and know your limits prior to signing up.** If you require extra time to load/unload please be sure to be the last to load/unload. If it is medically necessary for you to sit in a certain seat, please make sure the office has a copy of your doctors note on file during your travel restriction so we can understand how best to accommodate your request. There are no restroom facilities on either van.

NAVIGATOR/CO-PILOT: The passenger seat is designated the navigator/co-pilot. As the navigator/co-pilot your driver may request your assistance with either driving directions, buckling and unbuckling other travelers and closing the large passenger door. While not all trips require the above mentioned services, there is a basic need for them to some extent on all trips. Please be sure that your physical condition will allow you to perform such duties if requested.

PARKING: Please contact the Senior Center office regarding the parking policy.

PAYMENTS: Full payment is due upon registration.

REGISTRATION PROCESS: Registration for each trip begins when they are published in either this newsletter or the quarterly Parks & Rec Activity Guide. Phone-in or walk-in are the two most convenient ways to register for trips. Phone reservations require a credit card. All registrations are first come, first served and members have priority.

REFUNDS: Bremerton Senior Center reserves the right to cancel any tour that does not reach it's minimum 10 working days before the travel date. In that event, you will receive a credit on your account to be used on another trip at the Senior Center. Refunds will not be given to any trip \$24 or less that you need to cancel. Cancellations for day trips (\$25 or more) are given only if a replacement to fill your spot is found, please let staff know in ample time should you need to cancel. Trips canceled by the participant will be charged a 10% cancellation fee. No refunds will be given for trips canceled less than 24 hours in advance of departure. Cancellations for extended trips vary.

TRIP RATINGS: **R1**-Board & depart Bus/Van and walk 2-3 blocks without stopping to rest. Must be able to stand 15 to 30 min. **R2:** Board & depart bus/van and walk 4-5 blocks without stopping to rest, must be able to stand 30 to 45 min, handle stairs and walk a mile in under 20 min.

*Please check the trip ratings carefully when registering.
Signing up for trips that are within your limits will allow
you to have a better experience.*

DECEMBER

LET'S DO LUNCH!

THURSDAY, DECEMBER 6TH - COST, \$12, R1

Join us for lunch. We'll load up one van and head out to explore new places, new cuisines and meet new friends. Lunch is on your own but the transportation is provided. December's pick will be Pomodoro in Tacoma.

GINGERBREAD VILLAGE IN SEATTLE

TUESDAY, DECEMBER 11TH - COST, \$19, R2

For over 25 years, Seattle has embraced the Sheraton Hotel's Annual Gingerbread Village benefiting the Juvenile Diabetes Research Foundation (JBRF). As a tribute to the city, last year's theme was 25 Years of Cheer: A Celebration of Seattle. Visitors stroll through the Sheraton Hotel's lobby and marvel at the wonderful creations. Seattle's top architecture firms, master builders and Sheraton Seattle culinary teams come together to create these masterpieces. After we tour the village, we will head to lunch at a local restaurant (on your own). Transportation and self-guided tour are included, however, lunch is on your own.

CHRISTMAS TEA @ OLD GOAT FARM IN ORTING

WEDNESDAY, DECEMBER 12TH - COST, \$39, R2

Christmas is a very special event at Old Goat Farm. The owner's passion for decorating for Christmas has turned the Goat Farm into a winter wonderland. Each room is decorated with a different theme and each room has at least one tree. Your choice of several homemade desserts are served along with hot beverages, coffee, tea or apple cider. Transportation and tea are included.

CHRISTMAS LIGHTS AND DINNER!!!!

TUESDAY, DECEMBER 18TH - COST, \$39, R2

First we will walk through one of the largest Eastside Christmas displays, Clam Lights at Gene Coulon Park in Renton. You'll see plenty of Christmas scenes, but also Ivar's Dancing Clams. Next we'll head to Bellevue Garden D'Lites for another walk through light display. Once we are done let's head to a local restaurant for a late dinner. Transportation and tours are included, however, dinner will be on your own.

DECEMBER CONT...

GREEK LUNCH CHALLENGE WINNER!!

THURSDAY, DECEMBER 20TH - COST, \$29, R1

The 2018 lunch challenge is Greek and today we visit the WINNER- Mediterranean Gyro Grill in University Place. Everyone will be able to order their own entree and non-alcoholic beverage. Today's lunch will also include dessert! Hopefully you have signed up for most of the challenges so you can truly say "who had the best in our little corner of the NW". Your entree, beverage and transportation are included.

JANUARY

FUTURE OF FLIGHT AND LUNCH

THURSDAY, JANUARY 10TH - COST, \$39, R2

The Future of Flight Aviation Center & Boeing Tour is one of Seattle's most-loved, premier attractions. The Boeing Tour is a one-of-a kind opportunity to view 747, 767, 777, and 787 Dreamliners on the assembly line before they take to the sky. The Boeing Factory Tour is a visit inside a working assembly plant, which can be noisy and active depending on the day and time. Employees on the Everett site, work 5 days a week, 3 shifts a day. Each tour is 90 minutes long and includes fascinating facts about Boeing and the planes that bear its name. Tour includes: walk up and down two steep flights of stairs at each end of the factory and walk through two large tunnels, the first 0.3 miles (0.5 km) round trip, the second shorter. We will ride two freight elevators to balconies overlooking the Boeing factory floor. Lunch is on your own at Ivar's Seafood Restaurant in Edmonds. We will be driving to the tour and taking the ferry home.

JANUARY CONT...

WING LUKE MUSEUM AND LUNCH

THURSDAY, JANUARY 17TH - COST, \$64, R2

A 90-min neighborhood tour and gallery admission. On your guided tour, learn what makes the Chinatown-International District unique to Seattle. Experience the sights while uncovering how Asian culture has shaped the Pacific Northwest. Following the tour, we we'll head to a local Chinese Restaurant for a family style lunch. Also remember that although it may be a family style lunch, there are no to-go boxes so please take only what you will eat. Please dress for outside weather conditions as we will be inside and outside for this tour and remember this is an R2, there may or may not be benches or areas to rest so know your limits and plan accordingly.

GERMAN LUNCH CHALLENGE

THURSDAY, JANUARY 31ST - COST, \$34, R1

The 2018 lunch challenge is German! Everyone will be able to order their own entree and judge for themselves who has the best German food in the northwest. We'll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of "who has the best in our little corner of the NW". Your entree, beverage and transportation are included.

THINGS TO KEEP IN MIND

In order to ensure the best possible experience for every member of the Bremerton Senior Center, please keep in mind the following: We do not provide respite care, adult daycare and/or services that would normally be provided by a trained attendant, nurse or personal caregiver (i.e., incontinence, inability to use the restroom independently or preventing a participant from leaving the facility.) In addition, the provision of any personal care by staff for a participant is beyond our capability. Please contact the Division of Aging and Long Term Care at (360)337-5700 should you require any of the above mentioned needs.

TRIP RATINGS:

R1: Board & depart Bus/Van and walk 2-3 blocks without stopping to rest. Must be able to stand 15 to 30 min.

R2: Board & depart bus/van and walk 4-5 blocks without stopping to rest, must be able to stand 30 to 45 min, handle stairs and walk a mile in under 20 min.

Please check the trip ratings carefully when registering. Signing up for trips that are within your limits will allow you to have a better experience.

DECEMBER CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
<div>3</div> 8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:15 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	<div>2</div> 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Senior Softball *F 10 Women's Soccer *D 12:30 Brush up/Dust off	<div>3</div> 8 Pool 9 Lo-Impact Aerobics 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 5:30-8:30 Ping Pong	<div>4</div> 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 10:30 8-ball pool 12 Meals on Wheels Kitsap 1:30 Tai Chi	<div>5</div> 8 Pool 9 Lo-Impact Aerobics 9 Pickleball* 10 Dominoes 10-2 Quilting Class 10 Senior Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
BAKE SALE 9am to 2pm				
<div>10</div> 8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:15 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	<div>9</div> 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Senior Softball *F 10 Women's Soccer *D 12:30 Brush up/Dust off	<div>10</div> 8 Pool 9 Lo-Impact Aerobics 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 5:30-8:30 Ping Pong	<div>11</div> 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 12 Meals on Wheels Kitsap 1:30 Tai Chi	<div>12</div> 8 Pool 9 Lo-Impact Aerobics 9 Pickleball* 10 Dominoes 10-2 Quilting Class 10 Senior Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
<div>17</div> 8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:15 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	<div>16</div> 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Senior Softball *F 10 Women's Soccer *D 12:30 Brush up/Dust off	<div>17</div> 8 Pool 9 Lo-Impact Aerobics 10 Cribbage 10:15 Line Dance 10:30 9-ball pool 11 Ice Skating *C 5:30-8:30 Ping Pong	<div>18</div> 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 12 Meals on Wheels Kitsap 1:30 Tai Chi	<div>19</div> 8 Pool 9 Lo-Impact Aerobics 9 Pickleball* 10 Dominoes 10-2 Quilting Class 10 Senior Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
<div>24</div> CLOSED	<div>25</div> CLOSED	<div>26</div> CLOSED	<div>27</div> CLOSED	<div>28</div> CLOSED
<div>31</div> CLOSED	<div>Jan 1</div> CLOSED	<div>Jan 2</div> 8 Pool 9 Lo-Impact Aerobics 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 5:30-8:30 Ping Pong		* = Sheridan Park Gym *A = Sheridan Park Lounge *C = Bremerton Ice Arena *D = OSSC-Pendergast *E =Pendergast *F = Lions Park

JANUARY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
	¹ CLOSED	² 8 Pool 9 Lo-Impact Aerobics 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 5:30-8:30 Ping Pong	³ 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 10:30 8-ball pool 12 Meals on Wheels Kitsap 1:30 Tai Chi	⁴ 8 Pool 9 Lo-Impact Aerobics 9 Pickleball* 10 Dominoes 10-2 Quilting Class 10 Senior Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
⁷ 8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:15 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	⁸ 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Senior Softball *F 10 Women's Soccer *D 12:30 Brush up/Dust off	⁹ 8 Pool 9 Lo-Impact Aerobics 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 5:30-8:30 Ping Pong	¹⁰ 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 12 Meals on Wheels Kitsap 1:30 Tai Chi	¹¹ 8 Pool 9 Lo-Impact Aerobics 9 Pickleball* 10 Dominoes 10-2 Quilting Class 10 Senior Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
¹⁴ 8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:15 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	¹⁵ 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Senior Softball *F 10 Women's Soccer *D 12:30 Brush up/Dust off	¹⁶ 8 Pool 9 Lo-Impact Aerobics 10 Cribbage 10:15 Line Dance 10:30 9-ball pool 11 Ice Skating *C 5:30-8:30 Ping Pong	¹⁷ 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 12 Meals on Wheels Kitsap 1:30 Tai Chi	¹⁸ 8 Pool 9 Lo-Impact Aerobics 9 Pickleball* 10 Dominoes 10-2 Quilting Class 10 Senior Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
²¹ CLOSED IN OBSERVANCE OF MARTIN LUTHER KING JR.	²² 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Senior Softball *F 10 Women's Soccer *D 12:30 Brush up/Dust off	²³ 8 Pool 9 Lo-Impact Aerobics 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 5:30-8:30 Ping Pong	²⁴ 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 12 Meals on Wheels Kitsap 1:30 Tai Chi	²⁵ 8 Pool 9 Lo-Impact Aerobics 9 Pickleball* 10 Dominoes 10-2 Quilting Class 10 Senior Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
²⁸ 8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:15 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	²⁹ 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Senior Softball *F 10 Women's Soccer *D 12:30 Brush up/Dust off	³⁰ 8 Pool 9 Lo-Impact Aerobics 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 5:30-8:30 Ping Pong	³¹ 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 12 Meals on Wheels Kitsap 1:30 Tai Chi	* = Sheridan Park Gym *A = Sheridan Park Lounge *C = Bremerton Ice Arena *D = OSSC-Pendergast *E = Pendergast *F = Lions Park

FEBRUARY

QUEEN MARY AFTERNOON TEA

THURSDAY, FEBRUARY 14TH - COST, \$74, R1

Treasured memories are made at Seattle's Queen Mary Tea Room, where exquisite teas, delicious meals, and mouthwatering desserts are savored. Once inside, guests are intimately surrounded by Victorian elegance. The ambiance is accented with English bone china, delicate lace, and rich wainscoting. There are generous helpings of authentic British cuisine, the solace of good friends, the warmth of beautiful full leaf teas from around the world, and shelter from that occasional Seattle rain shower. Transportation, Afternoon Tea and escort are all included to this wonderful trip.

EMERALD QUEEN CASINO

THURSDAY, FEBRUARY 21ST- COST, \$14, R1

We haven't been to the EQC in quite a while so this is a great day to head there. We'll be going to the Fife location. Less than an hours drive away so we will be able to spend more time gaming! Don't forget to get any Senior Deals you can.

LET'S DO LUNCH!

THURSDAY, FEBRUARY 28TH - COST, \$14, R1

Join us for lunch. We'll load up one van and head out to explore new places, new cuisines and meet new friends. Lunch is on your own but the transportation is provided. February's pick will be Mama Stortini's in Puyallup.

EXTENDED TRAVEL 2019

IMPERIAL CITIES - PRAGUE, BUDAPEST, VIENNA

APRIL 8-18, COST DBL OCC \$4214/SGL 4864

11 days, 15 meals, RT Transportation from the Senior Center and Trip Insurance. Deposit of \$815 required to sign up.

SOUTHERN CHARM

NOV 3-9, COST DBL OCC \$2924/SGL OCC \$3724

7 days, 9 meals, RT Transportation from the Senior Center and Trip Insurance. Deposit of \$775 required to sign up. Visit Charleston So Carolina, Savannah & Jekyll Island and Jacksonville Florida.

MARCH

GERMAN LUNCH CHALLENGE

THURSDAY, MARCH 7TH - COST, \$34, R1

The 2018 lunch challenge is German! Everyone will be able to order their own entree and judge for themselves who has the best German food in the northwest. We'll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of "who has the best in our little corner of the NW". Your entree, beverage and transportation are included.

CATS THE MUSICAL

THURSDAY, MARCH 28TH - COST, \$159, R1

Andrew Lloyd Webber's beloved, whimsical masterpiece Cats is coming to the Paramount Theatre. This Cats musical Seattle production is your chance to join the fun at the Jellicle Ball, as an assortment of anthropomorphic cats — inspired by T.S. Eliot's poetry book Old Possum's Book of Practical Cats — compete for the "Jellicle Choice," which will send one of them to the mysterious, regenerative "Heaviside Layer." -Any more description would hardly do the show justice; suffice it to say that it's one of the best-loved musicals on either side of the Atlantic. Tickets to the performance, round-trip transportation, escorts and a delicious meal at Ruth's Chris Steakhouse is all included on this fabulous trip! (Business Casual dress is required for dinner) We will be parking at the theatre and walking to the restaurant which is located inside the Grand Hyatt Hotel in Seattle and due to the ferry schedule, we will be driving instead of taking the ferry. (Max. 19)

APRIL

MUCKLESHOOT CASINO

THURSDAY, APRIL 4TH - COST, \$19, R1

Muckleshoot Casino offers something for everyone. With over 2,600 machines and poker to exciting table games like blackjack, craps, roulette and more you are sure to find something fun to play and with 7 different dining choices you are sure to find something you like to wet your appetite. Lunch is on your own.

APRIL CONT..

LET'S DO LUNCH!

THURSDAY, APRIL 25TH - COST, \$14, R1

Join us for lunch. We'll load up one van and head out to explore new places, new cuisines and meet new friends. Lunch is on your own but the transportation is provided. April's pick will be Boathouse 19 in Tacoma.

MAY

QUILT TRIP

THURSDAY, MAY 2ND - COST, \$14, R1

We'll load up one van and head Tacoma to visit ArtCo, Trains and Fabric and Shibori Dragon. Following our 2nd stop, we'll head to lunch at a local restaurant (lunch on your own). Transportation is provided today, however, lunch and any other snacks at pit stops are on your own. (Max. 13)

GERMAN LUNCH CHALLENGE

THURSDAY, MAY 9TH - COST, \$34, R1

The 2018 lunch challenge is German! Everyone will be able to order their own tree and judge for themselves who has the best German food in the northwest. We'll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of "who has the best in our little corner of the NW". Your entree, beverage and transportation are included.

SPRING MYSTERY TRIP

THURSDAY, MAY 16TH - COST, \$54, R2

We are going on a trip to a very mysterious place! You will have fun - we are sure and you will make lots of memories! Dress comfortably for anything, wear appropriate shoes (this is an R2) and remember to come with an appetite!

SUPPORT YOUR SENIOR CENTER

Don't forget to check out your \$UM\$ Gift Shoppe for some holiday gifts. 15% of all proceeds go directly back to your Senior Center. Need any holiday greeting cards?? Cards are available in our lobby at 5 cards for \$1. Pick yours up today!

MAY CONT...

SALISH LODGE BREAKFAST & SNOQUALMIE FALLS

THURSDAY, MAY 23RD - COST, \$74, R2

Enjoy a delightful, bountiful breakfast at the beautiful Salish Lodge. After breakfast, walk along the trail and see the breathtaking Snoqualmie Falls. What a great way to celebrate spring with your senior center friends! Meal & transportation are all included.

PIKE PLACE MARKET

THURSDAY, MAY 30TH - COST, \$19, R2

Join us today for a visit to Pike Place Market! See fish fly, cheese being made, and the "original" Starbucks store. By the end, you will know the best places to eat at Pike Place Market. From Iron Chef winner Tom Douglas, to world famous fish throwers, come meet our Market family! Transportation and escort are included, lunch is on your own today.

JUNE

LITTLE CREEK CASINO

THURSDAY, JUNE 13TH - COST, \$16, R1

This is by far one of our favorite casinos to visit. Just an hours drive away so we will be able to spend more time gaming! Don't forget to get all your discounts for 50+ at the promotions booth!

LET'S DO LUNCH!

THURSDAY, JUNE 20TH - COST, \$14, R1

Join us for lunch. We'll load up one van and head out to explore new places, new cuisines and meet new friends. Lunch is on your own but the transportation is provided. June's pick will be Pho King (Thai) in Tacoma.

SUGGESTIONS ON MORE TRIPS??

PLEASE LET HOLLY KNOW. SHE'LL PLAN THEM AND GET THEM IN THE NEXT NEWSLETTER.

JULY - DECEMBER IDEAS NEEDED
EXTENDED & OVERNIGHTER TRAVEL IDEAS
WILL BE TAKEN AS WELL !

GAMES

Pool:	Monday-Friday, 8 AM-3 PM
Ping Pong:	Tuesdays & Thursdays, 8-10:30 AM,
Mah Jong:	Tuesdays, 9 AM-2 PM
Cribbage	Wednesdays, 9 AM
Bridge:	Mondays & Thursdays, 9 AM
Rummikub:	Thursdays, 9AM-12 PM
Dominoes:	Fridays, 10 AM-1 PM

COMPUTER LAB

DAILY, 8 AM-2:45 PM

Flat screens, one touch screen, new hard-drives and high speed wireless internet in a quiet room, what more could you ask for? If you just want to surf the web, check your e-mail or refresh your computer skills, come on down and see what's new!

POOL

DAILY, 8 AM - 3 PM

Four tables are available daily to play on. Whether you come in just for the monthly tournaments or to see if you got game - you're sure to have fun!

SUNSHINE SINGERS

MONDAYS, 10:15 AM-12:30 PM

Tea for two and two for tea - that's me and you and lots of friends makes we...come be part of this group and make beautiful music and friendships. The Singers perform all around Kitsap County, delighting audiences everywhere they go! If you're not sure you can sing, it's okay. Come in, take a seat and join in if you want to. We would love to have more singers in the group and we need YOU!! Questions? Contact Joyce Smith, at Joycetsmith78@gmail.com, her phone is 360- 692-9027.

BREMERTON ART GUILD

MONDAYS, 10 AM-1 PM

Do you sketch, sculpt, paint? Do you have an art project that you would like to work on but don't have the space or just want a little company? Join the members of the Bremerton Art Guild, bring your projects and enjoy.

~DONATIONS~

We love donations. Currently we are in need of the following items listed below. Thank you for your generosity!
55 gal kitchen bags ~ decaf ground coffee ~ Individually wrapped candy ~ napkins ~ disposable plastic water cups ~ Individual creamers

AARP SAFE DRIVING PROGRAM

MONDAY & TUESDAY, 9 AM-1 PM

NEXT SESSION - APRIL 6-7

Need a quick review on your driving skills and/or want to save money on your insurance? AARP provides instruction for you. Attendance on both days is required to receive credit. Call (360) 473-5357 to register. Supply fee paid to instructor at first class. Class min. 5, max. 12.

CENTER LINE DANCERS

MONDAYS - BEG 12:30-1:45 PM/INT 1:45-3 PM

WEDNESDAYS - BEG 10:15 AM/INT 11:30 AM

Bring your cowboy boots and have a stompin' good time. Fun routines are learned and practiced with great camaraderie. The dancers also perform at various venues throughout the county.

BRIDGE

MONDAYS & THURSDAYS, 9 AM

Beginners to experienced Bridge players are welcome to play with this fun group.

BADMINTON

TUESDAYS & THURSDAYS, 8 AM

Come on down to Sheridan Park gym and have a great time batting at birdies (equipment is provided).

CRAFT CLUB WITH SALLY

TUESDAYS, 9 AM-NOON (A.K.A. CRITTERS)

Are you repairing an old friend or creating a new one? From re-stuffing critters to making curtains, Sally and her team of extreme makeover artists can help you work on any project.

SR WOMEN'S INDOOR SOCCER

TUESDAYS, 10-11 AM

This program is held at the Olympic Soccer and Sports Center located at Pendergast Regional Park. This is a free program, however, Senior Center membership is required.

SENIOR OPEN ICE SKATE

MONDAYS & WEDNESDAYS, 11 AM- 12 PM

Always wanted to learn to ice skate? Come to the Center to pick up your weekly passes to skate at the Bremerton Ice Arena. Skates are available to rent for \$3.50. This is a free program, however, Senior Center membership is required.

Daily Activities are free for BSC members unless otherwise noted. Non members pay \$3 drop in fee per activity attended.

CO-ED REC MODIFIED SOFTBALL

FALL/WINTER SEASON @ OSSC

TUESDAYS AND FRIDAYS, 10 AM - 12 PM

Enjoy the great game of softball played by men and women. The emphasis is on having **fun** through friendly competition, exercising and to develop individual hitting and fielding skills in a positive, **team** setting. Previous experience is recommended. Modified Softball is played indoors during the fall/winter at OSSC-Pendergast Park and outdoors during the Spring and Summer months at Lions #1. (Ages 55 and up, senior center membership is required.)

BRUSH UP/DUST OFF

TUESDAYS, 12:30-2:30 PM

Have you always wanted to learn how to watercolor, sketch, learn colored pencils? Or have painted previously and want to get back into it? Join members of the Bremerton Art Guild for helpful guidance. This group will meet on a weekly basis with volunteers from the Bremerton Art Guild helping you get started. Bring in your supplies and be ready to have some fun.

FOOTCARE

1ST TUESDAYS & 4TH WEDNESDAYS, BY APPT.

Michelle Gamber provides this affordable service. It's a pedicure without the polish! Call her for prices and to schedule your appointment at (360) 871-5726.

CRIBBAGE

WEDNESDAYS, 9 AM

This classic game has been around since the 17th century. Great card game for 2-4 players.

QUILTING CLASS

THURSDAYS, 10 AM-2:30 PM

FRIDAYS, 10 AM-2:30 PM

Novice or experienced quilters, come one and all! Bring your quilting supplies, get new ideas and visit with other quilters. The group occasionally offers classes on techniques and styles. (Sewing machine skills required.)

DOMINOES

FRIDAYS, 10 AM

This game can be played with 2 or more players and can get quite lively at times. Come join the fun!

POOL TOURNAMENTS

8 BALL-1ST THURSDAYS - 10:30AM

8-BALL IS GENEROUSLY SPONSORED BY:

BREMERTON HEALTH & REHAB
360-377-3951

9 BALL-3RD WEDNESDAYS - 10:30AM

9-BALL IS GENEROUSLY SPONSORED BY:

FOREST RIDGE HEALTH & REHAB
360-479-4747

Tournaments are just \$3 per player and include a delicious lunch and prize to the winner! New rules: Straight 8, call shot, BCA rules, 2 out of three in winners bracket only. Come join us daily, Monday-Friday from 8am to 3pm.

SENIOR PICKLEBALL - NEW!!!!

FRIDAYS, 8-9 AM

Looking for a new FUN recreational activity, come to the Sheridan Park gym for pickleball!! Enjoy this exciting court game which combines the elements of tennis, badminton and table tennis, equipment is provided. This program is for **beginner players** and instruction will be provided, senior center membership is required.

WELLNESS

AEROBICS-FREE VIDEO

MONDAYS, WEDNESDAYS & FRIDAYS, 9 AM

Get your heart pumping and your sweat dripping in this moderate paced fitness class. Class utilizes weights, resistance bands and other strength training techniques and can be fast-paced at times. Great class to work on your balance and mobility! Participants need to be able to exercise at a consistent level for 5-10 minutes at a time.

TAI CHI

THURSDAYS, 1:30-2:30 PM

SESSIONS: JAN 10-FEB 14 & FEB 21-MARCH 28

Tai Chi Chuan, a Chinese martial art noted for its slow, smooth movements, has been proven to improve balance and increase flexibility. This class features Sun and Yang Styles. This class is accessible for all levels of fitness and taught by Sandy Carlson. Cost is \$30/6 weeks. Min of 5. No class Nov 22.

Please check with the office staff for any items you may have left behind in the center or one of our vans. Items left for more than 3 months will be donated or put on the free shelf.





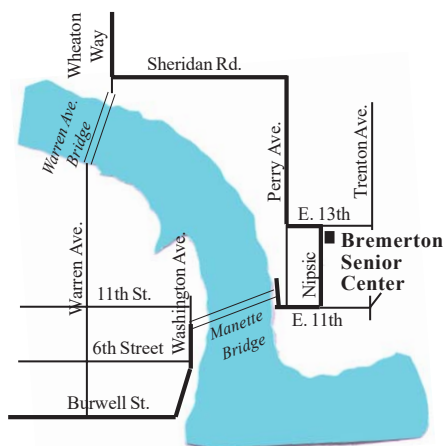
Bremerton Senior Center
1140 Nipsic Ave
Bremerton, WA 98310

Return Service Requested

PRSRT STD
U.S. POSTAGE
PAID
Bremerton, WA -
Permit #209

Vicinity Map

Bremerton Senior Center
 1140 Nipsic Ave, Bremerton, WA 98310
 360-473-5357



2019 Memberships... Renew your membership for 2019 today. Payment can be made by calling the senior center, coming in or mailing your check. Keeping current on your dues will ensure that you continue to receive this newsletter at your door step! Highlights of your Senior Center Membership: newsletter direct mailed, participation in over 30 activities at no additional charge and trip registration priority. We are an active recreation center for all adults 55 and better. We have daily drop-in activities you can participate in, as well as trips and tours, fitness, educational, enrichment and dance classes. The Bremerton Senior Center is also home to many entertainment groups such as The Sunshine Singers, Center Line Dancers and more. Rates are on page 3.

- **COUPLES MEMBERSHIP** is for two people, one at least 55 or better, who reside at the same address. We have resident and non-resident rates. Rates are on page 3.
- **SINGLES MEMBERSHIPS** are for single city and non-city residents. Rates are on page 3.
- **ASSOCIATE MEMBERSHIPS** are for those individuals not yet 55 but who still would like to participate in the programs, trips and classes offered at the Center. This is a great membership for sons and daughters of members or active adults who participate at the Bremerton Senior Center. Rates are on page 3.